

The Enfield Walker 2022

(Newsheet of the Walking Section of Enfield & Haringey AC)

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Latest League news at <http://enfieldleague.weebly.com>

July



Leaguers in Action

Masters World Championships Tampere, Finland

The only Leaguer competing at the championships was M55 Dave Annetts who on 30th June took the 5km silver medal in 24.48.90. Competing in the 20km on 6th July he finished a very creditable 5th in 1.55.09, a performance which backed up Dominic and Daniel King's top two placings in their age group, which enabled GB to take the 20km team gold medal.



League supporters and E07 victors Dominic and Daniel King dominated the M35 category, finishing winner and runner-up at all three distances as well as leading the GB team to the 20km team gold. The picture shows GB Masters support team Bridget Cushion and Archie Jenkins along with Ian Richards M70 (10km/3rd), Daniel King, Dave Annetts, Dominic King and Silvana Alves W50 (20km/5th)

A good mid-week field of twelve turned out on 29th June to contest the **Blackheath & Bromley's 4 miles** for the Johnson Bowl. Jacqueline Benson was the winner in 35.20 and was the first of four Leaguers who took part. Diane Bradley 39.15, Dave Hoben 47.33, Chris Flint 47.55, were the others.

Leaguers Tony Bell and (after a quick dash north) Dave Hoben were among the competitors to contest the Lancashire WC's **Barnard Trophy 10km** at Macclesfield on 2nd July. The race winner was Adrian Edwards in 65.00 and the Leaguers clocked 67.39 and 75.32 respectively.

The Middlesbrough 100 mile Challenge – 20th/21st August

Entries are now open at [Entry Central](#)

The 97th 100 mile race is dedicated to Ken Munro C370 who was a race walking stalwart as a competitor and official.

Ken qualified at the 1965 Met Police Hundred staged over a gruelling ten lap course at Chigwell clocking 20.59.55. A long-serving Cambridge Harrier, he was an officer of the RWA Northern Area and served as Centurions' Honorary Secretary.



The race will be held 20th/21st August 2022 on the [cycle circuit](#) at [Middlesbrough Sports Village](#) (MSV), TS4 3AE. .

To date 28 walkers representing nine nationalities have entered and it is hoped this encourages more entries. If you are unable to race offers to help and support are welcomed, so please contact Sue Clements on sueclements950@bopenworld.com just come along and enjoy meeting friends. There is still time to enter.

2nd August 1992 Moulton Walks founders myself and Ian Garmston, enjoying a loosener the day after qualifying as Centurions 896 and 899 at Hungarton, Leicestershire.

Our respective times were 22.26.07 and 23.16.24 a whopping three and a half hours adrift of Sandra and Richard Brown who strode home in 18.50.29.

We might have been well off the pace, but our efforts raised over £38,000 for charity. More on this on the Lancashire WC website.

2022 ERWL Eighth Fixture

LICC 1km, 3km & 5km

Note: 5km time limit of 38 minutes

Saturday 23rd July starting at 12 Noon

StoneX Stadium, NW4 1RL

[ONLINE ENTRIES ONLY by 17th July to: entry4sports.co.uk](http://entry4sports.co.uk)

Congratulations to Callum Wilkinson on his selection for GB to the World championships and England for the Commonwealth Games. Because of the close proximity of the two events Callum has withdrawn on the former to concentrate on the Commonwealth 10km at Birmingham on 7th August.

Barclay/Dunwoody Reunion Invitation

Jon May and I have arranged to meet up at The Bedford Lodge, Newmarket on Thursday 14 July to mark the 13th anniversary of the Barclay re-enactment. A little walk, lunch and lots of chat is the order of the day starting at 10.30am. A warm Invitation extended to anyone (whether involved or not in the event) who would like to join us.

Notification of intention to attend would be helpful.

2022 ERWL Fixture 7 – LICC Track at StoneX Stadium on 25th June

(category B)

1	George Wilkinson	Enfield H AC	SM	22.23.18	1	Melanie Peddle	Loughton AC	W50	27.21.19
2	Dave Annetts	North Herts R	M55	24.08.54	2	Grazia Manzotti	Tonbridge AC	Wu23	27.42.25
3	Colin Harle	Belgrave H	M60	30.19.28	3	Sue Barnett	Enfield H AC	W70	33.05.67
4	John Arthur	Ilford AC	M50	31.07.58	4	Amalia da Silva	Belgrave H	W55	33.50.82
5	Simon Morgan	Ilford AC	M50	32.52.56	5	Noel Blatchford	Abingdon AC	W70	34.19.91
6	Tony Wilkinson	unattached	M60	37.29.97					
						3km			
						Shaeda Arthur	Ilford AC	W60	37.29.97

Officials: Appointed by LICC

Judges: Andrew Garner, Peter Cassidy, Mark Culshaw, Pauline Wilson ©

Virtual Result

1	Mark Williams	Birchfield H	M55	26.08	1	Cath Duhig ©	CAM Torrevejea	W65	32.54
2	Marco Bernatzki	LA Herton/Ger	M50	33.50					
3	Keith Vallis	Overton H	M55	35.52					
4	Ron Penfold	Steyning AC	M80	37.34		3km			
5	Brian Adams ©	Leicester WC	M70	37.54		Karen Williams	Birchfield H	W65	32.28
6	Bill Sutherland ©	Highgate H	M75	48.00					
7	Tony Perkins ©	Ilford AC	M70	49.23					

2022 League Tables

Top 5 after 7 fixtures

Ladies

- 363/6 Melanie Peddle (W50)
- 316/5 Emma Dyos (45)
- 298/6 Fiona Bishop (W60)
- 290/6 Amalia Christina Da Silva (55)
- 269/7 Shaheda Arthur (50)

Men

- 424/7 John Arthur (60)
- 419/6 George Wilkinson (SM)
- 383/6 Dave Walsh (M60)
- 344/5 Dave Annetts (55)
- 239/4 Stuart Bennett ©

Virtual Individual mixed

points awarded as if amalgamated with real league

- 467/7 Mark Williams (M55)
- 355/7 Marco Bernatzki (50)
- 340/5 Cath Duhig © (65) 6
- 327/7 Brian Adams © (70)
- 270/7 Tony Perkins © (70)

Team Table

1. Ilford AC'	1646	424 Arthur J, 316 Dyos, 269 ArthurS, 239 Bennett, 235 Morgan, 163 Lawless
2. EHAC	1526	419 Wilkinson, 383 Walsh, 298 Bishop, 185 BravermanD, 171 Barnett, 70 BravermanT
3. Belgrave H	811	290 Da Silva, 232 Noel, 187 Harle, 52 Culshaw, 50 Hall
4. Loughton AC	585	363 Peddle, 222 Borgars,
5. Surrey WC	493	185 Hoben, 135 Flint, 72 Reis, 68 Crane, 33 Hannell

This newsletter gives the briefest information about the ERWL and more detailed results and a broader perspective of the race walking scene is available from the *Race Walking Record*, the *Essex Walker* and *Heel and Toe*.

Race Walking Record

Published promptly at the end of each month.

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Essex Walker

Lots of local information

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Heel and Toe online

Australian publication out every Tuesday

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