

**Redcar Race Walking Club**

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**REDCAR WALKER 36 – NOTICE OF AGM 2008**

- **REDCAR WIN NORTHERN WINTER LEAGUE – SEE BELOW**
- **CLUB AGM**

Please note that the AGM will be at Redcar Cricket Club on Monday 3 March starting at 7-30 p.m. This is the meeting when we elect club officials for the year and hear brief reports from the current holders of these positions.

Agenda

1. Election of Chairman (Ken Munro)
2. Election of President (Vera Baird MP)
3. Election of Secretary (John Paddick)
4. Election of Treasurer (Dave Jones)
5. Election of Webmaster (Glen Blythman)
6. Election of Recruitment Manager (Peter Jacklin)
7. Election of Social Managers (Karen Wears & Laurayne Readman)

Short reports from all of the above in the order in which they appear above

AOB – To be lodged with the secretary PRIOR to the meeting

- **MEMBERSHIP FEES**

Club fees are now due for 2008 – Senior athlete £12 (You must pay this if you are intending to compete outside Redcar) – Junior Athlete/Student £6 – Official £6 and U14 £1 – Please make cheques out to Redcar Race Walking Club – You can pay at the AGM if you wish – The last date for paying your fees at these rates will be Monday 31 March – After that all fees rise by £5.

- Please send/give all payments to me so that I can issue a receipt and membership certificate – thank you
- **FOURTH WINTER LEAGUE – YORK**

We put up some good performances at this meeting. Ben won easily as soon as he decided to increase pace. Angela-Maria got good points again by winning the handicap. Kayla produced a two minute PB for this course and is now beginning to show really good form. This suggests that she will do well later in the year.

				Pts
1. B. WEARS	REDCAR	47.52	5	26
2. P. EVENETT	YORK CIU	48.18	4	27
3. C. SCOTT	YORKS RWC	56.32	11	20
4. M. BYRNE	YORK CIU	57.07	3	28
5. D. JACKSON	“	57.08	8	23
6. M. PRATT	SHEFFIELD	60.03	16	15
7. A-M PADDICK(L)	REDCAR	60.25	1	30
8. R. JACKSON	YORKS RWC	60.28	7	24
9. N. ARMITAGE	“	61.03	2	29
10. D. JONES	REDCAR	62.13	14	17
11. D. CROMPTON	LANCS W.C.	62.20	13	18
12. M. BRAYSHAW	YORK CIU	63.16	15	16
13. M. DUNCAN	K-U-HULL	64.51	6	25
14. J. ERRINGTON	YORK CIU	64.55	10	21
15. J. PADDICK	REDCAR	65.31	17	14
16. A. IRVING(L)	“	66.36	12	19
17. K. FRENCH	YORKS RWC	67.14	9	22

#### BOYS & GIRLS 1 LAP – APPROX. 4KM

1. Z. WEARS	REDCAR	23.39
2. G TERRY (G)	K-U-HULL	23.46
3. N. DUNCAN	“	25.32
4. K. COONAN (G)	REDCAR	26.03
5. M. WALKER (G)	K-U-HULL	27.09

#### • FINAL WINTER LEAGUE – DRIGHLINGTON – 10 FEBRUARY

The exact result is not yet to hand but we ensured a team win with some more gritty performances

#### OVERALL FINAL LEAGUE PLACINGS

- **First Team Redcar RWC (in front of YRWC and CIU)**
- **Individual Placings: 2<sup>nd</sup> Angela-Maria Paddick and 3<sup>rd</sup> Dave Jones**
- **In the Junior League: 1<sup>st</sup> Zack Wears and 3<sup>rd</sup> Kayla Coonan**
- **CLUB ACHIEVEMENT AWARDS**

Redcar RWC gives achievement awards (club medals) to any member producing a PB or club record. The recent recipients are:

Angela-Maria Paddick 17-25 for PB on the 2 miles Lindrick Course

It is interesting to note that we only have three members currently capable of getting inside this time. They are Johanna, Ben and Glen.

Kayla Coonan 26-03 for PB on the 4 km course at South Bank

- **JOHANNA IS IN AUSTRALIA!**

In case any of you wonder why you have not seen Johanna recently, worry no more! She is in Australia as a guest of the Australian Institute of Sport, doing intensive training and helping with a project concerning the benefits of altitude training. She has just recorded 1-41 for 20km whilst suffering from stomach trouble and will race twice more before she returns home – 5km and 20km.

Watch this space

- **WELCOME TO MARTIN**

You will all be delighted to know that Martin Fisher has joined Redcar RWC. Since he moved south he has been walking 'unattached' but he has always been a member of a Yorkshire club. Hence, he has decided to join his 24 hour England team mate, Dave Jones, at Redcar. Martin will be a huge asset to our club, especially in distance events. He will probably be in our team for the National 50km at Stockton.

- **BEN STROLLS ALONG TO 1-38 FOR 20km**

Three weeks ago, Ben joined the Swedish team for a weekend at Leeds University. He produced a time of 1-38-40 for 20km which included a rush into the building for 3-4 minute pit stop. Ben is intending to make his debut at 20km this season but will need more practice at toilet control!

You will all be keen to know that Ben has been doing his distance training with the club's 'class acts' every Sunday, that is Dave Jones, Glen Blythman, Angela-Maria and ANO. It is obviously paying off. He now has experience of walking 15 miles, half on soft sand. How many other junior internationals can make such a claim to fame? If he does go under 95 minutes on his first attempt we will make arrangements for him to have a ride on the club camel as a reward. Few of our walkers have seen this animal as it is kept securely tethered at South Gare and brought out only for special occasions by Dennis Best. If we get a big entry for the 50km we just might bring it to Stockton to add some 'atmosphere' to the proceedings.

- **FORTHCOMING FIXTURES**

***Sunday 9 March***

**Northern 10 miles for men at Thornton-le-Clay**

***Sunday 16 March***

**Northern 20km for men and women at Thornton-le-Clay**

***Saturday 19 April***

**Northern Younger Age Groups Championships – Sheffield**

***Sunday 27 April***

**National 50km men and women – Stockton-on-Tees**

I have entry forms for the first two on this list. Entry forms for the 50km are on our website.

**NOW BEFORE YOU FORGET – CLUB FEES FOR 2008 – THANK YOU**

Yours sincerely,

JohnP (Hon Sec)