

## **Redcar Race Walking Club**

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### **REDCAR WALKER 33**

- **Well done Jo**

Jo really is making a name for herself on the international race walking circuit. She was the first walker selected by GB for the World Championships for 12 years. By finishing in 25<sup>th</sup> place in 99-34 when others gave up or had DQ Jo produced another performance of quality. It was super to watch the coverage on foreign channels and see Jo coming up the leader board towards the end.

- **It's the Jo and Ben show again at the 'national'**

At the weekend Jo won the national 10km for senior women while Ben won the U20 male and finished third in the senior men's event over the same distance. I have no exact details of times but I believe that both finished in around 48 minutes which is good at the end of the season with little at stake.

- **All best wishes to Dave Jones as he goes off to race in France**

Final training sessions are now under way as Dave prepares for the Roubaix 28 hour race next weekend. He is aiming for well over 200km and a place in the first 10 that will generate a prize in fairly serious euros. We all wish him well.

- **Kayla and Angela-Maria both win at Saltburn – 19 August 2007**

Kayla won the 2 miles novice walk in good style and pleased herself and her large army of supporters. A few minutes later, Angela-Maria surprised many by winning the Northern 5km women's championship without having to 'press the pedal' too far. In fact she had to stop during the race to remove her club vest and turn it round because it was on the wrong way round with the number showing on the back. Hope this all happened out of sight or behind the caravans!

We had our biggest entry and no complaints. The club has made around £250 profit from the event plus a drawer full of medals and plaques that we can use in the future for other events. Graham Readman and Chris Wears will now take total charge of next year's promotion which will be on Sunday 17 August. They will contact you where they can see that they need help on the day.

### **Novice and Guests 2 Miles Walk**

1	Zack Wears	Redcar RWC	Guest	20-10
2	Peter Braney	Billingham Marsh House	Guest	21-45
3	Kayla Coonan	Skelton	Novice	22-01
4	John Paddick	Redcar RWC	Guest	22-03
5	Andrew Stewart	New Marske	Novice	22-35
6	Peter Jacklin	Redcar RWC	Guest	22-35
7	Vince Starling	Redcar RWC	Novice	23-50
8	Dave Jones	Redcar RWC	Guest	23-52
9	Trevor Taylor	Skelton	Guest	24-00
10	Karen Davies	Birchfield H	Novice	25-58
11	Abigail Ray	Eaglescliffe	Novice	25-58
12	Dominic Ray	Eaglescliffe	Novice	27-05
13	John Constantinou	Birchfield H	Guest	27-05

### North of England 5km Walk Championship for Women and Open 5km

1	Angela-Maria Paddick	Redcar RWC	29-45
2	Natalie Myers	City of Sheffield AC	30-08
3	Karen Wears	Redcar RWC	30-22
4	Anne Irving	Redcar RWC	33-00
5	Vicky Moore	City of Sheffield AC	33-39
	Sharon Gayter	Redcar RWC	DNF
	First Team	Redcar RWC	
1	Colin Scott	Yorkshire RWC	28-15
2	Dave Jones	Redcar RWC	33-40
3	John Paddick	Redcar RWC	33-40

### Sandblaster Open 10 km Walk

1	Paul Evennett	York CIU	49-30
2	Glen Blythman	Redcar RWC	53-49
3	Mark Byrne	York CIU	57-21
4	Colin Scott	Yorkshire RWC	57-55
5	Mark Pratt	City of Sheffield AC	58-34
6	John Constantinou	Birchfield H	59-08
7	Neil Armitage	Yorkshire RWC	59-59
8	Dave Jones	Redcar RWC	61-09
9	John Paddick	Redcar RWC	64-13
10	Peter Jacklin	Redcar RWC	65-08
11	Alan Brooks	Yorkshire RWC	66-55
12	Peter Braney	Billingham Marsh House	71-53
	First Team	Redcar RWC	

### Sandblaster Open 10 km Run

1	Andy Chatfield		Billingham Marsh House	34-49
2	Peter Grey		Alnwick H	37-24
3	Richard Johnson		Swaledale RR	37-41
4	Steven Readman		NMH	38-21
5	Adam Gazzard		UN	38-37
6	Martin Murray		UN	38-49
7	Tim Alsop		Sunderland Strollers	38-57
8	Erika Johnson	L	Swaledale RR	41-09
9	Barry Dodsworth		UN	41-23
10	Philip Mogridge		Royal Navy AC	42-14
11	David Paley		UN	43-20
12	Geoff Gardner		Hartlepool Burn Road	43-43
13	Brian Allen		NMH	44-01
14	James McGhee		Billingham Marsh House	44-22
15	Sue Phillips	L	Darlington H	44-44
16	Sharon Gayter	L	NMH	45-34
17	Sarah Rogers	L	UN	46-49
18	Louise Tinsley	L	NMH	47-45
19	Dave Robson		Elvet Striders	47-53
20	Phil Miles		NMH	48-30
21	Shirley Gibson	L	Darlington H	48-48
22	Trish Kay	L	Newton Aycliffe	49-21
23	Eric Nutter		Swaledale RR	51-12
24	John Walshaw		Redcar RC	52-43
25	Graham Middleton		UN	52-58
26	Kenny Blythman		UN	53-14
27	Stephen Dauber		Darlington H	54-59
28	Joseph Harker		Durham City	57-04
29	Alan Prest		Quakers RC	58-59
30	Amanda Went	L	Middlesbrough AC	59-23
31	Suzanne Moore	L	UN	71-18
32	Tony Cota		UN	71-46

- **The Phoenix to rise from the ashes of UK 50km opportunities**
- **Dave Jones to organise a 50km in Stockton-on-Tees – April 2008**

We note that in 2007 the number of 50 km races dropped to an unacceptable level. Standards will only improve if there are MORE competitions. We feel very strongly that our 50km walkers should be given proper opportunities to improve their performances on fast courses.

On Sunday 27 April 2008, Dave Jones is organising a 50km on the very fast Ropner Park Circuit in Stockton-on-Tees. This will be a Category A race. The lap is 1.17 km and sheltered from the wind. The surface is good, traffic-free and here are no tight bends. The race will begin at 11 a.m. and there will be no cancellation if participating numbers are small. This will give all distance walkers an opportunity to do a FAST 50km before Bradford and Blackpool and the RWA championship. For those wishing to travel, there is plenty of accommodation close to the venue. It starts at under £20 and goes up to around £50 per night.

Any enquiries to me at the number above or to Dave Jones on 491695

- **Karen was brilliant but some of us just got old nags**

Many thanks to Karen for organising the recent horse racing night at Redcar Working Men's Club – A huge success financially with around £450 to club funds – That makes around £700 from two events in just over a fortnight – Perhaps we should register as a plc because we appear to have a few 'naturals' who don't find fund raising difficult. We all thoroughly enjoyed the evening – Even the member who stayed with number 6 all night and got no hoppers every time.

- **Power of 10 – Exclusive Club!**

Speaking of that, members who are currently in this exalted company have decided that it would be entirely appropriate to charge appearance fees and individual levies to more junior members who would like to benefit from the privilege of learning from their vast experience – Applications to Dave Jones please – it will be expensive so don't think you will get away with something like a couple of pints of Black Sheep Riggwelter! Apologies to Southern readers if you don't know what it is.

- **FIXTURES**

- October 7 – Northern Championships 10km – Men and Women – 12 noon Redcar Sea Front – Register at the Cricket Club

ENTRIES CLOSE SOON!

PLEASE ENSURE THAT I HAVE ALL FORMS AND FEES BACK IN TIME TO FILL IN TEAM ENTRY DETAILS

- October 14 – Winter League 1 – Cleckheaton
- November 4 – Winter League 2 – York
- November 25 – Winter League 3 – Redcar
- December 9 – Winter League 4 (Dick Hudson) – Bradford
- January 13 – Winter League 5 – York
- February 10 – Winter League 6 – Drighlington

All Winter League races except the Dick Hudson start at 11 am and you pay £3 on the day – Most are suitable for novice walkers to do part of the course.

The Dick Hudson starts at 1 pm and the entry fee in advance is £6 to cover pie and peas.

- **Next club members' meeting – Tuesday 6 November – 7-30 p.m. at the Cricket Club**

**ITEMS FOR THE AGENDA PLEASE**

Yours sincerely,

**JohnP - HonSec**