

## 91<sup>st</sup> Enfield Open Seven

Jonathon Hobbs added his name to the impressive list of Enfield Open winners that stretches back to 1920. On that list is Fransisco Reis (1987) who was the only walker who challenged the winner on this occasion. Grazina Narviliene walked well to win the ladies race, but the attention was on Helen Middleton who finished 11<sup>th</sup> and in doing so made history by becoming the first woman to win outright the Overall Enfield League since its inception in 1998. Mark Culshaw currently suffering from shin-splints made a valiant effort to deprive Helen of the title, but has the consolation of being the men's winner of the 2017 series.



Conditions were dry but very cold and following a period of silence to honour the fallen on Remembrance Day, the 44 walkers were sent on their way by Bill Sutherland the 1970 Commonwealth bronze medalist and it wasn't long before Callum Wilkinson was clear of the field and although he crossed the line first, he had fallen foul of the judges. George Wilkinson continues to impress. Twelve Centurions were in action the highest placed being Martin Fisher. Unfortunately Anne Jones took a nasty fall on the fifth lap. See Anne's letter on page 4

Although Enfield and the Surrey Walking Club were equal on points the promoting club emerged team winners by virtue of the club's fourth scorer.

## Helen Makes History

In the inaugural League series in 1998, Gina Webb and Sean Pender tied on points and so shared the Overall Title, an occurrence which hasn't been repeated. Now Helen has gone one better, so Congratulations Helen on your history making season!

## The 2017 ERWL Champions

**HELEN MIDDLETON**  
Ladies and Overall champion

**MARK CULSHAW**  
Men's champion



Team Champions **ENFIELD & HARINGEY AC**

Joyce Crawford, Gary Smith, Sean Pender, Helen Middleton, John Ralph, George Wilkinson  
Arthur Thomson and Jon May look on

**2017 ERWL Race 10**

Permit No. RWA7014-1

1	Jonathan Hobbs	(Ashford AC)	55.46	SM
2	Fransisco Reis	(Thames Valley H)	56.24	M55
3	David Crane	(Surrey WC)	57.52	M35
4	George Wilkinson	(Enfield H AC)	62.15	U17
5	Graham Chapman	(Headington RR)	62.51	M50
6	Malcolm Martin	(Surrey WC)	63.11	M60
7	Trevor Jones	(Steyning AC)	64.23	M60
8	Mark Culshaw	(Ilford AC)	66.07	M50
9	Martin Fisher ©	(Redcar RWC)	68.13	M55
10	Stuart Bennett ©	(Ilford AC)	72.21	M55
11	David Kates ©	(Ilford AC)	73.02	M65
12	John Borgars ©	(Loughton AC)	73.03	M70
13	Glyn Jones	(Cov.Godiva AC)	73.26	M70
14	Dan Maskell	(Surrey WC)	73.52	M65
15	Amos Seddon	(Enfield H AC)	75.37	M75
16	Steve Cartwright	(Colchester)	76.48	M55
17	Arthur Thomson	(Enfield H AC)	77.12	M80
18	Mark Byrne ©	(Redcar RWC)	77.53	M55
19	Chris Flint ©	(Surrey WC)	77.56	M70
20	Michael Harran	(Surrey WC)	81.06	M75
21	David Hoben	(Surrey WC)	81.54	M65
22	Tom Casserley	(Enfield H AC)	82.09	M75
23	Peter Cassidy	(Loughton AC)	83.12	M75
24	Shaun Lightman	(Surrey WC)	83.17	M70
25	Tony Wilkinson	(unattached)	83.27	M55
26	Steve Kemp ©	(EMAC)	83.29	M55
27	Dave Ainsworth©	(Ilford AC)	99.50	M65
28	Mick Barnbrook ©	(Ilford AC)	99.50	M70
	Callum Wilkinson	(Enfield H AC)	dq	u23

**Bob Clark Award:** George Wilkinson  
**1<sup>st</sup> Centurion:** Martin Fisher c788  
**Lol Dordoy Prize:** Phil Welch

**Judges:** M. Croft, A.Garner, M.Graham, J.Hall, C.Hobbs, P.Wilson © - **Registrations:** M.Livermore, L.Spinks  
**Timekeepers/Recorders:** P.Welch, P.Ficken ©, C.Lawton © -- **Refreshments:** J.Wallwork  
**Marshalls:** S.Allen, P.Crane, K.Crilly ©, P.King, J.May, D.Spinks - **Race Organiser/Referee:** R.Wallwork ©

**91<sup>st</sup> Enfield Open 7**

1.	Grazina Narviliene	(Cobra RC &TriO	67.01	w40
2.	Helen Middleton	(Enfield H AC)	69.18	w55
3.	Maureen Noel	(Belgrave H)	69.58	w50
4.	Melanie Peddle	(Loughton AC)	70.00	w45
5.	Noel Blatchford	(Abingdon AC)	72.24	w65
6.	Joyce Crawford ©	(Enfield H AC)	73.45	w50
7.	Fiona Bishop	(Woking AC)	74.43	w55
8.	Tessa Killingbeck	(City of Norwich AC)	76.54	sw
9.	Kim Howard ©	(Southend AC)	83.29	w60
10.	Sue Clements ©	(Cambs & Col)	84.02	w60
11.	Geraldine Legon	(Bexley)	85.36	w55

© = Centurion

**Team**

- EHAC 56pts  
G.Wilkinson, H.Middleton, J.Crawford, ASeddon
- Surrey WC 56pts  
D.Crane, M.Martin, D.Maskell, C.Flint
- Ilford AC 76pts  
M.Culshaw, S.Bennett, D.Kates, D.Ainsworth

5 miles	Anne Jones	(Steyning AC)	53.27	w50
	Jo Miles	(Hillingdon AC)	56.34	w60

3 miles Ken Livermore © (Enfield H AC) 44.09 M80

1 mile Peter Hannell (Surrey WC) M75

**Novice Prizes:** Tessa Killingbeck  
Tom Casserley  
**Spot Prize:** Mark Byrne

**2017 Final League Tables****Ladies**

1.	581/9	Helen Middleton
2.	474/8	Fiona Bishop
3.	436/7	Melanie Peddle
4.	367/6	Maureen Noel
5.	356/6	Joyce Crawford ©
6.	310/6	Noel Blatchford
7.	294/6	Anne Jones
8.	270/6	Jo Miles
9.	262/6	Geraldine Legon
10.	207/4	Angela Martin

**Men**

1.	573/9	Mark Culshaw
2.	518/9	John Borgars
3.	505/8	John Ralph
4.	464/8	George Wilkinson YAG
5.	432/9	David Hoben
6.	420/8	Chris Flint ©
7.	402/7	Ken Bobbett
8.	369/7	Dan Maskell
9.	347/9	Dave Ainsworth ©
10.	344/7	Steve Cartwright
11.	340/5	Sebastian Parris
12.	336/5	Malcolm Martin
13.	331/5	Graham Chapman
14.	330/6	Andrew Cox
15.	327/7	Sean Pender ©
16.	319/6	Gary Smith ©
17.	316/5	Stuart Bennett ©
18.	288/7	Tony Wilkinson
19.	284/7	Mick Barnbrook ©
20.	267/5	Arthur Thomson

**Team Table**

1.	EHAC	<b>2552</b>	581 Middleton, 505 Ralph, 464 WilkinsonG, 356 Crawford, 327 Pender, 319 Smith
2.	Ilford AC'	<b>2032</b>	573 Culshaw 347 Ainsworth, 340 Paris, 316 Bennett, 284 Barnbrook, 172 Kates
3.	Surrey WC	<b>2006</b>	432 Hoben, 420 Flint, 369 Maskell, 336 MartinM, 231 Lightman, 218 Hannell
4.	Loughton AC	<b>1267</b>	518 Borgars, 436 Peddle, 221 Cassidy, 92 Fernandez
5.	Hillingdon AC	<b>1092</b>	402 Bobbett, 330 Cox, 270 Miles, 90 Vroobel
6.	EHAC 'B'	<b>859</b>	267 Thomson, 236, Livermore, 134 Seddon, 107 WilkinsonC, 76 May, 39 Grimsey



# 91<sup>st</sup> Open Seven Picture Gallery

Fransisco Reis and Jonathon Hobbs

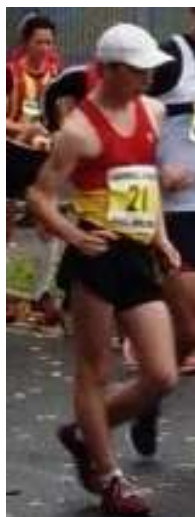
Grazina Narviliene and Helen Middleton



David Crane

Maureen Noel

Trevor Jones, Malc Marshall, Graham Chapman, Mark Byrne, Chris Flint and Steve Cartwright



George Wilkinson

Melanie Peddle

GB internationals – past and present who presented the awards

Bill Sutherland BEM

1970 Commonwealth Games bronze medalist

and

Callum Wilkinson

2016 Junior World Champion



Just some of the volunteers without whom, the event Couldn't have taken place

## **Message from Anne Jones**

*I would like to thank everyone for all their concerns and get well wishes after I had a bad fall during the 91<sup>st</sup> Enfield 7 on 11<sup>th</sup> November.*

*Fellow racers stopped during their race and also judges were there to help me and also to convince Trevor that he should complete the race as he only had half a mile to get to the finish.*

*I am still very bruised and sore but it could have been a lot worse.*

*I was more annoyed that I could not finish the race after working hard to keep in front of Amos, never mind there is always next year.*

*Thank you all again, Anne*

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## **Results and Leaguer's in Action** ( Club name/L)=ERWLeaguer)

The second **Midland Winter League** fixture took place in Birmingham on 29<sup>th</sup> October and more than 30 walkers turned out contesting various distances. The 10km was won by Lisa Kehler (Wolves & Bilston) in 53.33. Graham Chapman (Headington/(L) finished third 3<sup>rd</sup> in 55.23 and Noel Blatchford (Abingdon AC) 9<sup>th</sup> in 63.04. No EHAC walkers but Peter Cassidy (Loughton/(L) contested the 5km where he clocked 36.07.

There were two races on 4<sup>th</sup> November and both had *Leaguers* competing. **The Steyning 10km** which had been postponed because of storm Brian two weeks previously and **Lancashire WC's 'Bill Jackson' 5km**.

Down in deepest Sussex in favourable conditions, the promoting club's Ian Richards 55.24 was first of the dozen walkers to finish well ahead of Jim Ball (Steyning AC) 58.10 and Steve Allen (Barnet & D/(L)) 64.56. Anne Jones (Steyning/(L) 67.46 was the first woman and also competing were three Surrey WC members; Dave Hoben (L)) 73.45, Peter Hannell (L)) 74.08 and Kathy Crilley (L)) 76.23.

Conditions in Greater Manchester were also quite good and the victor of the 'Bill Jackson' race was Tony Bell (LWC) 29.58 who was followed home by club mate Greg Smith with Dan Maskell (Surrey WC/(L) 3rd in 31.29.

The **Surrey WC's Christmas 5km** took place at Tonbridge on 18<sup>th</sup> November. No club members were at the event, but six *Leaguers* were; Fransisco Reis 23.33 who won the race, Malcolm Martin 26.51 who was runner-up, Shaun Lightman 33.01, Chris Flint 33.15, David Hoben 35.59 and Geraldine Legon 34.34.

The final 2017 **Midland Winter League 10km** took place at Coventry on 19<sup>th</sup> November and was won by Mark Williams (Birchfield) in 54.33. Runner up was Graham Chapman (Headington/L) in 54.32 and also competing was Mark Culshaw (Ilford/L) 59.45, Dan Maskell (SWC/L) 65.56 and David Hoben (SWC/L) 73.25



### **2017 Marbella 4 day walk**

Three *Leaguer* Centurions, Kathy Crilley, Sue Clements and Joyce Crawford took part in the Marbella 4 Day Walk 12th-15th October 2017. It should have been four Centurions, but sadly Cath Duhig had to pull out at the last minute.

The walks are organised by a local Dutchman and like a "mini Nijmegen Vierdaagse". They attract many Dutch walkers from "home and abroad" - and nearly 2,000 turned up for the 20km walks. It seemed strange being in Spain and conversing in Dutch (well just the odd phrase!)

The three Centurions opted for the longer distance of 30km per day (only around 160 walkers per day). Although on checking the GPS - the distances fell short of 30km however, the steep hills more than made up for the shortfall.

Start time for the 30km was from 08:30. We completed each day in around 5 hours which gave us plenty of time after the days walk to relax, swim, or sightsee. It is really a good event for that warm weather training before winter sets in.

Anyone interested in joining us next year should let me know and I will keep you informed.

*Joyce Crawford* ©

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### ***Forthcoming events***

Dave Hoben extends a warm welcome to any walkers wishing to join the **Centurions stroll** on 25<sup>th</sup> November. Starts 10.15 from Polegate station in East Sussex. Details from Centurions web site under "Social".

**Surrey WC's 7 miles** takes place at Sandilands near East Croydon on Sunday 26<sup>th</sup> November and starts at 2pm. All walkers welcome.

Advert for **Steining's Alf Palmer Memorial** Track meeting on 11<sup>th</sup> December shows that Entries will be taken on the day, but advance indications will assist greatly the refreshment arrangements. Contact Ron Penfold or Dave Stevens.

## ***ALF PALMER MEMORIAL***

### ***TRACK WALKS***

#### ***Inc. VETS AC 5K Championships***

**BROADBRIDGE HEATH LEISURE CENTRE**

**HORSHAM RH12 3YS**

**Next To Tesco's Super Store Off A24**

**SATURDAY 9<sup>th</sup> DECEMBER 2017**

**START 11.00am RWA 'B' Grade Rules**

**RWA Permit Applied for**

**Over 15:- 5 Kms**

**Over 11:- 2 & 3Kms**

**Under 11:- 1Km**

**Winners & Spot Prizes**

**Entry Fees:- Over 15 - £5 Others - £3**

**Vets AC Entry Free**

**All Entries on the Day**

**Please Bring a Small Wrapped Gift For  
Secret Santa Lucky Dip. Approx. £2 - £3**

**More details if required**

**Tel. 01293-520506 / Mob. 07707028731**

**or e-mail at**

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