

What Do You Think?

The AGM of the RWA will be taking place on 2nd December this year and it is my intention to attend on our club's behalf. Most of the business is fairly straight forward. However, there is a motion being put forward by the General Committee in respect of raising finance to fund the Association and for I which want to canvas views prior to the meeting.

The proposal is that a levy of 50p be made on all open race entry fees and the sum expected to be raised is in the region of 2,500 to £3,000 per annum, half of which would be retained by the RWA and the other half divided quarterly amongst the Midland, Southern and Northern Areas of the Association. On current trends the split would raise £1,250/£1500 to the national body and £400/£500 apiece for the areas.

This is not a straight forward matter. As I understand it, *England Athletics* already collects affiliation fees from clubs and athletes, but makes little or no contribution to the administrative costs of the RWA. It appears to me that *EA* concentrates its efforts on the ***event called race walking***, although in fairness, it does grant aid specific development projects. However, such projects have to be driven by the RWA, which incurs expense to carry out.

For what it is worth, so long as the income from the proposed entry fee levy is kept within the RWA and the Areas for the benefit of the ***sport of race walking***, I would support the motion. The RWA remains the only voice for the grass roots and needs finance to do that. Anyone wishing to study the motion in details should contact Peter Cassidy for a copy of the agenda. Do let me know what you think

Enfield & HAC to stage RWA National Ten

The scheduled February 16th Enfield League race over ten miles which included a number of county championships will now at the request of the RWA, also incorporate the National ten miles championship. There is a strong possibility that the race will be staged at the Lee valley Stadium over an eight lap course and that a single entry will cover the league, county and national events.

Boxing Day 5km

This year the annual Runners and walkers 5km staged by Enfield & H AC will be staged from the Lee Valley Stadium. The start time is 11.00am. Refreshments will be available from 10am. Directions to venue appeared in the last issue and I am informed for those using public transport, that the W8 bus will be running that day.

Change to League Start time

Because of changes to the staffing arrangements at Queen Elizabeth stadium, League future League races staged from that venue **will start at 2.00pm**. The only variation to this will be bringing times forward to accommodate longer events.

The next and final 2007 Enfield League Race is a

10km on Sunday 16th December 2007

In conjunction with the Ilford AC Christmas Walk

At Chigwell Row - Start time is 10.30

***With a get together afterwards in the adjacent hostelry,
it should be a jolly end to the season with our Ilford Friends – Do make if you can***

The 81st ENFIELD OPEN SEVEN

Queen Elizabeth Stadium

Forty-nine walkers made up the main field which was four more than in 2006 and among them, it was good to see Jim and Chris Ball with their Steyning colleagues and Mark Byrne who had made the long journey from Yorkshire. There was a start line ovation for two time olympian Eric Hall who was the winner of this event fifty years ago in a time of 51.28, however with a long lay-off and little training behind him he wisely called it a day at five miles.

Messrs.Davis, Silvester and Ball J. Were quick to open a small gap between themselves and a group consisting of Trevor Jones, the two Phil's, Barnard and Williams, Stephen Crane and a little off their pace Jon Hall, Arthur Thomson and Mark Byrne. The leading trio passed the mile a fraction under eight minutes, two in 15.54 and three in 23.48, and steadily edged away from the chasers. The strength of the national 50km champion told as the race progressed, because he was able to maintain his sub eight minute mile tempo, whilst Nick and Jim couldn't and in an exciting tussle for the runner up spot both collected crosses on the naughty board and when Jim collected a second just before six miles, he sensibly eased off leaving his Aldershot rival a comfortable passage over the last mile.

Chelsea O'Rawe-Hobbs was the first lady to finish, just a second behind Chris Ball. Both have yet to turn seventeen and have great potential. Novice Gary MacDonald (Ashford) turned in a creditable performance averaging just over ten minute miles for his first trip further that 3km.

The team race was as close as can be, with the Steyning squad of Ball, Ball and Penfold just a single point shy of the winning Ilford'’A'’ team of Davis, Allen and Sharpe, whilst the home club just got third as one three teams to finish within four points of each other.

Club President Peter Matthews and RWA President Paul Nihill presented the awards.

1 Scott Davis (32)	(Ilford AC)	55.21	26 Maureen Noel (L40)	(Belgrave H)	70.32 L4
2 Nick Silvester (M50)	(Aldershot F&D)	56.15	27 Bob Dobson (M65)	(Ilford AC)	70.36
3 Jim Ball (M40)	(Steyning AC)	56.50	28 Gary MacDonald(M50)	(Ashford)	70.40
4Trevor Jones (M50)	(Hillingdon AC)	58.43	29 Stephen Holliday (M55)	(Medway)	70.41
5 Phil Barnard ((23)	(Catle Point)	58.56	30 Ken Ballam (M65)	(Enfield & HAC)	71.48
6 Stephen Crane (27)	(Surrey WC)	59.09	31 Jon May (M55)	(Enfield & HAC)	71.50
7 Phil Williams (45)	(Enfield & HAC)	61.14	32 Ron Powell (M75)	(Enfield & HAC)	72.37
8 John Hall (M55)	(Belgrave H)	62.54	33 Dave Stevens (M70)	(Steyning AC)	73.19
9 Arthur Thomson (M70)	(Herts/Phoenix)	64.14	34 Nolan Simmons (M65)	(Surrey WC)	73.33
10 Mark Byrne (M45)	(York CIU)	64.15	35 Fiona Bishop(L45)	(Aldershot F&D)	74.12 L5
11 Steve Allen (M45)	Ilford AC)	65.24	36 Alan O'Rawe (M65)	(Ilford AC)	74.13
12 Chris Ball (u17)	(Steyning AC)	65.28	37 Cath Duhig (L50)	(Loughton AC)	74.27 L6
13 Chelsea O'R-Hobbs L16)	(Castle Point)	65.29 L1	38 Peter Crane (M60)	(Surrey WC)	74.29
14 Ron Penfold (M65)	(Steyning AC)	65.47	39 Lol Dordoy(M50)	(Ilford AC)	76.23
15 Dave Sharpe (M50)	(Ilford AC)	65.54	40 Mick Barnbrook (M60)	(Ilford AC)	76.42
16 Mark Culshaw (M40)	(Belgrave H)	66.00	41 Brian Sturt M65)	(Enfield & HAC)	77.11
17 Amos Seddon (M65)	(Enfield & HAC)	66.26	42 Peter Howard M65)	(Enfield & HAC)	77.14
18 Ollie Brown (M50)	(Ilford AC)	66.30	43 Dave Hoben (M55)	(Surrey WC)	78.40
19 Andy Cox (M55)	(Hillingdon AC)	67.00	44 Bernie Hercock (M70)	(Enfield & HAC)	78.41
20 Alan Ellam (M50)	(Enfield & HAC)	68.06	45 Francious (L55)	(Loughton AC)	81.05 L7
21 Jill Eve (L40)	(Leicester WC)	68.10 L2	46 Geraldine Legon	(LPR)	81.11 L8
22 Mike Harran (M65)	(Surrey WC)	68.55	Eric Hall(M75)	(Belgrave H)	5m 57.58
23 Paul King (M55)	(Belgrave H)	69.02	Barbara Edlin(L60)	(Trent Park)	5m 58.24
24 Kevin Marshall (M45)	(Ilford AC)	70.00	Shaun Lightman(M60)	(Surrey WC)	ret/injured
25 Anne Belchambers (L50)	(Hillingdon AC)	70.01 L3	Luc LeGon	1 mile	11.43

Team:	1. Ilford AC	1, 7, 10 = 18	4. Belgrave H	6, 11, 17 = 34
	2. Steyning AC	2, 8, 9 = 19	5. Hillingdon AC	3, 14, 19 = 36
	3. Enfield & HAC	5, 12, 15 = 32	6. Surrey WC	4, 16, 26 = 46

Open Seven Footnotes:

Eric Hall emailed me to thank to everyone for the start line ovation he received and pointed out that *Dave Stevens* also walked in the 1957 event finishing seventy-first in 61.50 along with Brian Ficken (officiating this time) who in fiftieth place clocked exactly one hour. He also noted that the 1957 last finisher took 81.11, faster than the last finisher this year.

It has been suggested that because it was a category B event judging should have been on a “one shout and you’re out” basis. I have checked with Peter Cassidy and this is not the case. The principle of three cards being required to disqualify a walker should be practised no matter what the race category. However, in instances where fewer than three judges are in attendance the “one shout and you’re out” is the alternative.

Enfield & Haringey AC – One Hour Badge Race at Lee Valley Stadium 17th November 2007

The response to the resurrection of the once popular RWA Badge race was very pleasing and the feedback from the participants afterwards enthusiastic. Twenty-nine walkers took to the track in overcast, chilly but virtually windless conditions setting about their task in earnest with throwers and sprinters, who were attending a training week-end at the Lee Valley stadium watching with some interest. The logistics of well supported track events are considerable and I’m indebted to the judges, time keepers, recorders, assistants and judges runners for their help in ensuring that the day was a success. I must also mention Brian Hopkins the Duty Manager at the stadium, who in spite of what was an extremely busy week-end for the site, was extremely helpful and looked after us well.

I didn’t get much of a chance to watch the race, so haven’t anything to report about it. The event had A race status because RWA standard awards were up for grabs and I understand that although four or five walkers got a X on the “N”Board, they recovered their concentration and were able to complete the race.

It was nice see 1980 Olympian Ian Richards in action again and I single out for special mention sixteen year-old Becky Collins from Medway who had not raced beyond 5km before, but showed excellent pace judgement to surpass her five mile target by nearly three hundred yards. Well done!

1	7m0587y	Nick Silvester (<i>Aldershot FD</i>)	11800	16	6m0004y	Gary MacDonald (<i>Ashford</i>)	9658
2	7m0150y	Phil Williams (<i>Enfield H AC</i>)	11401	17	5m1723y	Jon May (<i>Enfield H AC</i>)	9621
3	6m1683y	Ian Richards(<i>Steyning AC</i>)	11193	18	5m1707y	Helen Middleton (<i>Leicester WC</i>)	9606 L2
4	6m1619y	Stephen Crane (<i>Surrey WC</i>)	11135	19	5m1614y	Ron Powell (<i>Enfield H AC</i>)	9521
5	6m1583y	Mark Wall (<i>Leicester WC</i>)	11102	20	5m1329y	Fiona Bishop(<i>Aldershot FD</i>)	9260 L3
6	6m1145y	Arthur Thomson(<i>Herts/Pheonix</i>)	10701	21	5m1195y	Brian Sturt (<i>Enfield H AC</i>)	9138
7	6m0854y	Steve Allen (<i>Ilford AC</i>)	10435	22	5m1070y	Sue Rey (<i>Leicester WC</i>)	9024 L4
8	6m0813y	Amos Seddon (<i>Enfield H AC</i>)	10398	23	5m1067y	Doug Fotheringham (<i>Belgrave</i>)	9021
9	6m0674y	Jill Eve (<i>Leicester WC</i>)	10332 L1	24	5m0913y	Peter Howard (<i>Enfield H AC</i>)	8880
10	6m0660y	Alan Ellam (<i>Enfield H AC</i>)	10258	25	5m0623y	Bernie Hercock (<i>Enfield H AC</i>)	8615
11	6m0649y	Mark Culshaw(<i>Belgrave H</i>)	10104	26	5m0437y	Dave Hoben (<i>Surrey WC</i>)	8445
12	6m0446y	Peter Hannell (<i>Surrey WC</i>)	10062	27	5m0294y	Becky Collins (16) (<i>Medway</i>)	8314 L5
13	6m0176y	Ollie Brown (<i>Ilford AC</i>)	9816	28	4m1560y	Ken Livermore(<i>Enfield H AC</i>)	7863
14	6m0026y	Michael Harran (<i>Surrey WC</i>)	9678	29	4m1431y	Barbara Edlin (<i>Trent Park</i>)	7745 L6
15	6m0006y	Steve Holliday (<i>Medway</i>)	9660				

Pickets Lock Initiative Update

This event to promote race walking which was arranged to take place at the Lee Valley Stadium on 5th April as the finale to the RWA/ Eastern Region of England Athletics Development project has now been transferred to QE stadium. The change was necessary because of some RWA dithering over the date of the national 20km championships which now takes place at Battersea Park on 12th April.

Missing Result

Missing from the results round-up in the last issue was that of Club Captain Ron Powell who won the M70 class in the BMAF track championships at Dudley on 23rd September in a time of 62.30.

Club Trophies

Would all holders of Enfield Walking trophies kindly bring them along to the next race, so that they can be inscribed and ready for presentation – Thanks!

Enfield League Tables

Nearly there! The final walk of the 2007 league will take place at Chigwell Row on 16th December in conjunction with the Ilford and Essex League Christmas race. In the ladies section, the major places have already been decided, but in the men's, whilst Phil Williams and Stephen Crane look secure, only five points separate Phil Barnard and Dave Sharpe whose forty-three point lead over Nick Silvester is not as secure as it looks, because he has a race in hand, which puts third place within his reach. The team championship could still go either way. Over the last few races, Ilford have cut down a huge Enfield lead to put themselves within striking distance to snatch victory.

<i>Ladies</i>		<i>Men</i>	
633/9	1. Anne Belchambers	759/9	1. Phil Williams
579/9	2. Fiona Bishop	735/9	2. Stephen Crane
510/8	3. Maureen Noel	698/9	3. Phil Barnard
365/7	4. Chelsea O'Rawe/Hobbs	693/9	4. David Sharpe
293/8	5. Sue Rey	655/8	5. Nick Silvester
291/5	6. Jill Eve	652/9	6. Lol Dordoy
257/4	7. Diana Braverman	612/9	7. Amos Seddon
191/4	8. Pam Ficken	611/9	8. Andy Cox
233/3	9. Betty Edlin	595/9	9. Jon May
180/2	10. Cath Duhig	589/7	10. Trevor Jones
172/4	11. Jo Miles	574/9	11. Peter Crane
162/5	12. Maureen Spelman	572/9	12. Brian Sturt
	<i>45 ladies have scored in the league</i>		<i>105 men have scored in the league</i>

Team

1. Enfield & H AC	3635	759 Williams, 612 Seddon, 595 May, 572 Sturt, 556 Ballam, 541 Powell
2. Ilford AC	3470	693 Sharpe, 652 Dordoy, 565 Uttley, 547 Allen, 525 Barnbrook, 488 Kates
3. Belgrave Harriers	2283	510 Noel, 502 Culshaw, 432 King, 362 Hall, 248 Fotheringham, 229 Lawton
4. Surrey WC	2166	735 Crane S, 574 Crane P, 270 Hoben, 240 Ficken, 208 Crane D, 139 Harran
5. Enfield & H AC "B"	2058	512 Hercocock, 449 Howard, 348 Livermore, 257 Braverman D, 248 Pender, 244 Oliver
6. Hillingdon AC	2005	633 Belchambers, 611 Cox, 589 Jones, 172 Miles
7. Aldershot F & D	1621	655 Silvester, 579 Bishop, 162 Spelman, 91 Richardson, 77 Davies, 57 Lewis
8. Ilford AC "B"	1570	312 Ainsworth, 301 O'Rawe, 120 Davis, 116 Trotter, 112 Ryan, 109 Dobson
9. Castle Point	1502	617 Barnard, 314 Cattano, 257 O'Rawe-Hobbs, 96 Kemp, 29 Bogenpoel
10. Leicester WC	1389	340 Wall, 293 Rey, 202 Oldfield, 291 Eve, 159 Stapleford, 104 Dunn

A further 19 teams have two or more walkers in the complete League Table.

Forthcoming Fixtures (Enfield League Races in bold)

2007

1 st December	2.30pm	SWC Christmas race over 5km at Monks Hill, Croydon
2 nd December		RWA AGM – Birmingham
8 th December	2.00pm	Cambridge H W/League 5km at Bexley Heath - incl. Essex Lge
16th December	10.30pm (Sun)	Ilford Xmas 10km at Chigwell Row incorporating Essex & Enfield Leagues
26 th December	11.00am	EHAC Boxing Day Walkers & Runners 5km at Lee Valley Stadium.
31 st December	11.00am	Ely New Years Eve 10km – Walkers welcome – contact Ron W for details

2008

5th January	2.00pm	5miles - 2008 Opening Fixture and Presentation of 2007 League Awards
16th February	2.00pm	10miles Lee Valley Stadium <i>incorporating</i> RWA and County championships
15th March	2.00pm	5 miles – Pat Furey Open Races
23rd March	11.30pm	LPR 9km at Blackheath
29th March	2.00pm	Crawley 12 Hour Track event. Walkers welcome. More details next issue