



Race Walking Record

April 2024



Leading group at the RWA National 10km Championships – Leicester

Photograph(s) courtesy of Mark Easton (<http://markeaston.zenfolio.com>)



Yorkshire Race Walking Club – Disbanded

Alan Brooks reports that he is saddened to report that Yorkshire Race Walking Club, of which he has been a member for 53 years, has been disbanded. Dwindling, and ageing numbers, added to the effect of lockdown, means that things are no longer viable.

The club was formed on 10th June 1912, and is responsible for 19 centurions and, whilst never of the stature of the likes of the Sheffield or Leicester clubs, provided enthusiastic competitors in Area and National championships, and open walks for over a century.

On a personal note, he has now read the last rites on the Gomersal open walk, the Bradford open 50km, and now, the Club itself. Not a proud boast, but he thinks he can fairly say that all three survived a little longer than they would have done without his efforts.

His very best wishes to all those, in all areas, with whom I have competed, and chewed the fat in numerous liniment fragranced dressing rooms.



Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
May 24	Olive Dobson	John Gordon	Lancashire WC

It is £12 per number per year, so if you wish to join, please contact Mark Easton (watreasurer@yahoo.co.uk) for further details.

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- Dave Delaney (Surrey Walking Club)



British Masters National Track RW Championships 2024

Sun. 26 th May	10,000m & 1 Mile Races	Horspath, Oxford
Sat. 27 th July	3000m	Moorways, Derby
Sat. 14 th Sept.	5000m	Birmingham Uni.



2024 Sutcliffe Park Track & Field Night, inc. BMC & Walk

3000m Race Walk (U15+) - Wednesday 19th June @ 6.30pm

Sutcliffe Park Sports Centre, Eltham Road, SE9 5LW

Enter at [Roster Athletics · 2024 Sutcliffe Park Track & Field Nights #2](#)

Closing date for entries 16th June @ 23:59

For more information contact Noel Carmody (noel.carmody@outlook.com)

Overseas

CHODECKÉ ZÁVODY
PODEBRADY
RACE WALKING



92nd Podebrady Walks, Podebrady (CZE) (Sat. 6th Apr.)

Women's 20km: Competing for the first time in Podebrady, Kimberly García (PER) triumphed in the women's 20 km with a time of 1:27:08, a course record.

Second place went to Glenda Morejón (ECU), in a time of 1:27:21 ahead of the Italian Antonella Palmisano, who recorded 1:27:27, her third best time of her career.

Abigail Jennings (GBR) finished 48th in a new personal best of 1:42:55, her previous best having been 1:43:48.

Women's 20km

Pos	Athlete	Nation	Perf	Notes
1	Kimberly GARCÍA LEÓN		PER 1:27:08	NR
2	Glenda MOREJÓN		ECU 1:27:21	SB
3	Antonella PALMISANO		ITA 1:27:27	SB
4	Alegna GONZÁLEZ		MEX 1:28:04	SB
5	Viviane LYRA		BRA 1:28:25	PB
6	Magaly BONILLA		ECU 1:28:26	PB
7	Eleonora Anna GIORGI		ITA 1:28:47	SB
8	Paula Milena TORRES		ECU 1:29:32	PB
9	Pauline STEY		FRA 1:29:49	PB
10	Valentina TRAPLETTI		ITA 1:30:05	SB
11	Camille MOUTARD		FRA 1:30:08	PB
12	Katarzyna ZDZIEBŁO		POL 1:30:31	SB
13	Laura MOJICA CHALARCA		COL 1:31:13	PB
14	Olga CHOJECKA		POL 1:31:22	SB
15	Vitória OLIVEIRA		POR 1:32:39	PB
39	Kate VEALE		IRL 1:39:58	
48	Abigail JENNINGS		GBR 1:42:55	PB

80 started; 63 finished; 16 DNF; 1 DQ

Men's 20km: Perseus Karlström (SWE) took the win, improving on his own course record by 32 seconds set in 2021 with a time of 1:18:22. Second place went to Ewen Dunfee (CAN) in 1:18:41 and third to Caio Bonfim (BRA) with a time of 1:18:50.

British interest came in the form of Cameron Corbishley (*pictured below*) who finished 18th in 1:23:22, Callum Wilkinson who was 31st in 1:24:57 and Callum's younger brother George, who unfortunately failed to finish.



Men's 20km

Pos	Athlete	Nation	Perf	Notes
1	Perseus KARLSTRÖM		SWE 1:18:22	MR
2	Evan DUNFEE		CAN 1:18:41	SB
3	Caio BONFIM		BRA 1:18:50	
4	Gabriel BORDIER		FRA 1:19:56	SB
5	Francesco FORTUNATO		ITA 1:20:32	SB
6	Andrea COSI		ITA 1:20:56	PB
7	Maher BEN HLIMA		POL 1:21:07	PB
8	José Luis DOCTOR		MEX 1:21:11	SB

9	José Leonardo MONTANA		COL	1:21:18	
10	Dominik ČERNÝ		SVK	1:21:46	
11	Joao VIEIRA		POR	1:22:27	SB
12	Noel CHAMA		MEX	1:22:32	SB
13	Kévin CAMPION		FRA	1:22:52	SB
14	Jonathan HILBERT		GER	1:22:57	PB
15	Aleksi OJALA		FIN	1:22:59	SB
18	Cameron CORBISHLEY		GBR	1:23:22	
31	Callum WILKINSON		GBR	1:24:57	SB
	Christopher SNOOK		GBR	DNF	
	George WILKINSON		GBR	DNF	

96 started; 67 finished; 27; DNF; 2 DQ



WORLD ATHLETICS
RACE WALKING TEAM
CHAMPIONSHIPS
ANTALYA 24

World Athletics Race Walking Team Championships, Antalya (TUR) (Sun. 21st Apr.)

Men's 20km by Emeterio Valiente – reprinted from WA news

Two years after his 35km success in Muscat, Sweden's Perseus Karlstrom emerged as the 20km champion at the World Athletics Race Walking Team Championships Antalya 24, prevailing over the Spanish duo of Paul McGrath and Diego Garcia.

Italy's Riccardo Orsoni was the early leader, going through the opening kilometre at a comfortable 4:10 cadence closely followed by the Chinese trio of Asian Games silver medallist Wang Zhaozhao, Wen Yongjie and Lu Ning.

The Italian continued to dictate the pace at 4:00 kilometre cadence to go through the fourth kilometre in 16:16. At that stage, 30 athletes remained in the lead pack.

The fifth kilometre became the first under the 4:00 barrier, courtesy of world silver medallist Karlstrom's change of speed, with Spain's European bronze medallist Garcia and Italy's Gianluca Picchiotino closest to the tall Swede.

The sixth kilometre also saw an exact 4:00 on the clock with new race walkers moving to the front. They included Ecuadorians Brian Pintado and David Hurtado plus Japan's Satoshi Maruo, while surprisingly Ethiopia's Misgana Wakuma Fekansa also race walked at the helm.

Just before the halfway point the sun appeared on the scene and the temperature began to rise but that was not a barrier for the front race walkers who maintained their 4:00 rhythm for an overall 40:17 time. By then, 20 athletes remained in contention led by Karlstrom, Japan's Ryo Hamanishi, and the Spanish duo of Garcia and European U23 champion McGrath. The heading group began to progressively lose units and by the 11th kilometre the pack had whittled down to eight race walkers.

The first serious movement came during the following kilometre when Karlstrom and McGrath ramped up their speed – 3:54 for the 12th kilometre – taking turns at the helm. Only three rivals managed to live with their pace: Japan's Yuta Koga, Hurtado, and the surprise Rasulbek Dilmurodov of Uzbekistan. McGrath then decided to inject an even swifter rhythm and the rest of that quintet was forced to race walk in crocodile file following a 3:52km split for the 22-year-old rising Spaniard. McGrath seemed to have killed the race thanks to a 3:49 14th kilometre as he built a three-second margin on Karlstrom and Hurtado, while Koga travelled a lonesome fourth another 16 seconds behind. Surprisingly, the top Chinese athlete Lu ranked only 15th by then.

The 15th kilometre was even faster, McGrath clocking 3:46, but he had been reeled in by Karlstrom after a stunning 3:43 split for the Swede while Hurtado was disqualified as he tried to follow in McGrath and Karlstrom's footsteps. The leading pair slowed down a bit over the 16th kilometre, clocking 3:52, but Karlstrom put in a 3:48 kilometre to open a three-second advantage on the Spaniard.

At the bell the Swede had covered another kilometre in 3:48 and it became clear that he was not going to be caught by McGrath, who had already lost 13 seconds with one loop left.

Over the final lap, Karlstrom easily maintained his solid lead before slowing down in the closing 100m to celebrate his first World Athletics Race Walking Team Championships podium at 20km. His previous best performance was a 42nd spot back in 2010.

This time, 1:18:49 was his winning performance.

While McGrath confirmed his role as a rising star at the senior level courtesy of his silver medal in 1:19:14 – his second ever quickest time and the first individual medal for Spain at the distance since 2016 – the battle for bronze was thrilling. Koga led from Garcia and Germany's Christopher Linke at the bell, but a charging Pintado overtook all of them to edge into third place inside the closing kilometre. Garcia then managed to get rid of Linke and pass Koga, and the 28-year-old witnessed how Pintado was disqualified just 300m before the finish line, taking advantage of that circumstance to secure his first individual medal at a global senior championships with a 1:19:51 performance.

In the team contest, Spain became a commanding winner thanks to a 13 point score to Japan's 26 and Italy's 33. That secured the nation its second team gold medal in this discipline at the championships, following the country's 2006 success.

"Conditions were not as hot as I wanted, to take advantage of having spent two weeks here in Antalya, as last week we had 30 degrees," said Karlstrom. "It was a very comfortable win today. I felt so strong.

"I really smashed many of the top 10 list athletes from last year's World Championships in Budapest and the closest was 25 seconds behind; that's a big confidence booster. I did a couple of specific 20km training sessions before this race after my win in Podebrady.

"It was also great to see Mondo (Duplantis) jump a new world record yesterday. Sweden has a lot to show, competing with the best in the world."

Men's 20km

Pos	Athlete	Nation	Perf	Notes	
1	Perseus KARLSTRÖM		SWE	1:18:49	
2	Paul MCGRATH		ESP	1:19:14	
3	Diego GARCÍA CARRERA		ESP	1:19:51	
4	Yuta KOGA		JPN	1:19:54	
5	Christopher LINKE		GER	1:19:57	SB
6	Jordy JIMÉNEZ ARROBO		ECU	1:20:04	PB
7	Riccardo ORSONI		ITA	1:20:11	PB
8	Álvaro LÓPEZ		ESP	1:20:20	PB
9	Satoshi MARUO		JPN	1:20:23	
10	Misgana Wakuma FEKANSA		ETH	1:20:51	NR
11	Yongjie WEN		CHN	1:20:58	
12	Gianluca PICCHIOTTINO		ITA	1:21:06	PB
13	Tomohiro NODA		JPN	1:21:16	
14	Michele ANTONELLI		ITA	1:21:18	PB
15	Andres OLIVAS NÚÑEZ		MEX	1:21:31	SB
45	Cameron CORBISHLEY		GBR	1:25:05	PZ

86 started; 76 finished; 7 DNF; 3 DQ

Women's 20km by Paul Warburton – reprinted from WA news

Kimberly Garcia strode imperiously to the 20km title at the World Athletics Race Walking Team Championships Antalya 24.

It was only March when the Peruvian double 2022 World Championships gold medallist stepped off the road in Dudince, barely 2km into World Athletics Race Walking Tour Gold event, but the 30-year-old bounced back in style with a win at Podebrady at the beginning of the month, and now here thanks to her 1:27:12 performance.

The middle of the race saw the temperature rise both figuratively and literally.

Garcia and her teammate Evelyn Inga ramped up the pace to walk as a duo for just under half the remainder.

It looked as if gold and silver was decided, but disaster struck for Inga when on the last lap of 10 she suffered a two-minute penalty following three red cards.

Such was her lead, there was still a moment of drama when released out of the zone as she chased third place only to finish a desperate four seconds behind Brazil's Erica Sena, enjoying a splendid renaissance at the age of 38.

In front of both and claiming second was defending champion Ma Zhenxia.

The Chinese athlete had walked solo since 10km but was rewarded for her effort when Inga got stalled.

The improving Paula Torres from Ecuador stepped out of the shadow of her more illustrious teammate Glenda Morejon to claim fifth in 1:29:47, only 15 seconds outside her PB, and on hot day on a shade-less course they were the only race walkers under 1:30:00.

Early on, the field was stretched with a phalanx of leaders headed by Garcia going through the first kilometre in a modest 4:37.

By the end of the first 2km circuit, the group had been whittled down to a more realistic 14, including unknown Ethiopian Sintayehu Masire.

The trimmed bunch was no surprise considering the second kilometre was 14 seconds quicker than the first.

By another 2km lap, Garcia's pace had halved the group to seven including the defending champion, Morejon, Masire, Ji Haiying and Shi Yuxia from China, and Inga followed by another seven around 30 metres in arrears.

Just after 5km in 22:04, Garcia and Ma put the hammer down to distance themselves for a few seconds before Morejon and Inga got back on.

The last kilometre had been covered in 4:19, and as the pace like the weather got hotter, Morejon started to struggle.

The front three went even faster for a 4:18 lap to pass 8km in 35:00 exactly.

It was now a trio with the isolated Morejon and Shi also walking solo, with Torres giving chase to the Chinese.

Garcia swapped cooling towels for her neck approaching halfway as the clock showed 43:39.

Morejon notched 44:01 and was out of the medals, with Torres alongside Shi in 44:20.

Whatever is in those towels, the rest of the field could have done with one, because Peru to the power of two went through the gears to ease away from Ma, whose painful grimace was a giveaway.

The Chinese style was also becoming less smooth as she struggled to hold on to a 4:16 pace.

The 12km split was 52:15 for the leading pair, and although Ma was isolated, she was only nine seconds back and just about causing doubt to Garcia and Inga.

That doubt soon dissipated at three-quarter distance in 65:16; it was now 22 seconds back to third, and race done for gold and silver, or so it seemed.

Taking the next turn, Garcia decided now was the time to sort out top spot on the podium.

She put in yet another surge for a four-second advantage over the next kilometre.

In fact, with Torres now a lone fourth and Sena making ground and also walking without company, the first five places appeared settled.

However, fate dealt a cruel hand to Inga, and she was all but on a starting block as she raced out of the penalty zone to just miss out on a medal.

For all that, she too has had a good 2024 so far, winning in Podebrady when Garcia was a DNF.

Inga's game effort also produced a team silver medal to deny Peru first place by the slimmest of margins.

China triumphed with 15 points, the same as Peru, but only on count back.

Spain, packing well in eighth, ninth and 13th, claimed a distant third.

Women's 20km

Pos	Athlete	Nation	Perf	Notes
1	Kimberly GARCÍA LEÓN	 PER	1:27:12	
2	Zhenxia MA	 CHN	1:27:55	
3	Erica SENA	 BRA	1:29:22	SB
4	Evelyn INGA	 PER	1:29:26	PZ
5	Paula Milena TORRES	 ECU	1:29:47	
6	Haiying JI	 CHN	1:30:08	
7	Yuxia SHI	 CHN	1:30:21	
8	Lidia SANCHEZ-PUEBLA	 ESP	1:30:24	PB
9	Antia CHAMOSA	 ESP	1:30:32	PB
10	Mary Luz ANDIA	 PER	1:31:05	
11	Camille MOUTARD	 FRA	1:31:15	
12	Lamei YIN	 CHN	1:31:19	
13	Lucy MENDOZA MALAGON	 COL	1:31:50	PB
14	Paula JUAREZ	 ESP	1:31:56	
15	Hanna SHEVCHUK	 UKR	1:32:04	SB

70 started; 63 finished; 1 DNF; 6 DQ

National Championships

RWA National 10km & Young Athletes Championships, New College Cycle Circuit, Leicester (Sat. 20th Apr.)



Harry Taylor – Seth Muddle – Carrie Ellis

Senior Men's 10km

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	47:41
2	Neil Wade	SENM	Manx Harriers	48:16
3	Peter Boszko (M70)	SENM	Birchfield Harriers	64:57

Senior Women's 10km

Pos	Athlete	AG	Club	Perf.
1	Erika Kelly	SENW	Northern (IOM) AC	48:25 [SB]
2	Pagen Spooner	SENW	Hyde Park Harriers	51:26 [PB]
3	Jasmine Nicholls	SENW	Leicester Walking Club	53:32
4	Grazia Manzotti (W50)	SENW	Tonbridge Athletic Club	55:43 [PB]
5	Carolyn Derbyshire (W45)	SENW	Nuneaton Harriers	58:03 [SB]
6	Melanie Peddle (W55)	SENW	Loughton Athletic Club	59:23
7	Louise Hollings (W40)	SENW	Manx Harriers	70:30
	Marie Jackson (W60)	SENW	Manx Harriers	DNF

Under 20 Men's 10km

Pos	Athlete	AG	Club	Perf.
1	Ellis Simmonds	U20M	2 DASH	53:51

Under 20 Women's 10km

Pos	Athlete	AG	Club	Perf.
1	Jessica Wilton	U20W	Ashford Athletic Club	55:16 [PB]
2	Abby Hughes	U20W	Taunton Athletic Club	DQ TR54.7.5

Under 15 Boys 3km

Pos	Athlete	AG	Club	Perf.
1	Timothy William Perry	U15B	Northern (IOM) AC	16:41
2	Trejan Checheku-Boamah	U15B	Blackheath & Bromley	17:19
3	Charlie Perry	U15B	Lewes Athletic Club	18:43
4	Thomas Muddle	U15B	Lewes Athletic Club	21:36

Under 15 Girls 3km

Pos	Athlete	AG	Club	Perf.
1	Ellin Wilson	U15G	Ashford Athletic Club	17:36
2	Amy Surgeon	U15G	Manx Harriers	20:13
3	Grace Andrews	U15G	Aldershot Farnham & D.	20:14
4	Aimee Thursfield	U15G	Wolve. & Bilston	21:27
5	Tafara Nyoni	U15G	Aldershot Farnham & D.	21:35
6	Lily-Ann Cooper	U15G	Newmarket Joggers	21:43

Under 13 Boys 2km

Pos	Athlete	AG	Club	Perf.
1	Seth Muddle	U13B	Lewes Athletic Club	12:57
2	Harry Taylor	U13B	Dudley and Stourbridge	13:12

Under 13 Girls 2km

Pos	Athlete	AG	Club	Perf.
1	Carrie Ellis	U13G	Lewes AC	12:55

Domestic 'A' Races

West Cheshire Spring Open, Ellesmere Port (Sat. 6th Apr.)**Mixed 600m**

Pos	Athlete	AG	Club	Perf.
1	Harry Richards	U11B	Valley Striders AC	3:22.70 [PB]
2	Ameka Eardley	U11G	Warriors Pentathlon AC	3:40.10 [PB]
3	Luke Gardner	U13B	West Cheshire AC	4:15.80 [PB]
4	Isla Lambert	U13G	West Cheshire AC	4:44.60 [PB]

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	Megan Chantrell	U15G	Aberdare Valley AAC	5:37.20 [SB]
2	Maisey McGenity	U13G	Warriors Pentathlon AC	5:43.00 [PB]
3	Isabelle-Grace Wilson	U13G	Warriors Pentathlon AC	6:36.70 [PB]
4	John Velasquez	U15B	West Cheshire AC	7:04.50 [PB]
5	Evelyn Payne	U13G	West Cheshire AC	7:11.00 [PB]
6	Victoria Hibbert	SENV	West Cheshire AC	7:28.50 [PB]

Blackheath & Bromley Harriers AC Spring Open, Norman Park, Bromley (Sun. 7th Apr.)**U13 1000m**

Pos	Athlete	AG	Club	Perf.
1	Luke Eperon	U13B	Blackheath & Bromley	6:06.85 [PB]

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	13:34.03
2	Jonathan Ellerton	U20M	Blackheath & Bromley	16:01.43 [SB]
3	Grazia Manzotti	W50	Tonbridge Athletic Club	16:04.57 [SB]
4	Emily Ghose	SENV	Tonbridge Athletic Club	16:23.12
5	Trejan Checheku-B	U15B	Blackheath & Bromley	17:47.05 [SB]
6	Matthew Ellerton	M50	Blackheath & Bromley	17:48.74 [SB]
7	Penelope Cummings	W45	Herne Hill Harriers	18:45.83
8	Stephanie Dann	W35	Cambridge Harriers	22:03.13 [PB]
	Richard Christian	M55	Tonbridge Athletic Club	DQ TR54.7.1

Ashford AC Open Track & Field Meeting (Thur. 2nd May.)

Novices mixed with a few National Age group champions in this 'A' Rules development race, **reports Chris Hobbs**. Eleven year old Amelia Curley in her first ever race won the novices style award from the judges.

Mixed 1500m

Pos	Athlete	AG	Club	Perf.
1	Jessica Wilton	U20W	Ashford Athletic Club	7:19.05 [PB]
2	Grazia Manzotti	W50	Tonbridge Athletic Club	7:44.76 [PB]
3	Ellin Wilson	U15G	Ashford Athletic Club	8:09.97 [PB]

4	Millicent Steele	U15G	Ashford Athletic Club	9:13.16 [PB]
5	Sienna Morris	U15G	Ashford Athletic Club	10: 43.96 [PB]
6	Jessica Phillips	U13G	Ashford Athletic Club	11:02.90 [PB]
7	Lesley Hall	W65	Ashford Athletic Club	11:05.42 [SB]
8	Amelia Curley	U13G	Ashford Athletic Club	11:10.39 [PB]
9	Charlie Bull	U13B	Ashford Athletic Club	11:19.31 [PB]

Domestic 'B' Races

Veterans AC Summer Series 5k, Battersea Park (Tue. 2nd Apr.)

The first of the regular Battersea Park races was held in persistent light rain, **reports David Hoben**, apart from the occasional training packs out doing sprints, the park was otherwise empty. The overall and ladies winner was Melanie Peddle, with the runner up and men's winner Stuart Bennett, in times we have come to expect from them.

VAC were pleased to welcome new signings husband and wife Man Bui Lam and Chik Ha Kwok both from Metros, in addition Lynne Drummond (Crystal Palace FR) and Hannah Cock (HHH) were also first timers at the event.

Mixed 5km

Pos	Athlete	AG	Club/Veterans Club	Perf.
1	Melanie Peddle	W55	Loughton AC/EMAC	28:46
2	Stuart Bennett	M65	Brentwood Beagles/VAC	31:12
3	Andrew Millbank	M60	Herne Hill Harriers/VAC	31:35
4	David Walsh	M60	Enfield & Haringey/MMAC	31:53
5	Man Bui Lam	M65	Metros RC/VAC	32:28
6	Chik Ha Kwok	W45	Metros RC/VAC	32:43
7	Sian Baum	W55	Herne Hill Harriers/VAC	33:11
8	Fiona Bishop	W60	Woking Athletic Club/VAC	33:48
9	Nicholas Fleeman	M65	Winchester & Dist./SCVAC	34:34
10	David Hoben	M65	Surrey Walking Club/VAC	37:47
11	Lynne Drummond	W70	Crystal Palace FR/SCVAC	37:50
12	Hannah Cook	W55	Herne Hill Harriers	38:01

2nd South Yorkshire League, Millhouses Park (Wed. 24th Apr.)

Ellis Simmons 'fresh' or maybe not so fresh from winning the RWA U20 10km on the previous Saturday raced over 3km here and came up to the 2km to go mark just over 4 minutes after Meghan Walmsley set off from there, **writes Brian Adams**, During the remaining four laps Ellis was pulling back over a minute a lap until Meghan was able to raise her pace over the last lap to hold on for victory by 22 seconds.

Pos	Athlete	AG	Club	Watch/Actual
1	Megan Walmsley	U13G	King Ed. VII Sch.	14:36/14:08 (2k)
2	Ellis Simmons	U20M	2 DASH	14:58/14:58 (3k)
3	Maya Zuccolo	U13G	Silverdale School	16:11/07:25 (1k)

UPCOMING EVENTS

May

6 th	A	Hampshire County Championships & Open	Portsmouth
6 th	A	Hertfordshire County Championships (including Essex, Middlesex & Suffolk walks)	Stevenage
7 th	B	Veterans AC Summer Series #2 – 5 Mile	Battersea Park
11 th	A	Sussex Track & Field Championships	Crawley
12 th	A	Kent Track & Field Championships	Ashford
16 th	B	South Yorkshire League	Millhouses Park
26 th	A	BMAF 10,000m & 1 Mile Championships	Horspath, Oxford
27 th	B	Cecil Gittins Memorial Walks	Gravesend

June

4 th	B	Veterans AC Summer Series #3 – 5km	Battersea Park
8 th	A	Ken Livermore Relays	Enfield
8 th	A	Kent Schools Championships & Open	Gillingham
17 th	B	South Yorkshire League	Millhouses Park
26 th	B	Johnson Bowl 4 Mile + Support Races	Norman Park
30 th	A	UK Athletics Outdoor Championships	Manchester