

The Enfield Walker 2021

November



(Newsheet of the Walking Section of Enfield & Haringey AC)

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who apologises for any errors and who welcomes contributions and comments for future issues

Latest League news at <http://enfieldleague.weebly.com>

George and Jacqueline have done it again!

Just as they did in 2019 Jacqueline Benson and George Wilkinson have ensured their individual titles before the final fixture. Jacqueline has increased her score by 99pts whilst George still has the chance to score a maximum 720.

Millie Morris and the rejuvenated Diane Bradley look secure in the women's minor placings, but in the men's only a point separates Mark Williams and Dave Annetts to decide second and third place..

Enfield and Ashford are well clear in the team table and it looks likely that Surrey will deny Ilford a top three placing for only the second time since the League's inception in 1998.

Forty-one women are among the 123 people who have participated so far in 2021. They represent 42 clubs and have between them registered 694 performances. Thanks again to Jon May and daughter Jenny for compiling the stats.

Individual tables (Although the number of races in some cases exceeds nine, the points total only reflects the person's best nine races)

Ladies	Men	Masters Category leaders	
1 689/14 Jacqueline Benson u23	1 719/12 George Wilkinson u20	35 Elini Panayiotou	Dominic King
2 675/09 Millie Morris	2 711/9 Jonathan Hobbs	40 Kate James	David Crane
3 627/14 Diane Bradley	3 698/14 Mark Williams	45 Emma Dyos	Nico Strydom
4 617/14 Helen Middleton	4 695/13 Dave Annetts	50 Grazia Manzotti	Simon Morgan
5 597/11 Cath Duhig ©	5 667/12 Dave Walsh	55 Helen Middleton	Mark Williams
6 574/13 Fiona Bishop	6 640/13 Chris Hobbs	60 Fiona Bishop	Dave Walsh
7 536/08 Grazia Manzotti	7 640/12 David Kates ©	65 Cath Duhig ©	Chris Hobbs
8 506/14 Karen Williams	8 611/12 Richard Emsley	70 Noel Blatchford	Dave Kates ©
9 479/12 Diana Braverman	9 608/10 John Ralph	75 -----	P.Gaston
10 454/7 Emma Dyos	10 602/13 Keith Vallis	80 -----	Tom Casserley

Team Table

1. Enfield HAC	3688	719 Wilkinson, 667 Walsh, 617 Middleton, 608 Ralph, 574 Bishop, 503 Casserley
2. Ashford AC	3213	689 Benson, 689 Hobbs J, 675 Morris, 640 Hobbs C, 388 Harding, 110 Wilton
3. Surrey WC	2715	569 Gaston, 527 Cox, 464 Flint, 477 Martin A, 403 Martin M, 305 Crane D
4. Ilford AC'	2581	640 Kates, 544 Morgan, 407 Dyos, 378 Bennett, 289 Perkins, 276 Shillabeer
5. Birchfield H	1535	698 Williams M, 506 Williams K, 263 Fall, 45 Constandinou, 23 Barnett.

2021 ERWL Finale Fixture weekend 4th/5th December

Distance 5 miles: Real Race at Donkey Lane starting at 11am

(Permit No. RWA 21064 – 3)

Advance Entries (£8) can be made online at <https://moultonssuffolkracewalk.weebly.com> or to Ron Wallwork
On the Day Entries (£10) It is of great help to the race organiser to know in advance how large the field is likely to be.

Walkers not wishing to contest the full distance are welcome to do shorter distances in multiples of one mile.

Virtual Race performances to be registered with Richard Emsley r.emsley@btopenworld.com
before midnight on 4th December stating name, club, time and Centurion No if applicable

Future of the Virtual ERWL

The VERWL was set up at the height of the covid pandemic as a way of keeping in touch, an incentive to take some exercise and a test of personal resolve and I think it fair to claim that it did that.

However, now that the virus although not beaten is more manageable, and a new year fast approaching, it is time to ask **if the VERWL is still needed?**

In 2022 the ERWL will resume normal service but if there is sufficient demand, stats man Jon May has indicated that he is willing to undertake the extra work to score a separate Virtual League.

Kindly let me know by 6th December if you would support a virtual league with a token registration fee of £5

94th Enfield Open Walks King George Playing Fields, Enfield on 13th November 2021

Permit: RWA21064-2

In overcast, mild conditions and an opening mile taking less than seven minutes, Olympian Dominic King led from start to finish to secure a record eighth victory in the EO7 now in its 102nd year George Wilkinson paid the price of trying to stay with the winner's blitz start, but still set a pb for the distance. The 2017 winner Jonathan Hobbs made the podium after Daniel King who had been unwell in the days leading up to the race had to withdraw.

Jacqueline Benson was a comfortable winner of the women's race slicing seven seconds off her previous best at this distance. Melanie Peddle who was third in 2018 continued her current form to set a pb and take second place, whilst on the comeback trail, two-time winner Diane Bradley (2008/2010) made an impression in third.

Wilkinson, Walsh, Middleton and Casserley were the scorers in the promoting Club's team victory and the *Bob Clark Award* was shared by Jacqueline Benson and George Wilkinson

7 miles

1	Dominic King	(Colchester HAC)	51.02	M35	1	Jaqueline Benson	(Ashford AC)	63.59	Wu23
2	George Wilkinson	(EHAC)	54.06	u20	2	Melanie Peddle	(Loughton AC)	66.50	W50
3	Jonathan Hobbs	(Ashford AC)	55.42	SM	3	Diane Bradley	(Tonbridge AC)	70.25	W60
4	David Walsh	(EHAC)	65.12	M60	4	Helen Middleton	(EHAC)	71.13	W55
5	Stuart Bennett ©	(Ilford AC)	71.23	M60	5	Noel Blatchford	(Abingdon AC)	79.59	W70
6	Chris Hobbs	(Ashford AC)	71.56	M65	<hr/>				
7	Colin Harle	(Belgrave H)	72.01	M60	6 miles	Diana Braverman	(EHAC)	72.52	W70
8	Richard Emsley	(Desborough R)	72.36	M65		Paul Firmage	(Ryston R)	81.00	M65
9	John Arthur	(unattached)	74.09	M60		Michael Harran	(Surrey WC)	83.00	M80
10	John Borgars ©	(Loughton AC)	76.52	M75	5 miles	Elini Panayiotou	(unattached)	59.41	W40
11	Andrew Cox	(Surrey WC)	79.30	M65		Malcolm Blackwood	(Trent Park)	62.43	M70
12	Tom Casserley	(EHAC)	81.08	M80	4 miles	Sue Barnett	(EHAC)	44.47	W70
13	Andrew Tweed	(unattached)	81.10	M70	3 miles	Daniel King	(Colchester HAC)	22.17	M35
14	Tony Wilkinson	(unattached)	84.50	M60		Francisco Reis	(Surrey WC)	28.22	M60
15	David Hoben	(Surrey WC)	84.59	M65					
16	Chris Flint ©	(Surrey WC)	86.58	M75					© = Centurion

Judges: Steve Cartwright, Peter Cassidy, Mark Culshaw (Chief), Andrew Garner, Shaun Lightman, Pauline Wilson ©

Timekeeper: Phil Welch - Recorders: Pam Ficken ©, John Hall, Carl Lawton ©, Tracey Wilkinson.

Marshalls: Dave Ainsworth ©, Jon May - Race Organiser/Referee: Ron Wallwork ©



Helen, Diane, Jacqueline, Melanie and Diana



George, Dominic, and Jonathan

Virtual Fixture Result 13th/14th November - 7 miles

1	Mark Williams	(Birchfield H)	62.07	M55	1	Rachel Harding	(Ashford AC)	33.15	Wu23
2	Dave Annetts	(N.Herts RR)	67.02	M55	2	Lesley Hall	(Ashford AC)	33.40	W50
3	David Kates ©	(Ilford AC)	72.29	M70	3	Ron Penfold	(Steyning AC)	34.26	M80
4	Cath Duhig ©p	(CA M Torrevieja)	74.11	W65	4	Mick Graham	(Belgrave H)	38.47	M70
5	Keith Vallis	(Overton H)	77.57	M55	5	Terry Braverman	(EHAC)	44.57	M75
6	Fiona Bishop	(EHAC)	80.20	W60	6	Tony Perkins ©	(Ilford AC)	48.34	M70
7	Brian Adams ©	(Leicester WC)	86.54	M70	7	Bill Sutherland ©	(Highgate H)	49.15	M70
8	Steve Cartwright	(Gt Bentley RC)	88.59	M60					
9	Karen Williams	(Birchfield H)	92.18	W65					

Fouteenth Fixture Comments

Dave Annetts: I was disappointed to miss the historic EO7. **David Kates:** Thanks to Richard for all the work to keep the series going. **Cath Duhig:** I nursed my knackered knees around a 7 mile course today in 74.11. Thanks for continuing with coordinating the virtual results a great way for people like me to still feel part of things. **Bill Sutherland:** After a long bout of flu, I did my first walk yesterday at Highbury Fields PR. Slowish times as I took it steady. I was the first and only one in the M70's. Hope the EO7 went well, it didn't need my germs.

Leaguers in Action To qualify for Leaguer Status an athlete must participate in a six ERWL fixtures in a calendar year.

The annual **VAC and Counties 10km championships** took place at Purley on 30th October in good conditions on a perfect autumn afternoon.

Nine of the fifteen strong field had Leaguer status. The quickest of them was Dave Annetts (NHRR)L 50.53, followed by David Crane (SWC)L 55.36, Trevor Jones (Steining AC)L 59.00 and Melanie Peddle (Loughton AC)L 59.18 who was not that far behind Grazia Manzotti the lady's winner. Richard Emsley (Des R) the VERWL collator 62.54, Maureen Noel (Belgrave H)L, 64.25, Mark Culshaw (Belgrave H)L 64.42, John Borgars (Loughton AC)L 78.47, Chris Flint (SWC)L 79.06 and Fiona Bishop (Woking AC)L 83.58 were the others.

The new two lap course for the **Steining Open 10km** on 6th November met the approval of the competitors who supported the event. In good conditions Grazia Manzotti (Tonbridge AC) 58.16 was first home ahead of Leaguer Trevor Jones 58.31 with the remainder of the field well behind. Fiona Bishop (Woking AC)L 7th/72.14 and David Hoben (SWC)L 9th/76.19 also took part.

On the same day a couple of hundred miles north at Simister near Manchester, conditions for the **Lancs.WC's 'Bill Jackson' 5km** couldn't have been more different; cold winds and driving rain. It was yacht handicap race and finishing second was Tony Bell (LWC)L, his actual time 31.02 being only five seconds behind the scratch prize winner Adrian Edwards (LWC).

Over 5km Steve Uttley (Ilford AC)L finished third in 29.40 behind Ellis Simmonds (u18 – Dash 2) 27.33 and virtual leaguer Mark Williams (Birchfield H) 29.17, in the second **Midland League** races at Warwick University on 21st November.

Surrey WC had their **Christmas Cup 5km race** at Tonbridge track on 20th November which attracted 17 starters. Bexley's Luc Legon was the leading man with a time of 23.19. Melanie Peddle was the first women to cross the line in 27.32 with David Crane 26.26, Lesley Hall (Ashford AC)L 35.27, Dave Hoben 37.21 and Chris Flint 37.58 being the other Leaguers.



Another Presidential Honour for Ray Pearce

At the AGM of the Southend on Sea AC Ray Pearce was elected the clubs President and following race walking presidential stints at national, regional, and county level, he will have no problems taking on the role.

Ray's connection with race walking spans six decades and he has been a ERWL supporter since its inception in 1998. He has been part and parcel of Essex walking since his competition days which started in the late 50's, and I recently came across the result of a 1958 Ilford AC inter club 2 miles which was won by Colin Williams 14.27 and where Ray finished in 6th 16.02. He won the Essex title in 1965 and over the years collected many place medals.



Forthcoming Events

Alf Palmer Memorial Races on 11th December at Broadbridge Heath, Horsham RH12 3YS, Start time 2pm. Details from **Ron Penfold: 01293 520506** ron.penfold@btinternet.com or **Ian Richards 01903 504463**.

2022 ERWL first three provisional fixtures

15 th January	11.00	1 - 5 miles	Race 1 at King George Playing Fields, Donkey Lane, Enfield EN1 3PL
12 th February	11.00	1 - 5 miles	Race 2 at King George Playing Fields, Donkey Lane, Enfield EN1 3PL
12 th March	11.00	1 - 5 miles	Race 3 at King George Playing Fields, Donkey Lane, Enfield EN1 3PL

This newsletter gives the briefest information about the ERWL and more detailed results and a broader perspective of the race walking scene is available from the *Race Walking Record*, the *Essex Walker* and *Heel and Toe*.

Race Walking Record

Published promptly at the end of each month.
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Essex Walker

Lots of local information
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Heel and Toe online

Australian publication out every Tuesday
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