

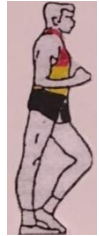
# The Enfield Walker 2022

(Newsheet of the Walking Section of Enfield & Haringey AC)

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who apologises for any errors and who welcomes contributions and comments for future issues

Latest League news at <http://enfieldleague.weebly.com>

August (2)



## Commonwealth Games

For the first time since race walking was added to the CG's programme 56 years ago they were staged in their entirety on the track. I watched the events on TV and got the impression that the event was well received by the spectators, no doubt helped along by the men's race being staged on the big finals day.

The entry could have been better, but all five continents had representatives in the field thus demonstrating the discipline's global appeal these days. Congratulations go to the medallists and more detailed reports have or will appear in the publications shown at the foot of the back page.

Jemima Montag (Australia)	42.34.30	Evan Dunfee (Canada)	38.36.37
Pryanka (India)	43.38.83	Declan Tingay (Australia)	38.42.33
Emily Wamusyi NGii (Kenya)	43.50.86	Sandeep Kumar (India)	38.49.21

Callum Wilkinson 4<sup>th</sup>/39.06.28 clocked one second outside his national record for this distance in spite of missing valuable training time because of surgery he underwent during the spring. He was in touch with *EnfWalker* to thank all the people who took the trouble to wish him well. Tom Bosworth the silver medallist at the Gold Coast in 2028 and who recently announced his imminent retirement was 6<sup>th</sup>/40.58.64

Representing Wales, Heather Lewis finished 5<sup>th</sup>/45.09.19 and Bethan Davies 6<sup>th</sup>/45.45.59.

## Leaguers at Birmingham for the Commonwealth Games



The Wilkinson's: George, Jonathan, Callum, Tracey and Tony



Jaqueline Benson flanked by Declan Tingay, Evan Dunfee and Sandeep Kumar

### Callum writes about the forthcoming European championships:

"I'm excited and looking forward to my first 20km of the year. Coming off a near pb race at the Commonwealth feel I could be an outside chance/dark horse for a medal. Going in under the radar and fresh will help me and anything in the top 8 would still be great". The 20km is on Saturday 20<sup>th</sup> August. and scheduled for bst 07.30 start.

Jacqueline Benson and her mother Elizabeth were also participants at the Games in Volunteer roles and their shifts were organised so that they could watch the walks. I understand that RWA Press Officer John Constandinou was also very involved and shared many of his experiences on Facebook.

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Best wishes to all 36 entrants for the **Middlesborough Hundred** taking place on the weekend of 20<sup>th</sup>/21<sup>st</sup> August and particularly those attempting their first which is the case for Leaguer Helen Middleton. Three others, John Borgars, Kevin Marshall and Chris Flint are already members of the brother/sisterhood.

For more information visit [www.centurions1911.org.uk](http://www.centurions1911.org.uk)

For live results on the day visit [www.arrowliveresults.com/TheMiddlesbrough100mileChallenge](http://www.arrowliveresults.com/TheMiddlesbrough100mileChallenge)

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## Please note fixture change

**The September fixture has been changed to 17<sup>th</sup> September.**  
**The distance 5 miles the venue QEII and the start time 11.00am**

**Get well soon Pauline!** I'm sad to report that Pauline Wilson the most supportive of ERWL judges annually averaging nine for over two decades is currently hospitalised in the Burstead Ward, Basildon University Hospital, Nethermayne, SS16 5NL. I'm sure all connected with the ERWL will join me in wishing her a speedy recovery.

### Leaguers in Action

**104<sup>th</sup> Nijmegen Marches**, Holland, 19/22<sup>nd</sup> July.

The entry of 42,000 or so was down on previous years and due to extreme heatwave conditions the organisers wisely decided to abandon Day One of this year's event. Fortunately, temperatures on the other three days were more like normal July conditions and included a few hours of rainfall.

Leaguers Chris Flint and Dave Hoben were among the English contingent which also included fellow Surrey WC members Cathy Crilley and Carlos Cobo along with Lancashire WC's Chris Bolton.

It was special march for Chris Flint who completed his first Nijmegen in 1967 and this year completed his 25<sup>th</sup>. Chris Bolton who first walked them in 1958 completed his 19<sup>th</sup>.



Chris Flint, Kathy Crilley, Carlos (kind provider of the photographs) and Dave



The picture shows Chris Flint complete with the sash marking his achievement.

A feature of the last day is a pontoon bridge built especially for the Marches by a different army each year and this year it was a joint venture by the Dutch and German armies. Some 250,000 spectators were estimated to be lining the route on the fourth day approach to Nijmegen. There was a wonderful atmosphere celebrating the continuance of this special gathering following two Covid-blanked years.

See August 2018 *EnfWalker* for brief history of RWA involvement with the Vierdaages/Nijmegen Marches

Guest Johnny Ellerton (u17) won the **VAC 5 miles** at Battersea Park on 2<sup>nd</sup> August, with a pb of 47.08. There were ten starters in the race and the Leaguers amongst them were W60 Maureen Noel 52.50, M60 Stuart Bennett 53.06, M60 Fiona Bishop 64.06, W60 Leslie Morris 57.04, M65 Dave Hoben 72.29 and M75 Chris Flint 72.52.

To encourage support and ensure a decent entry to put off the axing of the walks from the annual **South of England T & F championships**, the Southern RWA subsidised those who entered this year's event at Chelmsford on 14<sup>th</sup> August. It resulted in an improved entry on previous years of thirteen, of which nine turned out on the day, sadly two of them not meeting with the Judge's approval.

Although starting at 10am heatwave conditions prevailed. First in the lower age group 3km was Johnny Ellerton 16.25.10 whilst Chris Snook 21.45.50, George Wilkinson 22.48.88 and Abigail Jennings were the only three to finish in the senior 5km

### SOUTHEND CITY 1 MILE WALK/GARON PARK TRACK/10.30am 29 AUGUST

On-Line Entries Only via City of Southend AC Website

To enter please go to [southend-on-sea-athletic-club.co.uk/annual-club-events](http://southend-on-sea-athletic-club.co.uk/annual-club-events).

Open to All and incorporating the City of Southend AC Club Champs. • Medals for 1st three in each event. • Entry Fee £4 per event/ £10 per 3 events/ £13 per 4 events/ £15 per 5

TOM BOSWORTH'S Last race will be at the track on which he commenced his career at Tonbridge on 29<sup>th</sup> August and will be over 3km. At the time of going to press only two of the twenty entry places remained. Details at <https://tonbridgeac.org.uk>

This newsletter gives the briefest information about the ERWL and more detailed results and a broader perspective of the race walking scene is available from the *Race Walking Record*, the *Essex Walker* and *Heel and Toe*.

#### **Race Walking Record**

Published promptly at the end of each month.

[noel.carmody@outlook.com](mailto:noel.carmody@outlook.com)

#### **Essex Walker**

Lots of local information

[dave.ainsworth@yahoo.co.uk](mailto:dave.ainsworth@yahoo.co.uk)

#### **Heel and Toe online**

Australian publication out on Tuesday

[stuwalks@yahoo.com.au](mailto:stuwalks@yahoo.com.au)

For race walking Photographs [markeaston.zenfolio](http://markeaston.zenfolio).

Anyone using pictures or articles from these sources should acknowledge their origin