

ecol ce Walking

May 2019



Tom Bosworth



Callum Wilkinson



Cameron Corbishley



Dominic King

Team Silver for the British Men at the European Cup of Race Walking in Alytus, Lithuania

British Athletics 2019 IAAF World Athletics Championships 20 km Race Walk Trials



ROUNDHAY PARK, LEEDS, 9:30 AM, SUNDAY 30TH JUNE 2019

The 2019 edition of our event welcomes the following 20 km Championships: The Race Walking Association, British Athletics, England Athletics, Athletics Ireland and Welsh Athletics

Events:

Men's & Women's 20km, Under 20 Men's & Women's 10km Open Age Group 3km

20km/10km Enter online at https://racebest.com/races/yvtuk

3km Enter online at https://racebest.com/races/xev73

Organised by the National Centre for Race Walking Foundation, Leeds











Podebrady to stage European Race Walking Team Championships in 2021, 2023 and 2025

The European Athletics Executive Board has announced that Poděbrady in the Czech Republic will stage the next three editions of the European Race Walking Team Championships (as it is now to be called) in 2021, 2023 and 2025.

The Czech spa town which is situated on the River Elbe is synonymous with race walking in athletics circles. Poděbrady has already staged the IAAF World Race Walking Cup in 1997, the European Race Walking Cup in 2017 as well as the annual European Athletics Race Walking Permit Meeting which dates back to 1929.

Delving even further back into history, a 50km race walking event was held between Prague and Poděbrady as far back as 1894 - two years before the first Summer Olympics in Athens and 38 years before the 50km race walk made its Olympic debut in Los Angeles in 1932.

"We know Poděbrady has a long history in staging well-organised and high quality international race walking events so we are therefore very happy to announce the next three editions of the European Race Walking Team Championships will take place in Poděbrady," said European Athletics President Svein Arne Hansen.

"The fact we have awarded Poděbrady the next three editions of the European Race Walking Team Championships shows we have the fullest confidence in the Local Organising Committee to deliver the best environment for the athletes."

The 2019 European Race Walking Cup took place on Sunday 19 May in the Lithuanian town of Alytus where Italy topped the medal table with three gold medals. One of those gold medals came from Eleonora Giorgi who won the inaugural staging of the women's 50km race walk in a European record of 4:04:50.

In total, eleven European Athletics Member Federations - and one Authorised Neutral Athlete - won medals in Alytus.

Source: European Athletics



Race Walking Association Trophy Winners 2018

The Race Walking Association has announced the following trophy awards for 2018:

International - Tom Bosworth

(Most worthy individual performance in international competition)

Edgar Horton - Dominic King

(Best performance at distances of 50km and over)

Lancashire - Gemma Bridge

(Best English female walker during the calendar year)

Ken Smith - Abigail Jennings

(Best performance by a young athlete at International, National or Area competition)



£25.00

£15.00

£10.00

Winners in the recent R.W.A 200 Club Draws

March 2019	April 2019	May 2019
Bob Wheeler	Peter Cassidy	Stuart Telling
Geoff Tranter	Andrew Pryor	Tony Taylor
N.E.A.A.A.	Chris Flint	Pauline Wilson

It is £12 per number per year, so if you wish to join please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

International Results

European Cup of Race Walking, Alytus (LTU) (Sun. 19th May)

Photographs courtesy of Mark Easton (http://markeaston.zenfolio.com)

Great Britain took their first ever medal in the European Race Walking Cup when the men's team took a brilliant silver medal in the 20km team event in hot conditions in Alytus. Tom Bosworth led the team home with an agonising 4th place finishing just outside the medals. However, he led the team to with Callum Wilkinson and Cameron Corbishley producing tremendous last laps to clinch the silver from Ukraine and Italy, *reports Ian Richards*.



Bosworth set the early pace moving away with Germany's Christian Linke ahead of the lead pack on the second lap. They passed the 2km point in 9:03 with Wilkinson sitting in the second pack in 20th place. Bosworth and Linke passed the 5km point in 20:15 with an 8 second lead over the chase pack. Wilkinson had moved up to 16th in 20:26 and Cameron Corbishley was in 27th in 21:04 with Dominic King passing this point in 22:22. King was disqualified at the 12km point.

The team were lying in 4th place in the team competition behind Spain, Germany and Ukraine. Bosworth moved ahead of Linke during the 6th1km circuit and held a seven second lead over the German. At the halfway mark Bosworth had a 13 second lead over the chase pack as he went through in 40:11. Wilkinson had moved up to 13th in 40:51 and Corbishley was in 26th in 42:16 in 26th with Dominic King clocking 44:10. The team were lying in 2nd place at this point but just a few points ahead of Germany, Ukraine and Italy. Bosworth had increased his lead to 14 seconds by the 12km point. The chase pack had cut his lead to 10 seconds by 14km. Soon after this Swede Perseus Karlstrom and Diego Garcia (Spain) began to close down on Bosworth.

Bosworth clocked a 3:57 kilometre but Kalstrom and Garcia caught him. Bosworth was unable to hold on but was still eight seconds clear of the chasing pack at 16km in 64:21. Callum Wilkinson had moved up to 11th place. At the 18km point Vasiliy Mizinov (ANA) had passed Bosworth and he was caught by Spanish duo Alvaro Martin and Miguel Lopez. Bosworth repassed them on the 19th lap. Meanwhile in team competition Britain had slipped to 4th place one point behind Italy and four behind Ukraine with a lap to go.

Karlstrom pulled away to take the victory in a European lead of 1:19:54 ahead of Vasiliy Mizinov 1:20:18 and Garcia 1:20:23. Bosworth matched his 4th place finish of two years ago to clock a seasons best of 1:20:53 to move to the top of the UK Rankings.

Storming last laps from both Wilkinson and Corbishley saw them both pick off a crucial three places each. Wilkinson moved up to 9th clocking 1:21:54. Corbishley moved up to 25th place to clock a personal best of 1:25:45 which moves him to on the UK All Time list and inside the British Athletics qualifying time for the European Under 23 Championships (1:26:00). This led to a dramatic change in the team positions as Great Britain took the silver medal behind Spain (14 points) with 38 points the same total as the Ukraine and Italy 40 points. Bosworth said "I felt so good today I really thought I would win a medal. I waked 3:57 for the lap they caught me. I rolled my ankle at the point when I was fighting for the bronze medal. I battled

back on the last two laps. I am gutted to finish 4th again, but the team medal makes up some of my personal disappointment".

In the Junior Men's 10km Chris Snook was a brilliant 5th place clocking 43:45. He went with the big lead pack in the early stages. Passing 2km in 8:35 in the lead group of 10. Snook maintained his position in the lead group passing the halfway mark in 21:34. The lead pack split up soon after this, but Snook remined in a battle for 7th place passing the 7km mark in 30:24. He was able to move up to 6th place on the last lap. He benefited from a time penalty for the French athlete Matteo Duc who crossed the line on 3rd place and was promoted to 5th. The race was won by Italian Riccardo Orsoni in a personal best of 42:43 ahead of the Spaniard Pedro Conesa (43:18) and the Pole Niedzialek who had a commanding lead heading into the last lap but was sent to the penalty zone to serve a one minute penalty so demoting him to the bronze medal. Chris Snook said "Despite being ill recently it is great to finish 5th in Europe, I am a bit disappointed not to walk faster and get the 43.00 qualifying time for the European Juniors. My plan was to go with the main pack, but unfortunately I couldn't quite hold the pace in the second half but overall I am very pleased with that performance".



Chris Snook in the lead pack

In the Women's 20km Heather Lewis and Bethan Davies both set of in search of the British Athletics standard for Doha of 1:33:03. Davies passed 5km in 23:03 with Lewis close behind in 23:17. Erika Kelly went through 5km in 24:42. At halfway Bethan Davies went through in 47:22 with Lewis 47:30 and Kelly in 50:47. At the 15km point Lewis had passed Davies as she went through in 1:12:25 to Davies 1:12:47. Kelly passed this mark in 1:18:40. Lewis came home in 21st place in 1:37:43 with Davies clocking a season's best of 1:39:02 in 25th. Kelly on her GB debut clocked 1:47:58 for 40th place as the team closed in 8th place.



Heather Lewis - Bethan Davies - Erika Kelly

The home crowd went home happy as Zivile Vaiciukeviciute took victory in 1:29:48 ahead of Spanish duo Laura Garcia-Caro 2nd in 1:29:55 and Raguel Gonzalez 1:30:17.

In the Men's 50km World Record Holder and World Champion Yohann Diniz lead from gun to tape to take victory in a Championship Record of 3:37:43. He lapped every other competitor twice apart from silver medallist Dziubin of Belorussia (3:45:51) and Jose Vieria (Portugal) in 3:46:51. In the first ever women's 50km Elenora Giorgi (Italy) set a new European Record of 4:04:50 to take the first ever

title. Julia Takacs of Spain set a National Record of 4:05:46 with former World Record holder Ines Henriques in bronze in 4:13:57.

The Junior Women's 10km was won by Turkey's Myriam Bekmez in 45:37 ahead of compatriot Evin Demer in 46:49.

Great Britain's silver saw them finish 9th in the medal table.

Men's 20km

Posn	Athlete	Nation		Perf	Notes
1	Perseus Karlstrom	+	SWE	1:19:54	EL
2	Vasiliy Mizinov	16	ANA	1:20:18	
3	Diego Garcia Carrera	織	ESP	1:20:23	SB
4	Tom Bosworth		GBR	1:20:53	SB
5	Alvaro Martin	權	ESP	1:20:59	SB
6	Miguel Angel Lopez	補	ESP	1:21:00	SB
7	Massimo Stano		ITA	1:21:12	
8	Gabriel Bordier (U23)		FRA	1:21:43	NU23R
9	Callum Wilkinson (U23)		GBR	1:21:54	
10	Ivan Losev		UKR	1:22:21	
25	Cameron Corbishley (U23)		GBR	1:25:45	PB
	Dominic King		GBR	DQ	R230.7c

52 Started: 7 DNF: 1 DQ

Women's 20km

Posn	Athlete	Nation		Perf	Notes
1	Zivile Vaiciukeviciute		LTU	1:29:48	SB
2	Laura Garcia-Caro	權	ESP	1:29:55	SB
3	Raquel Gonzalez	權	ESP	1:30:17	=SB
4	Inna Kashyna		UKR	1:30:33	
5	Ana Cabecinha	(0)	POR	1:31:12	SB
6	Eleonora Dominici		ITA	1:31:30	
7	Daryia Paluektava		BLR	1:32:28	
8	Valentina Trapletti		ITA	1:32:49	
9	Antigoni Drisbioti	彗	GRE	1:33:22	
10	Viktoryia Rashchupkina		BLR	1:33:37	
21	Heather Lewis		GBR	1:37:43	
25	Bethan Davies		GBR	1:39:02	SB
40	Erika Kelly		GBR	1:47:58	

49 Started: 6 DNF

Junior Men's 10km

Posn	Athlete	Nation	1	Perf	Notes
1	Riccardo Orsoni		ITA	42:43	PB
2	Pedro Conesa	機	ESP	43:18	
3	Lukasz Niedzialek		POL	43:28	
4	Selman Ilhan	C×	TUR	43:41	
5	Christopher Snook		GBR	43:45	
6	Aldo Andrei		ITA	43:45	PB
7	Eloy Hornero	##E	ESP	44:07	
8	Matteo Duc		FRA	44:08	PB
9	Gabriele Gamba		ITA	44:19	
10	Ihor Honchareenko		UKR	44:28	PB

33 Started: 1 DQ

Junior Women's 10km

Posn	Athlete	Natio	n	Perf	Notes
1	Meryem Bekmez	Ck	TUR	45:37	
2	Evin Demir	C«	TUR	46:49	
3	Pauline Stey		FRA	47:53	
4	Jekaterina Mirotvortseva		EST	48:05	NR
5	Kader Dost	C«	TUR	48:09	
6	Mariona Garcia	1	ESP	48:49	
7	Kiriaki Filtisakou	竺	GRE	48:57	
8	Camille Moutard		FRA	48:57	PB
9	Olga Fiaska	些	GRE	49:28	
10	Mireia Urrutia	櫛	ESP	49:39	

31 Started: 1 DNF



Men's 50km

Posn	Athlete	Nation	Perf	Notes
1	Yohann Diniz	FR	RA 3:37:43	CR
2	Dzmitry Dziubin	BL BL	.R 3:45:51	. PB
3	Joao Viera	PC	OR 3:46:38	}
4	Artur Brzozowski	PC	DL 3:46:42	. PB
5	Brendan Boyce	IR	L 3:48:13	PB
6	Ivan Banzeruk	UI	KR 3:48:40)
7	Valeriy Litanyuk	UI	KR 3:51:27	' PB
8	Jose Ignacio Diaz	i ES	SP 3:52:00)
9	Michele Antonelli	IT.	A 3:52:09	SB
10	Artur Mastianica	LT	U 3:55:40) PB

46 Started: 13 DNF: 1 DQ

Women's 50km

Posn	Athlete	Nation		Perf	Notes
1	Eleonora Giorgi		ITA	4:04:50	ER
2	Julia Takas	櫛	ESP	4:05:46	NR
3	Ines Henriques	(9)	POR	4:13:57	
4	Valentyna Myronchuk		UKR	4:15:50	
5	Nastassia Yatsevich		BLR	4:16:39	PB
6	Olena Sobchuk		UKR	4:17:07	PB
7	Nadzeya Darazhuk		BLR	4:17:29	PB
8	Khrystyna Yudkina		UKR	4:19:57	PB
9	Ainhoa Pinedo	施	ESP	4:21:07	
10	Mar Juarez	權	ESP	4:24:35	PB

30 Started: 3 DNF: 1 DQ

Slovakian National Championships, Borský Mikuláš (SVK) (Sat. 1st Jun.)

Callum Wilkinson became the second Briton so break the 40 minute barrier for 10km. Walking as guest in Slovakia he clocked 39:31, removing five seconds from Tom Bosworth's British record and took the overall win.

Cameron Corbishley battled hard in tough conditions to make the podium in third position.

Men's 10km

Athlete	Nation	1	Perf	Notes
Callum Wilkinson (U23)	318	GBR	39:31	BR
Erick Barrondo	(3)	GUA	39:52	
Cameron Corbishley (U23)	36	GBR	41:52	
Miroslav Uradnik	**	SVK	41:56	
Dominik Cerny		SVK	42:37	
Milan Rizek		SVK	44:56	
Tom Partington (U23)		GBR	45:46	
Lukas Gdula		CZE	46:40	
Martin Nedvidek		CZE	48:30	
Zdenko Medera	**	SVK	55:58	
	Callum Wilkinson (U23) Erick Barrondo Cameron Corbishley (U23) Miroslav Uradnik Dominik Cerny Milan Rizek Tom Partington (U23) Lukas Gdula Martin Nedvidek	Callum Wilkinson (U23) Erick Barrondo Cameron Corbishley (U23) Miroslav Uradnik Dominik Cerny Milan Rizek Tom Partington (U23) Lukas Gdula Martin Nedvidek	Callum Wilkinson (U23) Erick Barrondo Cameron Corbishley (U23) Miroslav Uradnik Dominik Cerny Milan Rizek Tom Partington (U23) Lukas Gdula Martin Nedvidek GBR SVK SVK SVK GBR CZE Martin Nedvidek	Callum Wilkinson (U23) Erick Barrondo GUA 39:52 Cameron Corbishley (U23) Miroslav Uradnik Dominik Cerny Milan Rizek Tom Partington (U23) Martin Nedvidek GBR 39:31 GBR 41:52 SVK 41:56 SVK 42:37 GBR 45:46 CZE 46:40 Martin Nedvidek

13 Started: 1 DNF: 1 DQ



Ken Matthews R.I.P.



Ken Matthews, who won Olympic and European 20km race walk titles for Great Britain in the 1960s, has died at the age of 84.

Matthews was part of Britain's 'golden quartet' at the 1964 Tokyo Games and was President of the Race Walking Association at the time of the London 2012 Olympics.

Matthews' winning margin in Tokyo of 99 seconds is still a record in the men's Olympic event and his time of 1:29:34 saw him break the Olympic record.

Two years earlier Matthews had won the European title in Belgrade and he also secured success in the first two finals of the Lugano Trophy in 1961 and 1963, leading Britain to victory.

At the 1960 Olympics in Rome, where he had led the race, he was forced to drop out after suffering the after-effects of flu and struggling in the heat.

A loyal member of Royal Sutton Coldfield Walking Club, Matthews was president of the Race Walking Association in London 2012

Olympic year. His 20km race walk best of 1:28:15 places him in the top 30 on the UK all-time list.

Matthews, who was an electrical maintenance engineer, started his race walk career as an 18-year-old, following in the footsteps of his father, Joe, who was a founding member of the Royal Sutton Coldfield Walking Club.

He went on to win seventeen national titles, as well as secure his Olympic and European success, and between 1964 to 1971 he held every British record from 5 miles to 2 hours, including a 10-mile world best of 69:40.6.

His fellow 1964 champions Ann Packer, Mary Rand and Lynn Davies each received MBEs

following their Olympic success, but Matthews missed out. Following a public campaign, led by the Race Walking Association, Matthews finally received his own recognition and became an MBE in 1977.

He was inducted into the England Athletics Hall of Fame in 2011.



County Championships

Hampshire, Portsmouth (Mon. 6th May)

Mixed 3000m (G = Guest)

Charlotte Wallis

Megan Packett

Natasha Mitchell

Lola-Mae Billingham

3

Pos	Athlete	AG	Club	Perf		
1	Nicholas Hart	U17M (1)	Aldershot Farnham & D.	14:55.1		
2	Abigail Jennings	U20W (1)	Aldershot Farnham & D.	15:26.6		
3	Lois Carty	U17W (1)	Aldershot Farnham & D.	15:51.8		
4	Harriet Hide (W45)	SENW (1)	Winchester & District AC	15:53.0		
5	Penelope Cummings	W40	Herne Hill Harriers/G	16:40.4		
6	Keith Vallis (M50)	SENM (1)	Overton Harriers	16:52.4		
7	Susan Davies (W50)	SENW (2)	Aldershot Farnham & D.	18:46.7		
8	David Mitchell (M45)	SENM (2)	Winchester & District AC	19:13.6		
9	Derek Smith (M60)	SENM (3)	Winchester & District AC	19:39.4		
10	Carrie Oliver (W55)	SENW (3)	Winchester & District AC	20:01.1		
11	Anna Hinchliffe	U20W	Aldershot Farnham & D/G	21:42.2		
Mix	Mixed 2000m					
Pos	Athlete	AG	Club	Perf		
1	Eddy Purser	U15B	City of Portsmouth AC	11:10.2		

Aldershot Farnham & Dist.

Aldershot Farnham & Dist.

Winchester & District AC

Aldershot Farnham & Dist.

U15G

U15G

U15G

U13G



Eddy Purser

Hertfordshire, Stevenage (Mon. 6th May)

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	George Wilkinson	U20M	Enfield & Haringey AC/Guest	13:34.70
2	David Annetts	M50	North Herts Road Runners	13:36.25
3	John Borgars	M70	Loughton Athletic Club	20:25.91
4	Sharon Crowley	W60	Fairlands Valley Spartans	22:59.89
5	Catherine Scott	W60	Barnet & District AC	23:51.96

Middlesex, Lee Valley (Sat. 11th May)

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Stefano Zennaro (M45)	SENM (1)	Belgrave Harriers	15:51.52
2	Maureen Noel (W55)	SENW (1)	Belgrave Harriers	18:49.63

Warwickshire, Nuneaton (Sat. 11th May)

Mixed 3000m (G = Guest)

Pos	Athlete	AG	Club	Perf
1	Mark Williams (M50)	SENM	Birchfield Harriers/G	15:33.61
2	Carolyn Derbyshire (W40)	SENW	Nuneaton Harriers	15:58.40
3	John Constandinou (M45)	SENM	Birchfield Harriers	17:23.93
4	Wendy Kane (W50)	SENW	Notts Athletics Club	17:36.18
5	Paul Hawkins (M60)	SENM	Stratford-upon-Avon AC	18:16.86
	2000 ::			

U13 2000m

Pos	Athlete	AG	Club	Perf
1	Kelsey Tozer	U13G	Birchfield Harriers	12:56.28

Cambridgeshire, Cambridge (Sat. 11th May)

Senior Women's 3000m

Pos	Athlete	AG	Club	Perf
1	Pamela Abbott	W55	Enfield & Haringev AC	20:37.0

Suffolk, Ipswich (Sun. 12th May)

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	George Wilkinson	U20M	Enfield & Haringey AC	13:23.5
2	Joyce Crawford	W50	Red Lodge Runners	18:41.0
3	Tony Wilkinson	M55	Unattached	20:39.3

Essex, Melbourne Park, Chelmsford (Sun. 12th May)

The King twins, Dominic and Dan clocked 12:24.44 and 12:52.44 respectively, *reports Dave Ainsworth*. Emma Dyos (Ilford AC) recorded a personal best 17:01.34 to taste victory in the women's championship heading Ilford's former Scottish International Stuart Bennett who was timed at 17:24.73 as he secured bronze medal in the men's. Ilford took a clean sweep of medals in the women's race, as Rachel Lawless and Lesley Morris were 2nd and 3rd in 18:56.20 and 20:11.92 respectively.

If the Kings, who both have many competitive and training commitments, can always find time to support their own County Championships, why others can't do likewise?

Mixed 3000m

11:15.9

11:53.2

12:33.9

12:38.9

Pos	Athlete	AG	Club	Perf
1	Dominic King (M35)	SENM (1)	Colchester Harriers	12:24.44
2	Daniel King (M35)	SENM (2)	Colchester Harriers	12:52.44
3	Emma Dyos (W40)	SENW (1)	Ilford Athletic Club	17:01.34
4	Stuart Bennett (M60)	SENM (3)	Ilford Athletic Club	17:24.73
5	Rachel Lawless (W55)	SENW (2)	Ilford Athletic Club	18:56.20
6	Keith Palmer (M50)	SENM (4)	Southend-on-Sea AC	19:00.95
7	Lesley Morris (W55)	SENW (3)	Ilford Athletic Club	20:11.92
	Peter Cassidy (M75)	SENM	Loughton Athletic Club	DQ 230.7a

Kent, Julie Rose Stadium, Ashford (Sun. 12th May)

A good field of seventeen toed the line in warm conditions. Matthew Crane led the field away and was tracked by Luc Legon, who had been focussing on his university final exams, and Alex Macheath. At around 1000m Luc moved into the lead and pulled away to take the overall win and retain the senior men's title. Crane was sitting in second until the final lap, when Macheath put in a final surge to take second

Emily Ghose and Christian Hopper were together for a great deal of the race before Ghose increased her pace to cross the line in 5th overall to take the senior women's title.

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Luc Legon (U23)	SENM (1)	Bexley Athletic Club	13:41.57
2	Alex Macheath	U17M (1)	Cambridge Harriers	14:12.24
3	Matthew Crane	U20M (1)	Bexley Athletic Club	14:22.89
4	Jonathan Hobbs	SENM (2)	Ashford Athletic Club	14:47.18
5	Emily Ghose (U23)	SENW (1)	Tonbridge Athletic Club	15:44.14
6	Christian Hopper	U15B (1)	Cambridge Harriers	16:06.69
7	Jacqueline Benson	U20W (1)	Ashford Athletic Club	16:59.25
8	Millie Morris	U17W (1)	Ashford Athletic Club	17:05.69
9	Abigail Smith	U15G (1)	Blackheath & Bromley	17:16.30
10	Grace Whittingham	U17W (2)	Ashford Athletic Club	17:31.26
11	Beatrice Fury	U20W (2)	Medway & Maidstone	17:42.14
12	Hannah Atkinson	U15G (2)	Cambridge Harriers	18:45.87
13	Rachel Harding	U17W (3)	Ashford Athletic Club	19:24.64
14	Lesley Hall	SENW (2)	Ashford Athletic Club	19:26.94
15	Jonathan Ellerton	U15B (2)	Blackheath & Bromley	20:38.00
16	Geraldine Legon	gon SENW (3) Bexley Athletic C		20:43.78
	Katie Stringer	U15G	Medway & Maidstone	DNF

Domestic Results

Macclesfield Shield 10 Miles, Macclesfield (Sat. 6th Apr.)

The race was held over the new out and back course over five laps, *reports Roy Gunnett*. Weather conditions were sunny and cool.

Adrian Edwards led the race from start to finish and won the scratch race by a large nine minute margin. Guest walker Stuart Edgar walked well throughout and was a clear second.

The rest of the field battled it out over the tough, hilly course for the minor places. The course took its toll on the walkers with most slowing on the last lap. The exception was Phil McCullagh who put in a late burst of speed.

Joe Hardy won the handicap and was awarded the Macclesfield Shield – a trophy he won thirty years ago!

10 Miles (B)

Pos	Athlete	AG	Club	Perf
1	Adrian Edwards	M55	Lancashire Walking Club	1:44:19
2	Stuart Edgar	M45	Dudley & Stourbridge	1:53:51
3	Roy Gunnett	M70	Lancashire Walking Club	1:58:33
4	Phil McCullagh	M60	Lancashire Walking Club	2:00:52
5	Joe Hardy	M75	Lancashire Walking Club	2:03:42
6	Sailash Shah	M50	Lancashire Walking Club	2:05:00
7	Ian Hilditch	M75	Lancashire Walking Club	2:07:02
6 M	liles (B)			
Pos	Athlete	AG	Club	Perf
1	Pat Evans	W65	Lancashire Walking Club	1:13:42

Allen Trophy 7 Mile, Chorley (Sat. 27th Apr.)

There was an excellent turnout of 15 walkers for the Allen Trophy 7 miles race held at Chorley, *reports Roy Gunnett*. This was the first race following the passing of our President Fred Pearce and our thoughts were much more on our dear friend Fred than the race.

The race was held over the new 'out and back' course. This is tough and hilly, made even harder on the day by 45+ mph winds resulting from Storm 'Hannah'.

Adrian Edwards and Martin Fisher battled it out for the lead with Adrian proving stronger in the last mile to secure the scratch win. Third finisher Tony Malone fought hard to break his target of a sub 70 minutes time and only just missed out. He was however rewarded with the handicap win, thus taking the Allen Trophy. The last time he won this was in 1975 when he was 24!

The rest of the field was well strung out behind. Phil McCullagh yet again passed many in the second half with what is becoming his trademark tactic of negative splits.

7 Miles (B)

Pos	Athlete	AG	Club	Perf
1	Adrian Edwards	M55	Lancashire Walking Club	67:56
2	Martin Fisher	M55	Redcar Race Walking Club	68:08
3	Tony Malone	M65	Lancashire Walking Club	70:15
4	Stuart Edgar	M45	Dudley & Stourbridge Hs	76:08
5	Tony Bell	M55	Lancashire Walking Club	76:51
6	Phil McCullagh	M60	Lancashire Walking Club	79:16
7	Roy Gunnett	M70	Lancashire Walking Club	80:36
8	Joe Hardy	M75	Lancashire Walking Club	80:45
9	Pat Evans	W65	Lancashire Walking Club	83:08
10	John Crahan	M70	Lancashire Walking Club	84:31
11	Ian Hilditch	M75	Lancashire Walking Club	84:45
12	lan Vaughan	M65	Lancashire Walking Club	92:59
13	Steven Wild	N/K	Unattached	92:59
14	Andrea Lennon	W75	Lancashire Walking Club	100:50
3.5 Miles (B)				
Pos	Athlete	AG	Club	Perf
1	Judy Fisher	N/K	Lancashire Walking Club	56:33

Welsh Young Athletes League (Sat. 4th May)

West Division, Haverfordwest, Mixed 1000m

Pos	Athlete	AG	Club	Perf
1	Thomas Gilbert	U15B	Brecon Athletics Club	6:04.0
2	Bethan Anthony	U15G	Bridgend Athletics Club	6:32.9
3	Hannah Carpenter	U15G	Llanelli Athletics Club	6:33.8
4	Ariannah Thomas	U13G	Bridgend Athletics Club	6:34.0
5	Gemma Price	U15G	Bridgend Athletics Club	6:44.0
6	Frazer Higginson	U13B	Bridgend Athletics Club	7:00.5
7	Amy Evans	U15G	Pembrokeshire Harriers	7:04.0
8	Arrayah Thomas	U13G	Bridgend Athletics Club	7:05.5
9	Chloe Simmonite	U15G	Swansea Harriers	7:30.4
10	Katelyn Thomas	U15G	Swansea Harriers	7:32.3
11	Amber Story-Cole	U13G	Bridgend Athletics Club	7:32.9
12	Connor Johnson	U13B	Pembrokeshire Harriers	7:35.0

East Division, Hereford, Mixed 1000m

Pos	Athlete	AG	Club	Perf
1	Trystan MacIver	U15B	Cardiff A.A.C.	6:19.7
2	Eddie Baldwin	U13B	Cardiff A.A.C.	6:24.6
3	Jack Lake	U15B	Aberdare Valley AC	6:25.4
4	Rebecca Hollie	U15G	Cardiff A.A.C.	6:30.9
5	Nia Perry	U13G	Newport Harriers	6:42.0
6	Catrin Williams	U13G	Rhymney Valley AC	7:22.5
7	Heidi Deacon	U13G	Cardiff A.A.C.	7:29.6
8	Gracie Driscoll	U13G	Aberdare Valley AC	8:26.4



present

The Jack Fitzgerald Memorial Walks

(Open event in aid of Blind Veterans UK)

Saturday 22nd June 2018 @ 3pm Tilgate Park, Crawley

Registration: Tilgate Forest Golf Club, RH10 5EU Race Distance: Approx. 6 & 3 Miles

(Judged under RWA B Rules)

Entries in advance preferred – Fee = £5.00 (£7.00 on the day)

U17/U15/U13 £3.00 (£5.00 on the day)

Entry Form available at http://www.vetsac.org.uk/Forms/7thjfwalks.pdf Further information from David Hoben - walks@vetsac.org.uk

Sarnia Walking Club, Graham Mann Team Handicap 3km Road Walk, Les Amarreurs, Vale, Guernsey (Sun. 5th May)

Peter Beckerleg claimed the individual win in the Graham Mann Team trophy over three kilometres, edging out Mick Le Sauvage, *reports Rob Elliott*. The team win went to Le Sauvage and Dave Dorey after watch times were added together. It was a close team race as the winners only had a seven seconds advantage over the second team, who in turn beat the third team by three seconds.

Mixed 3km (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Peter Beckerleg	M60	Sarnia Walking Club	22:34/20:04
2	Mick Le Sauvage	M75	Sarnia Walking Club	22:38/21:38
3	Phil Lockwood	M45	Sarnia Walking Club	22:43/18:28
4	Kevin Le Noury	M60	Sarnia Walking Club	22:51/19:51
5	Dave Dorey	M70	Sarnia Walking Club	22:57/22:57
6	Kay Coulson	W50	Sarnia Walking Club	23:02/21:32
7	Stuart Le Noury	SENM	Sarnia Walking Club	23:08/14:38

Team result for Graham Mann trophy (watch times added)

1	Team A	Mick Le Sauvage & Dave Dory	45:35
2	Team C	Stuart Le Noury & Peter Beckerleg	45:42
3	Team B	Phil Lockwood & Kay Coulson	45:45

York Summer League, Inaugural York 3000m (Mon. 6th May)

Pos	Athlete	AG	Club	Perf
1	Tom Partington	U23M	Manx Harriers	12:33.19
2	Jasmine Nicholls	SENW	Leicester Walking Club	14:15.19
3	Pagen Spooner	U20W	Hyde Park Harriers	14:49.53
4	Carolyn Derbyshire	W40	Nuneaton Harriers	15:44.70
5	Erika Pontarollo	U23W	Hyde Park Harriers/ITA	16:43.54
6	Lucy Walker	U17W	2 DASH	20:01.78

Pednor 5 incorporating Buckinghamshire County Championships, Pednor nr Chesham (Mon. 6th May)

The 2018 men's and women's runners-up went one better this year moving up to take the wins.

Melanie Peddle walked five minutes guicker on this occasion.

The conditions were ideal which saw a number of walkers walk considerably quicker than in 2018.

The Buckinghamshire championships held in conjunction went to overall winner Neil Bates with John Ralph and Trevor Brawn filling the minor placings.

Mixed 5 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Neil Bates	SENM	Chiltern Harriers AC	45:13
2	Melanie Peddle	W45	Loughton Athletics Club	48:40
3	Emma Dyos	W40	Ilford Athletics Club	49:14
4	Steven Uttley	M60	Ilford Athletics Club	49:36
5	John Constandinou	M45	Birchfield Harriers/CYP	49:41
6	Stuart Bennett	M60	Ilford Athletics Club	50:04
7	Helen Middleton	W55	Enfield & Haringey AC	50:24
8	Mark Culshaw	M50	Ilford Athletics Club	50:31
9	Simon Morgan	M50	Ilford Athletics Club	50:52
10	John Ralph	M60	Enfield & Haringey AC	50:57
11	Diane Baldwin	W60	Marshall Milton Keynes AC	51:26
12	Rachel Lawless	W55	Ilford Athletics Club	54:31
13	David Kates	M70	Ilford Athletics Club	54:37
14	John Borgars	M70	Loughton Athletics Club	56:11
15	Tom Casserley	M80	Enfield & Haringey AC	56:15
16	Lesley Morris	W55	Ilford Athletics Club	56:47
17	Stephen Cartwright	M60	Colchester & Tendring AC	56:52
18	Trevor Brawn	M65	Chiltern Harriers AC	58:03
19	David Hoben	M65	Surrey Walking Club	58:12
20	Arthur Thomson	M80	Enfield & Haringey AC	58:19
21	Paul Richardson	M55	Unattached	58:26
22	Christopher Flint	M70	Surrey Walking Club	58:29
23	Melanie Bolden	W50	Unattached	59:02
24	Malcolm Blackwood	M65	Trent Park Running Club	59:06
25	Gary Smith	M60	Enfield & Haringey AC	59:43
26	Martin Reader	M55	Unattached	59:59
27	Louisa Rowlands	W45	Unattached	63:17
28	Debbie Shepheard	W50	Unattached	63:17
29	Martyn Cartwright	M75	Chiltern Harriers AC	68:31
30	Kate Cousin	W40	Unattached	68:31

Sarnia Walking Club Championship 3, 5km Road Walk, North Side, Vale, Guernsey (Sun. 12th May)

Stuart Le Noury and Donna Allan continue to dominate the club Championships, with both being well clear of their nearest opponents in the latest walk over 5 kilometres held on a warm and sunny morning at North Side, *reports Rob Elliott*. Overall winner Stuart dipped under 25 minutes, whilst second home Donna Allan, after a slow start in the opening lap of two which she passed in around 14:40, sped up to cross the line in 28:45 for a new personal best time removing a minute from her previous time. Third place went to Rob Elliott, well down on his recent age best, but still a minute too good for fourth placed Phil Lockwood.

Good walks from Donna and Phil gave them the first two places in the handicapped section of the race, closely followed by Kay Coulson.

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SENM	Sarnia Walking Club	24:55
2	Donna Allan	W40	Sarnia Walking Club	28:45
3	Rob Elliott	M60	Sarnia Walking Club	30:42
4	Phil Lockwood	M45	Sarnia Walking Club	31:49
5	Kevin Le Noury	M60	Sarnia Walking Club	34:26
6	Peter Beckerleg	M60	Sarnia Walking Club	36:23
7	Kay Coulson	W50	Sarnia Walking Club	36:28
8	Mick Le Sauvage	M75	Sarnia Walking Club	37:41
9	Dave Dorey	M70	Sarnia Walking Club	41:44

Lynn Carmody R.I.P.

English race walking has lost yet another hard working official.

The RWA were saddened to hear that Lynn lost her battle against cancer on 28^{th} May.

Lynn has been a very familiar face at races the length and breadth of the country for many years. Come rain or shine, she would be out there officiating with a friendly and helpful disposition - a sad loss to our race walking community.

Our sympathies lie with all of Lynn's family and close friends, particularly her husband Noel who has recently finished his term as President of the Association.

Colin Vesty

Hon. Secretary

Race Walking Assoc.

3rd South Yorkshire League, Millhouses Park, Sheffield (Tue. 15th May.)

An uneventful race with all the walkers closing together as expected until just 38 seconds covered the field, *reports Brian Adams*. The biggest question was how far through the field Natalie Myers could get, catching the field with 500m to go and failing to catch the winner, Tony Bell by 10 seconds.

Posn	Athlete	AG	Club	Time/Dist
1	Tony Bell	M55	Lancashire Walking Club	30:55/5km
2	Natalie Myers	SENW	2 DASH	27:29/5km
3	Lucy Walker	U17W	2 DASH	12:03/2km
=4	Imogen Walker		Meadowhead School	6:35/1km
=4	Simon Pugh	M55	Rotherham Harriers	32:30/5km

Manx Harriers 5km Road Walk, T.T. Access Road, Douglas, Isle of Man (Wed. 16th May)

Mixed 5km

Pos	Athlete	AG	Club	Perf
1	Hannah Hunter	W35	Manx Harriers	26:26
2	Stewart Jones	M45	Manx Harriers	29:55
3	Jayne Farquhar	W50	Manx Harriers	30:23
4	Sharon Cain	W45	Manx Harriers	31:23
5	Nicola Raven	W55	Manx Harriers	31:37
6	Louise Hollings	W35	Manx Harriers	31:41
7	Keira Heavy	U17W	Northern (IOM) AC	31:53
8	Phillip Swales	M50	Northern (IOM) AC	32:36
9	Vicki Heavey	W45	Northern (IOM) AC	32:46
10	Maura Kelly	W50	Northern (IOM) AC	33:20
11	Lalage Earnshaw–Cain	SENW	Manx Harriers	34:15
12	Voirrey Earnshaw-Cain	W55	Manx Harriers	34:29
13	Sophia Bianchi	SENW	Unattached	36:58
14	Veronika Borisova	W40	Unattached	37:21
Juni	ior 3km			
Pos	Athlete	AG	Club	Perf

1	Mia Dunwell	U15G	Northern (IOM) AC	17:44	
Junior 1km					
Pos	Athlete	AG	Club	Perf	
	•				

Sarnia Walking Club, Sean Pender Trophy, 2000m Track Handicap, Footes Lane, Guernsey (Sun. 19th May)

Phil Lockwood improved on his second place of last year as he crossed the line first in the annual Sean Pender Trophy handicap walk over 2000 metres, *reports Rob Elliott*. A good performance by him, with his best time for three years, was too good for second placed Peter Beckerleg who finished 12 seconds down. A close race for third was won by scratch walker Dave Dorey from last walker to start Stuart Le Noury. The fast finishing Stuart falling short by only a second to finish in fourth place. His fastest time of the day was only a second down on his 2018 performance.

Kevin Le Noury finished in fifth place with Rob Elliott striding past Jayne Le Noury in the final 30 metres. Elliott claiming a new Guernsey age best for the distance on the track, but still down on the time set by Terry Bates in a road walk.

Thanks go to the UK based Sean Pender for his continued support of his trophy in providing the leading men and women with medals and prizes.

Mixed 2000m (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Phil Lockwood	M45	Sarnia Walking Club	15:06/11:36
2	Peter Beckerleg	M60	Sarnia Walking Club	15:18/13:33
3	Dave Dorey	M70	Sarnia Walking Club	15:23/15:23
4	Stuart Le Noury	SENM	Sarnia Walking Club	15:24/09:24
5	Kevin Le Noury	M60	Sarnia Walking Club	15:30/13:15
6	Rob Elliott	M60	Sarnia Walking Club	15:54/11:24
7	Jayne Le Noury	W55	Sarnia Walking Club	15:58/15:58

Oxfordshire & Southern Counties Veterans AC Championships, Tisley Park, Abingdon (Sat. 25th May)

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Steven Uttley	M60	Ilford Athletic Club	17:12.45
2	Graham Chapman	M60	Headington Road Runners	17:57.75
3	Paul Hawkins	M60	Stratford-Upon-Avon/Guest	18:38.49
4	Noel Blatchford	W70	Abingdon Athletic Club/SCVAC	19:20.11
5	Judy Howard	W60	Abingdon Athletic Club/SCVAC	20:19.13
6	Geraldine Legon	W60	Bexley Athletic Club/SCVAC	21:12.43

Blackheath & Bromley Club Championships, Norman Park, Bromley (Wed. 29th May)

Mixed 3000m (B)

Pos	Athlete	AG	Club	Perf
1	David Crane	M40	Surrey Walking Club/Guest	14:56.6
2	Abigail Smith	U15G	Blackheath & Bromley HAC	18:05.4
3	David Maskell	M70	Surrey Walking Club/Guest	19:52.8
4	Christopher Flint	M70	Surrey Walking Club/Guest	21:12.6
5	David Hoben	M65	Surrey WC/Blackheath & Bromley	21:57.2
6	Peter Hannell	M75	Surrey WC/Blackheath & Bromley	23:52.4
7	Kevin Burnett	M75	Croydon Striders/Guest	26:17.1
1000m (B)				
Pos	Athlete	AG	Club	Perf
1	Carla Forsyth	U13G	Blackheath & Bromley HAC	5:37.6

Moulton Five, Moulton, Suffolk, incorporating the Suffolk County Championships (Sat. 1st Jun.)

In sunny warm conditions Olympian Dominic King won the vent for the fourth time whilst Emma Dyos continued her progress at the discipline finishing in front of all but the first four men. The awards were presented by R.W.A. President Helen Elleker and Suffolk County AA chairman Joe Mower, *writes Ron Wallwork*.

Mixed 5 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Dominic King	M35	Colchester Harriers	36:26
2	Geroege Wilkinson	U20M	Enfield & Haringey AC	39:49
3	David Crane	M40	Surrey Walking Club	43:22

4 Trevor Jones M60 Steyning Athletic Club 47:2: 5 Emma Dyos W40 Ilford Athletic Club 48:4 6 Steve Uttley M60 Ilford Athletic Club 48:5: 7 Martin Fisher M65 Redcar Race Walking Club 48:5:	4 1 2 5
6 Steve Uttley M60 Ilford Athletic Club 48:5:	1 2 5
	2 5 9
7 Martin Fisher M65 Redcar Race Walking Club 48.5	5
Wild Redeat Nace Walking Club	9
8 Melanie Peddle W50 Loughton Athletic Club 48:5	-
9 Jacqueline Benson U20W Ashford Athletic Club 49:49	
10 Christopher Hobbs M60 Ashford Athletic Club 49:50)
11 Stefano Zennaro M45 Belgrave Harriers 50:10	J
12 Colin Vesty M50 Leicester Walking Club 51:10)
13 Simon Morgan M50 Ilford Athletic Club 52:49	Э
14 George Nibre M60 Ilford Athletic Club 54:1	5
15 David Kates M70 Ilford Athletic Club 54:4	5
16 Dan Maskell M70 Surrey Walking Club 54:5:	2
17 Brian Armstrong M70 Ilford Athletic Club 56:13	3
18 John Borgars M70 Loughton Athletic Club 55:30	0
19 Sue Barnett W65 Eastern Masters AC 55:5:	3
20 Tony Wilkinson M55 Unattached 57:59	Э
21 Joyce Crawford W50 Enfield & Haringey AC 58:10	õ
22 David Hoben M65 Surrey Walking Club 58:3	5
23 Paul Frimage M65 Ryston Runners AC 58:4:	2
24 Diana Braverman W65 Enfield & Haringey AC 59:00	1
25 Arthur Thomson M80 Enfield & Haringey AC 59:1	7
26 Paul Forshaw M80 Fetch Everyone 59:4	7
28 Malcolm Blackwood M65 Trent Park Runners 60:2	7
29 Valerie Nutley W60 Long Distance Walking Assoc. 61:1:	1
30 Michael Harran M80 Surrey Walking Club 61:3	7
31 Angela Martin W50 Surrey Walking Club 62:20	ô
32 Kate James W40 Unattached 65:30	0
33 Lara Briggs W45 Unattached 68:29	Э
34 Rachel Crane W35 Unattached 70:38	3
35 Phillip Nutley M70 Long Distance Walking Assoc. 71:1	7
36 Sue Mills W50 Unattached 72:28	3

Sarnia Walking Club, Championship 4, 10 mile Road Walk Pleinmont to Lancresse, Guernsey (Sun. 2nd Jun.)

Donna Allan walked the fastest local women's time in the 4th race of the Sarnia Walking Club Championships on the point to point coastal course from Pleinmont to Lancresse over 10 miles, *reports Rob Elliott*. Her finishing time of 1:36:50 was over a minute quicker than the time set by Jenny Elliott in 1999. The All-comers best set by Cath Reader a few years earlier remained out of touch, but only by a minute.

Walkers started in misty conditions which gave way to warm conditions in the final miles. Positions were sorted out early on with Stuart Le Noury the overall winner in 1:26:50. Second place went to Donna with Rob Elliott in third place.

Mixed 10 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SENM	Sarnia Walking Club	1:26:50
2	Donna Allan	W40	Sarnia Walking Club	1:36:50
3	Rob Elliott	M60	Sarnia Walking Club	1:45:04
4	Phil Lockwood	M45	Sarnia Walking Club	1:52:23
5	Kevin Le Noury	M60	Sarnia Walking Club	1:55:42
6	Mick Le Sauvage	M75	Sarnia Walking Club	2:08:58
7	Kay Coulson	W50	Sarnia Walking Club	2:15:39



11am Abbey Park, Leicester

Click here for Online Race Entry

Race Walking Assoc. Young Athletes Grand Prix 2019

Current standings in the RWA YAG GP after the Race Walking Association Young Athletes Championships in Coventry.

There is just the England Athletics Championships – U20 on June 23rd and U17/U15 on September 1st both in Bedford.

As the U13's don't do the EA Championships their 'campaign' is complete after just three races with victory to Kelsey Tozer in the girls and Derbyshire and South Yorkshire Harriers teammates Ellis Simmonds and Ben Heley taking $1^{\rm st}$ & $2^{\rm nd}$ in the boys.

Under 13 Girls

Pos	Athlete	Club	Points
1	Kelsey Tozer	Birchfield Harriers	116
2	Elena Richards	Dudley & Stourbridge Hs	110
3	Carla Forsyth	Blackheath & Bromley	80
4	Daisy Rogers	Dudley & Stourbridge Hs	71
5	Lola-Mae Billingham	Aldershot Farnham & Dist.	37
6	Rosie Gaughan	Lewes Athletic Club	36

Under 15 Girls

ı	Pos	Athlete	Club	Points
	1	Katie Stringer	Medway & Maidstone AC	118
	2	Abigail Smith	Blackheath & Bromley	115
	3	Charlotte Wallis	Aldershot Farnham & Dist.	109
	4	Mia Dunwell	Northern (IOM) AC	78
	5	Natasha Mitchell	Winchester & District AC	36

Under 17 Women

υn	under 17 women				
	Pos	Athlete	Club	Points	
	1	Lois Carty	Aldershot Farnham & Dist.	120	
	2	Millie Morris	Ashford Athletics Club	114	
	3	Hannah Hopper	Cambridge Harriers	111	
	4	Keira Heavey	Northern (IOM) AC	71	
	5	Grace Whittingham	Ashford Athletics Club	37	
	6	Lara MacColl	C of Sheffield & Dearne	36	
	7	Georgia Parkinson	Menai Track & Field	35	
	8	Rachel Harding	Ashford Athletics Club	34	
	9	Rebecca Mitchell	Winchester & District AC	33	

Under 20 Women

Р	os	Athlete	Club	Points
,	1	Abigail Jennings	Aldershot Farnham & Dist.	78
	2	Alice Bellando	Manx Harriers	74
	3	Jacqueline Benson	Ashford Athletics Club	73
	4	Shannon Thomas	Swansea Harriers	71
=	- 5	Laura Achurch	Leicester Walking Club	40
=	=5	Pagen Spooner	Hyde Park Harriers	40
	7	Ana Garcia	C of Sheffield & Dearne	38
	8	Megan Stratton-Thomas	Swansea Harriers	37
	9	Beatrice Fury	Medway & Maidstone AC	35
1	LO	Anna Hinchliffe	Aldershot Farnham & Dist.	33
Indo	. 12 0	Bove		

Under 13 Boys

Pos	Athlete	Club	Points
1	Ellis Simmonds	2 DASH	80
2	Ben Heley	2 DASH	76
3	Lewis Burr	Tonbridge Athletics Club	75
4	Eddy Purser	City of Portsmouth AC	40

Under 15 Boys Pos Athlete

	1	Nicholas Hart	Aldershot Farnham & Dist.	118	
_	Pos	Athlete	Club	Points	
Un	Under 17 Men				
	2 Owen Bradshaw C of Sheffield & Dearne		38		
1 Christian Hopper		Christian Hopper	Cambridge Harriers	120	

Nuneaton Harriers

Cambridge Harriers

3 Alex Macheath Under 20 Men

Pos	Athlete	Club	Points
1	George Wilkinson	Enfield & Haringey AC	118

	2	Matthew Crane	Bexley Athletics Club		75		
	3	Daniel Mckerlich	Cardiff A.A.C.		A.A.C.	74	
	4	Chris Snook	Aldershot Farnham & Dist.		hot Farnham & Dist.	40	
	5	Ben Allen	L	eicest	er Walking Club	38	
	6	Oliver Hopkins			Athletics Club	36	
		s Team			Boys Team		
1		ershot Farnham & D	377	1	Cambridge Harriers	160	
2		ford Athletic Club	258	2	Aldershot Farnham & D		
3	Blac	kheath & Bromley	192	3	2 DASH	156	
4		ley & Stourbridge	181	4	Enfield & Haringey AC	118	
5	Med	dway & Maidstone	153	=5	Tonbridge Athletic Club	75	
6	Nort	thern (IOM) AC	149	=5	Bexley Athletic Club	75	
7	Bircl	hfield Harriers	116	=5	Nuneaton Harriers	75	
8	Cam	bridge Harriers	110	8	Cardiff A.A.C.	74	
9	Swa	nsea Harriers	108 9 City of Portsmouth AC		40		
=10	Mar	nx Harriers	74 =10 C of Sheffield & Dearne		38		
=10	C of	Sheffield & Dearne	74	=10	Leicester Walking Club	38	
12	Win	chester & District AC	69	12	Lewes Athletic Club	36	
=13	Leic	ester Walking Club	40				
=13	Hyd	e Park Harriers	40				
14	Lew	es Athletic Club	36				
15	Mer	nai Track & Field	35				
	Com	nbined Team					
1	Alde	ershot Farnham & D	535	13	Leicester Walking Club	78	
2		bridge Harriers	270	=14	Tonbridge Athletics Club	75	
3	Ashf	ford Athletic Club	258	=14	Bexley Athletics Club	75	
4	Blac	kheath & Bromley	192	=14	Nuneaton Harriers	75	
5	Dud	ley & Stourbridge	181	=17	Manx Harriers	74	
6	2 DA	ASH	156	=17		74	
7		dway & Maidstone	153	19	Lewes Athletics Club	72	
8		thern (IOM) AC	149	20	Winchester & District AC		
9		eld & Haringey AC	118	=21	Hyde Park Harriers	40	
10	Birch	nfield Harriers	116	=21	City of Portsmouth AC	40	

UPCOMING EVENTS

112

108

23 Menai Track & Field

35

11 C of Sheffield & Dearne

12 Swansea Harriers

June		
Fri 7 (A)	South Yorkshire League 4	Hallam Track
Sat 8 (A)	Kent Schools Championships	Ashford
Sun 9 (B)	Sarnia WC Championship 5 (2km)	Delancey Park
Tue 11 (A)	Woodford Tuesday Walks (3000m)	Woodford
Tue 11 (B)	Veterans AC 5 Mile	Battersea Park
Sat 15 (A)	S.E. Region Schools Inter-Counties	Erith
Sun 16 (B)	L.I.C.C./Enfield League 5000m	Allianz Park
Sun 16 (A)	BMAF 5km Road Championships	Horwich
Sat 22 (A)	ESAA Development Walks	Basingstoke
Sat 22 (B)	Manx Telecom Parish Walk	Douglas (IOM)
Sat 22 (B)	Jack Fitzgerald Memorial Walks	Tilgate, Crawley
Sun 23 (A)	England Athletics U20/U23 Champs	Bedford
Sun 23 (B)	Sarnia WC Championship 6 (3km)	Cambridge Park
Sun 23 (A)	ESAA SW Development Walks	Exeter
Tue 25 (A)	South Yorkshire League 6	Millhouses Park
Wed 26 (A)	Hyde Park Harriers Summer Mile	Woodhouse Park
Sun 30 (A)	British GP of Race Walking (20k/10k)	Roundhay Pk, Leeds
Sun 30 (A)	Jim Sharlott Open & BMAF	Abbey Park, Leic.
July		
Sat 6 (B)	Barnard Trophy 10km	Sutton Macclesfield
Sat 6 (B)	Lewes AC Open Development Walks	Lewes
Sun 7 (B)	Sarnia WC Championship 7 (20km)	North Side
Tue 9 (B)	Veterans AC 5 Mile	Battersea Park
Tue 9 (A)	Woodford Tuesday Walks	Woodford
Thu 11 (A)	Manx Harriers 10km & Junior Walks	TT Access Road
Sun 14 (A)	BMAF & Midlands Championships	Coventry
Sun 14 (A)	Veterans AC Track Championships	Kingston
Wed 17 (A)	South Yorkshire League 6	Millhouses Park
Wed 17 (A)	Cambridge Harriers Open 3000m	Sutcliffe Park

Points

75

40