



Race Walking Record

August 2024



Jonathan Hobbs
2024 National 100 Mile
Champion



DATES FOR YOUR DIARY

UKA National 2025 Fixtures

UKA have started to publish fixtures for 2025 and listed below are the currently known major events that normally include a race walk. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
18/19 th Jan	England Athletics Indoor Walks (U15+)	E.I.S. Sheffield
22/23 rd Feb	UK Athletics Indoor Championships	T.B.C
22/23 rd Feb	British Masters Indoor Championships	Lee Valley
28/29 th June	Welsh Senior/U15 Championships	Cardiff
25-27 th July	EA Senior/U23/U20 Championships	T.B.C
1-3 rd Aug.	EA Age Group Championships	T.B.C.
23-24 Aug.	UKA Outdoor Championships	T.B.C



Winners in the recent R.W.A 200 Club draw

£25.00 **£15.00** **£10.00**

Aug. 24 Jack Thomas John Gordon Sharon Herbert

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

Area Championships

South of England AA Track Race Walk Championships, Walton-on-Thames (Sun. 11th Aug.)

On a very warm day the 5000 metre races saw some close racing. At the finish of the men's race just eleven seconds covered Guy Thomas, Luc Legon and Samuel Lindsey, but a flurry of late red cards resulted in 30 seconds being added to the finishing time (21:48) of Thomas, pushing him back into silver. The ladies race was even closer with Abigail Jennings and Hannah Hopper locked together until the final kilometre, when Jennings was able to eek out a small advantage.

Senior Men's 5000m

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	21:55.17 [SB]
2	Guy Thomas	SENM	Tonbridge Athletic Club	22:18.36 [SB]
3	David Mitchell	M50	Southampton Athletic Club	29:41.03 [PB]

Senior Women's 5000m

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	SENW	Aldershot Farnham & Dist.	24:41.29 [SB]
2	Hannah Hopper	U23W	Cambridge Harriers	24:45.62 [PB]
3	Grazia Manzotti	W55	Tonbridge Athletic Club	28:34.04
4	Emily Ghose	SENW	Tonbridge Athletic Club	29:34.03 [PZ]
	Susan Payne	W60	Aldershot Farnham & Dist.	DQ TR54.7.5

U20 Men's 5000m

Pos	Athlete	AG	Club	Perf.
1	Samuel Lindsay	U17M	Cambridge & Coleridge/AUS	21:59.82 [SB]

U20 Women's 5000m

Pos	Athlete	AG	Club	Perf.
1	Natasha Mitchell	U20W	Southampton Athletic Club	27:19.23 [SB]

U15 Boys 3000m

Pos	Athlete	AG	Club	Perf.
1	Trejan Checheku-B	U15B	Blackheath & Bromley HAC	17:39.82

U15 Girls 3000m

Pos	Athlete	AG	Club	Perf.
1	Ellin Wilson	U15G	Ashford Athletic Club	18:33.38 [PB]
2	Grace Andrews	U15G	Aldershot Farnham & Dist.	23:27.97 [PB]

'A' Judged Races

Aldershot Farnham & District Summer Open Meetings, Aldershot Military Stadium (Thur. 15th Aug.)

Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	SENW	Aldershot Farnham & Dist.	9:26.60 [SB]
2	David Mitchell	M50	Southampton Athletic Club	11:06.01
3	Grace Andrews	U15G	Aldershot Farnham & Dist.	12:52.53
4	Derek Smith	M65	Winchester & District AC	13:37.08
5	Sue Davies	W55	Aldershot Farnham & Dist.	14:07.20
6	Tafara Nyoni	U15G	Aldershot Farnham & Dist.	14:13.31 [PB]
7	George Wallace	M65	Aldershot Farnham & Dist.	14:46.34

Blackheath & Bromley Open, Norman Park (Mon. 19th Aug.)

A warm evening on Monday saw a small field of athletes compete in 1000m and 3000m walks at the Blackheath & Bromley Harriers AC at Norman Park held in conjunction with Surrey WC, **reports Chris Flint**.

The walkers received encouragement and support from onlookers who watched a closely contested race between Trejan Checheku-Boamah and Stefano Zennaro. It was the first time for James Critchley, Joy Hodgkinson and Florence Watson at their respective distances so all had PBs. It was also the first time Trejan had been under 17 minutes so also a PB.

It is hoped BBHAC/SWC will be able to hold these distances at future meetings.

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Trejan Checheku-B	U15B	Blackheath & Bromley HAC	16:59.58 [PB]
2	Stefano Zennaro	M50	London Fronrunners	17:22.92 [SB]
3	Florence Watson	U15G	Blackheath & Bromley HAC	21:01.22 [PB]

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	James Critchley	M60	Unattached	6:44.87
2	Joy Hodgkinson	N/K	Unattached	7:59.52

North Wales Endurance Open, Deeside (Tue. 20th Aug.)

Mixed 600m

Pos	Athlete	AG	Club	Perf.
1	Ameka Eardley	U11G	Warriors Pentathlon AC	3:18.16 [PB]
2	Harry Richards	U11B	Valley Striders	3:19.90 [PB]

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	Maisey McGenity	U13G	Warriors Pentathlon AC	5:23.66 [PB]
2	Sophie Davidson	U15G	Warriors Pentathlon AC	5:39.82
3	Daniel Purcell	U15B	Menai Track & Field	5:47.93 [PB]
4	Cerys Fitzpatrick	U13G	Carmarthen Harriers	6:29.91 [PB]

Warrington AC Terry Davies Memorial Open Meeting, Victoria Park, Warrington (Sat. 24th Aug.)

Another great turnout of nine race walkers from seven different clubs at the Warrington AC Terry Davies Memorial Meeting, **writes Ian Richards**. This is a great reflection of the work that Tom Bosworth has been doing with Welsh Athletics in North Wales and England Athletics in the North West.

Several of the athletes will now be competing in the English Schools Championships in September. It is also great to showcase race walking to other clubs and as a result of this event several other clubs are keen to get involved in the initiative. Many thanks to Dominic Ellis and the team at Warrington AC for their support.

**Mixed 600m**

Pos	Athlete	AG	Club	Perf.
1	Ameka Eardley	U11G	Warriors Pentathlon AC	3:15.73 [PB]
2	Harry Richards	U11B	Valley Striders	3:18.51 [PB]

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	Maisey McGenity	U13G	Warriors Pentathlon AC	5:31.65
2	Megan Chantrell	U15G	Aberdare Athletic Club	5:37.15
3	Ken Connar	SENM	Widnes Running Club	5:54.53
4	Cerys Fitzpatrick	U13G	Carmarthen Harriers	6:09.59 [PB]
5	Nathaniel Hopkins	SENM	Kirkby Milers	6:10.79
6	Wendy Valentine	SENW	Crewe & Nantwich AC	7:20.10
7	Victoria Hibbert	SENW	West Cheshire AC	7:20.39

Tonbridge AC Mike Rowbottom Open Meeting, Tonbridge School (Mon. 26th Aug.)**Mixed 1000m**

Pos	Athlete	AG	Club	Perf.
1	Jonathan Ellerton	U20M	Blackheath & Bromley	4:55.18 [PB]
2	Ellin Wilson	U15G	Ashford Athletic Club	5:15.36
3	Grace Andrews	U15G	Aldershot Farnham & Dist.	6:14.20
4	Owen Davies	U15B	Tonbridge Athletic Club	6:35.78 [PB]
5	Daniel Ofosu	M45	Ashford Athletic Club	6:40.12 [PB]

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Jessica Wilton	U20W	Ashford Athletic Club	15:16.40 [PB]
2	Emily Ghose	SENW	Tonbridge Athletic Club	15:43.66 [SB]
3	Grazia Manzotti	W55	Tonbridge Athletic Club	16:37.59
4	Mimi Marshall	U17W	Tonbridge Athletic Club	18:39.95 [PB]
5	Mark Ashby	M60	Cambridge Harriers	18:43.97
6	Stephanie Dann	W35	Cambridge Harriers	21:20.78 [PB]
	Selina Hawker	W45	Tonbridge Athletic Club	DQ TR54.7.1

Veterans AC and London Masters Open Track & Field Championships 2024, Tooting (Sat. 31st Aug.)**Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Stefano Zennaro	M50	London Fronrunners	16:43.50 [SB]
2	Chik Ha Kwok	W45	Metros Running Club	17:29.76 [PB]
3	Stuart Bennett	M65	Brentwood Beagles	18:02.57
4	Man Biu Lam	M65	Metros Running Club	18:02.59 [PB]
5	Hannah Cock	W55	Herne Hill Harriers	23:37.33 [PB]

London Inter-Club Challenge #3, Hendon (Sun. 1st Sept.)

In the direct sunshine the temperature on the track was in the upper 20's making the conditions quite a test, **reports Ron Wallwork.**

Not a bad turnout considering the Vets AC & London Masters Track Championships at Tooting Bec and the Southern Vets League finals at Horspath were staged the day before. Well done to Chick Ha Kwok and Man Biu Lam who contested the London Masters event.

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	Grazia Manzotti	W55	Tonbridge Athletic Club	29:15.49
2	Chik Ha Kwok	W45	Metros Running Club	20:35.75
3	Colin Harle	M65	Belgrave Harriers	31:04.05
4	Man Biu Lam	M65	Metros Running Club	31:36.97
5	Steve Allen	M65	Barnet & District AC	32:19.57
6	Mark Culshaw	M55	Cambridge Harriers	32:28.16
7	Helen Middleton	W60	Enfield & Haringey AC	33:59.99
8	John Taylor	M65	Brentwood Beagles	35:46.77
9	Jon May	M70	Enfield & Haringey AC	40:59.48
	Simon Morgan	M55	Ilford Athletic Club	DQ TR54.7.1
	John Borgars	M75	Herts Phoenix AC	DQ TR54.7.1
	John Arthur	M60	Veterans Athletic Club	DQ TR54.7.1
	David Hoben	M70	Surrey Walking Club	DQ TR54.7.1

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Lily-Ann Cooper	U15G	New Market Joggers	22:59.73
2	David Ainsworth	M75	Ilford Athletic Club	27:55.35
	Shaheda Arthur	W65	Veterans Athletic Club	DQ TR54.7.1
	Helen Giffin	W50	North Herts Road Runners	DQ TR54.7.1

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	Sophie Blundell	U13G	New Market Joggers	6:09.18

Masters

World Masters Athletics Championships, Gothenburg, Sweden (Sun. 11th Aug.)**10km W60+ (17th Aug.)**

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Marie MONMESSIN	W65	FRA	1:01:07		1
2	Line FALCON	W60	CAN	1:02:26	SB	1
3	Janina LUNIEWSKA	W60	POL	1:02:30		2
4	Kathryn GRIMES	W60	USA	1:03:12		3
5	Susan PAYNE	W60	GBR	1:03:48	SB	4
16	Maureen NOEL	W60	GBR	1:06:39		9

75 started; 69 finished; 6 DQ.

10km W35-W55 (17th Aug.)

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Vanessa DENISSELLE	W40	FRA	49:26		1
2	Monica SVENSSON	W45	SWE	50:35	CR	1
3	Michelle ROHL	W55	USA	50:54	SB	1
4	Maria POVES NOVELLA	W45	ESP	50:57	SB	2
5	Valeria PEDETTI	W50	ITA	51:52	SB	1
21	Carolyn DERBYSHIRE	W45	GBR	58:46	SB	4
29	Aleksandra MAJEWSKAI	W35	GBR	1:01:00	SB	4
58	Dash NEWINGTON	W40	GBR	1:13:11	SB	10





74 started; 66 finished; 6 DQ; 1 DNF.

10km M70+ (17th Aug.)

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Patrice BROCHOT	M70	FRA	1:00:14		1
2	Jose LOPEZ CAMARENA	M70	MEX	1:01:01		2
3	Ian RICHARDS	M75	GBR	1:01:45		1
4	Colin HEYWOOD	M70	AUS	1:02:59	SB	3
5	Abel ZAMORANO	M70	MEX	1:03:00		4
6	Peter BOSZKO	M75	GBR	1:03:55		2
34	Mick BARKER	M85	GBR	1:20:35		2



51 started; 43 finished; 6 DQ; 2 DNF.

5000m W35-W45 (19th Aug.)

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Vanessa DENISSELLE	W40	 FRA	23:55.63	SB	1
2	Maria POVES NOVELLA	W45	 ESP	24:51.42		1
3	Modra LIEPINA	W35	 LAT	26:09.92		1
4	Merete HELGHEIM	W40	 NOR	26:13.98	SB	2
5	Kathrin SCHULZE	W40	 AUT	26:53.69		3
21	Carolyn DERBYSHIRE	W45	 GBR	28:09.78	SB	3
22	Aleksandra MAJEWSKAI	W35	 GBR	29:31.51	SB	2






21 started; 21 finished.

5000m W60+ (19th Aug.)

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Line FALCON	W60	 CAN	30:04.32	SB	1
2	Susan PAYNE	W60	 GBR	30:04.38	SB	2
3	Janina LUNIEWSKA	W60	 POL	30:07.86		3
4	Kathryn GRIMES	W60	 USA	30:18.21		4
5	Carmen FRONTONS	W60	 ESP	31:06.59		5








26 started; 22 finished; 2 DQ.

5000m M75 (20th Aug.)

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Ian RICHARDS	M75	 GBR	30:25.35		1
2	Mario FIORI	M75	 ITA	30:31.35	SB	2
3	Bogustaw SEIDEL	M75	 POL	30:34.26		3
4	Vladimirs OREHOVS	M75	 LAT	31:12.46	SB	4
5	Ettorino FORMENTIN	M75	 ITA	32:26.56		5









16 started; 14 finished; 1 DNF; 1 DQ.

20km Women (25th Aug.)

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Vanessa DENISSELLE	W40	 FRA	1:46:59	CR	1
2	Monica SVENSSON	W45	 SWE	1:46:59	CR	1
3	Bianca SCHENKER	W45	 GER	1:50:20		2
4	Mariya ANGELOVA	W40	 BUL	1:53:40		2
5	Valérie BOBAN	W55	 FRA	1:56:53	SB	1
10	Melanie PEDDLE	W55	 GBR	2:03:27		3
17	Marie JACKSON	W60	 GBR	2:08:53		1
19	Aleksandra MAJEWSKA	W35	 GBR	2:10:39	SB	4
25	Maureen NOEL	W60	 GBR	2:16:48		2

70 started; 63 finished; 1 DNF; 6 DQ.

20km Men (25th Aug.)

Pos	Athlete	AG	Nation	Perf	Notes	Rank
1	Maher BEN HLIMA	M35	 POL	1:30:53	CR	1
2	David VILLAVICENCIO	M40	 MEX	1:37:16		1
3	Dmitry BABENKO	M50	 CAN	1:39:01	SB	1
4	Amaro TEIXEIRA	M35	 POR	1:42:43		2
5	Etiel MALDONADO	M50	 MEX	1:43:32	SB	2
68	Peter BOSZKO	M75	 GBR	2:15:21		1
	Ian RICHARDS	M75	 GBR	DQ		
	Mick BARKER	M85	 GBR	DQ		

118 started; 109 finished; 3 DNF; 6 DQ.

'B' Judged Races**Fred Pearce Relays, Simister (Sat. 24th July)**

Some last minute changes to the walking personnel altered the weighting of the handicap on this occasion, despite the disparity all competitors gave it their all on a very warm day and close atmosphere enveloped the field of 18 participants, **reports Dave Evans.**

With fairly large "starts" the outgoing first leg aspirants had to get stuck in lest their apparent lead was absorbed quickly by pursuing teams. The course is an out and back with a turnaround in the middle of Heaton Park so most walkers can establish their lead or deficit around this point.

After leg one Roy Gunnett headed the field with an excellent 34:37 for 5k. Two minutes later Sailash reached the same destination.

As the race completed its second leg the order had changed dramatically as Adrian Edwards cruised into a 7 minute lead.

Results (5km Legs)

- Sailash Shah 36:10/Adrian Edwards 34:37/Sailash Shah 36:32.
- Pat Evans 36:28/Glyn Jones 36:30/ Tony Bell 32:13
- Roy Gunnett 34:37/A.N.Other 45:37/Greg Smith 37:18
- Joe Hardy 36:35/John Crahan 38:39/Nigel Shaw 32:35
- Martin Payne 33:08/Steven Wilde 39:07/Ian Hilditch 38:36
- Phil McCullagh 35:40/ Martin Fisher 39:44/ Dave Evans 36:04

Goodwin Cup 10km, Chorley (Sat. 10th Aug.)

Right from the off it was clear that Roy had victory in mind leading the cortège of 8 aspirants by some 35 seconds at the mile point as the weather improved from drizzle to pleasant sunshine, **reports Dave Evans.** There were no prizes for guessing who would reach the turnaround in first place but places two to four were up for grabs. This latter group raced well and their return journey in all cases was a minute faster than the outgoing "leg". This course requires real concentration and resilience with almost helter skelter ups and downs.

As the walkers finally cleared the last hill the slick style of the club secretary came into view but hot on his trail was Steven Wilde who had managed to reduce the time deficit to 27 seconds having been 78 seconds in arrears at halfway.

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Roy Gunnett	M75	Lancashire Walking Club	73:10
2	Steven Wilde	M70	Lancashire Walking Club	73:37
3	Phil McCullagh	M65	Lancashire Walking Club	74:03
4	Glyn Jones	M80	Coventry Godiva Harriers	74:53
5	Joe Hardy	M80	Lancashire Walking Club	77:43
6	Ian Hilditch	M80	Lancashire Walking Club	89:16

6.5km

Pos	Athlete	AG	Club	Perf.
1	Greg Smith	M70	Lancashire Walking Club	53:07

6th South Yorkshire League, Sheffield (Mon. 12th Aug.)

It was the hottest day of the year so far, though a little fresher as evening approached, **reports Brian Adams.** Tony was not up to his recent form and was a minute down on his 5km pace as Maya started her 1km, she too found it difficult to get into a good rhythm, holidays can have that effect! Tony having her in his sights started pulling her back, then at the final turn (about 120m to go) Maya put in a burst of speed which she didn't need to maintain for very long before she realised that she could cruise to first place.

Pos	Athlete	AG	Club	Perf.
1	Maya Zuccolo	U13G	Silverdale School	7:44 (1k)
2	Tony Bell	M60	Lancashire WC	33:40 (5k)

Gloucester 24 Hour Track Races (24th/25th Aug.)

The Centurions 100 Miles in 24 Hours race held in conjunction with the RWA Long Distance Championship was held over the weekend of 24/25th August at the Blackbridge Athletic Club track at Podsmoor, Gloucester, **reports Chris Flint.** The organisers were Paul Corderoy and Maria Katsiva Corderoy of Severn Valley Events Ltd who promoted the joint 24-hour event for runners and walkers. For the Centurions and RWA it was a new venture. In brief, it was a good event, and the organisers were pleased to have the walking races with their 24-hour running race. There was also a midnight 50,000m race walk. Whilst the entry fees were higher than usual, the participants had the benefit of meals, soups, gazebos, bell tents, medics and First Aid, massages, track side toilets, club house access and showers, chip timing and visual screens for up-to-date lap completions and positions and camping

facilities for personal tents. The layout was well positioned and every athlete as well as judges and officials had tables and shelter. It was impressively well done.

At 10 am the 18 walkers were sent on their way by starter Roger Michell and occupied lanes 4, 5 and 6. They had to complete 381 laps. The runners had the inside lanes. It was agreed the walkers would not change direction which the runners did at set intervals. The weather was variable but did not inconvenience the athlete's progression. The walkers comprised an international group representing clubs from the Netherlands, Australia, the US, New Zealand, the Isle of Man, Northern Ireland, England, and Belgium as well as some unattached athletes.

Jonathan Hobbs took an early lead and set a steady 18-hour pace and was tracked by Australian husband and wife team Justin and Sharon Scholz with the Belgian trio of Ignace Matthys, Detlef Santy and Kurt Tempels in close pursuit. The Dutch team of Frank van der Gulik, Jantinus Meints, and Frans Leijtens kept a watchful eye on the early leaders while the always reliable Andrew Titley of the Isle of Man Veterans encouraged fellow club mates Russell Walker and Colin Moore to keep to their schedule. Susan Grimes from the US had narrowly missed out on Centurion's qualification at Middlesbrough last year and was determined to succeed. Despite all her efforts she again fell short. As the race progressed positions changed, and others left the field.

The 100-mile race concluded with an impressive win for Jonathan Hobbs (Ashford AC). He had recovered from a serious bout of sickness which dropped him to 4th position and a deficit of 8 laps to regain the lead and win overall in 20:38:06, a dramatic comeback. Justin Scholz (Wangaratta Runners) finished second 21:20:49 with Ignacia 102.471gian club Dwars Door Brakel third in 21:39:54. Richard McChesney walked the most laps to complete 24 hours covering 102.471 miles.

Dave Jones, the Centurions President, presented Centurions medals to the two athletes who qualified as Centurions, namely Delef Santy as Centurion 1221 and Kurt Tempels as Centurion 1222, both from Belgian clubs. Delef also received the Hew Neilson C145 trophy as the first new Centurion. The Hammond Trophy for the first male existing Centurion was awarded to Jonathan Hobbs, and the Bristol Trophy for the first existing female to Sharon Scholz. The Sunday Dispatch Trophy for the fastest winning team to reach 100 miles went to the Dutch duo of Frank van der Gulik and Jantinus Meints of the RWV club.

Chris Hobbs, RWA President, presented the Wilkinson Sword to his son Jonathan as winner of the RWA Championship, and the Ken Smith Memorial Trophy to Andrew Titley for the event's most memorable performance. Both received RWA championship medals.

A 50,000m invitation race was held starting at midnight which was convincingly won by Steve Allen in 6:35:00 with James Simpson (unattached) second in 6:47:12 with Roy Gunnnett in third position in 6:57:33. This was another good event.

Officials, Eric Horwill, Glyn Jones, Andrew and Eleanor Clough, Colin Bradley, and Roger Michell worked tirelessly throughout the 24 hours and deserved the highest of thanks from the athletes. Fortunately, there were no incidents of any significance requiring action. Overall, a most enjoyable event that benefited from excellent organisation, a good rapport between walkers and runners, and the work of volunteer helpers who ensured that the athletes were well looked after.

Mixed 24 Hours ('B' Judged)

Pos	Athlete	AG	Club	Miles/Time
1	Richard McChesney	M55	Unattached/NZL	102.471 (24:00:00)
2	Justin Scholz	M45	Australia	101.309 (21:44.26)
3	Jonathan Hobbs	SENM	Ashford Athletic Club	100.521 (20:44.52)
4	Frank Van Der Gulik	M45	RWV Netherlands	100.259 (23:02.35)
5	Ignace Matthys	??	Belgium	100.000 (21:39:54)
6	Sharon Scholz	W45	Australia	100.000 (21:45:25)
7	Jantinus Meints	M60	RWV Netherlands	100.000 (22:02:33)
8	Detlef Santy	??	Belgium	100.000 (22:07:04)
9	Andrew Titley	M55	IOM Veterans AC	100.000 (23:32.02)
10	Kurt Tempels	??	Belgium	100.000 (23:32:51)
11	Werner De Leat	??	Belgium	085.562 (20:17:02)

12	Russell Walker	??	IOM Veterans AC	083.988 (23:32.02)
13	Brenda Miere O'Keeffe	??	100 Marathon Club	081.024 (24:00:00)
14	Susan Grimes	W65	United States	073.049 (17:35:46)
15	Colin Moore	M65	IOM Veterans AC	081.107 (13:20:01)
16	Cedric Castille	??		047.508 (09:58:57)
17	Frans Leijtens	M45	RWV Netherlands	038.586 (08:57:43)
18	Sean Matthew Smith	??		032.998 (24:00:00)

Mixed 100 Miles ('B' Judged)

Pos	Athlete	Club	Perf
1	Jonathan Hobbs	Ashford Athletic Club	20:38:06
2	Justin Scholz	Wangaratta Runners, Australia	21:20:49
3	Ignace Mattya	Dwars Door Brakel, Belgium	21:39:54
4	Sharon Scholz	Wangaratta Runners, Australia	21:45:25
5	Jantinus Meints	RWV, Netherlands	22:02:33
6	Delef Santy	12 uren van Lauwe, Belgium	22:07:04
7	Frank Van Der Gulik	RWV, Netherlands	22:58:50
8	Richard McChesney	Unattached, New Zealand	23:23:15
9	Andrew Titley	Isle of Man Veterans	23:32:02
10	Kurt Tempels	Hanske de Krijger, Belgium	23:32:51

Mixed 50,000m ('B' Judged)

Pos	Athlete	AG	Club	Perf.
1	Steve Allen	M65	Barnet & District AC	6:35:00
2	James Simpson	??	Unattached	6:47:12
3	Roy Gunnnett	M75	Lancashire Walking Club	6:57:33
4	Marcin Wojtowicz	M45	Winchester & Dist. AC	7:02:57
5	Colin Vesty	M55	Leicester Walking Club	7:25:59
	Mark Vallint	??	Unattached	DNF
	Christopher Flint	M70	Surrey Walking Club	DNF
	John Stephenson	??	Unattached	DNF
	Graham Wilkes	??	Unattached	DNF

City of Southend-on-Sea Athletic Club Track & Field Championships and Open, Garon Park (Mon. 26th Aug.)



Mixed 1 Mile

Pos	Athlete	AG	Club	Perf.
1	Philip Barnard	M40	Ilford Athletic Club	7:36.4
2	Emma Dyos	W45	Brentwood Beagles	8:44.9
3	Stuart Bennett	M65	Brentwood Beagles	9:10.8
4	Colin Harle	M65	Belgrave Harriers	9:21.9
5	Linda Mountford	W35	Unattached	9:57.8
6	Steve Allen	M65	Ilford Athletic Club	10:06.2
7	Richard Maskell	M45	City of Southend AC	10:13.5
8	Rowan McTeer	U13B	Central Park Athletics	10:22.3
9	John Taylor	M65	Brentwood Beagles	10:24.8
10	Keith Palmer	M55	City of Southend AC	10:28.1
11	John Borgars	M75	Herts Phoenix AC	10:33.7
12	Tilly Heaton	U17W	Castle Point Joggers	10:40.5
13	Kirsten McTeer	W45	Central Park Athletics	10:49.5
14	Alan O'Rawe	M80	Ilford Athletic Club	10:58.3
15	Katie Hawkins	U15G	Brentwood Beagles	11:31.7
16	Emma Palmer	??	Unattached	12:35.9
17	David Ainsworth	M75	Ilford Athletic Club	13:48.2
18	Selena Fox	??	Unattached	13:57.6
19	Val Mountford	W75	Unattached	14:16.8