

The Enfield Walker 2022

(Newsheet of the Walking Section of Enfield & Haringey AC)

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who apologises for any errors and who welcomes contributions and comments for future issues

Latest League news at <http://enfieldleague.weebly.com>

May



Vets AC once again put on a successful **Cecil Gittins Memorial** meeting and on its website can be found the official report, result and some excellent photographs.

Some sloppy work on my part was responsible for anomalies in the first Virtual result sheet that I circulated, so my apologies for that and the correct version appears here.

ERWL Virtual Result for Fixture 5

10km			5km		© = Centurion
1. George Wilkinson	(Enfield HAC)	47.26	Mu23	1. John Borgars ©	(Loughton AC) 33.35 M75
2. David Annetts	(N.Herts RR)	48.27	M55	2. Karen Williams	(Birchfield H) 43.56 W45
3. Mark Williams	(Birchfield H)	53.27	M55	3. Tony Perkins ©	(Belgrave H) 49.45 M70
4. Richard Emsley	(Desborough R)	66.20	M55		
5. Helen Middleton	(Ilford AC)	68.19	W55	10km continued	
6. Cath Duhig ©	(CAM Torregieva)	68.41	W65	8. Paul Gaston	(Surrey WC) 69.55 M70
7. Keith Vallis	(Overton H)	68.59	M55	9. Marco Bernatzski	(LA Herten/Ger) 71.24 M50
				10. Brian Adams ©	(Leicester WC) 80.06 M75

2022 League Tables

Ilford have taken the lead courtesy of fielding six walkers, but with seven fixtures remaining, there are lots of points available for individuals and teams to improve their positions.

To date 57 walkers representing 29 clubs have competed live and 21 virtually.

Top 5 after 5 fixtures

Ladies

- 1 251/4 Emma Dyos (45)
- 2 242/5 Fiona Bishop (60)
- 3 230/5 Amalia Christina Da Silva (55)
- 4 228/5 Melanie Peddle (50)
- 5 180/5 Shaheda Arthur (50)

Men

1. 320/5 Dave Walsh (60)
2. 299/5 John Arthur(60)
3. 279/4 George Wilkinson (u23)
4. 275/4 Dave Annetts (55)
5. 239/4 Stuart Bennett ©

Virtual Individual mixed

points awarded as if amalgamated with real league

1. 334/5 Mark Williams (M55)
2. 243/5 Marco Bernatzki (50)
3. 227/4 Cath Duhig © (65)
4. 225/5 Brian Adams © (70)
5. 206/4 Paul Gaston (70)

Team Table

1. Ilford AC' **1246** 299 Arthur J, 251 Dyos, 239 Bennett, 180 Arthur S, 163 Lawless, 114 Morgan
2. EHAC **1084** 320 Walsh, 254 Wilkinson, 242 Bishop, 135 BravermanD, 55 Barnet, 53 Ralph
3. Belgrave H **574** 230 Da Silva, 173 Noel, 121 Harle, 50 Hall
- 4 Surrey WC **397** 136 Hoben, 88 Flint, 72 Reis, 68 Crane, 33 Hannell
5. Loughton AC **326** 228 Peddle, 165 Borgars,

Thanks to Jon May who is happy to send by email a detailed spreadsheet upon request

2022 ERWL Sixth Fixture

Permit No:Applied for – cat B

Moulton Walks

Saturday 11th June starting at 12.30pm

See attached Flyer

Use of QEII Track

Enfield & Haringey AC Hon General Secretary Barry Cook has announced that the Club have now agreed with the council for club members to train at QE2 track on Thursdays from 6.30 - 8pm. Walking section members are invited to take advantage of the facility.

However, there may be occasions when we can't use the track because the football team will have something on but not much during the summer.

Leaguers in Action

Jacqueline Benson was the only Leaguer to journey up to Leeds for the **British Grand Prix** on 2nd May. Racing 20km for only the second time she was rewarded with a pb of 1.57.14, an English silver medal and a British bronze one.

At the **BMAF 10km championships** at Horspath, Oxford on Sunday 8th May twelve walkers came under starters orders. Dave Annetts (M55) came close to his best with 48.39.85, well clear of W50's Grazia Manzotti and Melanie Peddle whose times of 56.29 and 56.44 were both inside Grazia's age category record set earlier this year. Twelve walkers twelve walkers came under starters orders among them Trevor Jones (M65) 58.38, David Walsh (M60) 62.03, Steve Uttley (M60) 67.37 and the closest finish was in the W70 category where only 7/100ths of a second separated Noel Blatchford 71.15.00 and Sue Barnett 71.15.07.

The second of the **VAC** Battersea Park summer series on 10th May had a reasonable field, the weather was fair with some cloud cover, making for good racing conditions. This was the first **5 mile walk championship** for some years and the awards were presented by VAC president Anna Garnier..

The overall winner was Melanie Peddle 45.50.61 just outside her personal best. Stuart Bennett 51.58.24 won the VAC championships for the men and Maureen Noel 52.21.90 was 2nd in the championships and first lady overall.

All but one of the ten starters was a Leaguer: Fiona Bishop 54.35.08, Dan Maskell 57.39.83, Lesley Morris 58.22.91, Chris Flint 62.42.95, Dave Hoben 64.13.86 and Peter Hannell 65.21.40. The non-Leaguer was novice Artur Olszewski who clocked 63.22.40.

Leaguers at International events

To my knowledge there were three Leaguers in international action during May. Congratulations to Cath Duhig who completed a W65 double gold at the **Euro Masters non stadia championships** staged in Grosseto, Italy on 12th/15th May. Cath's respective times were a 64.29 10km and a 2.14.38 20km.

competing at the **Cantones A Coruna** meeting in Spain, on 28th May were the Wilkinson brothers. George made his 20km debut and in the warm humid conditions did well to dip under the 100 minute mark by 20 seconds, whilst Callum feeling his way back from surgery a couple of months ago used the race to measure gauge his progress. Erring on the side of caution he retired after passing through 10km in 41.20 happy that his comeback was on course.



Ridgeway 40

Former club member Sue Clements received a special award for her 20th completion of the **Ridgeway 40**. Picture shows Sue receiving her award from Trevor Brown .

Centurions Social walk

28th May

Writes Centurions' Honorary Secretary and Leaguer Chris Flint (*left of picture*):

It was an excellent walk in Constable country and please pass thanks to Kim Howard (*5th from left*) and her fellow guides and Organiser Steve Kemp (*right of picture*) who made it possible.

This photograph was taken by me, but Brian Bogenpoel will have many more I'm sure. It's amazing that the scene for Constable's Haywain still remains largely the same. Good to know it's protected by the National Trust.

Thanks to all for a most enjoyable day



This newsletter gives the briefest information about the ERWL and more detailed results and a broader perspective of the race walking scene is available from the *Race Walking Record*, the *Essex Walker* and *Heel and Toe*.

Race Walking Record

Published promptly at the end of each month.
noel.carmody@outlook.com

Essex Walker

Lots of local information
dave.ainsworth@yahoo.co.uk

Heel and Toe online

Australian publication out every Tuesday
stuwalks@yahoo.com.au