



Race Walking Record

August 2020



**Callum Wilkinson
Breaks British 10,000m Race
Walk Record in Dublin**

NEWS



Return to Competition Mainland England

With the easing of lockdown restrictions, non-track race walking events will be possible in mainland England from 1st September 2020.

A document has been approved which sets out the procedure to apply for and obtain race licenses (permits) for both road and track walks in mainland England along with some guidance and discussion to help race organisers with their applications.

Where a track walk forms part of or is held at the same time and place as a track and field event the race walk must be covered by the track and field permit.

The RWA will endeavour to make that the latest version of the document available from the resources page of the RWA website should any future updates be published.

We are hoping to hold open online discussions (using Microsoft Teams) to help race organisers make applications, share ideas, and provide feedback and suggestions to develop best practices.

Provisional dates are 27th September and 29th November. Please email rwasecretary@yahoo.co.uk if you would like a meeting invite.

The full document can be downloaded from the RWA website:

<http://racewalkingassociation.com/files/RWAreturntoCompetitio1.pdf>

200 club
Got your number?

Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
Sept.	John May	Pam Ficken	Graham Chapman

It is £12 per number per year, so if you wish to join please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

John Dunsford C734 R.I.P. – 50 years a Belgravian

The Race Walking Association is saddened to report the death of John Dunsford, aged 87 after a long illness.

For most of his working life he worked for London Transport at the Acton works along with our other recently deceased Belgrave Harrier, Dennis Jones, and they were the organisers of the London Transport District Line Sports day to which Belgrave Walkers were invited.

John joined Belgrave Harriers in 1970 as a race walker but had dabbled at running. Over two decades he competed and scored in many Belgrave teams over all distances.

He competed in many of the prestigious long distance events including Hastings to Brighton, London to Brighton, Plymouth to Dawlish and many National Championships.

John qualified as a Centurion 734 in 1982 at the Leicester Walking Club 100 miles clocking 22 hours 12 minutes and 40 seconds.

In later years he travelled, with his wife, around the world to compete in veteran championships and if the events were in Europe, the trips would be made in their camper van.

Overseas Results

Gothenburg Trophy Gangtavling, Slottsskogen, Goteborg (SWE) (Wed. 5th Aug.)

Eight athletes were invited to the Gothenburg Trophy, in Slottsskogen Park in Gothenburg.

The organiser and sponsor of the trophy was Bo Gustafsson (SWE) who won the silver medal in the 50km at the 1984 Los Angeles Olympic Games in 3:53:19 behind Rua Gonzalez (MEX) who won in an Olympic record of 3:47:26.

Victory went to Perseus Karlstrom (SWE) in a personal best 39:39 ahead of Briton Callum Wilkinson (39:52). Norway's Havard Haukenes filled the bronze medal position clocking 40:15.



David Kenny – Callum Wilkinson - Brendan Boyce

Men's 10km

Posn	Athlete	Nation	Perf	Notes
1	Perseus Karlstrom	SWE	39:39	
2	Callum Wilkinson	GBR	39:52	SB
3	Havard Haukenes	NOR	40:15	
4	David Kenny	IRL	40:20	
5	Brendan Boyce	IRL	41:39	
6	Andreas Gustafsson	SWE	43:48	
7	Christer Svensson	SWE	49:36	
	Peter Ferrari	SWE	DNF	

Irish Life Health National Senior Championships Incorp U23 National Championships, Santry, Dublin (Sat. 29th Aug.)



Callum Wilkinson eclipsed Ian McCombie's British 10,000m race walk record with an outstanding 39:52.05 at Morton Stadium, Santry. The record had stood at 40:06.65 since 1989!

Men's 10,000m

Pos	Athlete	AG	Club	Perf
1	Callum Wilkinson	SEN	Togher Athletic Club	39:52.05
2	David Kenny	U23M	Farranfore Maine Valley AC	41:38.45
3	Brendan Boyce	SEN	Finn Valley Athletic Club	42:19.89
4	Jerome Caprice	SEN	Dundrum South Dublin AC	45:11.35
5	Colm Walsh	SEN	Mullingar Harriers	53:23.87
6	Ryan Roberts	SEN	Sligo Athletic Club	56:21.40
	Matthew Glennon	SEN	Mullingar Harriers	DQ
	Joe Mooney	U23M	Adamstown Athletic Club	DQ

Domestic Results

Sarnia WC Skipton International One Mile Track Walk, Osmond Priaulx, Footes Lane, Guernsey (Fri. 7th Aug.)

An easy win for Stuart Le Noury in 7:13, well ahead of the field, *reports Rob Elliott*. Rob Elliott came home in second ahead of Peter Beckerleg who finished five seconds ahead of Kevin Le Noury for third. Mick Le Sauvage completing the field.

1 Mile Track (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SENM	Sarnia Walking Club	07:13
2	Rob Elliott	M60	Sarnia Walking Club	09:44
3	Peter Beckerleg	M60	Sarnia Walking Club	10:43
4	Kevin Le Noury	M60	Sarnia Walking Club	10:48
5	Mick Le Sauvage	M80	Sarnia Walking Club	11:50

Sarnia WC Skipton International 10km Road Walk, Piedmont to Grandes Rocques, Guernsey (Sun. 16th Aug.)

A small field of just three walkers contested the Skipton International 10 km walk from Piedmont to Grandes Rocques. Stuart Le Noury crossed the line in 55:07 with Peter Beckerleg and Mick le Sauvage walking together.

10km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SENM	Sarnia Walking Club	55:07
=2	Peter Beckerleg	M60	Sarnia Walking Club	82:40
=2	Mick Le Sauvage	M80	Sarnia Walking Club	82:40

Aldershot Farnham & District Internal Track & Field Meeting, Aldershot (Sat. 22nd Aug.)

A comfortable win for Guy Thomas at the Aldershot, Farnham & District Closed Track Meeting, which was only open to members of AFD and military athletes who train at the venue.

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Guy Thomas	SENM	Tonbridge Athletic Club	12:37.7
2	Abigail Jennings	SENW	Aldershot Farnham & Dist.	15:11.1
3	Anna Hinchliff	U20W	Aldershot Farnham & Dist.	18:37.2
4	Charlotte Wallis	U17W	Aldershot Farnham & Dist.	18:46.2
5	Lola-Mae Billingham	U15G	Aldershot Farnham & Dist.	19:07.7
6	Katherine Smith	W55	Aldershot Farnham & Dist.	20:38.4
7	George Wallace	M65	Aldershot Farnham & Dist.	20:44.6

Isle of Man 10,000m Track Championships, National Sports Centre, Douglas (Mon. 24th Aug.)

Tom Partington and Erika Kelly were to the fore early on. However, both struggled and pulled out before halfway. Hannah Hunter walked a steady race to become Manx Champion for 2020 finishing a clear 24 seconds ahead of Keira Heavey who walked very well to record a personal best. Next to finish was Tony Edwards in 58:59.7 and so taking the men's title. Jayne Farquhar secured the final ladies podium place walking well with Nicola Raven finishing 4th lady on the evening. Louise Hollings covered just under 5km before pulling out and the unfortunate Sam Fletcher picked up a disqualification with two laps to go in the.

Mixed 10,000m

Pos	Athlete	AG	Club	Perf
1	Hannah Hunter	W35	Manx Harriers	56:33.3
2	Kiera Heavey	U20	Northern (IOM) AC	56:57.3
3	Tony Edwards	M55	Manx Harriers	58:58.7
4	Jayne Farquhar	W50	Manx Harriers	61:47.1
5	Nicola Raven	W55	Manx Harriers	68:57.1
	Tom Partington	U23M	Manx harriers	DNF
	Erika Kelly	SENW	Northern (IOM) AC	DNF
	Louise Hollings	W40	Manx Harriers	DNF
	Sam Fletcher	M40	Manx Harriers	DQ

Mia Dunwell competed over 5000m setting a new Manx age group best of 26:09.7 just beating former GB junior international Joanne Clarke's time of 26:10.71 which has stood since 1985!

5000m

Pos	Athlete	AG	Club	Perf
1	Mia Dunwell	U17W	Northern (IOM) AC	26:09.7

Welsh Athletics Endurance Open Meeting, Aberdare (Sat. 29th Aug.)

There were some great performances at the Welsh Athletics Open Endurance meeting at Aberdare, *reports Martin Bell*. Only five starters - the fields were restricted to a maximum of six athletes, but big personal bests from the first three. Leading from gun to tape was Daniel Mckerlich, who looked good taking over a minute from his previous best, clocking 15:15. Behind Dan, Pembrokeshire Harriers Gracie Griffiths not only smashed her personal best but also beat the existing Welsh U15 girls record, clocking 15:53. Swansea's Shannon Thomas also smashed her personal best as she took 3rd in 18:38. Georgia Parkinson, 18:54 and Gemma Price, 21:00 rounded the field.

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Daniel Mckerlich	U23M	Cardiff A.A.C.	15:15.14
2	Gracie Griffiths	U15G	Pembrokeshire Harriers	15:53.97
3	Shannon Thomas	U20W	Swansea Harriers	18:38.66
4	Georgia Parkinson	U17W	Menai Track & Field	18:54.26
5	Gemma Price	U15G	Bridgend Athletic Club	21:00.30



The following is a list of RWA permitted events plus track and field meetings where it is known a licence has been issued:

Date	RWA Permit	Event	Venue
04 th Sept.	RWA20051-1	Sarnia WC Champs. 3km	Vale, Guernsey
05 th Sept.		Muller British Champs.	Manchester
06 th Sept.	RWA20030-1	Manx 20km Champs.	NSC, Douglas
10 th Sept.	RWA20041-1	IOMVAC Handicap 5km	NSC, Douglas
13 th Sept.		IOM T&F Championships	NSC, Douglas
20 th Sept.	RWA20053-1	IOM End to End	Point of Ayre
27 th Sept.	RWA20028-1	Manx Hs 1 Hour	NSC, Douglas
15 th Oct.	RWA20052-1	IOMVAC Handicap 5km	NSC, Douglas
25 th Oct.	RWA20025-1	IOM Winter League #1	NSC, Douglas
29 th Nov.	RWA20026-1	IOM Winter League #2	Andreas, IOM
13 th Dec.	RWA20027-1	IOM Winter League #3	Ramsey, IOM

