

The Enfield Walker 2022

March



(Newsheet of the Walking Section of Enfield & Haringey AC)

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Latest League news at <http://enfieldleague.weebly.com>

The "Stiker" Hyde 5 - 12th March at King George Playing Fields , Enfield

It was good to see Stephen Crane (65) back in action after a long absence. He was League runner-up in 2007 and 2008. Stephen's father Peter and brother David are also Leaguers the latter winning the League in 2018.

A Well Done! To Kathy Smith on her pb and to 14 year old Chris Stone making his debut.

Credit to Dave Annetts, Centurion Stuart Bennett, Melanie Peddle and Fiona Bishop who doubled up by competing in the England Masters AA Area Challenge 2km the following day at LVAC.

Thanks to John Hall for making the local arrangements. Full result page overleaf



Photo: Barry Cook. More on Enfield & Haringey website

2022 League Tables (top 5) after 3 fixtures

Ladies

1. 154/3 Noel Blatchford (70)
2. 140/3 Fiona Bishop (60)
3. 135/2 Abigail Jennins (u23)
4. 135/3 Diana Braverman (70)
5. 135/3 Amalia Christina Da Silva (55)

Men

1. 209/3 George Wilkinson (u23)
2. 206/3 Dave Annetts (55)
3. 192/3 Dave Walsh (60)
4. 175/3 John Arthur (60)
5. 165/3 John Borgars (M75) ©

Virtual Individual mixed

points awarded as if amalgamated with real league

1. 199/3 Mark Williams (M55)
2. 151/3 Paul Gaston (65)
3. 139/3 Marco Bernatzki (50)
4. 132/2 Jaqueline Benson (u23)
5. 130/3 Brian Adams (70) ©

Team Table

- | | | |
|-----------------|------------|------------------------------------------------------------------------------|
| 1. EHAC | 773 | 209 Wilkinson, 192 Walsh, 140 Bishop, 135 BravermanD, 53 Ralph, 44 Casserley |
| 2. Ilford AC' | 614 | 175 Arthur J, 124 Dyos, 117 Bennett, 102 ArthurS, 57 Lawless, 39 Ainsworth |
| 3. Belgrave H | 364 | 135 Da Silva, 117 Noel, 62 Harle, 50 Hall |
| 4. Aldershot FD | 316 | 135 Jennings, 89 Smith, 63 Carty, 29 Billingham |
| 5. Surrey WC | 303 | 93 Hoben, 72 Reis, 68 Crane, 37 Flint, 33 Hannell |

Thanks to Jon May who is happy to send by email a detailed spreadsheet upon request

To date 52 walkers have competed live and 17 virtually

2022 ERWL Fourth Fixture

LICC 1km, 3km & 5km

Note: 5km time limit of 38 minutes

Saturday 16th April starting at 12 Noon

Lee Valley Athletic Centre, N9 OAR

Online Entries only by 12th April to: entry4sports.co.uk

VIRTUAL RACE Distances as the real race performed over the weekend of 16th/17th April and registered with Richard Emsley r.emsley@btopenworld.com before midnight on 17th March stating name, club, time and Centurion No if applicable

5 miles

1	George Wilkinson	Enfield H AC	Mu23	38.41	1	Maureen Noel	Belgrave H	W55	51.32
2	Dave Annetts	North Herts RR	M55	40.30	2	Noel Blatchford	Abingdon AC	W70	55.21
3	Stephen Crane	Surrey WC	M40	40.48	3	Fiona Bishop	Enfield H AC	W60	56.16
4	Dave Walsh	Enfield H AC	M60	47.51	4	Kathy Smith	Aldershot FD	W55	57.44
5	Graham Chapman	Headington RR	M65	50.07	5	Diana Braverman	Enfield H AC	W70	61.00
6	Jonathan Ellerton	Blackhth/Bromley	Mu17	50.15					
7	Colin Harle	Belgrave H	M60	50.22		4 miles			
8	John Arthur	Ilford AC	M60	50.31		Shaeda Arthur	Ilford AC	W60	69.11
9	Stuart Bennett ©	Ilford AC	M60	52.01					
10	John Borgars ©	Loughton AC	M75	53.31		3 miles			
11	John Ralph	Enfield H AC	M65	55.11		Melanie Peddle	Loughton AC	W50	28.28
12	Andrew Tweed	unattached	M70	56.04		Amalia DaSilva	Belgrave H	W55	34.57
13	Tom Casserley	Enfield H AC	M80	59.06		Terry Braverman	Enfield H AC	M75	42.59
14	David Hoben	Surrey WC	M65	60.42					
15	Mal Blackwood	Trent Park	M75	61.42		2 miles			
16	Paul Firmage	Ryston R	M65	67.19		Christopher Stone	Blackhth/Bromley	Mu15	20.12

Referee: R.Wallwork © - Timekeeper/Recorders: Phil Welch, Pam Ficken © , Tracey Wilkinson -- Campanologist: Carl Lawton ©
Judges: Peter Cassidy, Mark Culshaw, Andrew Garner, Shaun Lightman, Pauline Wilson ©

Virtual Result

Mark Williams	Birchfield H	M55	43.22	Jacqueline Benson	Ashford AC	Wu23	45.31
Chris Hobbs	Ashford AC	M65	50.51	Cath Duhig ©	CAM Torrevieja	W65	50.44
Paul Gaston	Surrey WC	M70	54.40	Diane Bradley	Tonbridge AC	W60	51.50
Andrew Cox	Surrey WC	M55	56.07	June Avery	Cl Rheddeg Pont	W60	57.20
Marco Bernatzki	LA Herton/Ger	M50	56.35	Karen Williams	Birchfield H	W65	64.50
Ron Penfold	Steyning AC	M80	57.30				
Brian Adams ©	Leicester WC	M70	62.16	5km			
Bill Sutherland ©	Highgate H	M75	68.12	Tony Perkins ©	Ilford AC	M70	50.23

A good news message from Keith Vallis who has been unwell for the past few months, hence no performances from him. He is hoping to be back in the coming months and sends best wishes to everyone. I'm sure the sentiment is reciprocated several

Enfield & Haringey AC – Annual Subscriptions

Hi Ron, it was great to be at the 'Stiker' Hyde Five.

Just to confirm that the Club will be waiving the Club Subscriptions again for the coming year starting April 1st.

However, first claim athletes who require to **renew their E A Competition Licence should transfer £16 by 1st April 2022** to the Club Account at Metrobank (business) ac no 35767738 sort code 20-05-83 .

Regards , Ray Gibbins E&HAC Membership Secretary

Advance Notice of the 2022 Moulton Walks**Saturday 11th June**

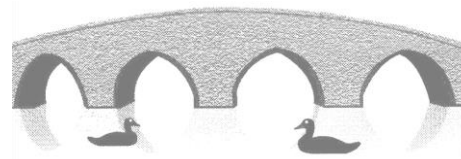
The Village Hall, Bridge Street, Moulton, Suffolk, CB8 8SP

12.30pm **Young Age Group & Novice 1 mile** (Register on the day before 12.15)

1.50pm **Five miles Road Walk Challenge** Entry £5 – on the day £7

inc. The Suffolk County AA championship - Under Race Walking Association Rules

Badges awarded to walkers completing the course in under an hour for the first time



Eric W.Hall RIP

In 1957 Eric, already an Olympian (1956 Melbourne 50km) finished second in the National 10 miles and won the National 20 miles, the latter he regarded as one of his greatest races.

From an Enfield perspective 1957 was a special year for the Enfield Open 7 a race in which Eric made history by winning in 51.38, thus breaking the long standing record of 52.21 set by 'Stiker' Hyde in the 1931.

I had been one of the 190 starters at the National 10 at Hendon in 1960 finishing 20th, seventeen places behind Eric in third. The following year at Leicester (198 walkers) I had closed the gap to eleven places; 13th to his second, but my first actual meeting with him was probably at a Lancashire WC 6 miles Badge race at Swinton in 1962. Eric a Customs and Excise Officer upon being posted at Ringway Airport, Manchester, joined LWC as a second claim member and by this time he had notched up another Olympic appearance this time at 20km

I can't recall just how long Eric was stationed at Ringway before being posted to Leicester, perhaps five years, but his time in the north was of terrific benefit to me. I was making my way up the rankings, and he was an endless well of advice and support and was instrumental in my international breakthrough in 1963.

Joan and I were frequent guests at Eric and Mavis's Cheadle Hulme home so that us men-folk could get in some serious "strolling". I have vivid memories of Eric's favourite route, a four hour slog which took in the "Cat & Fiddle" the second highest pub in England. Of many things he told me, was that after a season of 50km training and racing, my times at all the shorter distances would improve and so they did.

Eric's race walking career wasn't a long one but left an indelible mark on the race walking scene. Along with his great friend Stan Vickers he helped his club Belgrave Harriers maintain a decade of dominance in the three national road championships: 10, 20 miles and 50km. In addition to his two Olympic appearances, he won the 1957 national 20 miles championship and logged another dozen top three national finishes.



Mal Blyth, Ron Wallwork and Glyn Jones

We lost touch for 20 years but reunited in the late 80's and thereafter met on a regular basis. Eric remained a source of encouragement, always ready to pitch in with schemes I dreamt up and typically, although in his late 70's played a crucial role in the 2009 Barclay Re-enactment..

Deepest Condolences to Mavis, Alister, Sharon and his Grandchildren

Eric pictured here in 2009 with Richard Dunwoody's support team: LtoR Jon May, Amos Seddon, Eric,

Leaguers in Action

Congratulations to Melanie Peddle (W50) who set a new British age record at the **BMAF Indoor championships** at LVAC on 5th March. Melanie's time for the 3km was 15.56.20 some 19 seconds ahead of Grazia Manzotti (W50) who was also inside the old figures.

There were 12 starters who all finished, eight of them winning category titles among them the already mentioned Melanie Peddle and Dave Annetts (M55) 14.20.68, who was the quickest in the race.

In LWC's '**Sam Shoebottom**' 10km at Chorley on 5th March staged over a brutal course around Anglezarke moor, Tony Bell 65.30 finished second behind Centurion Martin Fisher whose time was 61.49.

The **England Masters Indoor Inter-Area Challenge** was staged at LVAC on 13th March and the programme included a 2km walk. There were 13 starters and in time order Leaguers competing in the match were Dave Annetts 9.15, Melanie Peddle 10.15, Stuart Bennett, Fiona Bishop 11.44 (who had all competed the previous day at Donkey lane) along with Geraldine Legon 11.44 and Rachel Lawless 11.56. VERWL Collator Richard Emsley 11.49.

The long standing **Molly Barnett** races this year on 19th March, incorporated the second **EA 10km championships** in six weeks. In contrast to the diabolical weather conditions at Leeds for the Winter version of this event, sunshine and blue skies were the order of the day along with a fresh breeze. With varying age group races in the open and championships races, the results were somewhat complex and will appear in full in the March edition of race walking Record. The senior championship winners were Cameron Corbishley 42.49 and Abigail Jennings 51.28.

ERWL connections at the meeting were George Wilkinson 46.25 5th/ and runner-up (to Chris Snook 44.21) in the u23's, Dave Annetts 8th/1st M55, Jacqueline Benson 8th/2nd u23 57.34, Noel Blatchford competed in the 5km race finishing 8th/1st W70 34.45.

Although not a Leaguer yet, it is worth noting that Grazia's set a W50's national 10km record of 57.22 in terrible conditions at the Winter championships at Leeds on 5th February and reduced it by 31 seconds at the Molly Barnett to 56.51.

Forthcoming Events

ERWL 2022 provisional fixture list

21 st May	15.00	5/10km	Race 5	Cecil Gittins Open and League race.
11 th June	12.30	5 mls	Race 6	Moulton Open, Moulton Village, Suffolk,
25 th June	12.00	3/5kms	Race 7	LICC at the StoneX Stadium
24 th July	12.00	3/5kms	Race 8	LICC at the StoneX Stadium
28 th August	12.00	3/5kms	Race 9	LICC at the StoneX Stadium
24 th September	11.00	1 – 5 mls	Race 10	One Hour Badge Race venue TBC
15 th October	11.00	1 – 5 mls	Race 11	Venue TBC
12 th November	11.00	1 - 7 mls	Race 12	95 th Enfield Open 7 Venue TBC

VAC Battersea Park Summer Series 2022 - Full details on <http://www.vetsac.org.uk/Fixtures.html>

Tuesday 5th April @ 7pm (5km) Tuesday 10th May @ 7pm (5 Miles championship)

Tuesday 12th July @ 7pm (5km) Tuesday 2nd August @ 7pm (5 Miles)

Centurion News



What is a Centurion? "A Centurion is one who has walked 100 miles within 24 hours in a competition held under Race Walking Association (RWA) and UKAthletics rules in Great Britain"

Walkers from all backgrounds and countries are welcome. Races are generally held annually at various locations around the country. Most are held on the road but some are on an athletic track. The record of those who were successful began in 1911 and since then a total of 1209 walkers have qualified.

The next 100 miles 20th – 21st August 2022

We are pleased to announce that the next Centurion-qualifying race will be held on the [Middlesbrough Sports Village Cycle Circuit](#), TS4 3AE. Entries are now open at [Entry Central](#) and further details will follow shortly. We very much look forward to seeing everybody again. Read the background of some of the entrants [here](#).

Train with us to walk 100 miles - All Centurions, aspiring Centurions, Family and friends are welcome.

There are opportunities to train with other walkers for the annual 100 mile race and Richard McChesney C1131 is organising one on [23 April in Richmond Park, London](#). Starting at 07:30am, walkers can continue for as far, or as long, as they want so it is suitable for existing and aspiring Centurions. Full details can be found in the link above.

Steve Kemp C1075 is organising social walk in **Constable Country on 28th May**, taking in the villages of Dedham, East Bergholt and Flatford Mill, a distance of just over 7 miles. The walk leader will Kim Howard C1020 and it starts at the Milsoms Hotel, Stratford Road, Denham, Colchester CO7 6HW at 10:30am. Permission to use the hotel car park and facilities has been granted. For further details contact Steve Kemp on 07860 617899. For more information visit Centurions 1911 website

A series of walks from Belfairs Park, Leigh on Sea, South Essex. They will held each weekend, either Saturday or Sunday and will usually start at 08:00am although this may change for the longer distances – there are plans for 6, 8 and 12 hour walks too – perfect training for the 100 miles! Those interested in participating or supporting should email the social walk Secretary Steve Kemp at racewalker@sky.com to confirm day, duration and start time.

This newsletter gives the briefest information about the ERWL and more detailed results and a broader perspective of the race walking scene is available from the *Race Walking Record*, the *Essex Walker* and *Heel and Toe*.

Race Walking Record

Published promptly at the end of each month.
noel.carmody@outlook.com

Essex Walker

Lots of local information
dave.ainsworth@yahoo.co.uk

Heel and Toe online

Australian publication out every Tuesday
stuwalks@yahoo.com.au