



Race Walking Record

May 2024



Callum Wilkinson selected for European Athletic Championships

NEWS



**BRITISH
ATHLETICS**

Callum selected for European Championships in Rome

Callum Wilkinson (Enfield & Haringey AC/Togher AC, Coach: Robert Heffernan) has been selected to represent Great Britain & Northern Ireland at the European Athletic Championships in Rome which start on Friday 7th June. Callum races over 20km at 5pm (BST) on Saturday (8th).



Tom Bosworth receives MBE at Windsor Castle

A few weeks ago Tom Bosworth was presented with his MBE for services to race walking by the Prince of Wales at an investiture ceremony held at Windsor Castle. Tom said “It was truly a special day for me and my family. It gave me such joy to see the pride on my family’s faces throughout the morning at Windsor Castle. A wonderful, meaningful way for my track achievements to be recognised.



200 club

Winners in the recent R.W.A 200 Club draw

| | £25.00 | £15.00 | £10.00 |
|---------|------------|--------------|------------|
| June 24 | Glyn Jones | Irene George | Pam Ficken |

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

The RWA seeks to promote race walking for all groups. One of the ways we want to increase this is to provide support for developing race walkers to travel and compete in races in Europe. Several athletes benefited from our support last year and we want to continue with this regularly in future years. By joining the 200 club young athletes, masters, parents, ex internationals and all in the race walking community will support this campaign and make it sustainable and even get a chance to win a cash prize.

Chris Hobbs
Hon. President
Race Walking Association

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- George Nibre (Ilford AC) – Ilford AC/GB International

Overseas



3rd Korzeniowski Warsaw Race Walking Cup (Sun. 5th May)





Men's 20km

| Pos | Athlete | Nation | Perf | Notes |
|-----|-----------------------|--------|------|---------|
| 1 | Haifeng QIAN | | CHN | 1:19:05 |
| 2 | Caio BONFIM | | BRA | 1:19:17 |
| 3 | Toshikazu YAMANISHI | | JPN | 1:19:37 |
| 4 | Rhydian COWLEY | | AUS | 1:19:46 |
| 5 | Gianluca PICCHIOTTINO | | ITA | 1:20:46 |
| 6 | Declan TINGAY | | AUS | 1:21:01 |
| 7 | Tomohiro NODA | | JPN | 1:21:08 |
| 8 | Michele ANTONELLI | | ITA | 1:21:28 |
| 9 | Artur BRZOWSKI | | POL | 1:21:46 |
| 10 | Kevin CAMPION | | FRA | 1:23:26 |

37 started; 37 finished

Women's 20km

| Pos | Athlete | Nation | Perf | Notes |
|-----|--------------------------|---|---------|-------|
| 1 | Hong LIU |  CHN | 1:27:33 | |
| 2 | Jemima MONTAG |  AUS | 1:27:56 | |
| 3 | Shijie QIEYANG |  CHN | 1:28:14 | |
| 4 | Katarzyna ZDZIEBŁO |  POL | 1:31:18 | |
| 5 | Yuxia SHI |  CHN | 1:31:27 | |
| 6 | Li PENG |  CHN | 1:31:29 | |
| 7 | Olivia SANDRY |  AUS | 1:32:35 | |
| 8 | Zhuoma QUI |  CHN | 1:32:53 | |
| 9 | Alejandra ORTEGA SOLIS |  MEX | 1:34:51 | |
| 10 | Angela CASTRO CHIRIVECHZ |  BOL | 1:34:58 | |
| 19 | Erika KELLY |  GBR | 1:44:46 | |

25 started; 25 finished



XXXVII Gran Premio Cantones de A Coruna de Marcha La Coruña (ESP) (Sat. 18th May)

English Race Walkers take on the World Athletics Race Walking Tour

A small team of four athletes travelled to La Coruna in Spain to compete at the gold level World Athletics Race Walking Tour, **writes Team Manager Verity Snook**. The team was made up of three seniors, Callum Wilkinson (Enfield & Haringey, Robert Heffernan), Cameron Corbishley (Medway & Maidstone, Andi Drake) and Erika Kelly (Northern Isle of Man, Tom Craggs) who competed over the 20km distance; and junior Abby Hughes (Taunton, Dean Miller) who was making her international debut over 10km.

It was all to play for as the senior athletes were chasing European and Olympic Qualification times, hoping to take advantage of the famously fast course in the North West of Spain. The weather was favourable, damp and cool, offering excellent racing conditions whilst the UK basked in the summer sunshine.

The women took to the road first, with Erika maintaining a sensible pace from the early fast kilometres set by the leaders. This was followed shortly after by the junior women's 10km race.

Erika settled into the race working hard in a world class field, she showed determination and consistency. She sadly attracted the judges' attention collecting a two minute penalty, bravely finishing the full distance in 56th position in 1:46:38.

Abby Hughes started at a very quick pace, getting slightly carried away with competitors which she unfortunately paid for midway through the race. She was able to rally and finish very strongly with a clean slate from a technical judging point of view. She finished overall in 6th place with an incredible personal best of 51:35 on her international debut.



Callum Wilkinson and Cameron Corbishley's campaign started two hours later at 7pm. Callum returned to only his second 20km race this season after a long period of injury and rehabilitation. He looked

strong and tucked into the leading pack of top world leading race walkers. Callum's consistent kilometres set him up in the first half of the race, looking comfortable and in control, holding on into the second half. The pace dropped slightly in the latter stages to finish in a credible 30th, with a personal best of 1:20:27 under the European and Olympic B qualification, a mere 17 seconds outside the A standard.



Cameron started well with consistent pacing however, around the 15km point he started showing signs of distress, he managed to finish with a stoical performance in 68th place. Despite his time being below what he expected (1:26:37), it was still a valuable experience to compete on the world stage.




Women's 20km

| Pos | Athlete | Nation | Perf | Notes |
|-----|----------------------|---|---------|-------|
| 1 | Kimberly GARCÍA LEÓN |  PER | 1:26:41 | |
| 2 | Alegna GONZÁLEZ |  MEX | 1:26:57 | |
| 3 | Hong LIU |  CHN | 1:27:11 | |
| 4 | Viviane LYRA |  BRA | 1:27:13 | |
| 5 | Laura GARCÍA-CARO |  ESP | 1:27:19 | |
| 6 | Jiayu YANG |  CHN | 1:27:27 | |
| 7 | María PÉREZ |  ESP | 1:27:43 | |
| 8 | Zhenxia MA |  CHN | 1:28:14 | |
| 9 | Yuxia SHI |  CHN | 1:28:44 | |
| 10 | Pauline STEY |  FRA | 1:29:07 | |
| 56 | Erika KELLY |  ENG | 1:46:38 | PZ |

57 started; 57 finished.

Women's 10km

| Pos | Athlete | Nation | Perf | Notes |
|-----|----------------------|---|-------|-------|
| 1 | Griselda SERRET |  ESP | 48:08 | |
| 2 | Rubi SEGURA GARCIA |  COL | 49:23 | |
| 3 | Maria Elena PORTILLA |  ECU | 50:41 | |
| 4 | Samanta ZUEVA |  POR | 50:41 | |
| 5 | Gabriela SANTOS |  POR | 51:22 | |
| 6 | Abby HUGHES |  ENG | 51:35 | PB |
| 7 | Tania ONCE SALINAS |  ECU | 52:26 | |
| 8 | Alba PEREZ NIETO |  ESP | 53:05 | |

9 started; 8 finished; 1 DNF

Race Walking Record – May 2024

Men's 20km

| Pos | Athlete | Nation | Perf | Notes |
|-----|-------------------------|--------|------|---------|
| 1 | Toshikazu YAMANISHI | | JPN | 1:17:47 |
| 2 | Álvaro MARTÍN | | ESP | 1:17:49 |
| 3 | Caio BONFIM | | BRA | 1:17:52 |
| 4 | Brian Daniel PINTADO | | ECU | 1:17:54 |
| 5 | Koki IKEDA | | JPN | 1:17:59 |
| 6 | Jun ZHANG | | CHN | 1:18:00 |
| 7 | Diego GARCÍA CARRERA | | ESP | 1:18:19 |
| 8 | César Augusto RODRÍGUEZ | | PER | 1:18:23 |
| 9 | Ricardo ORTIZ | | MEX | 1:18:31 |
| 10 | Miguel Ángel LÓPEZ | | ESP | 1:18:33 |
| 30 | Callum WILKINSON | | ENG | 1:20:27 |
| 68 | Cameron CORBISHLEY | | ENG | 1:26:37 |

86 started; 83 finished; 1 DNF; 2 DQ.

Masters

European Masters Non-Stadia Championships, Porto Santo, Maderia (Fri. 17th to Sun 19th May)

In the 10km at the European Masters Non-Stadia Championships held on the island of Maderia there was M75 gold for Ian Richards and W55 bronze for Melanie Peddle. In the M65 age group Stuart Bennett and Colin Harle finished 5th and 7th respectively separated by a mere three seconds. Stuart, Colin, plus Hardeep Minhas collected team silver.

In the 20km held two days later Melanie (pictured below) went one better winning W55 silver in 2:08:40. In the M65 race, Stuart (5th), Hardeep (6th) and Colin (7th) again won team silver.



Women's 10km (Fri. 17th May)

| Pos | Athlete | AG | Nation | Perf | Notes | Rank |
|-----|--------------------------|-----|--------|------|-------|------|
| 1 | Bianca Schenker | W45 | | GER | 53:54 | 1 |
| 2 | Sandra Silva | W45 | | POR | 56:23 | 2 |
| 3 | Felicidade Rosa | W45 | | POR | 56:33 | 3 |
| 4 | Katalin Bodorkós-Horváth | W55 | | HUN | 58:36 | 1 |
| 5 | Júlia Sousa | W55 | | POR | 59:24 | 2 |
| 6 | Karin Freitag | W40 | | AUT | 59:29 | 1 |
| 7 | Melanie Peddle | W55 | | GBR | 59:30 | 3 |

| | | | | | | |
|----|-------------------|-----|--|-----|-------|---|
| 8 | Lenka Borovičková | W50 | | CZE | 60:22 | 1 |
| 9 | Barbara Hollinger | W35 | | AUT | 61:21 | 1 |
| 10 | Patrizia Seraki | W60 | | FRA | 66:12 | 1 |

33 started; 32 finished; 1 DNF.

Men's 10km (Fri. 17th May)

| Pos | Athlete | AG | Nation | Perf | Notes | Rank |
|-----|----------------------|-----|--------|------|-------|------|
| 1 | Tomasz Lipiec | M50 | | POL | 49:32 | 1 |
| 2 | Ruben Piñera Álvarez | M45 | | ESP | 49:46 | 1 |
| 3 | Luis Gil | M45 | | POR | 50:18 | 2 |
| 4 | Victor Castro Mateo | M40 | | ESP | 50:59 | 1 |
| 5 | Jaime Santos | M50 | | POR | 54:21 | 2 |
| 6 | Pedro Martins | M55 | | POR | 54:56 | 1 |
| 7 | Giuseppe Saponaro | M50 | | ITA | 54:57 | 3 |
| 8 | Ricardo Vendeira | M40 | | POR | 55:00 | 2 |
| 9 | Roman Brzezowsky | M55 | | AUT | 55:18 | 2 |
| 10 | Luís Sousa | M50 | | POR | 56:36 | 4 |
| 21 | Ian Richards | M75 | | GBR | 61:19 | 1 |
| 23 | Stuart Bennett | M65 | | GBR | 64:29 | 5 |
| 25 | Colin Harle | M65 | | GBR | 64:32 | 6 |
| 29 | Hardeep Minhas | M65 | | GBR | 66:47 | 9 |

49 started; 48 finished; 1 DNF.



Hardeep Minhas – Stuart Bennett – Colin Harle

Women's 20km (Sun. 19th May)

| Pos | Athlete | AG | Nation | Perf | Notes | Rank |
|-----|-------------------|-----|--------|------|---------|------|
| 1 | Bianca Schenker | W45 | | GER | 1:53:10 | 1 |
| 2 | Sandra Silva | W45 | | POR | 1:56:31 | 2 |
| 3 | Felicidade Rosa | W45 | | POR | 2:03:04 | 3 |
| 4 | Barbara Hollinger | W35 | | AUT | 2:03:39 | 1 |
| 5 | Júlia Sousa | W55 | | POR | 2:04:27 | 2 |
| 6 | Annelies Sarrazin | W40 | | BEL | 2:06:43 | 1 |
| 7 | Lenka Borovičková | W50 | | CZE | 2:07:28 | 1 |
| 8 | Melanie Peddle | W55 | | GBR | 2:08:40 | 2 |
| 9 | Karin Freitag | W40 | | AUT | 2:11:26 | 2 |
| 10 | Gudrun Klose | W55 | | GER | 2:16:18 | 3 |

19 started; 18 finished; 1 DNF.

Men's 20km (Fri. 17th May)

| Pos | Athlete | AG | Nation | Perf | Notes | Rank |
|-----|-------------------|-----|--------|------|---------|------|
| 1 | Tomasz Lipiec | M50 | | POL | 1:43:41 | 1 |
| 2 | Luis Gil | M45 | | POR | 1:43:54 | 1 |
| 3 | Christer Svensson | M50 | | SWE | 1:50:59 | 2 |
| 4 | Ricardo Vendeira | M40 | | POR | 1:51:25 | 1 |
| 5 | Pedro Martins | M55 | | POR | 1:54:13 | 1 |
| 6 | Luís Sousa | M50 | | POR | 1:54:43 | 3 |
| 7 | Giuseppe Saponaro | M50 | | ITA | 1:56:13 | 4 |
| 8 | Roman Brzezowsky | M55 | | AUT | 1:57:26 | 2 |
| 9 | Marc Haumesser | M65 | | FRA | 1:59:16 | 1 |
| 10 | David Cervello | M45 | | ESP | 1:59:34 | 2 |
| 19 | Stuart Bennett | M65 | | GBR | 2:12:43 | 5 |
| 23 | Hardeep Minhas | M65 | | GBR | 2:16:05 | 6 |
| 24 | Colin Harle | M65 | | GBR | 2:21:30 | 7 |
| | Ian Richards | M75 | | GBR | DQ | |

39 started; 35 finished; 4 DQ.

British Masters 1 Mile & 10,000m Championships, Horspath, Oxford (Sun. 26th May)

Original entries for both races were good, *reports Andrew Clough*, but several non-appearances led to the situation where everyone would be a medallist as long as they could get past the judges' scrutiny.

In the Mile four competitors toed the line and sailed through the four and bit laps. Aleksandra Majewska-Ani crossed the line first in 9:08.34s for a PB. Stuart Bennett, recently returned from Madeira with a European Masters team silver medal, was next home a few seconds later to take the M65 title.

In the 10000m race Grazia Manzotti was a clear winner, just short of her own BMAF record in 57:24.81s. Carolyn Derbyshire was second home, closely followed by Trevor Jones who took the M65 title. The latter was the only contested age category of the day. Further down the field Susan Payne improved her PB by fifty seconds.

Mixed 1 Mile

| Pos | Athlete | AG | Club | Perf | Rank |
|-----|-------------------------|-----|---------------------|----------|------|
| 1 | Aleksandra Majewska-Ani | W35 | Charnwood AC | 09:08.34 | 1 |
| 2 | Stuart Bennett | M65 | Brentwood Beagles | 09:21.24 | 1 |
| 3 | Ian Torode | M65 | Birchfield Harriers | 11:01.32 | 2 |
| 4 | Emma Dawson | W55 | Aberdeen AAC | 12:09.11 | 1 |

Mixed 10,000m

| Pos | Athlete | AG | Club | Perf | Rank |
|-----|-------------------------|-----|---------------------|-------------|------|
| 1 | Grazia Manzotti | W50 | Tonbridge AC | 57:24.81 | 1 |
| 2 | Carolyn Derbyshire | W45 | Nuneaton Harriers | 61:18.99 | 1 |
| 3 | Trevor Jones | M65 | Steyning AC | 62:49.96 | 1 |
| 4 | Stuart Bennett | M65 | Brentwood Beagles | 64:00.71 | 2 |
| 5 | Aleksandra Majewska-Ani | W35 | Charnwood AC | 66:59.04 | 1 |
| 6 | Martin Slevin | M60 | Headington RR | 68:45.44 | 1 |
| 7 | Susan Payne | W60 | Aldershot F & D. | 71:04.30 | 1 |
| 8 | Ian Torode | M65 | Birchfield Harriers | 74:52.72 | 3 |
| 9 | Mick Barker | M85 | Northern Masters | DQ TR54.7.1 | |

**2024 Sutcliffe Park Track & Field Night, inc. BMC & Walk**

3000m Race Walk (U15+) - Wednesday 19th June @ 6.30pm

Sutcliffe Park Sports Centre, Eltham Road, SE9 5LW

Enter at [Roster Athletics - 2024 Sutcliffe Park Track & Field Nights #2](#)

Closing date for entries 16th June @ 23:59

For more information contact Noel Carmody (noel.carmody@outlook.com)

County Championships**Hampshire, Portsmouth (Mon. 6th May)****Senior Men's 3000m**

| Pos | Athlete | AG | Club | Perf. |
|-----|----------------------|-----|-------------------------|--------------|
| G | Marcin WOJTOWICZ | SEN | Winchester & Dist./Pol | 16:47.7 [PB] |
| 1 | David MITCHELL (M50) | SEN | Southampton AC | 17:37.0 [PB] |
| 2 | Keith VALLIS (M55) | SEN | Overton Harriers & AC | 18:26.4 [PB] |
| 3 | Ian JENNINGS (M50) | SEN | Aldershot Farnham & D. | 19:51.0 [PB] |
| 4 | Derek SMITH (M65) | SEN | Winchester & Dist. | 23:03.0 [PB] |
| | Wai Tak CHEUNG (M45) | SEN | Stubbington Grn Runners | DQ TR54.7.1 |
| | Mark POCKOCK (M45) | SEN | Southampton AC | DQ TR54.7.1 |

Senior Women's 3000m

| Pos | Athlete | AG | Club | Perf. |
|-----|--------------------|-----|------------------------|--------------|
| G | Abigail JENNINGS | SEN | Aldershot Farnham & D. | 14:13.1 |
| 1 | Susan PAYNE (W60) | SEN | Haslemere Broder AC | 19:45.5 [PB] |
| 2 | Susan DAVIES (W55) | SEN | Aldershot Farnham & D. | 21:17.3 |

U20 Women's 3000m

| Pos | Athlete | AG | Club | Perf. |
|-----|------------------|-----|----------------|--------------|
| 1 | Natasha MITCHELL | U20 | Southampton AC | 16:21.4 [SB] |

Under 15 Girls 2000m

| Pos | Athlete | AG | Club | Perf. |
|-----|--------------|-----|------------------------|--------------|
| 1 | Tafara NYONI | U15 | Aldershot Farnham & D. | 15:03.8 [SB] |

Hertfordshire, incorporating Essex, Middlesex & Suffolk, Stevenage (Mon. 6th May)**Mixed 3000m**

| Pos | Athlete | AG | Club | Perf. |
|-----|----------------------|-----------|------------------------|---------------|
| 1 | George Wilkinson | SENM (S1) | Newmarket Joggers | 13:52.57 |
| 2 | Stuart Bennett (M65) | SENM (E1) | Brentwood Beagles | 17:34.05 [SB] |
| 3 | Mark Culshaw (M55) | SENM (M1) | Cambridge Harriers | 18:51.16 [SB] |
| 4 | Maureen Noel (W60) | SENM (M1) | Belgrave Harriers | 18:53.09 [SB] |
| 5 | John Borgars (M75) | SENM (H1) | Herts Pheonix | 21:36.47 [SB] |
| 6 | Celia Cordan (W45) | SENM (M2) | Metropolitan Police AA | 22:15.13 [PB] |
| | Tony Wilkinson | SENM | Unattached | DQ TR54.7.1 |

Sussex, Crawley (Sat. 11th May)**Under 13 Boys 2000m**

| Pos | Athlete | AG | Club | Perf. |
|-----|--------------|-----|---------------------|---------------|
| 1 | Seth Muddle | U13 | Lewes Athletic Club | 13:32.02 [PB] |
| 2 | Rainbow Love | U13 | Lewes Athletic Club | 16:28.61 [PB] |

Mixed 3000m

| Pos | Athlete | AG | Club | Perf. |
|-----|-------------------|------|------------------------|---------------|
| 1 | Charlie Perry | U15B | Lewes Athletic Club | 17:21.19 [PB] |
| 2 | Ian Richards | M75 | Steyning Athletic Club | 17:41.51 [SB] |
| 3 | Trevor Jones | M65 | Steyning Athletic Club | 17:42.91 [SB] |
| 4 | Jo Hesketh | W50 | Steyning Athletic Club | 17:45.24 [SB] |
| 5 | Joan Lennon | W65 | Steyning Athletic Club | 18:51.45 [SB] |
| 6 | Penelope Cummings | W45 | Herne Hill Harriers | 18:59.11 |
| 7 | Brian Kirkdale | M65 | Hastings Runners | 20:28.12 [SB] |
| 8 | Ian Torode | M65 | Birchfield Harriers | 21:24.86 [SB] |
| 9 | Thomas Muddle | U15B | Lewes Athletic Club | 21:41.46 [PB] |
| 10 | Graeme Heaton | M60 | Heathfield RRC | 21:41.62 [PB] |
| 11 | Ronald Penfold | M80 | Steyning Athletic Club | 20:06.68 [SB] |
| 12 | Jacqueline Barnes | W55 | Haywards Heath Hs. | 22:07.19 [PB] |
| 13 | Beverley Sheridan | W55 | Lewes Athletic Club | 22:19.69 [PB] |

Kent, Julie Rose Stadium, Ashford (Sun 12th May)**Mixed 3000m**

| Pos | Athlete | AG | Club | Perf. |
|-----|------------------------|------|-------------------------|---------------|
| 1 | Luc Legon | SENM | Bexley Athletics Club | 13:19.11 |
| 2 | Matthew Crane | U23M | Bexley Athletics Club | 14:12.18 [SB] |
| 3 | Jonathan Hobbs | SENM | Ashford Athletic Club | 14:54.44 [SB] |
| 4 | Hannah Hopper | U23W | Cambridge Harriers | 15:36.99 |
| 5 | Jessica Wilton | U20W | Ashford Athletic Club | 15:47.98 |
| 6 | Emily Ghose | SENM | Tonbridge Athletic Club | 16:16.85 [SB] |
| 7 | Grazia Manzotti | W50 | Tonbridge Athletic Club | 16:27.36 |
| 8 | Jonathan Ellerton | U20M | Blackheath & Bromley | 16:50.94 |
| 9 | Trejan Checheku-Boamah | U15B | Blackheath & Bromley | 17:52.54 |
| 10 | Ellin Wilson | U15G | Ashford Athletic Club | 18:21.87 |
| 11 | Sienna Morris | U15G | Ashford Athletic Club | 23:25.15 [PB] |
| | Matthew Ellerton | M50 | Blackheath & Bromley | DQ TR54.7.1 |

**2024 Moulton Village Fun Day**

Incorporating the

Annual Moulton Five + U13 2km & U15 3km

12.30pm - Saturday 6th July 2024

5 in the Hour Badge Awards + Memento's to all participants

Entry fees: Under 17's Free – Under 20 £5 – Seniors £10.

ENTRY ONLINE ONLY NOW OPEN at <https://www.fabian4.co.uk>

Before NOON on Thursday 4th July

**If you have problems entering online contact
traceywilkinson17@aol.co.uk or 07532 397 528**

'A' Judged Races

Manx Harriers 5km & Junior Walks, Douglas (Thur. 16th May)

Mixed 5km

| Pos | Athlete | AG | Club | Perf. |
|-----|-----------------|-----|-------------------|-------|
| 1 | Jock Waddington | M60 | Manx Fell Runners | 27:42 |
| 2 | Jayne Farquhar | W55 | Manx Harriers | 31:56 |
| 3 | Phill Swales | M55 | Northern (IOM) AC | 32:22 |
| 4 | Louise Hollings | W40 | Manx Harriers | 34:48 |
| 5 | Maura Kelly | W55 | Northern (IOM) AC | 35:25 |
| 6 | Gordon Erskine | M80 | Unattached | 39:10 |

Mixed 3km

| Pos | Athlete | AG | Club | Perf. |
|-----|-----------------------------|------|-------------------|-------|
| 1 | Tim Perry | U15B | Northern (IOM) AC | 16:12 |
| 2 | Lilee Fletcher-Merryweather | U13G | Manx Harriers | 16:48 |
| 3 | Amy Surgeon | U15G | Manx Harriers | 19:31 |

Mixed 2km

| Pos | Athlete | AG | Club | Perf. |
|-----|-------------------------------|------|---------------|-------|
| 1 | Jay Jay Fletcher-Merryweather | U13B | Manx Harriers | 11:58 |
| 2 | Polly Davies | U13G | Manx Harriers | 14:37 |

Mixed 1km

| Pos | Athlete | AG | Club | Perf. |
|-----|-------------|------|---------------|-------|
| 1 | Jack Davies | U11B | Manx Harriers | 6.10 |

North Wales Endurance Open #1, Deeside (Fri. 24th May)

Mixed 600m

| Pos | Athlete | AG | Club | Perf. |
|-----|---------------|------|-----------------------|--------|
| 1 | Isac Martin | U11B | Deeside AAC | 3:15.7 |
| 2 | Ameka Eardley | U11G | Warriors Penthalon AC | 3:20.5 |
| 3 | Spencer Jones | U13B | Wrexham Athletic Club | 3:24.0 |
| 4 | Luke Gardiner | U11B | West Cheshire AC | 4:17.3 |
| 5 | Tobi Jones | U11B | Deeside AAC | 5:18.6 |

Mixed 1000m

| Pos | Athlete | AG | Club | Perf. |
|-----|-----------------|------|-----------------------|--------|
| 1 | Sophie Davidson | U15G | Warriors Penthalon AC | 5:29.1 |
| 2 | Neisha Roberts | SENW | Deeside AAC | 5:44.4 |
| 3 | Daniel Purcell | U15B | Menai Track & Field | 6:29.9 |
| 4 | Elis Earnshaw | U15B | Menai Track & Field | 6:35.8 |

'B' Judged Races

Veterans AC 5 Mile, Battersea Park (Tue. 7th May)

The second of the regular Battersea Park races had a smallish field in fine, pleasantly warm sunny conditions, however the turnout was not impacted by the rail strike, *reports David Hoben*.

Ian Richards had a comfortable overall and men's win, using the race as a build-up to his V75 ambitions this year, and Melanie Peddle won for the ladies.

Mixed 5 Mile

| Pos | Athlete | AG | Club | Perf. |
|-----|-------------------|-----|------------------------|-------|
| 1 | Ian Richards | M75 | Steyning Athletic Club | 44:50 |
| 2 | Melanie Peddle | W55 | Loughton Athletic Club | 46:13 |
| 3 | Stuart Bennett | W65 | Brentwood Beagles | 50:41 |
| 4 | Maureen Noel | W60 | Belgrave Harriers | 51:11 |
| 5 | Penelope Cummings | W45 | Herne Hill Harriers | 52:42 |
| 6 | Fiona Bishop | W60 | Woking Athletic Club | 58:48 |
| 7 | David Hoben | M70 | Surrey Walking Club | 62:44 |

3rd South Yorkshire League, Millhouses Park (Thur. 16th May)

Tony Bell put in his first appearance of the setting off on his usual 5 km. His only competition came from Meghan Walmsley Meghan set out on her 2km race 2 minutes before Tony passed the same point. During the remaining four laps Tony was catching her by almost 30 seconds a lap, but a big effort by Meghan in the final 200m saw her take her second victory.

| Pos | Athlete | AG | Club | Perf. |
|-----|-----------------|------|-------------------------|------------|
| 1 | Meghan Walmsley | U13G | King Edward VII School | 14:31 [2k] |
| 2 | Tony Bell | M60 | Lancashire Walking Club | 33:28 [5k] |

9th Cecil Gittins Memorial Walks, incorporating Enfield Race Walking League, Cyclopark, Gravesend, (Mon. 27th May)

Veterans AC were pleased to host the ninth running of this event on a dedicated cycle circuit which is designed like a large Scalextric set, with many gradients and bends, *writes David Hoben*.

In all there were 22 paid entries which was about average, with 18 on the line. The weather was ideal, with a mixture of sun and cloud cover, the predicted rain in the end never happened.

There was a new winner of the ladies 5k, Sheila Leavy, and the men's 5k was won for the 3rd consecutive year by RWA President, Chris Hobbs.

The winner of the ladies' 10k was Jacqueline Benson in 62:04.

There was also a new winner of the men's 10k; Olympian Ian Richards who moved up from last year's third place.

There was one newbie, Helen Giffin, who performed well on the testing course.

It probably wasn't a PB scenario, however Shaheda Arthur managed one.

VAC were very pleased to see Pauline Wilson again, this time acting as part of the recording team.

Mixed 10km

| Pos | Athlete | AG | Club | Perf. |
|-----|-------------------|------|------------------------|-------|
| 1 | Ian Richards | M75 | Steyning Athletic Club | 58:23 |
| 2 | Jacqueline Benson | SENW | Ashford Athletic Club | 62:04 |
| 3 | Colin Harle | M65 | Belgrave Harriers | 63:20 |
| 4 | Stuart Bennett | M65 | Brentwood Beagles | 64:43 |
| 5 | Simon Morgan | M55 | Ilford Athletic Club | 67:42 |
| 6 | John Borgars | M75 | Loughton Athletic Club | 68:55 |
| 7 | Steve Allen | M65 | Ilford Athletic Club | 69:13 |
| 8 | Fiona Bishop | W60 | Woking Athletic Club | 72:28 |
| 9 | Graeme Heaton | M60 | Heathfield RRC | 75:53 |
| 10 | Christopher Flint | M75 | Surrey Walking Club | 85:01 |

Mixed 5km

| Pos | Athlete | AG | Club | Perf. |
|-----|-------------------|-----|------------------------|-------|
| 1 | Christopher Hobbs | M65 | Ashford Athletic Club | 34:53 |
| 2 | Sheila Leavy | W70 | North Herts RRC | 40:41 |
| 3 | Helen Giffin | W50 | North Herts RRC | 43:37 |
| 4 | Shaheda Arthur | W65 | Veterans Athletic Club | 48:31 |
| 5 | Edmund Shillabeer | M80 | Ilford Athletic Club | 53:02 |
| 6 | David Ainsworth | M75 | Ilford Athletic Club | 55:24 |

YAG 2.5km

| Pos | Athlete | AG | Club | Perf. |
|-----|-----------------|------|-----------------------|-------|
| 1 | Ellin Wilson | U15G | Ashford Athletic Club | 14:37 |
| 2 | Lily-Ann Cooper | U13G | Newmarket Joggers | 17:42 |

UPCOMING EVENTS

June

| | | | |
|------------------|---|--|-----------------|
| 8 th | A | Ken Livermore Relays | Enfield |
| 8 th | A | Kent Schools Championships & Open | Gillingham |
| 15 th | A | Welsh 5000m Championships | Cardiff |
| 17 th | B | South Yorkshire League | Millhouses Park |
| 26 th | B | Johnson Bowl 4 Mile + Support Races | Norman Park |
| 30 th | A | UK Athletics Outdoor Championships | Manchester |

July

| | | | |
|------------------|---|---|------------------|
| 6 th | B | Enfield League – Moulton 5 | Moulton, Suffolk |
| 7 th | A | Medway & Maidstone T & F Open (3000 RW) | Gillingham |
| 16 th | B | Veterans AC Summer Series – 5km | Battersea Park |
| 17 th | B | South Yorkshire League | Millhouses Park |
| 21 st | A | EA Senior/U23/U20 Championships | Birmingham |
| 28 th | A | EA Age Group Championships | Birmingham |