



Race Walking Record

July 2025



Novuna UK Athletics Championships Race Walk Medallists 2025

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DATES FOR YOUR DIARY

UKA National 2025 Fixtures

UKA have published fixtures for 2025 and listed below are the known major events that normally include a race walk. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
19 th Jan.	England Athletics Indoor Walks (U15+)	E.I.S. Sheffield
23 rd Feb.	UK Athletics Indoor Championships	Birmingham
22/23 rd Feb.	British Masters Indoor Championships	Lee Valley
2 nd Mar.	British Race Walking Meeting	Douglas (IOM)
22 nd Mar.	44 th Dudinska 50	Dudince (SVK)
12 th Apr.	Rio Maior Grand Prix of Race Walking	Rio Maior (POR)
12 th Apr.	England Athletics 10,000m Championships	Moulton College
4 th May	4 th Korzeniowski Warsaw RW Cup	Warsaw (POL)
16 th May	European RW Team Championships	Poděbrady (CZE)
7 th June	La Coruña GP of Race Walking	La Coruña (ESP)
29 th June	Welsh Senior/U17 Championships	Cardiff
19 th July	SIAB Schools International	Derby
25-27 th July	EA Senior/U23/U20 Championships	Birmingham
2-3 rd Aug.	UKA Outdoor Championships	Birmingham
8-10 th Aug.	EA Age Group Championships	Birmingham
12-14 th Sept.	British Masters Outdoor Championships	Derby
20 th Sept.	English Schools RW Championships	Chelmsford

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- Trevor Parsloe-Williams (Metropolitan Police WC)
- Paul Briggs (Yorkshire WC & Centurions)



Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
Aug.	John Hall	David Ainsworth	David Ratcliffe

The RWA 200 club has recently seen membership decline.

As the profit from the RWA 200 club is used to help our younger walkers get more opportunities to compete in top level competitions, I would particularly welcome membership from former International Walkers and Masters Athletes.

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

International

S.I.A.B. Track & Field International, Derby (Sat. 19th July)



Three men and six women in the U17 age group represented their school and country in the SIAB International at Derby, **reports Andrew Clough**. The weather was drizzly throughout, which gave relief from what was otherwise a hot day. The four Irish athletes made an excellent start, Evan Walsh and Daniel Glennon quickly pulling away from the field. England's Trejan Checheku-Boamah tried to keep up with them but dropped back to separate leading women Pearl Sands and Aoife Martin. Evan maintained a great pace to finish in 13:51.09, nearly fifty seconds ahead of Daniel, with Trejan a minute further back. Pearl and Aoife stayed together for most of the race, only splitting late on, Pearl winning in 15:27.83, thirty seconds ahead of her team mate. Sophie Davidson was third woman home, a minute and a half further back. England's Amy Surgeon, then Megan Chantrell and Florence Davies (both Wales) completed the finish order.

U17Men's 3000m

Pos	Athlete	Nation	Perf	Notes
1	Evan Walsh	IRL	13:51.09	
2	Daniel Glennon	IRL	14:39.22	
3	Trejan Checheku-Boamah	ENG	15:37.17	PB

U17 Women's 3000m

Pos	Athlete	Nation	Perf	Notes
1	Pearl Sands	IRL	15:27.83	
2	Aoife Martin	IRL	15:57.31	
3	Sophie Davidson	ENG	17:28.85	PB
4	Amy Surgeon	ENG	18:35.80	
5	Megan Chantrell	WAL	19:54.12	
6	Florence Davies	WAL	20:46.25	

National Championships

England Athletics Senior/U23/U20 Championships, Alexander Stadium, Birmingham (Sun. 27th July)

Cameron Corbishley broke the championship record, clocking 11:27.63s. Hannah Hopper won the women's title in an outdoor PB of 14:16.86. Jonny Ellerton took the U20M title.

Men's 3000m

Pos	Athlete	AG	Club	Perf.
1	Cameron Corbishley	SENM	Medway & Maidstone	11:27.63 [CR/SB]
2	Jonny Ellerton	U20M	Blackheath & Bromley	15:27.38

Women's 3000m

Pos	Athlete	AG	Club	Perf.
1	Hannah Hopper	U23W	Cambridge Harriers	14:16.86 [PB]
2	Abigail Jennings	SENM	Aldershot Farnham & D.	14:25.37 [SB]
3	Natasha Mitchell	U23W	Southampton A.C.	16:08.53
4	Grazia Manzotti	W55	Tonbridge Athletic Club	17:07.64 [PZ]

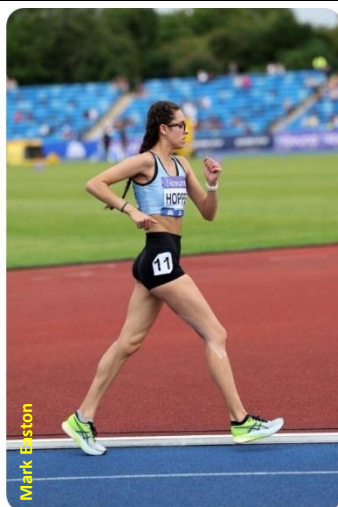
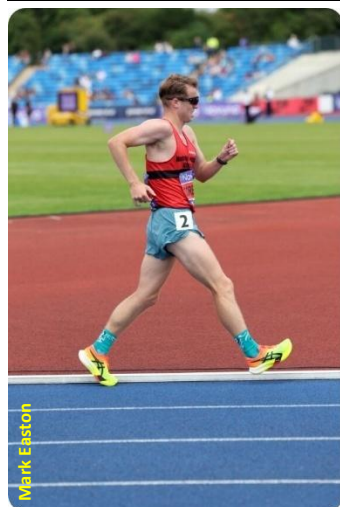
Novuna UK Athletics Championships, Alexander Stadium, Birmingham (Sun. 3rd Aug.)

The men's and women's 5000m race walks opened the track proceedings on the Sunday with both races being won in dominant fashion. Cameron Corbishley coming home in 19:51.83s, lapping the entire field, while Hannah Hopper proved to have too much for her rivals, winning by a margin of some twenty seconds in 24:24.42s, a huge personal best.

In the men's race Christopher Snook won silver and Luc Legon bronze. Bethan Davies took the silver in the women's race with Abigail Jennings taking bronze.

Men's 5000m

Pos	Athlete	AG	Club	Perf.
1	Cameron Corbishley	SENM	Medway & Maidstone	19:51.83 [SB]
2	Christopher Snook	SENM	Aldershot Farnham & D.	21:38.67 [SB]
3	Luc Legon	SENM	Bexley Athletic Club	23:19.99 [SB]
4	Fraser Higginson	U20M	Bridgend Athletic Club	28:39.56 [SB]
	Jonny Ellerton	U20M	Blackheath & Bromley	DQ TR54.7.3

**Women's 5000m**

Pos	Athlete	AG	Club	Perf.
1	Hannah Hopper	U23W	Cambridge Harriers	24:24.42 [PB]
2	Bethan Davies	SENW	Cardiff A.A.C.	24:47.93 [SB]
3	Abigail Jennings	SENW	Aldershot Farnham & D.	24:54.66 [SB]
4	Natasha Mitchell	U23W	Southampton A.C.	26:51.60

'A' Judged Races**Leeds Beckett Open Series, Leeds (Thur. 3rd July)****Mixed 600m**

Pos	Athlete	AG	Club	Perf.
1	Rose Weston	U11G	Ilkley Harriers AC	3:56.22 [PB]

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	Erika Pontarollo	SENW	Hyde Park Harriers/ITA	4:53.26 [PB]
2	Spencer Jones	U13B	Wrexham A.A.C.	5:07.98
3	Harry Richards	U13B	Valley Striders	5:35.36

Midland Area Track Championships, inc. Warwickshire & Worcester County Championships, Stratford-upon-Avon (Sun. 6th July)**Mixed 5000m**

Pos	Athlete	AG	Club	Perf.
1	Aleksandra Majewska-Ani	W35	Charnwood Athletic Club	30:10
2	Wendy Kane	W55	Nuneaton Harriers	30:30
3	Peter Boszko	M75	Birchfield Harriers	31:41
4	Diane Brian	W70	Droitwich Athletic Club	32:15
5	Julie Bellfield	W55	Halesowen Athletic Club	32:58
6	Jan McClure	W50	Stratford-upon-Avon AC	33:54

Ashford AC Track & Field Open, Ashford (Thur. 10th July)**Mixed 1 Mile**

Pos	Athlete	AG	Club	Perf.
1	Jessica Wilton	U23W	Ashford Athletic Club	07:54.25
2	Millicent Steele	U15G	Ashford Athletic Club	10:10:46
3	Matthew Tomsett	U13B	Ashford Athletic Club	10:39.39
4	Amber Jackson	U13G	Thanet Athletic club	12:20.83

**Winchester & District July Evening Open, University of Winchester (Wed. 16th July)****Mixed 2000m**

Pos	Athlete	AG	Club	Perf.
1	Natasha Mitchell	U23W	Southampton Athletic Club	10:01.75 [PB]
2	Marcin Wojtowicz	M35	Winchester & Dist. AC / POL	10:53.10
3	David Mitchell	M50	Southampton Athletic Club	10:53.41
4	Jack Wynn	U17M	Unattached	11:42.27
5	Derek Smith	M70	Winchester & Dist. AC	14:13.29
6	Mark Pocock	M45	Southampton Athletic Club	14:26.31

Aldershot Farnham & Dist. Summer Open (Thur. 17th July)**Mixed 2000m**

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	SENW	Aldershot Farnham & Dist.	09:37.30
2	Helen Hart	W50	Hart Road Runners	13:24.30
3	Tafara Nyoni	U15G	Aldershot Farnham & Dist.	13:50.47
4	Susan Davies	W60	Aldershot Farnham & Dist.	15:50.57
5	Finnian Miller	U13B	Impact Athletics Club	14:05.93
6	Conor Pope	U13B	Impact Athletics Club	14:06.07
7	Elizabeth Lee	U13G	Aldershot Farnham & Dist.	15:24.14
8	Annabelle Lee	U13G	Aldershot Farnham & Dist.	15:47.82
9	Harry Broadbent	U15B	Aldershot Farnham & Dist.	17:02.27

West Yorkshire Track and Field League #5, Wakefield (Sun. 20th July)

Following a successful experiment in last year's West Yorkshire Track and Field League, **reports Ian Richards**, a total of 33 athletes competed in the 600 metres development race walk at the fixture held at Wakefield.

This included walkers from 11 different clubs. There were several impressive performances given for most athletes this was their first attempt at race walking. This was held on the back of introduction sessions held with several clubs in the league delivered by Tom Bosworth as part of his initiative to develop race walking in North Wales and the north of England.

Thanks to Jean Jackson and the West Yorkshire Track and Field League Committee for their support and to Ian Richards, Keith Ackroyd, Andrew and Eleanor Clough, to Helen Beck from Wakefield Harrier AC and Marc Randall at Rothwell Harriers.

**Male 600m**

Pos	Athlete	AG	Club	Perf.
1	Harry Richards	U13	Valley Striders	3:03.11 [PB]

2	Oliver Powell	U17	Halifax Harriers	3:09.83 [PB]
3	Harry Rogerson	U17	Spenborough & District AC	3:27.86 [PB]
4	Lyle Kershaw	U17	Rothwell Harriers & AC	3:33.20 [PB]
5	Jack Worsnup	U17	Spenborough & District AC	3:36.76 [PB]
6	Finlay Thornhill	U13	Rothwell Harriers & AC	3:37.86 [PB]
7	Stanley Field	U17	Spenborough & District AC	3:41.38 [PB]
8	Aidan Rhodes	U13	Spenborough & District AC	3:43.74 [PB]
9	Ben Stow	U17	Halifax Harriers	3:48.36 [PB]
10	Ian Martin	V55	Vale of York AC	3:54.51 [PB]
11	Leighton Kershaw	U13	Rothwell Harriers & AC	3:55.63 [PB]
12	Zachery Hyland	U15	Bradford Airedale AC	4:04.37 [PB]
13	Ruaidri Hyland	U11	Bradford Airedale AC	4:06.46 [PB]
14	Nickolas Piliponis	U11	Bradford Airedale AC	4:21.65 [PB]

Female 600m

Pos	Athlete	AG	Club	Perf.
1	Robyn Howard	U17	Rothwell Harriers & AC	3:36.74
2	Millie Rhodes	U17	Spenborough & District AC	3:43.74
3	Maisie Sayles	U15	Wakefield District Harriers	3:45.55
4	Oseieman Osawe	U13	Denby Vale Athletics Club	3:49.26
5	Isla Hewlett	U13	Bradford Airedale AC	3:50.85
6	Ruby Morgan	U15	Wakefield District Harriers	3:53.84
7	Maria Edwards	U13	Spenborough & District AC	3:56.18
8	Emily Macintyre	U11	Denby Vale Athletics Club	3:56.71
9	Freya Jones	U20	Halifax Harriers	3:58.03
10	Jessica Gilbert	U15	Wakefield District Harriers	4:02.96
11	Stella Zurek	U13	Spenborough & District AC	4:05.56
12	Beatrix Duggan	U13	Longwood Harriers AC	4:05.66
13	Emmeline Gamesby	U13	Pudsey & Bramley AC	4:05.73
14	Iris Ellis	U11	Denby Vale Athletics Club	4:12.34
15	Daphne Gamesby	U11	Pudsey & Bramley AC	4:18.89
16	Freya Brow	U11	Bingley Harriers & AC	4:18.89
17	Gabrielle Piliponis	U13	Bradford Airedale AC	4:19.95
18	Olivia Colley	U11	Bradford Airedale AC	4:20.07
19	Maisie Holdsworth	U11	Denby Vale Athletics Club	4:49.46

Aberdare Endurance & Race Walk Open (Tues. 22nd July)**Mixed 1000m**

Pos	Athlete	AG	Club	Perf.
1	Megan Chantrell	U17W	Cardiff A.A.C.	5:32.55
2	Nia Vale	U15G	Aberdare Valley AAC	5:54.09
3	Gwendoline Fitzpatrick	U13G	Carmarthen Harriers	6:25.33
4	Meadow Morris	U15G	Aberdare Valley	6:40.67

Mixed 3000m

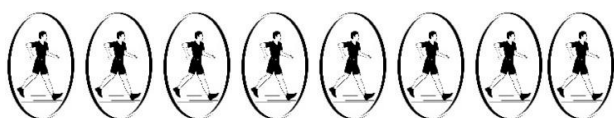
Pos	Athlete	AG	Club	Perf.
1	Bethan Davies	SENW	Cardiff A.A.C.	14:17.54
2	Spencer Jones	U13B	Wrexham A.A.C.	17:19.90
3	Cerys Fitzpatrick	U15G	Carmarthen Harriers	17:36.81 [PB]

North Wales Junior League + Open, Bangor (Sun. 27th July)**Mixed U11-U15 800m**

Pos	Athlete	AG	Club	Perf.
1	Harry Richards	U13B	Valley Striders	4:13.70
2	Gwendoline Fitzpatrick	U13G	Carmarthen Harriers	4:50.17
3	Ellis Jones	U11B	Wrexham A.A.C.	4:56.09
4	Grace Jones	U11G	Unattached	5:13.06
5	Lowri Williams	U15G	Menai Track & Field	5:35.09

Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Spencer Jones	U13B	Wrexham A.A.C.	10:56.01
2	Sophie Davidson	U17W	Warriors Pentathlon	11:17.07
3	Cerys Fitzpatrick	U15G	Carmarthen Harriers	11:25.04
4	Nia Vale	U15G	Aberdare Valley AAC	12:02.03
5	Ameka Eardley	U13G	Warriors Pentathlon	13:10.05
6	Sydney Caraher	U17W	Warriors Pentathlon	14:00.02



‘B’ Judged Races

Moulton 5, Moulton, Suffolk (Sat. 5th July)

This year’s walks were started by Centurion and co-founder Ian Garmston, **reports Ron Wallwork**.

In almost perfect conditions 28 walkers completed the scenic, undulating 5-mile course. Newcomers to the event Miraiker Wallace, Georgina Benson, Chik Ha ‘Billie’ Kwok and Man Bui ‘Bill’ Lam all completed the challenge of walking 5 miles in under the hour.

Philip Barnard improved on last year’s third place by just over 2 minutes finishing in 42:08 to become the overall race winner and men’s champion. Grazia Manzotti finished in 44:58 taking second place and retaining her title of women’s race champion. In third place and retaining the Kingston Cup was George Wilkinson in 47:03.

The 3km (A judged race) walk winner was Sophie Blundell in 18:50. Elijah Barnard finished second in 21:01 and Lily-Ann Cooper was third in 22:00. Presentations were made by double Olympian Callum Wilkinson.

Mixed 5 Mile

Pos	Athlete	Club	Perf.
1	Philip Barnard	Ilford Athletic Club	42:08
2	Grazia Manzotti	Tonbridge Athletic Club	44:58
3	George Wilkinson	Newmarket Joggers	47:08
4	Melanie Peddle	Loughton Athletic Club	47:42
5	Colin Harle	Belgrave Harriers	50:11
6	Chik Ha Kwok	Veterans Athletic Club	50:23
7	Aleksandra Majewska-Ani	Charnwood Athletic Club	50:48
8	Man Bui Lam	Veterans Athletic Club	51:37
9	Jacqueline Benson	Ashford Athletic Club	51:55
10	Mark Culshaw	Belgrave Harriers	52:14
11	Hardeep Minhas	Leicester Walking Club	52:29
12	Simon Morgan	Brentwood Beagles AC	53:10
13	John Arthur	Unattached	55:04
14	Miraiker Wallace	Cambridge & Coleridge AC	55:22
15	Fiona Bishop	Woking Athletic Club	56:09
16	Helen Middleton	Enfield & Haringey AC	58:20
17	Susan Barnett	Enfield & Haringey AC	58:59
18	Georgina Benson	Unattached	59:13
19	Suzanne Bailey	Newmarket Joggers	60:02
20	Malcom Smith	Unattached	60:26
21	Trevor Diack	Unattached	61:37
22	David Hoben	Surrey Walking Club	62:18
23	Diana Braverman	Enfield & Haringey AC	62:25
24	John Turner	Ely Runners	64:02
25	Paul Frimage	Ryston Runners	64:02
26	Paul Forshaw	Fetch Everyone	70:18
27	Elizabeth Edgell	Moulton Wanderers	73:30
28	Viv Houghton	Moulton Wanderers	74:04

Barnard Trophy 10k, Macclesfield (Sat. 5th July)

The Barnard trophy saw 8 aspirants toeing the starting line under the watchful eye of Chris Harvey and Sailash Shah at the start and Glyn Jones at the turnaround, a mile away. Mixed fortunes across the board with a few “out of character” performances.

Nigel Shaw is fast becoming a regular winner of our events and having sat on the tail of Ken Connor for 2 of the 3 laps recouped a 20 second deficit on the third out and back and added another 1 minute 24 secs, all in a very stylish manner.

Adrian Edwards had a quiet day and clearly did not race but continues to show why he is such an excellent example of race walking technique. Roy Gunnnett had a bit of an off day, and Steve Wilde rose to the occasion moving through to fourth in the open race.

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Nigel Shaw	M60	Lancashire Walking Club	64:11
2	Ken Connor	M60	Lancashire Walking Club	65:35

3	Adrian Edwards	M60	Lancashire Walking Club	71:15
4	Steven Wilde	M70	Lancashire Walking Club	73:38
5	Roy Gunnett	M75	Lancashire Walking Club	75:54
6	Joe Hardy	M80	Lancashire Walking Club	76:03
7	Phil McCullagh	M65	Lancashire Walking Club	76:45
8	Pat Evans	W70	Lancashire Walking Club	77:05

VAC 5k Road Walk, Battersea Park (Tue. 8th July)

The last of the regular Battersea Park races also had an average field on a fine sunny evening, luckily although the temperature was above average there was little humidity, so the racing conditions were manageable. The overall winner was guest Trejan Checkeku-Boamah.



Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Trejan Checkeku-Boamah	U17M	Blackheath & Bromley	28:47
2	Peter Gregoire	M50	Steyning Athletic Club	29:27
3	Chik Ha Kwok	W50	Veterans Athletic Club	30:30
4	Man Biu Lam	M65	Veterans Athletic Club	30:45
5	Cerys Fitzpatrick	U15G	Carmarthen Harriers	31:05
6	Maureen Noel	W60	Belgrave Harriers	32:41
7	Fiona Bishop	W65	Woking Athletic Club	35:10
8	Stephen Allport	M45	Striders of Croydon	36:53
9	David Hoben	M70	Surrey Walking Club	39:08
10	Lynne Drummond	W70	Herne Hill Harriers	40:17

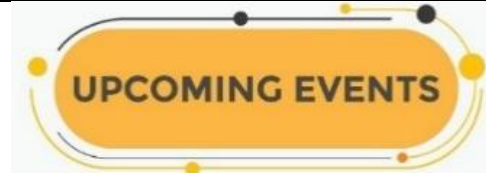
5th South Yorkshire League, Millhouses Park (Thur. 17th July)

Another humid evening with Tony Bell the only one doing 5km, **reports Brian Adams**. Chris Bent joined the fray well ahead of him with 3km to go, Helen Elleker joined a few seconds after Tony had passed the 3km to go point and had got up to his shoulder within 300m, but Tony proved the stronger and eased away in the final kilometre.

Nathaniel Salih (Y6) had been second in the Primary School Championships and was allowed to compete over 600m (the distance of the schools race). In setting the handicap I realised that Nathaniel would start his race near the rear of the field and would have to set about catching the other, experienced walkers. He was a little anxious as three walkers went by his start point as he waited to set off, he caught Helen with about 100m to go and was closing on Tony. At this point he was tiring and struggling to maintain a good technique, he

followed my instructions to slow down, and he took second place behind Tony who moves 3 points ahead in the league. A pleasing race for the handicapper with the first three walkers covered by just 10 seconds, all inside the target finish time.

Pos	Athlete	AG	Club	Perf.
1	Tony Bell	M60	Lancashire Walking Club	33:02 [5k]
2	Nathaniel Salih	U13B	Greystones School	03:27 [600m]
3	Helen Elleker	W65	Totley Athletic Club	19:18 [3k]
4	Chris Bent	M75	Buxton Athletic Club	23:30 [3k]
5	Meghan Walmsley	U15G	King Edward VII School	23:34 [3k]



August

Sat. 9 th	B	Lancs W.C. Goodwin Cup (10km)	Chorley
Sun. 10 th	A	England Athletics Age Group Championships	Birmingham
16/17 th	B	Surrey Walking Club/Centurions 1911 - 100 Miles	Lewes
Sat. 24 th	A	BMAF 5000m Track Championships	Nuneaton
Mon. 25 th	B	Southend A.C. Open	Garron Park
Sat. 30 th	A	Enfield League 1 Hour Track	QEI Stadium

Sept.

Sat. 6 th	B	Lancashire WC 1 Hour Track Walk	Bury
Sat. 10 th	A	Biggleswade Open Track & Field – 1 Mile	Sandy
Sat. 13 th	A	BMAF Track & Field Championships – 3000m	Derby
Sat. 20 th	A	English Schools Championships	Chelmsford
Sat. 20 th	B	Lancashire WC Fred Pearce Relays	Simister
Wed. 24 th	B	Police UK/Civil Service Championships	Evesham
Sat. 27 th	A	Biggleswade Open Graded Meeting – 3000m	Sandy



**WORLD ATHLETICS
CHAMPIONSHIPS
T O K Y 2 5**

Race Walk Course

