



Race Walking Record

October 2018



Lisa Kehler

3rd in Italian 50km Championships

Photograph courtesy of Self Atletica - Montanari Gruzza



Tommy Green

Inducted into England Athletics Hall of Fame

Following a number of controversial incidents at the 1924 Games, race walking was dropped from the 1928 Olympic programme but, thanks largely to pressure by British officials, a 50 kilometres road event was introduced at the 1932 Games.

Fittingly, the winner in Los Angeles was a Briton: 38 year-old father of four, Tommy Green, who had to give up several weeks' wages as a railwayman in Eastleigh to make the long trip to California by ship and train.

Affected by a temperature in the nineties which caused the tar on the roads to melt, Green's winning time of 4:50:10 was nearly a quarter of an hour slower than his personal best when he won the inaugural national championship in 1930 (4:35:36), but what really mattered was that he finished seven minutes ahead of his nearest rival, Janis Dalins of Latvia - a winning margin which has only once been exceeded in the 18 Olympic 50 kilometre races held since. He remains to this day the oldest man to win that title.

At halfway, Green, Dalins and Italy's Ugo Frigerio (winner of three short distance gold medals at the 1920 and 1924 Olympics) were level pegging, and they were still together at the three-quarters distance before Frigerio dropped back. The next to experience a crisis was Green himself, who fell a minute behind Dalins at one stage before being rejuvenated by cold water being thrown over him. Producing a strong finish, Green covered the final quarter of the race faster than any of the preceding segments and that, combined with the stomach cramps which beset Dalins, enabled him to win by close to a mile. As soon as he could, he sent a telegram to his wife Rose back in Hampshire. "I won the gold medal. Very hot. See you all soon. Love Tom." Such was his fame that he was accorded the ultimate recognition for a sports star of that era – his image appeared on a Players cigarette card!



Tommy Green (N° 98)

Result of the Men's 1932 Olympic 50km

Posn	Athlete	Nation	Perf	Notes
1	Tommy Green	GBR	4:50:10	OR
2	Janis Dalins	LAT	4:57:20	
3	Ugo Frigerio	ITA	4:59:06	PB
4	Karl Hahnel	GER	5:06:06	
5	Ettore Riolta	ITA	5:07:39	
6	Paul Sievert	GER	5:16:41	
7	Henri Quintric	FRA	5:27:25	
8	Ernie Crosbie	USA	5:28:02	
9	Bill Chisholm	USA	5:51:00	
10	Alfred Maasik	EST	6:19:00	
	Henry Cieman	CAN	DNF	
	John Moralis	GRE	DNF	
	Francesco Pretti	ITA	DNF	
	Arthur Tell Schwab	SUI	DNF	
	Harry Hinkel	USA	DNF	

It was remarkable that Green ever became an athlete, never mind an Olympic champion, for he was unable to walk until he was five years old because of rickets, at 16 he was invalided out of the Army (which he had joined under-age at 12) with injuries sustained when a horse fell on him, and while serving in France during the First World War he was wounded three times and was badly gassed. Despite all that, he lived to one day short of his 81st birthday.

A doctor advised him to take up athletics as a protection against the wartime gas that remained in his lungs. He started as a runner but drifted into walking after assisting a war-blinded friend who was training for the St Dunstan's London to Brighton event. He won his first walking race, from Worthing to Brighton, in 1926, aged 32, and later victories included the London to Brighton classic in 1929, 1930, 1931 and 1933 and the Milan 100 kilometres race in 1930. He was unable to defend his Olympic title after finishing fourth in Britain's 1936 50 kilometres trial but continued to compete until he was 54.



Tom Bosworth presented Tommy's grandchildren Cheryl Hookway and David Coakes with the induction award.

Source: England Athletics

England Athletics Volunteer Awards

John Howley - Services to Athletics and Running

John has been heavily involved in our sport for many years and is well respected within both the athletics and race-walking communities. From his early days with race walking in the 1990's, initially as a parent and then inevitably as an official, via various club management roles to now running successful competitions as a founder and director of the Sheffield Festival of Athletics.

John started his journey in the early 1990's when his daughter took up race walking and with her success he gradually became more involved. He was Secretary of the Sheffield Race Walking Club for many years and then Championship Secretary for the Race Walking Association for 5 years and also the Northern Area Representative.

He became more involved with track & field athletics in the new millennium when Sheffield Athletics Club and Sheffield Race Walking Club agreed to become one club. John was instrumental in the dissolution of the two clubs and the formation of the new one - City of Sheffield AC. He was then Club Secretary for many years and also Northern League Team Manager. His expertise in organising and running home matches was second to none – including the best packed lunches courtesy of his wife Hazel.

In 2014/2015 John suffered from increasing health issues and as such had to take a major step back for a while. However, following successful medical treatment & then surgery in late 2015 he is now busier than ever. In January 2016 he was able to resume activities and organise the Indoor Festival of Athletics. He also managed the event on the day and produced results...from his wheelchair! During his recovery from illness John undertook a timekeeping course and can now be found most weekends (and some evenings) at a track somewhere in the UK with stopwatch in hand!

He is now Membership Secretary & Treasurer for the recently reformed 2DASH Athletics Club and continues to provide high level competition in his role with the Sheffield Festival of Athletics.

He is well respected throughout Yorkshire, the North of England and UK wide by athletes/parents, coaches, officials, management and Governing Bodies and he remains committed to the development of both track & field athletics and race walking locally, regionally and nationally.



John collected his award from Toni Minichiello.

John commented, "I am totally surprised and shocked - surprised I was even nominated! I'd like to thank Jill Hodgson and Janita Maaranen for nominating me. Thanks too to everyone for their support."

Source: England Athletics

George Chaplin R.I.P.

The Race Walking Association is saddened to report the passing of George Chaplin at the age of 87.

He joined Coventry Godiva Harriers in 1947 after taking part in a novices' race walking event from Butts Stadium and went on to represent Great Britain.

In 1956 (an Olympic year) George finished third in the National 50km Championship at Enfield clocking 4:35:12, behind winner Don Thompson and Eric Hall. A year later at Leyland he finished second again behind Thompson recording 4:48:10. Again in 1957 at the National 20 miles at Hendon, he came in second behind Eric Hall.

For many years George continued to give a good account of himself often at the expense of others many years younger than himself.



Overseas Results

USATF Open & Masters 40km Walk Championships, Marvin Park, Owego, New York State (Sun. 30th Sept.)

The annual USATF Open & Masters 40km Championships were held in Marvin Park, Owego, New York State. Conditions for the 7am start



were cool and remained so for the duration of the race. There were championships wins for Ian Whatley (USA) and Lydia McGranahan (USA), although the overall race winner was Columbian Diego Pinzon Florez. Some walkers continued on to record 50km times.

Hannah Hunter (IOM) finished 5th overall in the 40km (4:11:30) and went onto record 5:17:29 for 50km, to go fourth on the UK All-Time list. Hannah struggled at times and is disappointed with her time, but she finished strongly which bodes well for the future.

Mixed 40km

Posn	Athlete	AG	Nation	40km	50km	
1	Diego Pinzon Florez	SM		COL	3:13:00	4:04:48
2	Luis Jose Solis Rosales	SM		MEX	3:34:18	4:33:51
3	Ian Whatley	M55		USA	3:52:42	
4	Lydia McGranahan	W40		USA	4:02:16	5:08:16
5	Hannah Hunter	W35		IOM	4:11:30	5:17:28
6	David Talcott	M55		USA	4:18:25	
7	Tucker Brugh	M60		USA	4:47:49	
	Erin Taylor-Talcott	W40		USA	Retired	
	Jennifer Marlborough	W45		USA	DQ	
	Paul Terbrack	M55		USA	DQ	

Italian 50km Championships, Reggio Emilia (Sun. 21st Oct.)

The Italian 50km Championships took place in Reggio Emilia in northern Italy. For the first time race walkers from other nations were permitted enter. The 2km lap through the city centre was technical with some inclines having to negotiated.

The men's 50km championship saw Dominik Cerny (SVK) leading early, shadowed by Stefano Chiesa (ITA), Leonardo Dei Tos (ITA), Gregorio Angelini (ITA) and Michal Morvay (SVK). Cerny gradually built up a small gap, and lead through the 20km mark with 1:35:48, but was caught and passed soon afterwards by Angelini. As the second half of the race progressed, it became a three way battle, with Dei Tos eventually taking the lead and winning with 3:59:48. Angelini hung on for second with 4:01:17, ahead of Cerny with 4:01:51.

Daniel King recorded a seasons best of 4:16:19 in fifth place.



The inaugural women's 50km championship saw victory to 19 year old Beatrice Foresti (ITA) with 4:52:07. She turns 20 at the end of the month and is obviously not daunted by the long distances. Most of the women in the 50km were debutantes. Second place went to Serbian Danica Gogov (5:01:02) while third spot went to

Wolverhampton & Bilston's Lisa Kehler in her debut at the distance at the age of 52! (5:40:38).

Men's 50km

Posn	Athlete	AG	Nation	Perf	Notes
1	Leonardo Dei Tos	SM		ITA 3:59:49	PB
2	Gregorio Angelini	U23M		ITA 4:01:17	PB
3	Dominik Cerny	U23M		SVK 4:01:51	PB
4	Michal Morvay	U23M		SVK 4:03:19	
5	Daniel King	M35		GBR 4:16:19	
6	Niccolo Coppini	U23M		ITA 4:16:30	
7	Bruno Erent	SM		CRO 4:29:44	
8	Luca Montoleone	SM		ITA 4:46:23	
9	Giuseppe Scordo	SM		ITA 4:57:43	
10	Ivan Grabec	M50		CRO 5:55:46	
	Stefano Chiesa	SM		ITA DQ	
	Jose Gomez Garcia	M45		ESP DQ	
	Ruslans Smolonskis	U23M		LAT DQ	
	Berislav Devcic	M50		CRO DQ	
	Dominic King	M35		GBR Retired	
	Andrieu Hugo	SM		FRA Retired	
	Gianluca Lammendola	M55		ITA FTM*	

* Walker had covered 49.760 km when the cut off time was reached.

Women's 50km

Posn	Athlete	AG	Nation	Perf	Notes
1	Beatrice Foresti	U23W		ITA 4:52:07	PB
2	Danica Gogov	U23W		SRB 5:01:02	PB
3	Lisa Kehler	W50		GBR 5:40:38	PB
	Maura Marchiori	W55		ITA DQ	
	Adelaide Sansoni	W35		ITA Retired	
	Roberta Caraccia	W65		ITA FTM*	

* Walker had covered 49.180 km when the cut off time was reached.

UK 50km Women Overall All-Time to 5:43:30

4:50:51	Sandra Brown	Surrey WC	Basildon	13.07.91
5:01:52	Lillian Millen	Lakeland AC	York	16.04.83
5:08:17	Molly Jade Davey	Hyde Park Hs	Dudince (SVK)	24.03.18
5:17:28	Hannah Hunter	Manx Harriers	Owego, New York	30.09.18
5:22:04	Cath Duhig	Ryston Runners	Burrator, Devon	02.05.93
5:37:22	Marie Jackson	Manx Harriers	Stockton-on-Tees	27.04.08
5:40:38	Lisa Kehler	Wolv. & Bilston	Reggio Emilia (ITA)	21.10.18
5:41:31	Maureen Cox		Bradford	25.05.98
5:41:36	Jackie Bairstow	I.O.M Veterans	Bradford	25.05.98
5:43:14	Jeanette Bleach		Burrator, Devon	05.05.96

African Centurion 100 Mile, Bellville Stadium, Cape Town, South Africa (Sat. 20th & Sun. 21st Oct.)

The third annual African Centurions 100 mile qualifier was scheduled to be held on Robbin Island as were the previous editions, although this was to be the last occasion this venue was to be used. Due to inclement weather, ferries were not permitted to sail to and from the island, therefore the race was moved to Bellville Stadium and became a track based 100 mile rather than a road event.



The overall winner was Manx Harrier Andy Green (pictured) clocking 20:57:39 to become African Centurion N° 30. Sixth overall and third woman finisher was Bernie Johnson (IOM Veterans) with 23:32:51 adding a third Centurions badge to go with her British and Continental badges.

Domestic Results

9th South Yorkshire League, Millhouses Park (Tue. 2nd Oct.)

Going into the final race of the series Tony Bell, Simon Pugh and Lucy Walker shared the lead on 73 points, using their top four races of the season, **reports Brian Adams**.

Chris Bent was first away and was never headed, improving by a minute over his Jeff Ford time, which in itself was almost 90 seconds faster than his first post knee operation at the 7th SYL. This improvement gave him an 80 second victory.

Simon took second place three seconds inside his target time to add 1 point to his score, breaking the deadlock and retaining his South Yorkshire County AA title from last year.

Lucy Walker, who was not present to add to her score, took the silver medal on a count back rule leaving Tony Bell with the bronze medal.

Posn	Athlete	AG	Club	Perf. (Dist.)
1	Chris Bent	M70	Leicester Walking Club	36:48 (5km)
2	Simon Pugh	M50	Rotherham Harriers	31:41 (5km)
3	Imogen Walker	U13G	Meadowhead School	14:06 (2km)
4	Ben Heley	U13B	Notre Dame School	6:35 (1km)
5	Tony Bell	M55	Lancashire Walking Club	32:28 (5km)
6	Lara MacColl	U15G	C of Sheffield & Dearne	13:10 (2km)

Albert Rigby Shield 10km, Sutton Macclesfield (Sat. 6th Oct.)

The race was held over three laps of the new 'out and back' course. Weather was cold and overcast, **reports Roy Gunnett**. Twelve took part of whom five were welcome guests.

Adrian Edwards and Martin Fisher shared the lead for the early part of the race. After a mile or so Adrian pulled away strongly and won the race by nearly two minutes from Martin who was second.

In addition to winning the scratch race Adrian also won the handicap and was thus awarded the Albert Rigby Shield.

10km (B)

Pos	Athlete	AG	Club	Perf
1	Adrian Edwards	M55	Lancashire Walking Club	57:21
2	Martin Fisher	M55	Redcar Race walking Club	59:19
3	Tony Bell	M55	Lancashire Walking Club	64:14
4	Stuart Edgar	M45	Dudley & Stourbridge	65:52
5	Dan Maskell	M70	Surrey Walking Club	66:02
6	Joe Hardy	M70	Lancashire Walking Club	66:36
7	Glyn Jones	M75	Coventry Godiva Harriers	66:44
8	Roy Gunnett	M70	Lancashire Walking Club	69:45
9	Sailash Shah	M50	Lancashire Walking Club	71:04
10	David Hoben	M65	Surrey Walking Club	74:15

6.66km (B)

Pos	Athlete	AG	Club	Perf
1	Pat Evans	W65	Lancashire Walking Club	49:44

3.33km (B)

Pos	Athlete	AG	Club	Perf
1	Ian Vaughan	M65	Lancashire Walking Club	24:47

Midland Winter League, Race 1, Stourport (Sun. 7th Oct.)

The Midland Winter League got underway at Stourport Sports Club, Cycle Circuit on a dry and clear day with a slight wind chill, **reports Glyn Jones**. It was pleasing to note that there was a slight increase in entries for both the mixed 5km and 10km races. However, in the YAG races there was a very disappointing and worrying turnout as will be seen from the results. Hopefully there will be some increase in the following two remaining races. In the 5km Mark Williams set the mark for scratch positions for the series closely followed by Carolyn Derbyshire. In the 10km, Ben Allen (U20) laid down his welcomed authority ahead of the rest of the field and Carolyn Derbyshire who doubled up for both separate races again secured first women's scratch position.

Race Walking Record – October 2018

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf
1	Mark Williams	M50	Birchfield Harriers	28:02
2	Carolyn Derbyshire	W40	Nuneaton Harriers	28:10
3	Megan Stratton-Thomas	U20W	Swansea Harriers	28:25
4	Steve Arnold	M55	Nuneaton Harriers	29:12
5	Faris Alkhamesi	U17M	Nuneaton Harriers	29:40
6	Daniel Mckerlich T20	U20M	Cardiff A.A.C	29:59
7	Wendy Kane	W50	Notts Athletic Club	30:34
8	Hardeep Minhas	M60	Leicester Walking Club	30:40
9	Ian Torode	M60	South West Vets. AC	30:47
10	Ann Wheeler	W60	Nuneaton Harriers	31:09
11	Colin Vesty	M55	Leicester Walking Club	31:55
12	Hilary Mann	W55	Sparkhill Harriers	32:24
13	Stuart Edgar	M45	Dudley & Stourbridge Hs	32:49
14	Lin Farrow	W60	Harborough Athletic Club	34:05
15	Laura Matkin	W40	Nuneaton Harriers	35:35
16	David Fall	M70	Birchfield Harriers	37:34
17	Karen Davies	W55	Birchfield Harriers	39:29
18	Karen Williams	W65	Birchfield Harriers	41:28
19	Julian Barnett	M55	Birchfield Harriers	42:24

U15 Girls 3km (B)

Pos	Athlete	AG	Club	Perf
1	Gabrielle Birch	U15G	Birchfield Harriers	22:53

U13 Girls 2km (B)

Pos	Athlete	AG	Club	Perf
1	Kelsey Tozer	U13G	Birchfield Harriers	13:31

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Ben Allen	U20M	Leicester Walking Club	56:35
2	Peter Boszko	M65	Birchfield Harriers	59:17
3	Carolyn Derbyshire	W40	Nuneaton Harriers	60:19
4	Steve Arnold	M55	Nuneaton Harriers	61:12
5	Laura Achurch	U20W	Leicester Walking Club	61:20
6	Daniel Mckerlich T20	U20M	Cardiff A.A.C	61:44
7	Julie Bellfield	W45	Halesowen Athletic Club	62:04
8	Paul Hawkins	M60	Strafford-upon-Avon AC	63:37
9	Mark Williams	M50	Birchfield Harriers	64:11
10	John Constandinou	M45	Birchfield Harriers	64:45
11	George Smolinski	M65	Leicester Walking Club	64:53
12	Hardeep Minhas	M60	Leicester Walking Club	64:58
13	Ann Wheeler	W60	Nuneaton Harriers	65:16
14	Lynn Bellfield	W50	Halesowen Athletic Club	66:19
15	Ian Torode	M60	South West Vets. AC	67:12
16	Colin Vesty	M55	Leicester Walking Club	67:51
17	Noel Blatchford	W70	Abingdon Athletic Club	68:46
18	Sarah Trundle	W45	Nuneaton Harriers	70:25
19	David Fall	M70	Birchfield Harriers	77:35

Welbeck Hotel & Restaurant 1 Hour Challenge, National Sports Centre, Douglas, Isle of Man (Sun. 7th Oct.)

Great turnout of walkers and great to see some new faces. Many thanks to all the officials and helpers as ever. Special thanks to event sponsors Irene and Michael George for not only providing the prizes but also serving refreshments during and after the event.

Mixed 1 Hour

Pos	Athlete	AG	Club	Perf
1	Stewart Jones	M45	Manx Harriers	10.434m
2	Tony Edwards	M55	Manx Harriers	10.284m
3	David Walker	M45	Manx Harriers	10.103m
4	Jayne Farquhar	W45	Manx Harriers	9.726m
5	Alice Bellando	U20W	Manx Harriers	9.359m
6	Kathryn Clough	W40	Isle of Man Veterans AC	9.318m
7	Nicola Raven	W55	Manx Harriers	9.301m
8	Louise Hollings	W35	Manx Harriers	9.242m
9	Mike Readshaw		Unattached	9.124m

10	Stuart Gibson		Unattached	9.044m
11	Lisa Dunwell	W45	Northern Athletic Club	8.868m
12	Voirrey Cain	W50	Northern Athletic Club	8.760m
13	Vicki Heavey	W40	Northern Athletic Club	8.757m
14	Colin Moore	M55	Isle of Man Veterans AC	8.673m
15	Andy Baxendale	M45	Isle of Man Veterans AC	8.667m
16	Jim Davidson		Unattached	8.664m
17	Dudley Butt		Unattached	8.664m
18	Louise Cowell	SW	Manx Harriers	8.649m
19	May Hooper	W50	Manx Harriers	8.571m
20	Beth Kaneen		Unattached	8.488m
21	Angie Robinson		Unattached	8.486m
22	Rob Clynes		Unattached	8.465m
23	Kerry Palmer		Unattached	8.116m
24	Jake Kaneen		Unattached	8.046m
25	Hannah Miller		Unattached	7.938m
26	Mick Holgate	M75	Manx Harriers	7.801m
27	Sylvia Kenneough		Isle of Man Veterans AC	7.775m
28	Phil Morris		Unattached	7.655m
29	Helen Kaneen		Unattached	7.606m
30	Bob Quayle		Unattached	7.406m
31	Lalaghe Earnshaw-Cain		Unattached	7.341m
32	Denny Honeyman		Unattached	6.707m
33	Miriam Kelly	W50	Isle of Man Veterans AC	6.655m
34	Jackie Dawson		Unattached	6.332m
35	Henry de Silva	M80	Isle of Man Veterans AC	5.976m
36	Vicky McLeman		Unattached	5.236m
37	Sarah Moore		Unattached	5.236m

Mixed Half Hour

Pos	Athlete	AG	Club	Perf
1	Mia Dunwell	U15G	Northern Athletic Club	4.762m
2	Keira Heavey	U17W	Northern Athletic Club	4.545m
3	Abbie Edwards	U17W	Manx Harriers	4.403m
4	Maura Kelly	W50	Northern Athletic Club	4.391m
5	Daniel Bassett	U13B	Manx Harriers	4.084m
6	Carolanne Hanley	SW	Northern Athletic Club	3.140m

Junior 1 Mile

Pos	Athlete	AG	Club	Perf
1	Grayse Fletcher	U11G	Unattached	10.59
2	Lilee Fletcher	U11G	Unattached	13.59
3	Aalin Heavey	U11G	Unattached	15.33
4	Jay-Jay Fletcher	U11B	Unattached	18.58

Enfield League 5 Mile Road Walk, Lee Valley (Sat. 13th Oct.)

David Annetts who won the opening race of the 2018 series back in January in a time of 40:34, won this one too with only a marginal difference in time, **reports Ron Wallwork**. There was no repeat of the close battle waged twixt Helen Middleton and Penelope Cummings as witnessed in the hour race in September. Penelope as she did in that race opened an early lead and, on this occasion, kept it wide enough for a comfortable win.

Jim Ball, who clocked a 93:08 20km in GB colours in a match against France in 1986 made his season debut. World Masters W70 bronze medallist Noel Blatchford looked to have retained her Malaga form and novice Malcolm Blackwood in his debut race bettering the hour.



George Wilkinson – David Annetts – Francisco Reis

Men's 5 Mile (B)

Pos	Athlete	AG	Club	Perf
1	David Annetts	M50	North Herts Road Runners	40:37
2	George Wilkinson	U20M	Enfield & Haringey AC	42:29
3	Francisco Reis	M55	Thames Valley Harriers	44:01
4	Jim Ball	M55	Steyning Athletic Club	47:48
5	Stuart Bennett	M60	Ilford Athletic Club	48:48
6	Martin Fisher	M55	Redcar Race Walking Club	48:51
7	Mark Culshaw	M50	Ilford Athletic Club	50:39
8	John Ralph	M60	Enfield & Haringey AC	51:57
9	Dan Maskell	M70	Surrey Walking Club	54:02
10	David Kates	M65	Ilford Athletic Club	54:43
11	Stephen Cartwright	M60	Colchester & Tendring AC	55:03
12	John Borgars	M70	Loughton Athletic Club	55:12
13	Tom Casserley	M75	Enfield & Haringey AC	56:49
14	Shaun Lightman	M75	Surrey Walking Club	57:21
15	Sean Pender	M65	Enfield & Haringey AC	57:28
16	Arthur Thomson	M80	Enfield & Haringey AC	58:01
17	David Hoben	M65	Surrey Walking Club	58:47
18	Malcolm Blackwood	M65	Trent Park Runners	58:55
19	Bob Dobson	M75	Ilford Athletic Club	59:03
20	Michael Harran	M80	Surrey Walking Club	59:18
21	Gary Smith	M60	Enfield & Haringey AC	59:21
22	Peter Hannell	M75	Surrey Walking Club	62:52
23	Tony Wilkinson	M55	Unattached	68:44

Women's 5 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Penelope Cummings	W40	Aldershot Farnham & Dist.	48:19
2	Helen Middleton	W55	Enfield & Haringey AC	48:54
3	Melanie Peddle	M50	Loughton Athletic Club	49:52
4	Maureen Noel	W55	Belgrave Harriers	53:02
5	Noel Blatchford	W70	Abingdon Athletic Club	54:48
6	Fiona Bishop	W55	Woking Athletic Club	55:08
7	Sue Barnett	W65	Enfield & Haringey AC	55:16
8	Rachel Lawless	W55	Ilford Athletic Club	56:03
9	Lesley Morris	W55	Ilford Athletic Club	57:04

4 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Andrew Cox	M65	Hillingdon Athletic Club	43:30
2	Peter Cassidy	M75	Loughton Athletic Club	50:02

Steyning AC Open 10km, Steyning (Sat. 20th Oct.)

Ideal conditions for racing on a warm sunny still afternoon, **reports Ron Penfold**. Ian Richards, starting very fast was soon out of sight of the rest of the field, and was a minute up on his last years' time at the halfway turn point, and walking strongly continued to increase his lead on the way back to finish nearly three minutes faster than his last year's winning time, behind him there was quite a battle taking place with just over a minute covering the next five walkers at the turn, on the way back David Kemp who has just qualified for the WMA M60 2019 Duathlon who is new to walking, pulled away to finish second in a good time.

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Ian Richards	M70	Steyning Athletic Club	53:01
2	David Kemp	M60	Arena 80	65:48
3	Paul Gaston	M70	Surrey Walking Club	66:18
4	John Killick	M70	Steyning Athletic Club	66:41
5	Richard Emsley	M65	Saints & Sinners RC	66:52
6	Stuart Maidment	M65	Steyning Athletic Club	68:17
7	Stephen Cartwright	M55	Colchester & Tendring	68:48
8	Sean Pender	M65	Enfield & Haringey AC	71:06
9	Arthur Thomson	M80	Enfield & Haringey AC	71:19
10	Mickey Harran	M80	Surrey Walking Club	72:22
11	David Hoben	M60	Surrey Walking Club	73:34
12	Chris Flint	M70	Surrey Walking Club	75:32
13	Kathy Crilley	M70	Surrey Walking Club	76:03

**Sarnia WC Bob Wright Handicap Series Race Two
10km Road Walk, St Sampsons, Guernsey (Sun. 21st Oct.)**

Stuart Le Noury increased his lead in the Bob Wright Handicap Series when finishing third overall in the handicap section of the 10 kilometres walk held at a sunny Delancey Park, **reports Rob Elliott**. First on handicap was Phil Lockwood, with a four seconds advantage over Jayne Le Noury.

Donna Allan made a return to a race after time off, but under instructions to take it easy, finished well down on her usual times.

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	54:35
2	Phil Lockwood	M45	Sarnia Walking Club	67:29
3	Donna Allan	W40	Sarnia Walking Club	70:42
4	Kevin Le Noury	M60	Sarnia Walking Club	74:45
5	Mick Le Sauvage	M75	Sarnia Walking Club	78:19
6	Jayne Le Noury	W55	Sarnia Walking Club	81:33
	Olga Le Noury	W35	Sarnia Walking Club	Retired

Hill Challenge, Whirlowdale Road, Sheffield (Sun. 21st Oct.)

We found a new course for our handicapped hill climb, a less severe one with a climb of 39 metres rather than 52 metres, **reports Brian Adams**.

Ben Heley was first away and had a solitary race, with no-one to chase right up to the last 20 metres when Ellis Simmonds caught and passed him for a two second victory. Chasing them Lucy Walker and Lara MacColl walked most of the race together, but Lara was able to pull clear and snatch third place. The fastest time came from Natalie Myers who was still just 10 seconds of the back of the field at the end.

Posn	Athlete	AG	Club	Clock/Actual
1	Ellis Simmonds	U13B	Silverdale School	7:25/6:46
2	Ben Heley	U13B	Notre Dame School	7:27/7:27
3	Lara MacColl	U15G	C of Sheffield & Dearne	7:32/6:27
4	Lucy Walker	U15G	2 DASH	7:38/6:30
5	Tony Bell	M55	Lancashire Walking Club	7:46/6:36
6	Imogen Walker	U13G	Meadowhead School	7:53/7:44
7	Natalie Myers	SW	C of Sheffield & Dearne	8:03/5:53

**Sarnia WC Peter Kendal Pairs Trophy
Les Amarreurs, Vale, Guernsey (Sun. 28th Oct.)**

Wendy Wilson, this time paired with Rob Elliott retained the Peter Kendal Team Trophy in windy conditions on the Les Amarreurs lap, **reports Rob Elliott**. Team members walk together for one of the two 1.5 kilometres laps before the faster walker is allowed to move away at their own pace.

Based on handicap, Wendy had closed down the two leading teams by half way, releasing Rob Elliott on his 1.5kms effort. With the faster walkers handicaps added after the race it came down to Elliott, actual time of 8:30, pipping Stuart Le Noury (7:10) by one second, with Phil Lockwood (9:17) a further 25 seconds behind. Wendy Wilson finished as first walker over the 3 kilometres in an actual time of 21:02.

Mixed 3km (B)

Pos	Athlete	AG	Club	Perf
1	Wendy Wilson	W55	Sarnia Walking Club	21:02
=2	Dave Dorey	M70	Sarnia Walking Club	22:00
=2	Mick Le Sauvage	M75	Sarnia Walking Club	22:00

Mixed 1.5km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	7:10
2	Rob Elliott	M55	Sarnia Walking Club	8:30
3	Phil Lockwood	M45	Sarnia Walking Club	9:17

Team Result (After handicap times added in)

Posn	Athlete	Athlete	Perf
1	Rob Elliott	Wendy Wilson	41:20
2	Stuart Le Noury	Dave Dorey	41:49
3	Phil Lockwood	Mick Le Sauvage	42:13

Daniel needs your help!

Can you help Daniel Mckerlich (Cardiff AAC) raise £2,200 to enable him to get to the INAS World Championships? This multi-sport championship is for people with learning disabilities.

Daniel is 18 years of age and wants to become and INAS World medalist at the championships in Brisbane in 2019.



Daniel has a once in a lifetime opportunity to go out to Australia to compete for his country, unfortunately it is self-funded.

Daniel has always loved sport. In athletics he has won county and Welsh vests. In athletics he has gained regional, county and national medals. This year he was ranked second Under 20 race walker in Wales and 4th in Britain for the 10km road race walk. Over the next year

he will continue doing race walking in events up to 10km.

In January this year Daniel started the process of becoming classified as a T20 which is for people with learning difficulties. He had to undergo various tests, which included an IQ test and an adaptive behaviour report. When these tests were completed he was able to send off the paper work to UK sports association for people with learning difficulties.

Daniel appreciates it's a bit early, but he is trying to get the funding in place before the selection date which will be several months before the event. He would be grateful for your kind support.

You can support Daniel by donating at:

<https://www.justgiving.com/crowdfunding/daniel-mckelrich>

Up & Running Winter League, N.S.C. Douglas (Sun. 28th Oct.)

Great turn out in ideal conditions for Round 1 of the Manx Harriers Winter Walking League, sponsored by 'Up and Running'.

Wonderful to see so many new-comers and juniors racing.

**Mixed 10km**

Pos	Athlete	AG	Club	Perf
1	Tom Partington	U20M	Manx Harriers	45:23
2	Adam Cowin	SM	Manx Harriers	47:35
3	Richard Gerrard	M45	Manx Harriers	53:01
4	Peter Miller		Unattached	57:32
5	Adam Killip		Unattached	58:49
6	Chris Cale	M45	Manx Harriers	59:01
7	Tony Edwards	M55	Manx Harriers	59:09
8	Marie Jackson	W55	Manx Harriers	60:25
9	Steph Burton		Unattached	62:50
10	Alice Bellando	U20W	Manx Harriers	64:12
11	Ian Callister	M65	Manx Harriers	64:21
12	Sharon Cain	W45	Western Athletic Club	65:15
13	Louise Hollings	W35	Manx Harriers	65:17
14	Dick Callin		Unattached	66:35
15	Mike Readshaw		Unattached	66:41

16	Stuart Gibson	M40	Unattached	66:58
17	Voirrey Earnshaw-Cain	W55	Northern (IOM) AC	68:30
18	Dudley Butt		Unattached	69:46
19	Colin Stephen Moore	M55	Isle of Man Veterans	70:34
20	Maura Kelly	W50	Northern (IOM) AC	70:55
21	Steven Parker		Unattached	71:07
22	Rob Clynes		Unattached	71:20
23	Alison Crellin-Dodd		Unattached	72:56
24	Kerry Palmer		Unattached	73:01
25	Dermot O'Toole		Unattached	73:24
26	Rob Wright		Unattached	74:12
27	Gordon Erskine		Unattached	74:25
28	Jeff Black		Unattached	74:33
29	Richard Ashton		Unattached	75:17
30	John Cannell	M70	Isle of Man Veterans	77:55
31	Denny Honeyman		Unattached	77:59
32	Kevin Burrige		Unattached	91:19
33	Julie Jaiyen		Unattached	93:09
34	Nucharee Burrige		Unattached	93:22

Mixed 5km

Pos	Athlete	AG	Club	Perf
1	Richard Sille	M40	Manx Fell Runners	32:06
2	Kiera Heavey	U17W	Northern (IOM) AC	32:58
3	Vicki Heavey	W40	Northern (IOM) AC	32:59
4	Angie Robinson		Unattached	35:20
5	Lalage Earnshaw-Cain		Unattached	35:56
6	Sylvia Kennaugh		Unattached	38:29
7	Angela Corkish	W70	Isle of Man Veterans	38:57
8	Hannah Kelly	SW	Manx Harriers	39:23
9	Caroline Reilly		Unattached	40:11
10	Phillip Swales	M50	Northern (IOM) AC	40:11
11	Sue Ackroyd	W60	Isle of Man Veterans	40:15
12	Miriam Kelly	W50	Isle of Man Veterans	40:24
13	Diane Brown		Unattached	42:34
14	Yanisa Sananueah		Unattached	43:04
15	Shelly Roberts		Unattached	43:04
16	Rob Forgie	M35	Northern (IOM) AC	43:56
17	Christine Evans		Unattached	46:34
18	Carolanne Hanley	SEN	Northern (IOM) AC	47:35

Mixed 3km

Pos	Athlete	AG	Club	Perf
1	Mia Dunwell	U15G	Northern (IOM) AC	17:07
2	Abbie Edwards	U15G	Manx Harriers	19:22
3	Daniel Bassett	U15B	Manx Harriers	21:06
4	William Forgie	U15B	Northern (IOM) AC	21:10
5	Aaron Reilly	U15B	Unattached	23:49
6	Ciara Brown	U15B	Unattached	24:14

Mixed 2km

Pos	Athlete	AG	Club	Perf
1	Conor Bassett	U11B	Manx Harriers	15:47
2	Lois Brown	U13G	Unattached	15:54

Mixed 1km

Pos	Athlete	AG	Club	Perf
1	Harrison Sille	5yoB	Unattached	9:45
2	Mollie Swales	U11G	Unattached	10:18
3	Harrie Swales	6yoB	Unattached	10:22
4	Daisy Sille	3yoG	Unattached	15:19

Midland Winter League, Race 2, Birmingham (Sun. 28th Oct.)

Another cold and windy day greeted the walkers for the 2nd Midland Winter league Series within the confines of Alexander Stadium, **reports Glyn Jones**. Whilst the 10km had decreased very slightly in numbers the YAG entries in the 2km and 3km showed a slight increase but still plenty of room for more entries.

Mark Williams and Carolyn Derbyshire continued their dominance in the 5km to enhance their hopeful scratch individual awards for the

final series at Coventry. In the 10km both Mark Williams and Ben Allen had to pull out during the race through injury and illness leaving the way open for Peter Boszko to move up to race winner from finishing second in the first series. Should be a very competitive 3rd and final series based on these results.

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf
1	Mark Williams	M50	Birchfield Harriers	28:13
2	Carolyn Derbyshire	W40	Nuneaton Harriers	29:05
3	Steve Arnold	M55	Nuneaton Harriers	29:12
4	Faris Alkhamesi	U17M	Nuneaton Harriers	29:21
5	Daniel Mckerlich T20	U20M	Cardiff A.A.C	29:32
6	Wendy Kane	W50	Notts Athletic Club	29:47
7	Hardeep Minhas	M60	Leicester Walking Club	30:15
8	Colin Vesty	M55	Leicester Walking Club	30:40
9	Ann Wheeler	W60	Nuneaton Harriers	30:54
10	Roger Michell	M65	Surrey Walking Club	31:41
11	Stuart Edgar	M45	Dudley & Stourbridge Hs	31:49
12	Lynn Bellfield	W50	Halesowen Athletic Club	31:57
13	Hilary Mann	W55	Sparkhill Harriers	32:40
14	Lin Farrow	W40	Harborough Athletic Club	33:43
15	Laura Matkin	W40	Nuneaton Harriers	34:29
16	Louise Davidson		Birchfield Harriers	35:40
17	David Fall	M70	Birchfield Harriers	37:10
18	Julian Barnett	M55	Birchfield Harriers	38:18
19	Karen Davies	W55	Birchfield Harriers	38:23
20	Karen Williams	W65	Birchfield Harriers	40:01

Mixed U15 3km (B)

Pos	Athlete	AG	Club	Perf
1	Georgia Parkinson	U15G	Menai Athletic Club	18:55
2	Jamie Wellard	U15B	Robert Smythe Academy	20:23
3	Gabrielle Birch	U15G	Birchfield Harriers	22:07

U13 Girls 2km (B)

Pos	Athlete	AG	Club	Perf
1	Kelsey Tozer	U13G	Birchfield Harriers	13:14
2	Elena Richards	U13G	Dudley & Stourbridge HS	13:47

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Peter Boszko	M65	Birchfield Harriers	57:19
2	Steve Arnold	M55	Nuneaton Harriers	60:25
3	Julie Bellfield	W45	Halesowen Athletic Club	60:42
4	Daniel Mckerlich T20	U20M	Cardiff A.A.C	61:15
5	Laura Achurch	U20W	Leicester Walking Club	61:15
6	Paul Hawkins	M60	Strafford-upon-Avon AC	61:45
7	John Constandinou	M45	Birchfield Harriers	62:12
8	Hardeep Minhas	M60	Leicester Walking Club	62:40
9	George Smolinski	M65	Leicester Walking Club	64:02
10	Colin Vesty	M55	Leicester Walking Club	64:29
11	Noel Blatchford	W70	Abingdon Athletic Club	67:28
12	Sean Pender	M65	Enfield & Haringey AC	71:00
13	Carolyn Derbyshire	W40	Nuneaton Harriers	72:38
14	David Fall	M70	Birchfield Harriers	74:52
15	Terry Morris	M70	Nuneaton Harriers	75:45
	Ben Allen	U20M	Leicester Walking Club	DNF
	Mark Williams	M50	Birchfield Harriers	DNF

**Jubilee Trophy, Sheffield Hallam University City Stadium
(Mon. 29th Oct.)**

Walkers choose their own distance and target time, then race without watches, **reports Brian Adams**. Then the closest to their target wins.

Imogen walker was first to finish, then had to wait to see where her 10 seconds off target would place her. Sister Lucy sprinted down the finishing straight to take a 3 second advantage. Then it was all down to Simon Pugh racing over 5,000m, lapping at around 2:35 he picked

it up to 2:19 for the last 400m but this was still only good enough to slot him into third place.

Posn	Athlete	AG	Club	Perf. (Dist.)
1	Lucy Walker	U15G	2DASH	19:05 (3000m) +07 sec
2	Imogen Walker	U13G	Meadowhead Sch.	06:40 (1000m) +10 sec
3	Simon Pugh	M55	Rotherham Hs	31:50 (5000m) +15 sec
4	Tony Bell	M50	Lancashire WC	18:45 (3000m) +24 sec
6	Ellis Simmonds	U13B	Silverdale School	12:30 (2000m) +41 sec

Round 1 Chris Smith Race Walking League 2018/19

Last year's overall boy league champion, Nick Hart posted the fastest time in the first of this year's Chris Smith league series ahead of the previous season's champion, Owen Bradshaw, **reports George Smolinski**.

Katie Stringer clocked an impressive time in her league debut with Jacqueline Benson and Grace Whittingham crossing the line together for their new league best times.

Girls 2000m (B)

Pos	Athlete	School/College	Perf
1	Katie Stringer	Highstead Grammar, Sittingbourne	11:12
=2	Jacqueline Benson	Folkestone School for Girls	11:42
=2	Grace Whittingham	Highworth Grammar, Ashford	11:42
4	Millie Morris	Invicta Grammar, Maidstone	11:54
5	Lucy Walker	Meadowhead School, Sheffield	11:59
6	Molly Meleady-Hanley	Westbourne School, Sheffield	12:02
7	Devina Nova	Highworth Grammar, Ashford	12:05
8	Charlotte Wallis	Wavell School, Farnborough	12:24
9	Megan Packett	Court Moor School, Fleet	12:32
10	Lyla Bryan	Countesthorpe Leysland College	13:03
11	Kelsey Tozer	Great Barr Academy, Birmingham	13:32
12	Rachel Harding	Laleham Gap, Ramsgate	13:33
13	Lara MacColl	Sheffield High School	13:36
14	Imogen Walker	Meadowhead School, Sheffield	14:13
15	Isabelle Smolinski	Thistly Meadow Primary, Leics	14:28
16	Natasha Mitchell	Hounslow School, New Forest	14:41
17	Gabrielle Birch	Arena Academy, Birmingham	15:24
18	Elena Richards	Glynn Primary School	15:26
19	Lexie Wood	Crestwood Park Primary	15:32
20	Eve Cooper	TBA Academy	15:45
21	Kelley Lees	Crestwood Park Primary	16:11
22	Rebecca Mitchell	Hounslow School, New Forest	16:17
=23	Olivia Servadei	Blaby Stokes Primary, Leics	16:29
=23	Daisy Rogers	Dingle Community Primary	16:29
25	Sophie Williams	Blaby Stokes Primary, Leics	17:02
26	Grace Baggott	Milking Bank Primary, Dudley	17:08
27	Emily Rushton	Blaby Stokes Primary, Leics	18:00
28	Lily Smolinski	Granby Primary, Leicester	18:36
29	Lola Wells	Blaby Stokes Primary, Leics	20:16

Boys 2000m (B)

Pos	Athlete	School/College	Perf
1	Nick Hart	Court Moor, Fleet	9:59
2	Owen Bradshaw	Westfield School, Sheffield	10:34
3	Eddy Purser	Purbrook School, Portsmouth	12:12
4	Ellis Simmonds	Silverdale School, Sheffield	14:13
5	Huey Bryan	Blaby Stokes Primary, Leics	14:26
6	Ben Heley	Notre Dame School, Sheffield	14:59

Upcoming Events

November

Sat 10	92 nd Enfield Open 7 Mile (B)	Lee Valley
Sun 11	Sarina WC Handicap 1 Mile (B)	Footes Lane
Sun 17	Surrey WC Christmas Cup 5000/3000 (B)	Tonbridge
Sun 18	Sarina WC Road 10km (B)	North Side
Sun 18	Midland Winter League #3 (B)	Coventry