

The Enfield Walker 2025

(Newssheet of the Walking Section of Enfield & Haringey AC)

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who apologises for any errors and who welcomes contributions and comments for future issues

Latest League news at <http://enfieldleague.weebly.com>

November



The Bernie Hercock & 98th Enfield Open Seven

with its supporting races brought a close to the 2025 series. Although Bright, but slightly chilly, with a pre-race sweeping of the course by the "Leaf & Conker Patrollers" John Hall and Tony Wilkinson, conditions for racing were ideal.

Melanie Peddle who was runner-up in the 2023 race went one better this time and made it a hat-trick of female victories since 2023. The two-time League winner back in the *noughties* Trevor Jones took the second place and Peter Gregoire making his ERWL debut finished third.

The junior prize winners were Cerys Fitzpatrick and Rio McAndrew and the Centurion award won by Stuart Bennett.



Newmarket Joggers were out in force to close in on the 2025 ERWL Team title. Three of the five competitors were juniors, and they achieved their objective. Meanwhile, Colin Harle and Jacqui Benson's performances guaranteed that they retained the individual League titles they won last year.

The Fixture and refreshments was funded by the Bernie Hercock Legacy and on hand to assist with prize presentation were Bernie's son Bernie Jnr and Grandson Michael Saunders

A Races Permit: RWA 25057-A

7 Miles

| | | |
|----------------------|-------------------|-----------|
| 1. Melanie Peddle | (Loughton AC) | 68.00 W55 |
| 2. Trevor Jones | (Steyning AC) | 68.59 M65 |
| 3. Peter Gregoire | (Steyning AC) | 69.31 M50 |
| 4. Colin Harle | (Belgrave H) | 71.35 M65 |
| 5. Jacqui Benson | (Ashford AC) | 74.40 SW |
| 6. Stuart Bennett © | (Brentwood B) | 74.50 M65 |
| 7. Michael George | (unattached) | 75.57 M55 |
| 8. Emma Keeley | (Cambs/Coleridge) | 77.44 SW |
| 9. John Arthur | (unattached) | 79.30 M60 |
| 10. Miraiker Wallace | (Cambs/Coleridge) | 80.26 W60 |

5 miles

| | | |
|-------------------|---------------|-----------|
| 1. Suzanne Bailey | (Newmarket J) | 60.49 W60 |
| 2. Sue Barnett | (Enfield HAC) | 62.26 W75 |

3 miles

| | | |
|----------------------|------------------|------------|
| 1. George Wilkinson | (Newmarket J) | 26.32 SM |
| 2. Cerys Fitzpatrick | (Carmarthen & D) | 30.40 Wu15 |
| 3. Anne Jones | (Steyning AC) | 37.40 W70 |
| 4. Sheila Leavy | (N.Herts RR) | 41.00 W70 |

2 miles

| | | |
|--------------------|---------------|------------|
| 1. Sophie Blundell | (Newmarket J) | 20.16 Wu15 |
| 1. Lily Ann Cooper | (Newmarket J) | 22.04 Wu15 |

1 mile

| | | |
|-----------------|---------------|-----------|
| 1. Rio McAndrew | (Newmarket J) | 9.17 Mu13 |
|-----------------|---------------|-----------|

B Races Permit: RWA 25057-B

7 miles

| | | |
|-------------------|---------------|-----------|
| 1. Maureen Noel | (Belgrave H) | 72.59 W60 |
| 2. John Borgars © | (Loughton AC) | 81.07 M75 |

6 Miles

| | | |
|-----------------|----------------|-----------|
| 1. David Hoben | (Surrey WC AC) | 76.26 M70 |
| 2. Paul Firmage | (Ryston R) | 83.31 M70 |

5 miles

| | | |
|--------------------|----------------|-----------|
| 1. Diana Braverman | (Enfield H AC) | 63.28 W70 |
| 2. Shaheda Arthur | (unattached) | 81.20 W65 |

3 miles

| | | |
|-----------------|--------------|-----------|
| 1. Koryn George | (unattached) | 42.33 W55 |
|-----------------|--------------|-----------|

Judges: John Hall (Chief), David Annetts, Phil Blundell, Peter Cassidy, & Shaun Lightman

Timekeeper: Phil Welch - Recorders: Pam Ficken © & Tracey Wilkinson

Judges Runners: Sharon Harle & Mike Wallace

Virtual Result

| | | | |
|--------------|-----------------|---------|-----------|
| Cath Duhig © | (CA Millennium) | 7 miles | 75.10 W70 |
| Sue Davies | (Aldershot FD) | 7 miles | 84.48 W60 |
| Fiona Bishop | (Enfield HAC) | 7 miles | 86.30 W65 |

| | | | |
|----------------|---------------|---------|-----------|
| Mick Graham | (Belgrave H) | 7 miles | 89.38 M70 |
| Ron Penfold | (Steyning AC) | 5 miles | 66.51 M80 |
| Tony Perkins © | (Ilford AC) | 5 km | 00.00 M70 |

2025 ERWL Final Tables *Only the best six performances contribute to a walkers points total.*

Individual

Jacqueline Benson (Ashford AC)
Fiona Bishop (Enfield HAC)
Suzanne Bailey (Newmarket Joggers)

Colin Harle (Belgrave H)
George Wilkinson (Newmarket Joggers)
Mark Culshaw (Belgrave H)

Team

Newmarket Joggers
Belgrave Harriers
Enfield & Haringey AC

Juniors:

Lily Ann Cooper
Sophie Blundell
Cerys Fitzpatrick

New Leaguers:

Suzanne Bailey & Miraiker Wallace

1st Centurion: Stuart Bennett

Overall Junior

| | | | |
|----|---------------|------|-------|
| 1 | L-A Cooper | Wu15 | 357/8 |
| 2 | S.Blundell | Wu15 | 261/5 |
| 3 | C.Fitzpatrick | Wu15 | 123/2 |
| 4 | F.Watson | Wu17 | 121/3 |
| 5 | R.McAndrew | Mu13 | 115/2 |
| 6 | M.Morley | Wu13 | 115/3 |
| 7 | G.Andrews | Wu15 | 65/2 |
| 8 | T.C-Boamah | Mu17 | 61/1 |
| 9 | A.Nair | Wu13 | 51/1 |
| 10 | E.Barnard | Mu15 | 51/1 |
| 11 | M.Stakhov | Mu13 | 50/1 |
| 12 | J.Mansley | Wu15 | 43/1 |
| 13 | J.Ellerton | Mu20 | 19/1 |

Overall Senior

| | | | |
|----|-------------|-----|-------|
| 1 | C.Harle | M65 | 406/7 |
| 2 | J.Benson | SW | 402/7 |
| 3 | F.Bishop VL | W65 | 357/7 |
| 4 | S.Bailey | W60 | 353/9 |
| 5 | C.Ha Kwok | W50 | 344/6 |
| 6 | G.Wilkinson | SM | 341/6 |
| 7 | M.Culshaw | M55 | 329/6 |
| 8 | M.B.Lam | M56 | 326/6 |
| 9 | M. Noel | W60 | 315/5 |
| 10 | M.Wallace | W60 | 314/7 |
| 11 | G.Manzotti | W55 | 294/5 |
| 12 | S.Barnett | W75 | 286/6 |
| 13 | S.Bennett © | M65 | 274/5 |
| 14 | D.Hoben | M70 | 268/7 |
| 15 | H.Middleton | W60 | 257/5 |
| 16 | S.Morgan | M55 | 223/4 |

Overall Senior continued

| | | | |
|----|----------------|-----|-------|
| 17 | M.Peddle | W55 | 221/4 |
| 18 | T.Tyson | M50 | 211/5 |
| 19 | E.Keeley | SW | 210/4 |
| 20 | S.Leavy | W70 | 210/5 |
| 21 | D.Braverman VL | W70 | 203/4 |
| 22 | P.Firmage | M70 | 203/4 |
| 23 | J.Arthur | M60 | 184/3 |
| 24 | J.Borgars © | M75 | 177/4 |
| 25 | A.Jennings | SW | 156/3 |
| 26 | C.Cordran | W45 | 146/3 |
| 27 | S.Arthur | W65 | 138/3 |
| 28 | I.Richards © | M70 | 110/2 |
| 29 | M.Selby | M50 | 106/2 |
| 30 | J.Critchley | M60 | 93/2 |
| 31 | P.Forshaw | M70 | 89/2 |
| 32 | I.Jennings | M55 | 76/2 |

A further 28 walkers participated once and they were: P.Barnard M40, T.Jones M65 VL, P.Gregoire M50, S.Zennaro M50, S.Uttley M65, A.Majewska W45, G.Chapman M70, M.George M55 VL, Hardeep Minas M65, G.Benson SW, S.Allen ©M65, M.Smith M75, J.May M75, T.Diack M, J.Turner M, D.Ainsworth ©M75, A.Jones W70 VL, E.Edgell W, V.Houghton W, K.George W55, T.Braverman M80, N.Mitchell W, D.Mitchell M, M.Ellerton M, T.Wilkinson M60, J.Taylor M70, J.Livermore M, N.Livermore N. **VL = also competed in Virtual ERWL**

Team Table

| | | | |
|---|-------------------|------|--|
| 1 | Newmarket Joggers | 1312 | 357 Cooper, 353 Bailey, 341 Wilkinson & 261 Blundell |
| 2 | Belgrave H | 1117 | 406 Harle, 329 Culshaw, 315 Noel, & 67 Zennaro |
| 3 | Enfield H AC | 1103 | 357 Bishop, 286 Barnett, 257 Middleton & 203 Braverman |

A further 23 Clubs/organisations had representation and in their finishing order were: Cambridge & Coleridge AC, Ashford AC, Vets AC, Brentwood Beagles, Aldershot AFD, Loughton AC, Steyning AC, Surrey WC, Ilford AC, Blackheath & Bromley AC, North Herts RR, Ryston R, Carmarthen & D AC, Fetch Everyone, Moulton Wanderers, Charnwood AC, Headington AC, Leicester WC, Ely Runners & Southampton AC.

Virtual Table – 8 Clubs

| | | | |
|---|----------------|-----|-------|
| 1 | C.Duhig © | W70 | 277/8 |
| 2 | Graham | M75 | 266/8 |
| 3 | T.Perkins © | M75 | 251/8 |
| 4 | R.Penfold | M85 | 204/6 |
| 5 | E.Shillabeer © | M85 | 192/5 |
| 6 | M.Bernatzki | M50 | 173/4 |
| 7 | F/Lietjens © | M65 | 102/2 |
| 8 | R.Emsley | M70 | 51/1 |
| 9 | S.Davies | W60 | 41/1 |

Five other virtual walkers also took part in the Real events



Colin Harle Jacqui Benson Newmarket Joggers: Suzanne Bailey, George Wilkinson
Lily Ann Cooper, Sophie Blundell & Rio McAndrew

ERWL 2025 Opening Fixtures

17th January + 21st February

both at QEII, Donkey Lane, Enfield EN1 3PL

Book the dates in your diary