

Redcar Race Walking Club

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REDCAR WALKER 28

- All good wishes to our members and friends for the New Year 2007. I hope that you will all continue to enjoy your walking and the company of other members. For Dave Jones and me, the resolution must be to try to avoid any more personal worst performances – Increasing age does not count as an excuse!

- **MEMBERS' MEETING – 13 December 2006**

Present – Eight members and one observer – Apologies three

Financial Update – We now have around £900 in the bank, also a few club vests, one distance measurer, some club medals and a crate of 24 cans of lager (out of date – left over from Saltburn). The £900 is the minimum balance that we must now maintain to keep the club running. Saltburn advance costs are around £400 and new vest orders come in at around £350. Then there are affiliation fees and team fees when we enter teams for championship races. The good news is that there should now be no further need for club members to 'bankroll' activities and purchases. The club can now 'stand on its feet'.

- **Club Fees for 2007**

From 2007, club affiliations will be to UK Athletics rather than North of England AA. UKA are going to **increase** fees over the next two years to bring all territorial areas into line. It was decided to increase club fees to offset these increased charges. There will be a further increase in 2008.

For 2007, competing members will pay £12. Officials, students and junior athletes aged 12 to 20 on 1st Jan will pay £6. Walkers aged 11 or less on 1st Jan will pay £1. Competing members means those who race in Winter League 10km, North of England or Northern Area Championships, open events and nationals. Officials **MAY** compete in **Redcar Race Walking Club Championship** events **without paying any more than the £6** but as soon as they enter the open competitive arena they will need to pay the full fees.

You will all be delighted to know that fees are due NOW. Please make cheques payable to Redcar RWC. The last date for payment at the above rates will be 27 February at the AGM. After that any outstanding fees will be collected with a £5 surcharge. We hope that this new arrangement

will improve the efficiency of fee collection and reduce the need for reminders.

- **Attendance at Meetings**

It was felt by some members that decisions are consistently being made by the same group of people because other members do not attend. Some have never attended a meeting yet! They feel that members should make more effort to attend or at the very least send an apology. Please remember that we don't 'spin meetings out'. They last an hour only. It is YOUR club – please come and have your say.

- **AGM – Tuesday 27 February 2007 – Redcar Cricket Club at 7-30 p.m.**

This is the meeting when the principal officers present short reports – chairman, secretary, treasurer, webmaster, recruitment manager please.

Officers for 2007 are elected at this meeting.

Please send me any nominations for the following IN WRITING by 20 February. If you are nominating someone, please ensure that they are prepared to hold office before sending in the nomination.

You may nominate yourself.

President, Secretary, Treasurer, Recruitment Manager, Webmaster, Chairman, Minutes Secretary, Saltburn Organiser

- **New Member** – We are delighted to welcome Graham Readman. We are also delighted to report that he has been nominated for one of the above positions.

- **MEMBERS' SOCIAL**

Laurayne and Karen will organise this for us, probably on the evening of 23 February – They will be contacting you all with details of venue, programme, food, time and cost. You will be able to bring friends and relations with you as long as they pay. This is an absolutely super development for our club. Thank you both for volunteering.

- **3rd NORTHERN AREA WINTER LEAGUE 10KM at REDCAR SEAFRONT 26th NOVEMBER 2006**

Congratulations to Johanna (PB), Ben (Completing the 10km when he felt ill), Glen (Ex-Hibernation), Angela-Maria (PB), Bar-le-Duc (Avoiding personal worst), Anne (Completing 10km on little training), Karen and Laurayne (PB for 5KM)

				H/P	PTS
1.	P. EVENNETT	YORK CIU	47.11	9	22
2.	J. JACKSON (F)	REDCAR	47.25	5	26
3.	B. WEARS	"	54.05	21	10
4.	C. SCOTT	YRWC	54.11	7	24
5.	D. JACKSON	YORK CIU	54.32	10	21

6.	G. BLYTHMAN	REDCAR	54.39	15	16
7.	M. PRATT	SHEFFIELD	55.35	1	30
8.	G. JACKSON	YORK CIU	55.39	4	27
9.	M. BYRNE	"	55.53	2	29
10.	N. MYERS (F)	SHEFFIELD	55.55	3	28
11.	N. ARMITAGE	YRWC	61.12	13	18
12.	A-M. PADDICK (F)	REDCAR	62.59	6	25
13.	J. PADDICK	"	62.59	20	11
14.	P. MORGAN	YORK CIU	63.29	8	23
15.	K. GOODWIN	"	63.43	18	13
16.	D. COLE	"	63.57	16	15
17.	K. FRENCH	YRWC	64.16	14	17
18.	A. BROOKS	YRWC	64.55	11	20
19.	D. JONES	REDCAR	65.44	19	12
20.	W. JOHNSON	YORK CIU	66.58	17	14
21.	B. ANGUS	"	70.34	12	19
22.	A. IRVING (F)	REDCAR	72.23	22	9

5KM

1.	K. WEARS (F)	REDCAR	31.32
2.	L. READMAN (F)	"	35.54

This was thought to be the best ever turn out on the seafront course. Thanks to everyone for making the effort to attend. Also thanks to Trevor Taylor for his efforts with the raffle.

4th NORTHERN AREA WINTER LEAGUE - 'DICK HUDSONS' 8.4 MILES

BRADFORD 10TH DECEMBER, 2006

We only turned out two walkers for this fixture, Ben and his minder (me) – but we had plenty of supporters from the club – Karen, Chris, Zack, Angela-Maria, and Dennis. However, they all got lost around Bradford and only just arrived in time for the final climb. Did it have anything to do with Scrumpy Jack I wonder? It was an exciting finish. Ben actually got to the end two seconds before Paul Evennett who had picked up lots of time penalties along the way so he had 1 min 40 added to his finishing time. It would appear that league rules have not been applied. Three or more time penalties equal DQ! Apparently, I got my time penalty going up the hill out of Bingley! I must be fitter than I thought. Ben's winning time was actually seriously quick. He is the youngest ever winner of this 'classic'.

			HCAP	PTS	
1.	B. WEARS	REDCAR	69.24	3	28
2.	P. EVENETT	YORK CIU	71.06*	8	23
3.	D. TURNER	YORKS RWC	76.54	14	17
4.	A. MALONE	YORK CIU	77.43	2	29
5.	D. JACKSON	"	80.36*	6	25
6.	G. JACKSON	"	81.48	5	26
7.	M. BYRNE	"	82.59	10	21
8.	M. PRATT	SHEFFIELD	85.41	11	20
9.	J. PADDICK	REDCAR	86.54*	4	27
10.	M. BRAYSHAW	YORK CIU	87.51	9	22

11. K. FRENCH	YORKS RWC	94.04	12	19
12. D.COLE	YORK CIU	94.47	13.	18
13. W. JOHNSON	"	96.10	7	24
14. B.ANGUS	"	98.49	1	30
15. P. CARROLL	YORKS RWC	110.11	15	16

* includes time penalty for contact

NORTHERN AREA RACE WALKING EVENTS 2007

- (28 January – N of E AA Indoor 3km – Close 15 Jan)
- 11 March - 10 miles Men – Thornton – le – Clay
- (18 March - Redcar Half)
- 24 March – 20km M/W – Simister
- 21 April – Jeff Ford includes YAG + RWA
- 29 April – 50 km M/W – Thornton – le – Clay
- 18 August – 5km W – Saltburn
- 7 October – 10km M/W – Redcar

I will as usual send out forms and attempt to raise teams for the above events in plenty of time.

FINAL SESSION 2006 - SANDWALKING

The last organised training session took place on New Year's Eve from the Mungle Jungle. Five walkers were scheduled to attend. The more sensible three, Angela –Maria, Ben and Dave Jones took one look at the appalling weather and decided to absent themselves and train on their treadmills. This left Glen and I to face the howling gale. We made good progress up the road to South Gare lighthouse, noting that the wind was blowing very strongly but slightly behind us. When we got onto the beach we realised that we had made a serious error of judgement. The gale constantly blew the sand into our faces in clouds of thousands of stinging particles. We remembered the day when some walkers refused to start a 10km on the sea front at Redcar because of the sand but this was much worse. We really needed goggles! With heads down to try to prevent our eye sockets, ears and mouths filling with sand, we made slow progress into the wind. Even the gulls and oyster catchers were absent. They had more sense too. Half way back to Redcar, I became really concerned that there was a good chance that we could be blown into the sea. I asked Glen whether he could swim. The response was an attempt to put the pedal down but the conditions were taking their toll. Our rate of slow progress soon returned. I remained watchful and ready to get hold of Glen in case disaster fell. Eventually we reached concrete again – a good session for my 50km debutant!

FINALLY THE LAGER

Please make me offers for the 24 cans of Skol lager mentioned earlier. Proceeds will go to club funds. Essex walkers need not apply unless they are coming up here to do a sand walking challenge. They probably wouldn't know what it is for anyway.

Until next time, over and out, JohnP – Hon Sec

