



Race Walking Record

August 2018



Leading Pack in the Men's 20km at the 2018 European Championships

Photograph courtesy of Jacques van Bremen

International Results

European Championships, Berlin (6th to 12th Aug.)

50km: Ukrainian Maryan Zakalnytskyk and Portugal's Ines Henriques were the first two champions crowned at the 2018 European Championships, when they secured the men's and women's 50km race walk titles respectively. On a very hot morning on the streets of central Berlin, both defied the draining conditions to conquer their opposition.

Twenty-three year old Zakalnytskyk was a surprise winner of the men's event, beating favourite and Olympic champion Matej Toth (SVK) by 55 seconds in 3:46.32. The bronze went to Dzimtry Dziuubin (BLR) in a personal best 3:47:59.



Henriques, who won the world title in London last year, was the overwhelming favourite and she did not disappoint. The conditions ruled out any realistic prospect of her challenging China's Liang Rui's world record time of 4:04:36, Henriques finishing in 4:09:21 nearly three and half minutes ahead of silver medallist Alina Tsviliy (UKR) who set a national record of 4:12:44. Spain's Julia Takacs took bronze.

Men's 50km (Tue. 7th Aug.)

Posn	Athlete	Nation	Perf	Notes
1	Maryan Zakalnytskyk		UKR	3:46:32
2	Matej Toth		SVK	3:47:27
3	Dzimtry Dziuubin		BLR	3:47:59 PB
4	Havard Haukenes		NOR	3:48:35
5	Carl Dohmann		GER	3:50:27 SB
6	Rafal Augustyn		POL	3:51:37
7	Rafal Sikora		POL	3:52:56
8	Nathaniel Seiler		GER	3:54:08 PB
9	Jos Ignacio Diaz		ESP	3:55:28 SB
10	Marco De Luca		ITA	3:55:47
11	Andrea Argusti		ITA	3:57:03
12	Adrian Blocki		POL	3:57:11
13	Bence Venyercsan		HUN	3:58:25 NU23R
14	Artur Mastianica		LTU	3:58:29 PB
15	Dusan Majdan		SVK	3:59:21 SB
16	Ivan Banzeruk		UKR	4:00:57
17	Tadas Suskevicius		LTU	4:01:30
18	Valeriy Litanyuk		UKR	4:01:33
19	Brendon Boyce		IRL	4:02:14
20	Ato Ibanez		SWE	4:03:53 SB
21	Lukas Gdula		CZE	4:05:44
22	Marc Tur		ESP	4:09:18
23	Andres Hansson		SWE	4:11:36 SB
24	Pedro Isidro		POR	4:11:44
25	Bruno Erent		CRO	4:24:20
26	Jarkko Kinnunen		FIN	4:24:59
	Veli-Matti Partanen		FIN	DNF
	Florin Alin Stirbu		ROU	DNF
	Michele Antonelli		ITA	DNF
	Jesus Angel Garcia		ESP	DNF
	Arnis Rumbenieks		LAT	DNF
	Narcis Mihaila		ROU	DNF
	Aleski Ojala		FIN	DNF
	Mate Hellebrandt		HUN	DNF
	Joao Vieira		POR	DNF
	Karl Junghannb		GER	DQ (230.7a) >>>

Women's 50km (Tue. 7th Aug.)

Posn	Athlete	Nation	Perf	Notes
1	Ines Henriques		POR	4:09:21 CR
2	Alina Tsviliy		UKR	4:12:44 NR
3	Julia Takacs		ESP	4:15:22
4	Khrystyna Yudkina		UKR	4:20:46 PB
5	Vasylyna Vitovshchik		UKR	4:23:15 PB
6	Maria Czakova		SVK	4:24:59
7	Ainhua Pinedo		ESP	4:27:03
8	Mar Juarez		ESP	4:28:58 PB
9	Dusica Topic		SRB	4:30:43 NR
10	Mariavittoria Becchetti		ITA	4:31:41 PB
11	Nadzeya Darazhuk		BLR	4:35:14
12	Ivana Renic		CRO	4:35:39 NR
13	Tila Kuikka		FIN	4:35:56
14	Lucie Champalou		FRA	4:52:38
	Joanna Bemowska		POL	DNF
	Agnieszka Ellward		POL	DNF
	Semiha Mutlu		TUR	DNF
	Nastassia Yatsevich		BLR	DNF
	Anett Torma		HUN	DQ (230.7a) >>>



20km: Spain celebrated a double triumph as Alvaro Martin and Maria Perez struck gold, whilst Tom Bosworth was the top Briton in 7th.

Pérez was impressive in the women's event as she broke the 16-year-old championship record by six seconds to claim victory ahead of 2014 European bronze medallist Anezka Drahotová.

Because of a suspected gas leak, the women's event was rescheduled to start with the men.

Pérez, who was 10th at the 2017 World Championships, proved the strongest over the closing stages and clocking 1:26:36 to win by 27 seconds from Czech walker Drahotová. Antonella Palmisano (ITA) took bronze.

Bethan Davies was 21st at half way in 46:25 and found the second half harder but ended up 22nd in 1:36:50. Heather Lewis was disqualified during the seventh kilometre having been in 20th position at the time.



In the men's race, Martín led a Spanish one-two as he clocked 1:20:42 ahead of Diego García Carrera's 1:20:48.

Moving ahead with 2km remaining, Martín pushed on further away from his rivals. Vasiliy Mizinov (ANA) took bronze in 1:20:50, one second ahead of Italy's Massimo Stano who clocked a personal best.

Tom Bosworth was sitting eighth in the lead group at half way with 41:09 on the clock, Tom moved into the lead through 15km in

1:01:15 but then slipped behind the leading pack with 4km to go. He crossed the finish line in seventh, clocking 1:21:31.

After leading in the early stages, Callum Wilkinson was disqualified at around 6km.

Women's 20km (Sat. 11th Aug.)

Posn	Athlete	Nation	Perf	Notes
1	Maria Perez		ESP 1:26:36	CR
2	Anezka Drahotova		CZE 1:27:03	SB
3	Antonella Palmisano		ITA 1:27:30	SB
4	Brigita Virbalyte-Dimsiene		LTU 1:27:59	NR
5	Zvilie Vaiciukeviciute		LTU 1:28:07	NU23R
6	Laura Garcia-Caro		ESP 1:28:15	PB
7	Inna Kashyna		UKR 1:29:16	
8	Ana Cabecinha		POR 1:29:49	
9	Valentina Trapletti		ITA 1:29:57	PB
10	Nadiya Borovska		UKR 1:30:38	
11	Meryem Bekmez		TUR 1:31:00	WU20L
12	Raquel Gonzalez		ESP 1:31:48	
13	Antigoni Drisbioti		GRE 1:32:16	SB
14	Emilia Lehmeier		GER 1:32:36	PB
15	Emilie Menuet		FRA 1:32:49	SB
16	Saskia Feige		GER 1:32:57	PB
17	Victoria Rashchupkina		BLR 1:33:12	
18	Mariya Filyuk		UKR 1:33:34	PB
19	Ana Veronica Rodean		ROU 1:33:39	PB
20	Teresa Zurek		GER 1:35:58	
21	Katarzyna Zdziebło		POL 1:36:01	
22	Bethan Davies		GBR 1:36:50	
23	Elisa Neuvonen		FIN 1:37:12	
24	Barbara Kovacs		HUN 1:39:35	
25	Rita Recsei		HUN 1:42:55	
26	Andreea Arsine		ROU 1:43:21	
	Edna Barros		POR DNF	
	Eleonora Giorgi		ITA DQ (230.7a)	~ ~ ~
	Yana Smerdova		ANA DQ (230.7a)	>>>
	Heather Lewis		GBR DQ (230.7a)	~ ~ ~

Men's 20km (Sat. 11th Aug.)

Posn	Athlete	Nation	Perf	Notes
1	Alvaro Martin		ESP 1:20:42	SB
2	Diego Garcia Carrera		ESP 1:20:48	
3	Vasily Mizinov		ANA 1:20:50	
4	Massimo Stano		ITA 1:20:51	PB
5	Nils Brembach		GER 1:21:25	SB
6	Miguel Angel Lopez		ESP 1:21:27	
7	Tom Bosworth		GBR 1:21:31	
8	Hagen Pohle		GER 1:21:35	SB
9	Kevin Champion		FRA 1:21:52	SB
10	Alex Wright		IRL 1:22:18	SB
11	Viktor Shumik		UKR 1:22:24	PB
12	Ivan Losev		UKR 1:22:28	
13	Christopher Linke		GER 1:22:33	
14	Gabriel Bordier		FRA 1:22:39	
15	Alexandros Papamihail		GRE 1:22:51	
16	Francesco Fortunato		ITA 1:23:04	SB
17	Luis Alberto Amezcua		ESP 1:23:33	
18	Aliaksandr Liakhovich		BLR 1:24:07	
19	Dawid Tomala		POL 1:25:06	
20	Perseus Karlstrom		SWE 1:25:16	
21	Cian McManamon		IRL 1:25:43	
22	Miroslav Uradnik		SVK 1:25:44	
23	Oleksiy Kazanin		UKR 1:26:49	
	Artur Brzozowski		POL DQ (230.7a)	> ~ >
	Giorgio Rubino		ITA DQ (230.7a)	~ ~ ~
	Florin Alin Stirbu		ROU DQ (230.7a)	>>>
	Salih Korkmaz		TUR DQ (230.7a)	~ ~ ~
	Callum Wilkinson		GBR DQ (230.7a)	~ ~ ~

Manchester International, Sportcity (Wed. 15th Aug.)

Damp blustery conditions greeted the athletes for the Manchester International. The men's race was due off at 4.10pm but was rescheduled to go off with the women's race and hour later as the Irish contingent didn't land until 3pm. This decision also worked in the favour of some athletes and one walks official travelling from the south whose train was delayed by two hours due to incident at Macclesfield.

A combined field of 22 starters necessitated the need for a staggered start. There was a meeting record for Kate Veale, of West Waterford. Kate looked strong from the gun, shadowing the men before powering to finish in 12:49.11. Second was Erika Kelly, with Ana Garcia finishing in third.

The men's race saw Cameron Corbishley take the lead from the start, holding it well in the blustery conditions to win in 11:55.12. Guy Thomas came home just behind for second, with third going to Chris Snook in third. Guy and Chris both recording personal bests.

Tom Partington in fourth improved his own Manx record by two seconds. Fourth in the ladies' race was recent transferee from running Madeline Shott, who recorded a big personal best of 14:43.33 to go sub-15 minutes for the first time.



Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Cameron Corbishley	U23M	Medway & Maidstone AC	11:55.12
2	Guy Thomas	U23M	Tonbridge Athletic Club	12:01.71
3	Christopher Snook	U20M	Aldershot Farnham & Dist.	12:03.14
4	Tom Partington	U20M	Manx Harriers	12:29.10
5	David Kenny	U20M	Farranfore Maine AC (IRL)	12:44.79
6	Kate Veale	SW	West Waterford AC (IRL)	12:49.11
7	Luc Legon	U23M	Bexley Athletic Club	13:17.92
8	Joe Mooney	U23M	Adamstown AC (IRL)	13:36.93
9	Gearoid McMahon	SM	Shannon AC (IRL)	13:40.62
10	Erika Kelly	SW	Northern (IOM) AC	13:45.20
11	George Wilkinson	U20M	Enfield & Haringey AC	14:21.50
12	Ana Garcia	U20W	C of Sheffield & Dearne AC	14:35.85
13	Madeline Shott	SW	Belgrave Harriers	14:43.33
14	Jasmine Nicholls	SW	Leicester Walking Club	14:54.08
15	Sarah Glennon	SW	Mullingar Harriers (IRL)	14:56.15
16	Cian Gough	U20M	Celbridge Athletic Club (IRL)	15:28.15
17	Ryan Roberts	U20M	Sligo Athletic Club	16:12.08
18	Sophie Lewis Ward	U20W	Cambridge Harriers	16:26.28
19	Jennifer Pidgeon	U17W	Mullingar Harriers (IRL)	16:30.48
20	Anna Bourke	U20W	Celbridge Athletic Club (IRL)	16:37.40
21	Pagen Spooner	U20W	Hyde Park Harriers	17:06.63
22	Jane Mitchell	U17W	Moy Valley Athletic Club (IRL)	17:15.70

2019 National 10km and Young Athletes Championships

Provisional date Sunday 28th April 2019

Venue to be decided

National Results

Isle of Man Open 100 Mile/24 Hour Track Race Walk, National Sports Centre, Douglas (Sat. 18th – Sun. 19th Aug.) Incorporating the Race Walking Assoc. National Long-Distance Championships

In 2016, Dave Talcott (USA) gained Centurions status in his home New York State, enduring 36 degree heat for race victory, becoming American badge holder number 88, *reports Graham Young*.

Prior to the race, he declared his intent on becoming British Centurion number 1188, the next available number! He won again, but had strong winds in the opening stages, a misty humid spell to contend with for five hours overnight.

Richard Gerrard unfortunately was the first retirement, after circulating in company of fast starting Paul Jensen for numerous circuits.

Karen Chiarello (*pictured below*) was in race mode from the gun, and always held a podium position in the overall race. At half way, she was ahead of the eventual winner, Dave Talcott, but strength sapping conditions cost her preciousness energy. Nevertheless, her overall time was three and a half hours faster than Jane Farquhar's previous Manx track record, and some of KC's split times may become Manx inaugural records.



Jane's hubby, Dale's previous attempt to join the exclusive fraternity was scuppered when officials withdrew him during the race on medical grounds. This time, he responded to the judging decisions in the early stages and settled to doggedly endure the discomfort of bleeding feet, and stoppages to attend to his insulin needs. Originally targeting the 24 hours category, he may have been a little surprised to find himself leading, and ultimately winning the RWA Championship, after the retirement of the defending champion, James Bassett!

Five Belgians started, and five finished. At one stage they were walking 'line-astern', reminiscent of a team trial cycling squad.

Dutchman, Frank van der Gulik was the only walker brave enough to continue beyond 100 miles, and won the 24 hours category, completing 422 laps.

Receiving her award for runner-up in the RWA Ladies Championship, Sandra Brown publicly declared "I enjoyed every minute of it. It was one of the most professional and well organised events I have done, and I have done a few! A similar endorsement was voiced by Captain of the Centurions, Martin Fisher, after he completed his 28th Centurion Race.

The event produced eight new British Centurions: Dave Talcott (C1188), Pail Jansen (C1189), Ignace Matthys (C1190), Dale Farquhar

(C1191), Kris Hazenbosch (C1192), Marco Bloemerts (C1193), Patrick V4andeweyer (C1194) and Annic Deman (C1195).

Mixed 100 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Dave Talcott	M55	Shore Athletic Club/USA	18:55:41
2	Karen Chiarello	W50	Manx Harriers	20:07:56
3	Paul Jansen	M45	RWW Rotterdam/NED	20:52.45
4	Ignace Matthys	M55	Dwars door Brakel/BEL	21:00:06
5	Frank van der Gulik	M40	De LAT – Amsterdam/NED	21:44:31
6	Dale Farquhar	M35	Manx Harriers	22:03:27
7	Sandra Brown	W65	Surrey Walking Club	22:05:01
8	Kris Hazenbosch	M45	CABW/BEL	22:12:58
9	Marco Bloemerts	M50	Netherlands	22:40:48
10	Patrick Vandeweyer	M55	ROBA/BEL	22:45:31
11	Chris Van Cauwenberghe	M50	Racing Club Gent/BEL	22:48:18
12	Annic Deman	W55	12 uren van lauwe/BEL	23:11:35
13	Martin Fisher	M55	Redcar Race Walking Club	23:43:52
14	John Constandinou	M45	Birchfield Harriers	Retired
15	Frans Leijtens	M40	RWW Rotterdam/NED	Retired
16	Erin Talcott	W40	Shore Athletic Club/USA	Retired
17	Peter Duijst	M45	RWW Rotterdam/NED	Retired
18	Jaap Visser	M70	RWW Rotterdam	Retired
19	James Bassett	M40	Manx Harriers	Retired
20	Ed Shillabeer	M75	Ilford Athletic Club	Retired
21	Patrick Le Gargasson	M50	UACA Saint-Brieuc/FRA	Retired
22	Richard Gerrard	M45	Manx Harriers	Retired

England Athletics U17 & U15 & Disability Track & Field Championships, Bedford (Sat. 25th & Sun. 26th Aug.)

The Under 17 men's 5000m race was dominated by George Wilkinson and Oisin Lane. They opened a significant gap on the rest of the field. Just after the 1000m mark, Oisin took up the lead and broke away but was disqualified with just over one lap to go. George crossed the line first in 24:21.86, ahead of Matthew Crane and Nicholas Hart. All recording personal bests.

In the Under 17 women's 5000m, Jennifer Fidgeon finished over three minutes ahead of her nearest rival, in a time of 27:47.75. The Cambridge Harriers pair of Lucy Lewis-Ward and Hannah Hopper taking silver and bronze respectively.

There was only two starters in the Under 15 boys 3000m. Matthew Glennon crossed the line first to win the title in 15:31.19. In the girls equivalent, Ava Ross walk alongside Jennifer Fidgeon for much of the race, before pulling away on her final lap, finishing in 16:22.59. Behind her, Abigail Smith and Hannah Atkinson walked well to claim the silver and bronze medals respectively, with Hannah, who only turned 13 the day before, recording a personal best.

Under 17 Men's 5000m

Pos	Athlete	AG	Club	Perf
1	George Wilkinson	U17M	Enfield & Haringey AC	24:21.86
2	Matthew Crane	U17M	Bexley Athletic Club	25:49.98
3	Nicholas Hart	U17M	Aldershot Farnham & Dist.	26:37.28
	Oisin Lane	U17M	Mullingar Harriers/IRL	DQ (230.7a)

Under 17 Women's 5000m

Pos	Athlete	AG	Club	Perf
1	Jennifer Fidgeon	U17W	Mullingar Harriers/IRL	27:47.75
2	Lucy Lewis Ward	U17W	Cambridge Harriers	30:51.47
3	Hannah Hopper	U17W	Cambridge Harriers	31:57.83

Under 15 Boys 3000m

Pos	Athlete	AG	Club	Perf
1	Matthew Glennon	U15B	Mullingar Harriers/IRL	15:31.19
	Alex Macheath	U15B	Cambridge Harriers	DQ (230.7a)

Under 15 Girls 3000m

Pos	Athlete	AG	Club	Perf
1	Ava Ross	U15G	Glaslough Harriers	16:22.59
2	Abigail Smith	U15G	Blackheath & Bromley HAC	17:28.11
3	Hannah Atkinson.	U15G	Cambridge Harriers	18:49.43

National 50km Championships and Manx Harriers 20km Championships and Supporting Races, National Sports Centre, Douglas, Isle of Man (Sun. 2nd Sept.)



The British Athletics/Race Walking Association 50km was for the second successive year held on the Isle of Man at their National Sports Centre, again hosted by Manx Harriers.

The small field comprised of mainly local walkers with, as in 2017, only two walkers travelling over from the mainland. The race got underway at 8am in mizzle, which persisted for much of the race.

Jonathan Hobbs was off on his own from the gun and at 10km enjoyed a five minute lead which gradually grew to the best part of an hour by the finish, recording 4:43:35. Dale Farquhar, who a fortnight earlier had become Centurion 1191, was always in silver medal position and had a 10 minute lead over Adrian Edwards. Dale struggled in the latter stages, but still recorded a big personal best, which meant Adrian closed to within two minutes by the finish.

In the ladies race the first three finishers all recorded personal bests. Jayne Farquhar led the race throughout and looked strong and as in 2017 finished 4th overall. The others in the women's race walked together but by 20km the group had split up and Louise Hollings went on to take silver ahead of Nicola Raven. Rebecca Greatbatch displayed great determination to complete her second 50km. Louise Hollings and Nicola Raven both recorded Isle of Man age group bests for the 50km.

The 20km included Germany's Leo Kopp (*the junior men's winner of the 2017 European Race Walking Cup 10km in 41:08*), making his debut over the 20km distance, and Great Britain and Wales International Guy Thomas. The pair made their intentions clear from the start setting a fast pace with nothing to choose between them, with each taking the lead. They went through 5km together in 21:33. Kopp reached 10km in 43:06 with Thomas nine seconds back. Kopp then forced the pace and recorded a negative split of 42:17 for the second 10km to cross the line in 1:25:23, the 13th fastest 20km recorded on the NSC course. Thomas struggled in the second half of the race to finish outside 90 minutes. In third place, in his second 20km, Tom Partington reduced his personal best by six minutes to move into the Isle of Man all-time top 10.

The ladies 20km was also a tight affair. At 5km Hannah Hunter (28:33) held a 10 second advantage over Michelle Turner. They went through 10km together in 58:04. At 15km Turner held a slender six second lead. With 2km to go Hunter put in a significant surge to catch and pass Turner and power away to take the win.

Alice Bellando, Kiera Heavey and Mia Dunwell all raced over 3km as in preparation for the English Schools Championships. The Fletcher family gave a great account of themselves in the 2km and 1km.

Men's 50km

Pos	Athlete	AG	Club	Perf
1	Jonathan Hobbs	SM	Ashford Athletic Club	4:43:35
2	Dale Farquhar	M35	Manx Harriers	5:37:46
3	Adrian Edwards	M55	Lancashire Walking Club	5:39:38
	James Bassett	M40	Manx Harriers	DNF

Women's 50km

Pos	Athlete	AG	Club	Perf
1	Jayne Farquhar	W45	Manx Harriers	5:48:34
2	Louise Hollings	W35	Manx Harriers	6:06:02
3	Nicola Raven	W55	Manx Harriers	6:29:27
4	Rebecca Greatbatch	U23W	Manx Harriers	6:39:50
	Sharon Cain	W45	Western Athletic Club	DNF

Mixed 20km

Pos	Athlete	AG	Club	Perf
1	Leo Kopp	U23M	LG Nord Berlin/GER	1:25:23
2	Guy Thomas	U23M	Tonbridge Athletic Club	1:32:12
3	Tom Partington	U20M	Manx Harriers	1:35:02
4	David Mapp	SM	Manx Harriers	1:41:31
5	Hannah Hunter	W35	Manx Harriers	1:46:16
6	Michelle Turner	W45	Northern (IOM) Athletic Club	1:48:18
7	Colin Moore	M55	Isle of Man veterans AC	2:31:25
	Adam Cowin	SM	Manx Harriers	DNF

Junior 3km

Pos	Athlete	AG	Club	Perf
1	Alice Bellando	U17W	Manx Harriers	17:55
2	Mia Dunwell	U15G	Northern (IOM) Athletic Club	18:47
3	Keira Heavey	U17W	Northern (IOM) Athletic Club	19:38

Junior 2km

Pos	Athlete	AG	Club	Perf
1	Grace Fletcher	U11G	Unattached	14:42

Junior 1km

Pos	Athlete	AG	Club	Perf
1	Lilee Fletcher	U9G	Unattached	8:18
2	Jay-Jay Fletcher	U9B	Unattached	9:28



ERWL - The Business end of the Series approaches

Helen Middleton still leads the overall table but closing in on her and with a race in hand David Crane must be the favourite for the overall title, **writes Ron Wallwork**. Fiona Bishop and Melanie Peddle look in a strong position to take the ladies minor placings, but in which order is still unclear. Meanwhile, the 2017 men's winner Mark Culshaw currently in fourth spot has a race in hand so could leap-frog into the runner-up spot by the end of the series.

It is going to take determined efforts by Ilford AC and Surrey to haul back the leaders EHAC in the remaining three fixtures. However, both clubs can field walkers with races in hand and as they battle to determine their team podium places, could drastically narrow the gap that the promoting club currently holds. The addition of Stefano Zennaro to the Belgrave squad has come too late to greatly influence this year's series, but adds spice to the 'best of the rest' rivalry as they close in on Loughton AC and Ilford AC.

So far in the seven fixtures that have taken place, 38 women and 62 men representing 35 clubs have notched up 262 performances.

The last next ERWL fixture is

One Hour Badge Race

For first timers at 5, 6 and 7 miles – plaques for 8 miles in the hour

Lee Valley Athletic Centre N9 OAS

Saturday 22nd September 12noon

Advance Entries by 15th September required for this fixture

Name/Club/age group/email address to:

35A Newmarket Road, Moulton, Suffolk, CB8 8QP

Email: ronc893moulton@gmail.com

Masters Championship Results

British Masters Track & Field Championships, Alexander Stadium, Birmingham (Sat. 25th & Sun. 26th Aug.)

After relatively good conditions on the first day there was heavy rain on the Sunday, but this did not prevent Ian Richards setting his second M70 world record despite the wet track.

He clocked 15:07.13 on the Saturday over 3000m and added the 5000m record on the Sunday recording 25:48.50.

The British W50 5000m walk record fell to Lisa Kehler with 26:03.00.

Women and M75+ 3000m (Sat. 25th Aug.)

Pos	Athlete	AG/BMAF	Club	Perf
1	Penelope Cummings	W40 (1)	Herne Hill Harriers	17:01.75
2	Julie Bellfield	W45 (1)	Halesowen Athletic Club	17:47.22
3	Ann Wheeler	W60 (1)	Nuneaton Harriers	18:00.50
4	Jacqueline Wilson	W70 (1)	New Zealand	18:48.11
5	Lynn Bellfield	W50 (1)	Halesowen Athletic Club	19:09.90
6	Noel Blatchford	W70 (2)	Abingdon Athletic Club	19:10.55
7	Sue Davies	W50 (2)	Aldershot Farnham & Dist.	19:45.26
8	Susan Barnett	W65 (1)	Eastern Masters AC	19:57.06
9	Linda Farrow	W60 (2)	Harborough Athletic Club	20:18.54
10	Doug Milsom	M75 (1)	Hillingdon Athletic Club	21:06.87
11	Peter Hannell	M75 (2)	Surrey Walking Club	21:18.34
12	Roz McKenzie	W50 (3)	Abingdon Athletic Club	22:35.68
13	Ron Stewart	M75 (3)	North Shields Poly	22:49.89
14	Ken Livermore	M85 (1)	Enfield & Haringey AC	26:10.48
	Maureen Noel	W55	Belgrave Harriers	DQ (230.7a)

M35 to M70 3000m (Sat. 25th Aug.)

Pos	Athlete	AG/BMAF	Club	Perf
1	Francisco Reis	M55 (1)	Thames Valley Harriers	14:18.06
2	Ian Richards	M70 (1)	Steyning Athletic Club	15:07.43
3	Mark Williams	M50 (1)	Birchfield Harriers	15:41.06
4	Peter Boszko	M65 (1)	Birchfield Harriers	16:33.66
5	John Hall	M65 (2)	Belgrave Harriers	17:08.41
6	Roger Michell	M70 (2)	Surrey Walking Club	17:50.11
7	Ian Torode	M60 (1)	South West Vets AC	18:08.19
8	Paul Hawkins	M60 (2)	Stratford-upon-Avon AC	18:20.26
9	Keith Palmer	M50 (2)	Southend-on-Sea AC	19:11.92
10	Simon Le Mere	M55 (2)	Southend-on-Sea AC	19:17.16
11	David Bowker	M55 (3)	Fairlands Valley Spartans	19:20.81
12	Raymond Robinson	M40 (1)	North Eastern Masters AA	19:32.23
13	Jon Clarke	M60 (3)	West Cheshire AC	26:43.65

Mixed 5000m (Sun. 26th Aug.)

Pos	Athlete	AG/BMAF	Club	Perf
1	Francisco Reis	M55 (1)	Thames Valley Harriers	24:17.29
2	Ian Richards	M70 (1)	Steyning Athletic Club	25:48.50
3	Lisa Kehler	W50 (1)	Wolverhampton & Bilston	26:03.00
4	Mark Williams	M50 (1)	Birchfield Harriers	27:21.43
5	Carolyn Derbyshire	W40 (1)	Nuneaton Harriers	28:33.43
6	John Hall	M65 (1)	Belgrave Harriers	28:48.23
7	Helen Middleton	W55 (1)	Enfield & Haringey AC	29:31.12
8	Julie Bellfield	W45 (1)	Halesowen Athletic Club	30:00.44
9	Ian Torode	M60 (1)	South West Vets	31:02.22
10	Paul Hawkins	M60 (2)	Stratford-upon-Avon AC	31:18.11
11	Maureen Noel	W55 (2)	Belgrave Harriers	31:58.42
12	Jacqueline Wilson	W70 (1)	New Zealand	32:01.53
13	Lynn Bellfield	W50 (2)	Halesowen Athletic Club	32:12.76
14	Raymond Robinson	M40 (1)	North Eastern Masters AA	32:53.97
15	Sue Davies	W50 (3)	Aldershot Farnham & Dist.	33:30.92
16	Susan Barnett	W65 (1)	Eastern Masters AC	33:34.19
17	David Bowker	M55 (2)	Fairlands Valley Spartans	33:42.48

Domestic Results

Surrey Walking Club Open 5km & Young Age Group Races, Tonbridge (Wed. 25th Jul.)

Surrey Walking Club held the last of their 2017/18 races with an Open 5km in the grounds of Tonbridge School on a very hot evening, **reports Peter Hannell**. In total a field of ten was about normal although only two of the home Club travelled to the venue. To compensate there were several youngsters taking part. First home over the 10 laps was Tonbridge's International, Guy Thomas lapping the field twice or more and then doing an extra 5km training.

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf
1	Guy Thomas	U23M	Tonbridge Athletic Club	21:46
2	Ollie Hopkins	U20M	Lewes Athletic Club	27:48
3	Christopher Hobbs	M60	Ashford Athletic Club	29:44
4	Eva Payton-White	U20W	Lewes Athletic Club	31:36
5	Dan Maskell	M65	Surrey Walking Club	34:07
6	Peter Hannell	M70	Surrey Walking Club	37:55

Open 3km (B)

Pos	Athlete	AG	Club	Perf
1	Abigail Smith	U15G	Blackheath & Bromley HAC	18:52

Open 2km (B)

Pos	Athlete	AG	Club	Perf
1	Emily Ghose	U20W	Tonbridge Athletic Club	11:54

U13 1km (B)

Pos	Athlete	AG	Club	Perf
1	Harvey Perry	U13B	Lewes Athletic Club	6:55

500m (B)

Pos	Athlete	AG	Club	Perf
1	Charlie Perry	U11B	Unattached	3:24

Sarnia WC Piette Trophy 3.8 miles (approx.) Handicap Road Walk, Rocquaine Bay, Guernsey (Sun. 5th Aug.)

Rob Elliott secured his second win in the annual Piette Trophy handicap walk, **reports Rob Elliott**, adding to his win two years ago.

The small field of walkers contested the race in hot conditions on the two lap out and back course along the coast road at Rocquaine, aided by a welcome sea breeze.

Rob passed Kay Coulson, first away and leading the race with half a mile to go and with a watchful eye on quickest in the field Stuart Le Noury coming the other way, soon worked out that victory was secure. Kay held on to second place ahead of Phil Lockwood.

Mixed 3.8 Mile (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Rob Elliott	M55	Sarnia Walking Club	44:27/36:57
2	Kay Coulson	W50	Sarnia Walking Club	45:13/45:13
3	Phil Lockwood	M45	Sarnia Walking Club	45:52/39:12
4	Stuart Le Noury	SM	Sarnia Walking Club	47:57/34:27
5	Wendy Wilson	W50	Sarnia Walking Club	48:19/46:49
=6	Olga Le Noury	W35	Sarnia Walking Club	49:40/47:10
=6	Kevin Le Noury	M60	Sarnia Walking Club	49:40/47:10

Veterans AC 5 Mile Road Walk, Battersea (Tue. 7th Aug.)

The fifth and final fixture of the season had reasonable numbers given clash with an international in Paris and very high temperatures, which abated slightly during the evening leading to close humid conditions, **reports Dave Hoben**.

Melanie Peddle achieved a good time to win for the ladies and second place overall in 49:03, not far off her personal best.

Dave Chalk achieved a creditable 50:48 in 3rd place which is even more remarkable as he does not come from a running or walking background and certainly demonstrates that there must be others out there who could follow that example; six miles in the hour must surely be not far away.



The RWA Festival of Race Walking
Planned for Sunday 14th October at
Hillingdon will not be taking place

The remainder of the field achieved respectable times in the abnormally high temperatures.

Mixed 5 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Ian Richards	M70	Steyning Athletic Club	39:36
2	Melanie Peddle	W50	Loughton Athletic Club	49:03
3	David Chalk	M50	Unattached	50:48
4	Maureen Noel	W50	Belgrave Harriers	52:32
5	Dan Maskell	M70	Surrey Walking Club	55:33
6	Fiona Bishop	W55	Woking Athletic Club	56:39
7	Paul King	M65	Belgrave Harriers	57:21
8	Tom Casserley	M75	Enfield & Haringey AC	57:30
9	Michael Harran	M80	Surrey Walking Club	57:42
10	David Hoben	M65	Surrey Walking Club	57:43
	Peter Hannell	M75	Surrey Walking Club	DNF

7th South Yorkshire League, Millhouses Park (Tue. 7th Aug.)

Chris Bent returned to our competition after a knee replacement followed by three further operations to sort out infections, **reports Brian Adams**. Starting off first and with a target time of just outside 40 minutes Chris comfortably beat this time and just hung on for a 7 second victory over Imogen Walker. Imogen walked a solid race to produce a great personal best, dipping under 14 mins for the first time.

A three kilometre race long battle ensued between Lara MacColl and Lucy Walker starting just 13 seconds apart. A determined effort by Lucy saw her close the gap to about three seconds, perhaps she had worked too hard as at this point Lara managed to open up the gap again. They both finished with great times of Lucy 18:30 & Lara 18:33.

Posn	Athlete	AG	Club	Perf. (Dist.)
1	Chris Bent	M70	Buxton Athletic Club	39:13 (5km)
2	Imogen Walker	U13G	Greenhill School	13:35 (2km)
3	Lara MacColl	U15G	C of Sheffield & Dearne	18:33 (3km)
4	Lucy Walker	U15G	2 Dash	18:30 (3km)
5	Ellis Simmons	U13B	Dobcroft School	11:56 (2km)
6	Tony Bell	M55	Lancashire Walking Club	31:54 (5km)

South of England Championships, Lee Valley (Sun. 12th Aug.)

A disappointing turnout for the Southern Area Championships with only the senior women's age group having more than one competitor.

There were personal bests for Chris Snook, Nick Hart and Maddy Shott.

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Nicholas Hart	U17M (1)	Aldershot Farnham & Dist.	15:16.92
2	Christian Hopper	U15B (1)	Cambridge Harriers	16:54.68
3	Katie Stringer	U15G (1)	Medway & Maidstone AC	18:55.72
4	Hannah Hopper	U17W (1)	Cambridge Harriers	19:02.72

Mixed 5000m

Pos	Athlete	AG	Club	Perf
1	Christopher Snook	U12M (1)	Aldershot Farnham & Dist.	21:29.23
2	Madeline Shott	SW (1)	Belgrave Harriers	25:21.96
3	Penelope Cummings	SW (2)	Herne Hill Harriers	29:32.41
4	Mark Culshaw	SM (1)	Ilford Athletic Club	30:53.86
5	Jacqueline Benson	U20W (1)	Ashford Athletic Club	33:36.68
6	Sue Davies	SW (3)	Aldershot Farnham & Dist.	34:04.64
7	Geraldine Legon	SW (4)	Bexley Athletic Club	37:34.41

Sarnia WC Heritage Group Championships Race Ten, 1 Mile Track Championship, Footes Lane (Fri. 17th Aug.)

Race winner Stuart Le Noury retained the Heritage Group men's championship with a win in the tenth race of the Sarnia Walking Club Championship for the Sportsman Cup, **reports Rob Elliott**. His time of 7:53 for the one mile race was 44 seconds quicker than Rob Elliott who finished the race as well as the Championship in second place and winner of the Grace Mansfield Endeavour Trophy.

Third place went to Phil Lockwood in 9:36. Wendy Wilson was the quickest of the women with her 10:45, ahead of Kay Coulson and Jayne Le Noury. The absent Donna Allan had done enough prior to the race to win the women's section of the championship and the Carol Bates Memorial Trophy. Jayne Le Noury took second place overall from Olga Le Noury. Youngest walker in the race was Ellis Lockwood who walked to finish only a few seconds down on the women's winner, with a time of 10:47 and wins the junior under 17 championship.

The Jubilee Tankard for the handicapped section of the Championship for both men and women was won by Stuart Le Noury from Phil Lockwood, closely followed by Mick Le Sauvage.

Mixed 1 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	7:53
2	Rob Elliott	M55	Sarnia Walking Club	8:37
3	Phil Lockwood	M45	Sarnia Walking Club	9:36
4	Kevin Le Noury	M60	Sarnia Walking Club	10:22
5	Peter Beckerleg	M55	Sarnia Walking Club	10:36
6	Wendy Wilson	W50	Sarnia Walking Club	10:45
7	Ellis Lockwood	U13B	Sarnia Walking Club	10:47
8	Dave Dorey	M70	Sarnia Walking Club	11:29
9	Mick Le Sauvage	M75	Sarnia Walking Club	11:31
10	Kay Coulson	W50	Sarnia Walking Club	11:43
11	Jayne Le Noury	W55	Sarnia Walking Club	12:08

Goodwin Cup 10km, Chorley (Sat. 18th Aug.)

The race was held over the usual hilly two lap course on a heavy/sultry day, **reports Roy Gunnett**. The weather took its toll on the competitors with nearly all posting slower times than normal.

Adrian Edwards took an early lead which he maintained to the end thereby winning the scratch race. The rest of the field quickly became strung out and it remained this way throughout the race.

Adrian also won the handicap and therefore the Goodwin Cup.

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Adrian Edwards	M55	Lancashire Walking Club	60:26
2	Joe Hardy	M70	Lancashire Walking Club	69:42
3	Sailash Shah	M50	Lancashire Walking Club	71:03
4	Ian Hilditch	M75	Lancashire Walking Club	72:32
5	Roy Gunnett	M70	Lancashire Walking Club	75:24
6	John Crahan	M65	Lancashire Walking Club	78:46
7	Adrian Edwards	W75	Lancashire Walking Club	87:25

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf
1	Pat Evans	W65	Lancashire Walking Club	41:06
2	John Payn	M85	Lancashire Walking Club	43:20

The Woodford Tuesday Walks, Ashton Playing Fields, Woodford (Tue. 21st Aug.)

It was another fair turnout, beating the size of the 3000m run field by 13-9 this time, **reports Peter Cassidy**. With one race to come and the best three results to count for individuals, it seems to lie between Melanie, Stuart and Luc for top spots; arithmetically speaking, Maddy Shott could just pip Melanie as first Lady.

Among the teams, provided that they remember to come, Ilford are unbeatable, with second place a bit open between Loughton and Bexley; it's all down to injuries and holidays!

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Luc Legon	U23M	Bexley Athletic Club	13:21.8
2	Francisco Reis	M55	Thames Valley Harriers/POR	14:16.6
3	Melanie Peddle	W50	Loughton Athletic Club	16:53.5
4	Mark Culshaw	M50	Ilford Athletic Club	17:03.3
5	Stuart Bennett	M60	Ilford Athletic Club	17:37.1
6	Katie Stringer	U15G	Medway & Maidstone AC	17:40.4
7	Dan Maskell	M70	Surrey Walking Club	19:28.9

8	Rachel Lawless	W55	Iford Athletic Club	19:49.8
9	Simon Le Mere	M55	Southend-on-Sea AC	20:57.2
10	Sean Pender	M65	Enfield & Haringey AC	20:59.6
11	Lesley Morris	W55	Iford Athletic Club	21:00.5
12	Geraldine Legon	W55	Bexley Athletic Club	21:34.9
13	Francoise Fernandez	W70	Loughton Athletic Club	22:22.7

Isle of Man 10,000m Track Walk Championships, National Sports Centre, Douglas (Thur. 23rd Aug.)

Result only, as no report received.

Mixed 10,000m

Pos	Athlete	AG	Club	Perf
1	Tom Partington	U20M	Manx Harriers	45:39.2
2	Adam Cowin	SM	Manx Harriers	48:28.0
3	Erika Kelly	SW	Northern (IOM) AC	48:47.3
4	Hannah Hunter	W35	Manx Harriers	53:05.7
5	Tony Edwards	M55	Manx Harriers	58:17.6
6	Andy Green	M60	Manx Harriers	59:48.2
7	Marie Jackson	W55	Manx Harriers	60:15.5
8	Jayne Farquhar	W45	Manx Harriers	62:19.4
9	Richard Leigh	M40	Manx Harriers	64:44.0
10	Sharon Cain	W45	Western Athletic Club	64:50.4
11	Nikki Raven	W55	Manx Harriers	65:15.1
12	Louise Hollings	W35	Manx Harriers	66:03.3
13	May Hopper	W50	Manx Harriers	72:47.4
	Gianni Epifani	M45	Manx Harriers	DQ (230.7a)

Junior 3000m

Pos	Athlete	AG	Club	Perf
1	Alice Bellando	U17W	Manx Harriers	17:19.9
2	Mia Dunwell	U15G	Northern (IOM) AC	18:32.4
3	Kiera Heavey	U17W	Northern (IOM) AC	18:33.5
4	Abbie Edwards	U15G	Manx Harriers	20:03.7

Southend-on-Sea AC Open Track & Field Meeting, Garons Park, Southend (Mon. 27th Aug.)

A Meeting Record and unofficial Ground Record. 20 athletes started and finished the 2018 Southend Mile and that line-up didn't include our Iford-based Essex Walker Editor, Dave Ainsworth who was hospitalised towards the end of the week – but it included both an Under 13 Boy [Sebastian] and a M80 [Gordon].

Winner of the George Woods' Trophy for first Veteran Centurion to cross the line was Steve Allen [also last year's winner].

Mixed 1 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Mark Culshaw	M50	Iford Athletic Club	8:56.18
2	Emma Dyos	W40	Iford Athletic Club	9:32.16
3	Linda Mountford	W50	Unattached	9:56.16
4	Rachel Lawless	W55	Iford Athletic Club	10:07.69
5	Keith Palmer	M50	Southend-on-Sea AC	10:23.34
6	Leah Williams	SW	Loughborough University	10:28.35
7	Alistair Thornton	SM	Macclesfield Harriers	10:28.71
8	Peter Binns	M70	Southend-on-Sea AC	10:50.20
9	Steve Allen	M60	Barnet & District AC	10:50.58
10	Lesley Morris	W55	Iford Athletic Club	10:53.61
11	Kim Howard	W60	Unattached	10:54.22
12	Sebastian Alexandru	U13B	Havering Athletic Club	11:13.07
13	Alan O'Rawe	M75	Iford Athletic Club	11:13.17
14	David Hoben	M65	Surrey Walking Club	11:17.83
15	Adrian Alexandru	M45	Unattached	11:20.52
16	John Brock	M65	Southend-on-Sea AC	11:31.36
17	Julie Callaghan	W55	Unattached	11:34.75
18	Samantha Newland	W40	Unattached	12:30.01
19	Val Mountford	W75	Unattached	12:49.00
20	Gordon Franklin	M80	Southend-on-Sea AC	14:33.12

Sarnia Walking Club 3 Kilometres Road Walk, Les Amarreurs, Vale, Guernsey (Fri. 31st Aug.)

Stuart Le Noury walked to a routine win over 3 kilometres in the two-lap race around Les Amarreurs. He crossed the finish line in 14:49 finishing almost two minutes up on second man home Rob Elliott. Elliott walked 16:25 to record his best time for over three years. Third place went to visitor Ian Torode from the South West Veterans AC with 18:06, finishing a minute ahead of third local walker Phil Lockwood. Kevin Le Noury, with a good walk in 19:40 got the better of Peter Beckerleg who held off Stephen Cartwright from Colchester & Tendring AC by a few seconds, with both walkers just outside 20 minutes.

First woman home was Wendy Wilson in 21 minutes with regular visitor David Hoben in 21:30.

Mixed 3km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	14:49
2	Rob Elliott	M55	Sarnia Walking Club	16:25
3	Ian Torode	M60	South West Veterans AC	18:06
4	Phil Lockwood	M45	Sarnia Walking Club	19:07
5	Kevin Le Noury	M60	Sarnia Walking Club	19:40
6	Peter Beckerleg	M55	Sarnia Walking Club	20:01
7	Stephen Cartwright	M60	Colchester & Tendring AC	20:03
8	Wendy Wilson	W55	Sarnia Walking Club	21:00
9	David Hoben	M65	Surrey Walking Club	21:30
10	Mick Le Sauvage	M75	Sarnia Walking Club	21:43
11	Dave Dorey	M70	Sarnia Walking Club	22:14
12	Kay Coulson	W50	Sarnia Walking Club	22:50

Sarnia Walking Club ABN-AMRO Private Banking Church to Church 19.4 Mile Walk, South Esplanade, St Peter Port, Guernsey (Sun. 2nd Sept.)

Stuart Le Noury walked to his third overall win in the annual Church to Church walk over 19.4 mile in a walk sponsored by ABN-AMRO Channel Islands Ltd, **reports Rob Elliott**. His winning time of 3:11:24 was his second quickest time and walked in conditions that grew hotter as the race progressed.

Out on his own and unchallenged throughout the walk he had built up a lead of almost five minutes by the four-mile point at the airport after walking from the South Esplanade and up the twisting hills and lanes via Cornet Street and Les Vardes, passing St Martins Church on the way through.

Rob Elliott had settled into second place and walking steadily had a lead over third men Phil Lockwood and Ian Torode, a visitor in his first Church walk, of nearly four minutes at the same point.

Leading woman Wendy Wilson passed by in 49 minutes with a 50 seconds lead over Ana Sahati. The expected leading woman Donna Allan, the Sarnia Walking Club Champion, was side-lined and had to be a frustrated spectator on doctors' orders after an untimely recent visit to hospital.

After walking on to Torteval and through the ups and downhill sections to St Peters and St Saviours, Le Noury's lead increased as he passed the ten-mile point at Les Vauxbalets in 1:35:45. Elliott, as last year hit that distance in a shade over 1 hour 50 minutes but was to soon start struggling with his pace noticeably slowing soon afterwards.

Other competitors were relatively close together with local Phil Lockwood, Ian Torode and Glyn Jones all in with a chance of third place going into the final miles.

Stuart, still well in control went through 15 miles at the Vale Church in around 2 hours 22 minutes and only slowing slightly claimed a convincing victory back in St Peter Port after negotiating the crowds at the Sea Front Sunday and on to the finish at South Esplanade.

Elliott was still walking at his reduced pace as he glanced at the clock at Vale Church showing around 2 hours 50 minutes, thinking back to the days when he would reach the finish in that sort of time.



As conditions got hotter the walkers were sorting themselves out with Glyn Jones from Coventry Godiva, with a few Church walks under his belt claimed third place in 3:48:46. A couple of minutes behind was Ian Torode, a race walker from the south west of England, who held off Phil Lockwood by another few minutes.

Stephen Cartwright, another first-time competitor from Colchester and Tendring finished in 6th place in 3:55:23, ahead of regular visitor Sean Pender from Enfield in 3:57:27. Past winner and another regular walker to Guernsey events, Ed Shillabeer added another finish to his total with his slowest time in the walk, finishing in over 4 hours for 9th place. His best time was a winning 2:40:58 back in 1989. Ed recently walked for 11 hours in a 24 hours walk.

Isle of Man walker, now working in Guernsey, John James Cooper finished in 4 :21:05. It was his first Guernsey walk but he has completed the Isle of Man version of the Guernsey race three times, with their distance being much further at 85 miles.

Regular visitor David Hoben struggled in the closing stages but crossed the line for another finish in 4 hours 36. Less than five minutes behind was first local woman Ana Sahati with a winning time of 4:41:25. Second woman was regular local walker Wendy Wilson, walking much further than she has done before and struggling in the second half of the race. To her credit, she held on to finish as second woman in 4:56:41 and now has a trophy to show to her father Roger Brehaut who walked to second place in 1955 with a time of 3 hours 27 minutes in front of a big crowd at the finish.

Today saw the end of a competitive streak by stalwart Kevin Le Noury. He first walked the event back in 1976 and was a winner of the Victory Cup for the first Channel Islander to finish back in 1987 and until today was an ever present on the start and finish line. Today he was officiating.

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	3:11:24
2	Rob Elliott	M55	Sarnia Walking Club	3:41:56
3	Glyn Jones	M75	Coventry Godiva Harriers	3:48:46
4	Ian Torode	M60	South West Veterans AC	3:50:56
5	Phil Lockwood	M45	Sarnia Walking Club	3:52:43
6	Stephen Cartwright	M60	Colchester & Tendring AC	3:55:23
7	Sean Pender	M65	Enfield & Haringey AC	3:57:27
8	Ed Shillabeer	M75	Ilford Athletic Club	4:06:06
9	John James Cooper	M35	Unattached	4:21:05
10	David Hoben	M65	Surrey Walking Club	4:36:51
11	Ana Sahati	W35	Unattached	4:41:25
12	Wendy Wilson	W55	Sarnia Walking Club	4:56:41

Race Walking Assoc. Young Athletes Grand Prix 2018

Penultimate standings after the England Athletics U15 & U17 Championships in Bedford. The final GP event is in Sheffield – The Jeff Ford Memorial Walks which will take place on Sunday 9th September.

Under 13 Girls

Pos	Athlete	Club	Points
1	Katie Brash	Blackheath & Bromley	160
2	Kelsey Tozer	Birchfield Harriers	114
=3	Abigail Lysek	Dudley & Stourbridge Hs	37
=3	Katie May Brownhill	Dudley & Stourbridge Hs	37

Under 15 Girls

Pos	Athlete	Club	Points
1	Abigail Smith	Blackheath & Bromley	192
2	Katie Stringer	Medway & Maidstone	154
3	Lois Carty	Aldershot Farnham & Dist.	117
4	Lucy Walker	2DASH	100
=5	Abbie Edwards	Manx AC	72
=5	Caitlin Casey	Birchfield Harriers	72
7	Charlotte Wallis	Aldershot Farnham & Dist.	70
8	Lara MacColl	City of Sheffield & Dearne	68
9	Mia Dunwell	Northern (IOM) AC	66
10	Hannah Atkinson	Cambridge Harriers	38
11	Grace Whittingham	Ashford Athletic Club	36
12	Farra Nijjar	Birchfield Harriers	35

Under 17 Women

Pos	Athlete	Club	Points
1	Lucy Lewis-Ward	Cambridge Harriers	156
2	Hannah Hopper	Cambridge Harriers	151
3	Isabelle Bridge	Blackheath & Bromley	118
4	Keira Heavey	Northern (IOM) AC	73
=5	Alice Bellando	Manx Harriers	37
=5	Mollie Dainton	Llanelli Athletic Club	37

Under 20 Women

Pos	Athlete	Club	Points
1	Abigail Jennings	Aldershot Farnham & Dist.	118
2	Jacqueline Benson	Ashford Athletic Club	110
3	Pagan Spooner	Hyde Park Harriers	109
4	Laura Achurch	Leicester Walking Club	76
5	Emily Ghose	Tonbridge Athletic Club	75
6	Ana Garcia	City of Sheffield & Dearne	40

Under 13 Boys

Pos	Athlete	Club	Points
1	Tom Gilbert	Brecon Athletic Club	78
2	Toby Chaplin	City of Sheffield & Dearne	40

Under 15 Boys

Pos	Athlete	Club	Points
1	Christian Hopper	Cambridge Harriers	158
2	Faris Alkhamesi	Nuneaton Harriers	112
3	Dan Gilbert	Brecon Athletic Club	74
4	Alex Macheath	Cambridge Harriers	40
5	Owen Bradshaw	City of Sheffield & Dearne	37

Under 17 Men

Pos	Athlete	Club	Points
1	Matthew Crane	Bexley Athletic Club	118
2	George Wilkinson	Enfield & Haringey AC	80
3	Nick Hart	Aldershot Farnham & Dist.	75
4	Jack Child	Medway & Maidstone	40

Under 20 Men

Pos	Athlete	Club	Points
1	Jordan Price	Brecon Athletic Club	113
2	Daniel Mckerlich	Cardiff A.A.C.	109
3	Chris Snook	Aldershot Farnham & Dist.	80
4	Tom Partington	Manx Harriers	80
5	Ben Allen	Leicester Walking Club	75
6	Oliver Hopkins	Lewes Athletic Club	40

Girls Team

1	Blackheath & Bromley	470
2	Cambridge Harriers	345
3	Aldershot F & D	305
4	Birchfield Harriers	226
5	Medway & Maidstone	154
6	Ashford AC	146
7	Northern (IOM) AC	139
=8	Hyde Park Harriers	109
=8	Manx Harriers	109
10	Sheffield & Dearne	108
11	2DASH	100
12	Leicester WC	76
13	Tonbridge AC	75
14	Dudley & Stourbridge	74
15	Llanelli AC	37

Boys Team

1	Brecon AC	265
2	Cambridge Harriers	198
3	Aldershot F & D	155
4	Bexley AC	118
5	Nuneaton Harriers	112
6	Cardiff AAC	109
=7	Manx Harriers	80
=7	Enfield & Haringey AC	80
9	Sheffield & Dearne	77
10	Leicester WC	75
=11	Medway & Maidstone	40
=11	Lewes AC	40

Combined Team

1	Cambridge Harriers	543	12	Bexley AC	118
2	Blackheath & Bromley	470	13	Nuneaton Harriers	112
3	Aldershot, F & D	460	=14	Hyde Park Harriers	109
4	Brecon AC	265	=14	Cardiff AC	109
5	Birchfield Harriers	223	16	2DASH	100
6	Maidstone & Medway	194	17	Enfield & Haringey AC	80
7	Manx Harriers	189	18	Tonbridge AC	75
8	Sheffield & Dearne	185	19	Dash	74
9	Leicester WC	151	20	Lewes AC	40
10	Ashford AC	146	21	Llanelli AC	37
11	Northern (IOM) AC	139			

