



Race Walking Record

September 2024



**Callum Wilkinson
&**

Abigail Jennings

2024 National 20km Champions

Photograph courtesy of Steve Partington (Manx Harriers)

NEWS

DATES FOR YOUR DIARY

UKA National 2025 Fixtures

UKA have started to publish fixtures for 2025 and listed below are the currently known major events that normally include a race walk. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
18/19 th Jan	England Athletics Indoor Walks (U15+)	E.I.S. Sheffield
22/23 rd Feb	UK Athletics Indoor Championships	T.B.C
22/23 rd Feb	British Masters Indoor Championships	Lee Valley
22 nd Mar	44 th Dudinska 50	Dudince (SVK)
4 th May	4 th Korzeniowski Warsaw RW Cup	Warsaw (POL)
18 th May	European RW Team Championships	Poděbrady (CZE)
7 th June	La Coruña GP of Race Walking	La Coruña (ESP)
28/29 th June	Welsh Senior/U15 Championships	Cardiff
25-27 th July	EA Senior/U23/U20 Championships	T.B.C
1-3 rd Aug.	EA Age Group Championships	T.B.C.
23-24 Aug.	UKA Outdoor Championships	T.B.C

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- Micheal (Micky) Harran (Surrey Walking Club)
- Brian Kibble (Leicester Walking Club)

National Championships

UKA 20km Race Walking Championships, incorporating England Athletics, Race Walking Assoc. & Isle of Man Championships – N.S.C. Douglas (Sun. 8th Sept.)



The UKA 20 km Championships were held on the perimeter road circuit of the National Sports Centre in Douglas on the Isle of Man and incorporated the England Athletics (EA), Race Walking Association (RWA) and Isle of Man championships.

There were four starters in the men's race with Callum Wilkinson and Cameron Corbishley walking the first half of the race (12 of the 25 laps) practically together. At this point Corbishley moved away from Wilkinson, gaining around a thirty second advantage. Around 16 km

Corbishley was directed into the penalty zone. Wilkinson took the lead crossing the finish line in 1:23:55 to take the UKA, EA & RWA titles. Corbishley took second place with 1:24:28. The podium was completed by Guy Thomas, who recorded 1:33:37.



Eight started the women's race. Abigail Jennings went straight into the lead and was never headed crossing the line in 1:45:29. Second and third positions went to Grazia Manzotti with 1:59:20 and Helen Davies with 2:07:44. Marie Jackson claimed bronze in the championship events.



Senior Men's 20km

Pos	Athlete	AG	Club	Perf.
1	Callum Wilkinson	SENM	Enfield & Haringey AC	1:23:55
2	Cameron Corbishley	SENM	Medway & Maidstone AC	1:24:28 [PZ]
3	Guy Thomas	SENM	Tonbridge Athletic Club	1:33:37
	Chris Addy	M35	Manx Fell Runners	DNF [PZ]

Senior Women's 20km

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	SENV	Aldershot Farnham & Dist.	1:45:29
2	Grazia Manzotti	W55	Tonbridge Athletic Club	1:59:20 [PB]
3	Helen Davies	W40	Unattached	2:07:44
4	Marie Jackson	W60	Manx Harriers	2:10:00
5	Jayne Farquhar	W55	Manx Harriers	2:14:16
6	Nicola Marshall	W60	Manx Harriers	2:19:14
	Rachael Greham	W40	Manx Harriers	DNF [PZ]
	Louise Hollings	W40	Manx Harriers	DNF

Supporting Races

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Lorna Gleave	W40	Manx Harriers	60:00
2	Angela Robinson	W55	Manx Fell Runners	73:38
	Maura Kelly	W55	Northern (IOM) AC	DQ TR54.7.5

Mixed 3km

Pos	Athlete	AG	Club	Perf.
1	Lilee Fletcher	U13G	Manx Harriers	15:56
2	Timothy Perry	U15G	Northern (IOM) AC	16:06
3	Trejan Checkecku-B	U15B	Blackheath & Bromley	16:14
4	Amy Sturgeon	U15G	Manx Harriers	19:28
5	Honey-Mae Davies	U15G	Unattached	21:17

Mixed 2km

Pos	Athlete	AG	Club	Perf.
1	Jay Jay Fletcher	U13B	Manx Harriers	11:24
2	Polly Davies	U13G	Manx Harriers	13:52

Mixed 1km

Pos	Athlete	AG	Club	Perf.
1	Jack Davies	U11B	Manx Harriers	5:21
2	Faye Robertson	U11G	Manx Harriers	7:23



Lilee Fletcher - Timothy Perry - Trejan Checheku-Boamah

British Masters 5000m Track Championships, Birmingham University (Sat. 14th Sept.)

A dozen athletes started, eleven finishing *writes Andrew Clough*. All earned medals as there were several age groups.

Carolyn Derbyshire, Aleksandra Majewska-Ani, Peter Bosko and Steve Uttley were the first four home, winning their age groups.

Mixed 5000m

Pos	Athlete	AG	Club	Perf	Rank
1	Carolyn Derbyshire	W45	Nuneaton Harriers	28:47.39	1
2	Aleksandra Majewska-Ani	W35	Charnwood AC	30:22.30	1
3	Peter Boszko	M75	Birchfild Harriers	31:22.81	1
4	Steve Uttley	M65	Ilford Athletic Club	31:26.81	1
5	Martin Slevin	M60	Headington RR	32:06.12	1
6	Julie Bellfield	W55	Halesowen AC	32:49.88	1
7	Hardeep Minhas	M65	Leicester WC	32:54.01	2
8	Paul Belcher	M70	Bridgend AC	33:03.38	1
9	Lynn Bellfield	W55	Halesowen AC	34:47.26	2
10	Trevor Dixon	M65	SCAVAC	34:50.72	3
11	Martin Murray	M55	SWVAC	35:05.82	1
	Ken Connor	M60	Northern Masters	DQ	

English Schools 50th Race Walk Championships – Stoke on Trent (Sat. 21st Sept.)

The 50th English Schools' Race Walking Championships were held at Northwood, Stoke on Trent, *writes Andrew Clough*. As usual they were in conjunction with the ESAA Combined Events Championships. The event was blessed with excellent conditions, not too hot and definitely not wet, a fate which befell the final track and field events of the day and all of Sunday.

Thirty-six athletes were entered, with three races over what was a new set of distances. This was the biggest overall entry since 2015, much bolstered by a dozen starters in the U13 Development Race. Junior numbers were the best since 2018. Intermediate numbers were a little down on the highs of 2021-2022. At senior level there were only two women entered, well down on all the recent years.

The twelve U13 Development walkers tested themselves over 1500m. Lilee Fletcher-Merryweather (IOM) was a clear winner in 7:38.31, ahead of Maisy McGenity (Merseyside) in 8:20.65. Sophie Blundell (Cambridgeshire) was third. Between Maisy and Sophie the first two boys home registered PB's, Seth Muddle (Sussex) 8:44.21, maintained a six second lead over Kent's Luke Eperon. Rowan McTeer (Kent) was third boy home.

The Junior race was over 2000m and again had twelve competitors. Timothy Perry (IOM), winner of last year's development race, and

defending champion Trejan Checheku-Boamah (Kent) battled for first place. Both earned PB's, Timothy pulling clear by twenty seconds to win in 10:16.99. Charlie Perry (Sussex) was third. Behind them, Ellin Wilson (Kent), also a winner in last year's U13 race, was first girl in 10:54.30, ahead of Merseyside's Sophie Davidson, with Amy Surgeon (IOM) third.

The final race was a 3000m for four groups. Sadly there were no Senior Boys. Defending champion over 5000m for the Senior Girls was Kent's Jessica Wilton. She excelled, beating her previous best by ten seconds in 15:06.61, over a minute ahead of Natasha Mitchell from Hampshire. They were followed by the top three Inter Girls. Cerys Bithell (Suffolk) and Mimi Marshall (Kent) had the closest race of the day, staying a few seconds from each other until the final lap when Mimi was sent to the penalty zone, allowing Cerys a clear route home in 17:11.84. Despite the setback, Mimi bettered her PB by almost a minute. Around a minute and a half behind, Tilly Heaton from Essex was third. The last medals to be decided were to the Somerset pair of Inter Boys, Jack Wynn (20:10.30) and Antonio Cannell.

If there were a medal table, Kent would top it with two gold, three silver and one bronze, ahead of Isle of Man with two gold and a bronze.

Mixed U13 Development Race – 1500m

Pos	Athlete	AG	County	Perf	Rank
1	Lilee Fletcher	U13G	Isle of Man	07:38.31	1
2	Maisy McGenity	U13G	Merseyside	08:20.65	2
3	Seth Muddle	U13B	Sussex	08:44.21	1
4	Luke Eperon	U13B	Kent	08:50.97	2
5	Sophie Blundell	U13G	Cambridgeshire	09:03.91	3
6	Carrie Ellis	U13G	Sussex	09:09.41	4
7	Rowan McTeer	U13B	Kent	09:35.98	3
8	Isabelle-Grace Wilson	U13G	Merseyside	10:01.89	5
9	Harry Taylor	U13B	West Midlands	10:04.67	4
10	Marissa Morley	U13G	Surrey	10:05.20	6
11	Rainbow Love	U13B	Sussex	10:52.23	5
12	Xavi Cannell	U13B	Somerset	10:52.31	6

Mixed Junior 2000m

Pos	Athlete	AG	County	Perf	Rank
1	Timothy Perry	U15B	Isle of Man	10:16.99	1
2	Trejan Checheku-Boamah	U15B	Kent	10:37.56	2
3	Ellin Wilson	U15G	Kent	10:54.30	1
4	Sophie Davidson	U15G	Merseyside	11:18.19	2
5	Charlie Perry	U15B	Sussex	11:29.32	3
6	Amy Surgeon	U15G	Isle of Man	12:09.16	3
7	Millicent Steele	U15G	Kent	12:21.36	4
8	Aimee Thursfield	U15G	West Midlands	13:01.22	5
9	Grace Andrews	U15G	Surrey	13:26.56	6
10	Lily-Ann Cooper	U15G	Cambridgeshire	14:02.83	7
11	Tafara Nyoni	U15G	Hampshire	15:23.78	8
12	Thomas Muddle	U15B	Sussex	15:39.47	4

Mixed Intermediate & Senior 3000m

Pos	Athlete	AG	County	Perf	Rank
1	Jessica Wilton	U20W	Kent	15:06.61	1
2	Natasha Mitchell	U20W	Hampshire	16:19.05	2
3	Cerys Bithell	U17W	Suffolk	17:11.84	1
4	Mimi Marshall	U17W	Kent	17:43.79	2
5	Tilly Heaton	U17W	Essex	19:21.48	3
6	Jack Wynn	U17M	Somerset	20:10.30	1
7	Megan Grove	U17W	West Midlands	20:23.04	4
8	Ema Hurbanova	U17W	West Midlands	20:49.17	5
9	Antonio Cannell	U17M	Somerset	24:05.98	2

Enfield Race Walking League

Amos Seddon 10,000m Open Track Race

and including a U13 2000m/U15 3000m/U17 5000m track walks

11am QE II Stadium, Enfield on Sat. 12th October 2024

Enter at: [Fabian4](#) by Noon on 16th Oct.

'A' Judged Races

Southern Counties Veterans AC League Final, Horspath, Oxford (Sat. 31st Aug.)

Winners of the eight SCVAC divisions met at Horspath Road, Oxford on contest two races over 2000m, **reports Andrew Clough**. Grazia Manzotti and Estle Viljoen led the women's field of thirteen, Grazia coming home first in 10:50.77, around thirty seconds ahead of Estle.

In the men's race twenty walkers toed the line. Ilford dominated the front of the race, Steve Crane winning in 11:15.03 and Steve Uttley in third. Graham Chapman gradually dropped around twenty seconds behind Crane but held on to second place.

Women's 2000m

Pos	Athlete	AG	Club	Perf	Rank
1	Grazia Manzotti	W55	Tonbridge A.C.	10:50.77	W50 1
2	Estle Viljoen	W50	Hercules Wimbledon	11:22.26	W50 2
3	Diane Bradley	W60	Tonbridge A.C.	13:19.13	W60 1
4	Jacqueline Richardson	W50	Hercules Wimbledon	13:39.80	W35 1
5	Ruth Gladhill	W60	Serpentine Runners	13:39.80	W60 2
6	Hannah Wilson	W40	Southampton A.C.	15:01.98	W35 2
7	Selina Hawker	W45	Tonbridge A.C.	15:51.47	W35 3
8	Harriet O'Brian	W55	Barnet & District AC	16:00.20	W35 4
9	Caroline Helder	W60	Hercules Wimbledon	16:50.10	W60 3
10	Caroline Barnfield	W60	Southampton A.C.	16:51.05	W60 4
11	Julie Hawes	W55	Barnet & District AC	17:53.46	W50 3
12	Catherine Scott	W65	Barnet & District AC	17:53.55	W60 5
13	Janet Littlewood	W50	Southampton A.C.	17:59.81	W50 4

Men's 2000m

Pos	Athlete	AG	Club	Perf	Rank
1	Stephen Crane	M40	Ilford Athletic Club	11:16.03	M35 1
2	Graham Chapman	M65	Oxford City AC	11:35.12	M35 2
3	Steve Uttley	M65	Ilford Athletic Club	12:08.17	M50 1
4	Mark Pitcairn-Knowles	M55	Tonbridge A.C.	12:44.45	M35 3
5	Nicola Barberis Negra	M40	Serpentine Runners	13:00.17	M35 4
6	Mark Andrews	M35	Hercules Wimbledon	13:02.61	M35 5
7	Richard Christian	M55	Tonbridge A.C.	13:08.15	M50 2
8	Trevor Dixon	M65	Oxford City AC	13:17.62	M50 3
9	Terry Wegg	M55	Basingstoke & Mid Hants	13:34.16	M50 4
10	Andrew Pritchard	M65	Oxford City AC	13:41.63	M60 1
11	Ray Gartland	M60	Basingstoke & Mid Hants	14:21.76	M60 2
12	Alex Maizer	M50	Serpentine Runners	14:27.32	M50 5
13	Mark Kybert	M60	Dartford Harriers AC	14:27.51	M60 3
14	Ernie Forsyth	M65	Ilford Athletic Club	14:39.92	M60 4
15	Andrew Maynard	M60	Serpentine Runners	15:11.93	M60 5
16	Mark Norris	M50	Basingstoke & Mid Hants	15:26.28	M35 6
17	David King	M55	Dartford Harriers AC	16:56.57	M50 6
18	Mark Vrijmoed	M45	Dartford Harriers AC	16:56.64	M35 7
19	Mike Forder	M70	Hercules Wimbledon	19:04.40	M50 7
	Tony Austin	M65	Hercules Wimbledon	DQ	

Midland Masters T & F League Final, Nuneaton (Sun. 1st Sept.)

Teams qualifying from the MVFTL's three divisions held their two 2000m races of twenty walkers each at Nuneaton, **writes Andrew Clough**. The women's field included two medallists from the World Masters Championships in Gothenburg. Carolyn Derbyshire and Aleksandra Majewska-Ani alongside Wendy Kane (Nuneaton) led the field. Carolyn won in 10:38.10, twenty seconds ahead of Aleks and Wendy a similar distance further back.

The men's race included Gothenburg gold medallist Peter Boszko, but he could not keep up with team mate Mark Williams who finished in 10:12.90, two minutes ahead. The battle for second and third was close, Hardeep Minhas losing out by less than five seconds.

Women's 2000m - A & B Final

Pos	Athlete	AG	Club	Perf	Rank
1	Carolyn Derbyshire	W45	Nuneaton Harriers	10:38.10	W35 1A
2	Aleksandra Majewska-Ani	W35	Charnwood A.C.	10:59.92	W35 2A

3	Wendy Kane	W55	Nuneaton Harriers	11:25.88	W50 1A
4	Cat Hutchinson	W40	Worcester A.C.	12:24.19	W35 3A
5	Helen Watson	W60	Telford Athletic Club	13:01.36	W50 2A
6	Jane McLure	W50	Stratford-upon-Avon	13:13.48	W50 3A
7	Linda New	W65	Harborough A.C.	13:47.15	W50 1B
8	Carol Birch	W80	Rugby & Northampton	13:59.67	W50 4A
9	Kathryn Coleman	W55	Kettering Town Hs.	14:33.55	W50 2B
10	Sarah Travers	W50	Rugby & Northampton	14:36.64	W50 3B
11	Wendy Morant	W55	Birchfield Harriers	14:43.26	W50 4B
12	Anna Kurdyk	W35	Rugby & Northampton	14:55.61	W35 1B
13	Gemma Smith	W50	Stratford-upon-Avon	15:00.22	W35 4A
14	Tricia Garner	W60	Rugby & Northampton	15:11.08	W35 5A
15	Louise Kirby	W55	Worcester A.C.	15:12.85	W50 5A
16	Paula Sinnott	W50	Kettering Town Hs.	15:13.45	W35 2B
17	Judy Kelsall	W70	Burton Athletic Club	15:26.37	W50 6A
18	Hilary McDermott	W55	Charnwood A.C.	16:13.85	W50 7A
19	Dawn Priestley	W60	Telford Athletic Club	16:17.15	W35 6A
20	Cathy Cook	W45	Harborough A.C.	17:34.03	W35 3B

Men's 2000m - A & B Final

Pos	Athlete	AG	Club	Perf	Rank
1	Mark Williams	M55	Birchfield Harriers	10:12.90	M35 1B
2	Peter Boszko	M75	Birchfield Harriers	12:03.52	M50 1B
3	Hardeep Minhas	M65	Rugby & Northampton	12:08.24	M50 1A
4	Hugh Davies	M50	Worcester A.C.	12:24.16	M35 1A
5	Chris Hamer-Hodges	M50	Nuneaton Harriers	12:28.18	M50 2A
6	Peter Everett	M50	Nuneaton Harriers	12:33.86	M34 2A
7	Rob Egan	M45	Leamington A.C.	12:43.66	M35 2B
8	Ashley Wright	M35	Harborough A.C.	12:51.65	M35 3B
9	Chris Callow	M50	Midland Masters AC	13:20.26	Guest
10	Richard Monk	M65	Rugby & Northampton	14:02.13	M35 4B
11	Reichard Drewett	M65	Worcester A.C.	14:04.86	M50 3A
12	Mark Barroclough	M60	Rugby & Northampton	14:32.24	M35 3A
13	Peter Sugden	M55	Stratford-upon-Avon	14:57.44	M35 4A
14	Martin Aspley-Davis	M45	Bromsgrove & Redditch	15:22.52	M35 5B
15	Dave Bunker	M65	Rugby & Northampton	15:46.30	M50 3B
16	Dave Harmer	M75	Charnwood A.C.	15:57.53	M50 4A
17	Paul Hawkins	M65	Stratford-upon-Avon	16:22.84	M50 5A
18	Peter Goringe	M60	Kettering Town Hs.	17:04.07	M50 4B
19	Graham Donahue	M60	Leamington A.C.	18:46.16	M50 5B
	John Bowden	M40	Charnwood A.C.	DNF	



10,000m Track Championship & Open

(incorporating the championships of Herts/Middx/Surry/Sussex)

and including a 2000m track walk

1 pm Norman Park Athletics Track, Bromley

Saturday 19th October 2024

Register at: [Fabian4](#) by 18th Oct. - Pay at reception on the day

More information at [VAC - Fixtures \(vetsac.org.uk\)](#)

England Masters Athletics Association Inter-Area Outdoor Challenge, Corby (Sat. 7th Sept.)

Women's 2000m

Pos	Athlete	AG	Club	Perf.
1	Carolyn Derbyshire	W45	Midland Masters AC	10:24.49 [PB]
2	Melanie Peddle	W55	Eastern Masters AC	10:25.83 [SB]
3	Aleksandra Majewska-Ani	W35	Eastern Masters AC	11:18.65
4	Wendy Kane	W55	Midland Masters AC	11:36.62
5	Catherine Hutchinson	W40	Welsh Masters AC	13:19.85
6	Michele O'Neill-Hall	W55	North East Masters AA	13:49.10
7	Lin Farrow	W65	Eastern Masters AC	14:12.18
8	Selina Hawker	W45	Southern Counties Vets	14:31.75 [PB]
9	Louise Kirby	W55	Welsh Masters AC	15:33.11
10	Margaret Barker	W70	Midland Masters AC	15:38.70 [SB]
11	Wendy Valentine	W55	Northern Masters AC	16:03.09 [PB]

12	Afroditi Kalambouka	W55	Northern Masters AC	16:35.62 [PB]
13	Ceridwen Howell	W65	Welsh Masters AC	20:17.86 [PB]

Men's 2000m

Pos	Athlete	AG	Club	Perf.
1	Stuart Bennett	M65	Veterans AC	11:28.82 [SB]
2	Ivan Thorn	M50	North East Masters AA	11:32.86 [PB]
3	Colin Harle	M65	Eastern Masters AC	11:35.38 [SB]
4	Peter Boszko	M75	Midland Masters AC	11:44.89 [SB]
5	Trevor Jones	M65	Veterans AC	11:50.25 [SB]
6	Steve Uttley	M65	Southern Counties Vets	11:50.25 [SB]
7	Hardeep Minhas	M65	Midland Masters AC	11:50.70 [SB]
8	Peter Everitt	M50	Midland Masters AC	11:52.01 [PB]
9	Mark Ashby	M60	Southern Counties Vets	11:52.44 [SB]
10	Martin Slevin	M60	Southern Counties Vets	12:02.65 [SB]
11	John Taylor	M65	Veterans AC	13:08.74
12	John Borgars	M75	Eastern Masters AC	13:43.77 [SB]
13	Rick Cordell	M45	Northern Masters AC	15:04.59 [PB]
14	Alex Rowe	M65	Northern Masters AC	15:30.42 [PB]
15	Graeme Packman	M65	Eastern Masters AC	15:58.95 [SB]
16	Paul Barlow	M50	Northern Masters AC	18:39.28 [SB]

Ray Hall Winter League/Surrey Walking Club Open Track Walks

(incorporating the Southern Area Championship)

11am Tonbridge School Athletics Track

Saturday 2nd November 2024

U13 1500m/U15 2000m/U17 3000m/ U20 & SEN 5000m

Enter and information at: [Roster](#) by 23:59 on 29th Oct.

Kent County AA U13 & Masters Championships, Gillingham (Sun. 15th Sept.)

Mixed 2000m

Pos	Athlete	AG	Club	Perf	Rank
1	Mark Ashby	M60	Cambridge Harriers	11:36.00 [SB]	1
2	Matthew Ellerton	M50	Blackheath & Bromley	11:55.46	1
3	Stephanie Dann	W35	Cambridge Harriers	13:07.38 [PB]	1
4	Luke Eperon	U13B	Blackheath & Bromley	13:34.00	1
5	Selina Hawker	W45	Tonbridge Athletic Club	14:05.76 [PB]	1
6	Lesley Hall	W65	Ashford Athletic Club	14:36.38 [SB]	1

Eastern Masters T & F Final, Milton Keynes (Sun. 15th Sept.)

Twenty-three walkers in a single crowded 2000m race, **reports Andrew Clough**. Daniel and Dominic King (Colchester Harriers) finished well ahead of the rest of the field, the former in 9:24.9, 12.8s ahead of his brother. Another member of the Gothenburg 20km gold medal team was the leading woman. Melanie Peddle was third in the race with a time of 10:31.4, nearly three minutes ahead of her nearest rival.

Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Daniel King	M40	Colchester Harriers	09:24.9
2	Dominic King	M40	Colchester Harriers	09:37.7
3	Melanie Peddle	W55	Thurrock H/Loughton AC	10:31.4
4	Adam Hills	M45	Bedford & County AC	11:05.8
5	Stephen Kemp	M60	Thurrock H/Loughton AC	12:06.1
6	Richard Maskell	M45	City of Southend AC	13:16.1
7	Keeley Swords	W40	Colchester & Tend/Ipswich H	13:18.4
8	John Borgars	M75	Bedford & County AC	13:27.1
9	Mary Knapman	W45	Thurrock H/Loughton AC	13:30.4
10	Graham Eastly	M40	City of Southend AC	13:47.9
11	David Sherman	M40	Thurrock H/Loughton AC	14:35.3
12	Stewart Fraser	M65	Marshall Milton Keynes	14:38.7
13	Pamela Abbott	W60	Cambridge & Coleridge	14:41.1
14	Richard Pownall	M60	Marshall Milton Keynes	14:56.0
15	Diane Farmer	W65	Marshall Milton Keynes	15:01.3
16	Kate Heap	W35	Colchester & Tend/Ipswich H	15:13.8

17	Hazel Smith	W50	Fairlands Valley Spartans	15:17.5
18	Kay Gibson	W55	Peterborough & Nene Valley	15:18.8
19	Rachel Roberts	W50	Cambridge & Coleridge	15:45.4
20	Sharon Crowley	W65	Fairlands Valley Spartans	16:28.7
21	Carl Paxman	M35	Chelmsford Athletic Club	18:21.8
	Timothy Clough	M50	Peterborough & Nene Valley	DQ TR54.7.1
	Paul Frimage	M65	Ryston Runners AC	DQ TR54.7.1

Enfield League 1 Hour Badge Race, Enfield (Sat. 21st Sept.)

Relative newcomer to the ERWL Chik Ha Kwok (*pictured*) known as "Billie" followed up her second place in the LICC fixture earlier in the month with the top spot in this race and failed by only 63m to qualify for a "6 miles in the hour" badge. Displaying good technique. She took command of the race in the final half hour to finish comfortably ahead of Barnet's Steve Allen.



There was a warm welcome return for David Walsh and a debut one for Taro Tyson.

The forecasted showers never materialised and conditions at the start were overcast and humid, but by the end of the race sunny

and hot too.

Mixed 1 Hour

Pos	Athlete	AG	Club	Perf.
1	Chik Ha Kwok	W45	Metro Running Club	9.593m
2	Steve Allen	M65	Barnet & District AC	9.430m
3	Colin Harle	M65	Belgrave Harriers	9.414m
4	Man Biu Lam	M65	Metro Running Club	9.285m
5	Jacqueline Benson	SENW	Ashford Athletic Club	9.198m
6	Helen Middleton	W60	Enfield & Haringey AC	9.112m
7	Maureen Noel	W60	Belgrave Harriers	9.015m
8	Steve Allen	M65	Ilford Athletic Club	8.471m
9	John Taylor	M65	Brentwood Beagles	8.158m
10	John Arthur	M65	Veteran's Athletic Club	8.067m
11	Taro Tyson	M50	Cambridge & Colridge	7.010m
12	Melanie Peddle	W55	Loughton Athletic Club	9.593m

'B' Judged: Ian Richards (M75 Steyning) 9.514m, Simon Morgan (M55 Ilford) 8.829m, David Walsh (M60 Enfield) 8.072m, Sheila Leavy ((W70 N. Herts RR) 7.390m, Jon May (M70 Enfield) 7.353m, David Hoben (M70 Surrey WC) 7.237m, David Ainsworth (M75 Ilford) 6.523m, Shaheda Arthur (W65 – Vets AC) 5.477m.

3000m

Pos	Athlete	AG	Club	Perf.
1	Celia Cordran	W45	Brentwood Beagles	22:29.5

Manx Harriers 1 Hour Challenge Walk and Support Races, N.S.C. Douglas (Sun. 29th Sept.)

Mixed 1 Hour

Pos	Athlete	AG	Club	Perf.
1	Gianni Epifani	M50	Manx Harriers	11.247m
2	Micheal George	M55	Manx Harriers	9.482m
3	Craig Fletcher	N/K	Unattached	9.130m
4	Dale Glover	N/K	Unattached	8.867m
5	Karen Mercer	N/K	Unattached	8.783m
6	Louise Hollings	W45	Manx Harriers	8.521m
7	Victoria Gore	N/K	Unattached	8.269m
8	Rachael Liver	N/K	Unattached	8.265m
9	Nick Wallinger	M50	Isle of Man Veterans	8.189m
10	Maura Kelly	W55	Northern (IOM) AC	8.129m
11	Andrew Moore	N/K	Unattached	8.129
12	Colin Moore	M65	Isle of Man Veterans	8.119m
13	Arron Curphey	N/K	Unattached	7.696m
14	Helen Callow	N/K	Unattached	7.694m
15	Yamisa Sananueah	N/K	Unattached	7.617m
16	Denise Lilleyman	N/K	Unattached	7.428m
17	Lauren Jones	N/K	Unattached	7.423m

18	Erin Bray	Unattached	7.221m
19	Louise Ashton	Unattached	7.190m
20	Robbie Lambden	Unattached	6.862m
21	Nucharee Burridge	Unattached	6.449m
22	Caroline Hanley	Northern (IOM) AC	6.280m

Mixed Half Hour

Pos	Athlete	AG	Club	Perf.
1	Tim Perry	U15B	Northern (IOM) AC	5.471m
2	Lilee Fletcher	U13G	Manx Harriers	5.454m
3	Amy Surgeon	U15G	Manx Harriers	4.667m
4	Sienna Curphey	U13G	Norther (IOM) AC	4.069m

1 Mile Walk

Pos	Athlete	AG	Club	Perf.
1	Jay Jay Fletcher	U13B	Manx Harriers	8:32
2	Jack Davies	U11B	Manx Harriers	8:48
3	Grace Mercer	N/K	Unattached	13:52
4	Pheobe Crellin	N/K	Manx Harriers	14:51
5	Aalin Perry	N/K	Unattached	14:52
6	Willow Curphey	N/K	Unattached	15:54
7	Hope Curphey	N/K	Unattached	17:34
8	Martha Crellin	N/K	Unattached	18:15

'B' Judged Races

Ryan Cup Match & PSUK/Civil Service Race Walking Championships, Evesham Velo Park (Wed. 18th Sept.)

The annual Ryan Cup Match between the Police Sport UK and the Civil Service and which included the 10km men and 5km women's championships was held at a new venue at Evesham Velo Park Cycle Circuit Evesham, Worcester, *writes Glyn Jones*. The circuit itself was just under a 1km lap and although had several bends the walkers adapted to the course very well. The weather was dry and sunny and quite warm. The tarmac surface was good.

In the men's 10km, Jonathan Hobbs representing the Civil Service did not show any ill effects from his recent RWA 100 mile championships held recently at Gloucester and from the start went well away from the rest and to finish a good ten minutes ahead of the second place walker.

In the Police Championships Colin Harle was first to finish and third overall in the race.

With the Civil Service finishing first and second and with four to score helped them to regain the Ryan Cup.

In the women's 5km, Aleksandra Majewska-Ani of the Civil Service led right from the start and finished a clear two minutes ahead of second place Maureen Noel.

The feedback following the event showed that everyone were pleased with the venue and the cycle circuit presented itself an opportunity to see how the others were doing during the races.

Men's 10km

Pos	Athlete	AG	Team	Perf.
1	Jonathan Hobbs	SENM	HM Revenue & Customs	54:39
2	Jonathan Moon	N/K	HM Revenue & Customs	64:39
3	Colin Harte	M65	Metropolitan Police	65:10
4	Martin Selvin	M60	Dyfed Powys Police	68:08
5	Steve Broadbent	M65	Lancashire Police	70:01
6	Steve Uttley	M65	Ministry of Justice	70:43
7	Jason Brewer	N/K	HM Revenue & Customs	72:13
8	Jason Holt	M50	HM Revenue & Customs	72:51
9	Dave Wilkinson	M65	Lancashire Police	74:00
10	John Hall	M75	DEFRA	74:00
11	Dave Watkinson	N/K	Lancashire Police	83:54
12	Christopher Flint	M75	Metropolitan Police	86:02
	Glyn Jones	M80	West Midlands Police	DNF

Women's 5km

Pos	Athlete	AG	Team	Perf.
1	Aleksandra Majewska-Ani	W35	HM Revenue & Customs	30:15

2	Maureen Noel	W60	Ministry of Defence	32:15
3	Rose Baker	W60	HASSRA	33:15
4	Jennifer Badger	N/K	HM Revenue & Customs	33:22
5	Celia Cordran	W45	Metropolitan Police	36:21
6	Celia Woods	N/K	HASSRA	38:41
7	Jane Hodge	W65	HM Revenue & Customs	38:41
8	Amy Marsh	N/K	DEFRA	39:50
9	Geraldine Legon	W65	HASSRA	40:12
10	Charlotte Watling-Norman	N/K	DEFRA	40:35
11	Gaye Clarke	W60	HASSRA	41:56
12	Ann Crofts	W65	Lancashire Police	45:14

8th South Yorkshire League, Sheffield (Tue. 25th Sept.)

Tony Bell, feeling a cold coming on opted for a shorter than normal 3km, but still started out first. Ellis Simmonds (3km) joined the race almost a kilometre behind, but it was too large a handicap.

The victory took Tony into third place in the series, ahead of defending champion Ellis. Maya Zuccolo took second place, even in her absence. Meghan Walmsley, who finished an isolated 2nd tonight could not be caught in the series and became the new South Yorkshire Champion.

Pos	Athlete	AG	Club	Perf.
1	Tony Bell	M60	Lancashire Walking Club	20:27 (3km)
2	Meghan Walmsley	U15G	King Edward VII School	14:39 (2km)
3	Ellis Simmonds	U20M	Derbyshire & S. York. Hs.	16:05 (3km)

9th Jack Fitzgerald Memorial Walks, Tilgate Park, Crawley (Sat. 29th Sept.)

Veterans AC were pleased to host the ninth staging of this event, I *reports David Hoben*. The weather although dry was slightly cooler than expected for late September. In the headline race over 10.325km VAC were pleased to welcome back Trevor Jones now on his third win for the men at this event; ladies' winner of the 5.9km course was Jo Hesketh in a good time, in addition it was good to see Joan Lennon in second place not too far behind, and Cherry Neate making her debut here.

Mixed 5.9km

Pos	Athlete	AG	Team	Perf.
1	Joanne Hesketh	W55	Steyning Athletic Club	38:43
2	Joan Lennon	W65	Steyning Athletic Club	40:45
3	John Killick	M75	Steyning Athletic Club	42:24
4	David Hoben	M70	Surrey Walking Club	46:20
5	Anne Jones	W65	Steyning Athletic Club	46:28
6	Cherry Neate	W60	Steyning Athletic Club	48:45
7	Judith Carder	W65	Brighton & Hove AC	48:50

Mixed 10.325km

Pos	Athlete	AG	Team	Perf.
1	Trevor Jones	M65	Steyning Athletic Club	62:46
2	Ian Richards	M75	Steyning Athletic Club	63:58
3	Paul Gaston	M75	Surrey Walking Club	74:27
4	Graeme Heaton	M65	Heathfield Road Runners	76:38

UPCOMING EVENTS

October

Sat. 5 th	B	Lancashire WC Albert Rigby Shield 10k	Macclesfield
Sun. 6 th	B	Midland Winter League #1	Warwick University
Sat. 12 th	A	Enfield RWL Amos Seddon 10,000m	QE II, Enfield
Sat. 19 th	A	Vets AC 10,000m Championships + Counties	Norman Park
Sun. 27 th	A	Manx Winter Walks Series	NSC, Douglas

November

Sat. 2 nd	A	Ray Hall Winter League/Surrey WC Open	Tonbridge Track
Sat. 2 nd	B	Lancashire WC AGM & 5k Walk	Simister
Sat. 9 th	A	Enfield RWL 97th Open 7 Mile	QE II, Enfield
Sun. 17 th	B	Midland Winter League #2	Stourport
Sat. 23 rd	B	Steyning AC Open Walks	Spithandle Lane
Sun. 24 th	A	Manx Winter Walks Series	NSC, Douglas