

ecor Walking

September 2025



Images from the Bosworth Miles held al Leeds Beckett University



UK National/International 2026 Fixtures

The UK National Championships and International Competitions are being published This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
17 - 18 th Jan.	England Athletics Indoor Championships	Sheffield
25 th Jan.	Guadix City Race Walking Grand Prix	Guadix (ESP)
14 - 15 Feb.	UKA Indoor Championships	Birmingham
7 th Mar.	45 th Dudinska 50	Dudince (SVK)
12 th Apr.	WA Race Walking Team Championships	Brasilia (BRA)
25 th Apr.	Korzeniowski Warsaw Race Walking Cup	Warsaw (POL)
9 th May	94 th Poděbrady Walking	Podebrady (CZE)
16 th May	33 rd International Grand Prix of Racewalking	Rio Maior (POR)
31 st May	V GPI Madrid Marcha Silbo Telecom	Madrid (ESP)
16 – 19 th July	European Athletics U18 Championships	Rieti (ITA)
27 Jul - 1 Aug.	XXIII Commonwealth Games	Scotland

World Championships 2025



Men's 35km (50 started)

Bronze medallist in the 50 km at the Tokyo Olympic Games in 2021, Canadian Evan Dunfee returned to the Japanese capital to win the world title over 35 km with 2:28:22, ahead of silver Caio Bonfim (Brazil, 2:28:55) and bronze Hayato Katsuki (Japan, 2:29:16).

Pos	Athlete	Nation		Perf	Notes
1	Evan DUNFEE	-	CAN	2:28:22	
2	Caio BONFIM		BRA	2:28:55	SB
3	Hayato KATSUKI		JPN	2:29:16	
4	Yingcheng ZHOU	*3	CHN	2:29:31	
5	Aurélien QUINION		FRA	2:30:24	
6	Daniel CHAMOSA	HILE	ESP	2:30:42	
7	Dominik ČERNY		SVK	2:31:17	
8	Riccardo ORSONI		ITA	2:31:39	
9	David HURTADO	<u> </u>	ECU	2:32:35	PZ
10	Maher BEN HLIMA		POL	2:33:08	
11	Rhydian COWLEY	₩€	AUS	2:33:28	
12	Miguel Ángel LÓPEZ	<i>1</i> 50	ESP	2:33:45	
13	Manuel BERMÚDEZ	ette	ESP	2:35:19	
14	Christopher LINKE		GER	2:36:10	
15	Matheus CORREA		BRA	2:36:35	PB
16	Jonathan HILBERT		GER	2:36:47	
17	Johannes FRENZL		GER	2:36:47	
18	Masatora KAWANO		JPN	2:37:15	SB
19	Perseus KARLSTRÖM	-	SWE	2:37:47	
20	João VIEIRA	(0)	POR	2:38:20	
21	Kevin CAMPION		FRA	2:39:12	

22 Bence VENYERCSÁN		HUN	2:39:14	
23 Sandeep KUMAR	(i)	IND	2:39:15	
24 Raivo SAULGRIEZIS		LAT	2:40:19	
25 Will THOMPSON	***	AUS	2:40:19	SB
26 Satoshi MARUO		JPN	2:40:29	
27 Max GONCALVES DOS SANTOS		BRA	2:41:04	SB
28 Oisin LANE		IRL	2:41:36	
29 Alexandros PAPAMICHAIL	丰	GRE	2:42:07	
30 Oscar PATÍN	-0	ECU	2:43:38	
31 Vít HLAVÁČ		CZE	2:44:08	
32 Mitchell BAKER	₩€	AUS	2:51:11	PZ/SB
33 Yassir CABRERA	* *	PAN	2:51:37	
34 Cameron CORBISHLEY	\mathbb{H}	GBR	2:52:15	
-				

DNF: Ivan Banzeruk (UKR), José Luis Doctor (MEX), Matteo Giupponi (ITA), Ihor Hlavan (UKR), Mingyu Kim (KOR), Xavier Mena (ECU), Michal Morvay (SVK), Andres Eduardo Olivas Núñez (MEX), Julio César Salazar (MEX) & Qin Wang (CHN).

Disqualified: Ram Baboo (IND), Teodorico Caporaso, (ITA), César Herrera (COL), José Montana, (COL), Yehor Shelest (UKR) & Jinrui Zhang (CHN).



Women's 35km (46 started)

Two years after winning gold in the 20 and 35 km at the World Championships in Budapest, the Spaniard María Pérez was again crowned world champion for 35 km winning with 2:39:01. Silver went to Italian Antonella Palmisano (2:42:24) and bronze to Paula Torres of Ecuador in a National Record of 2:42:44.

Pos	Athlete	Nation		Perf	Notes
1	María PÉREZ	卷	ESP	2:39:01	
2	Antonella PALMISANO		ITA	2:42:24	
3	Paula Milena TORRES	<u> </u>	ECU	2:42:44	NR
4	Li PENG	*3	CHN	2:43:29	PB
5	Katarzyna ZDZIEBŁO		POL	2:44:37	SB
6	Raquel GONZÁLEZ	180	ESP	2:45:41	SB
7	Cristina MONTESINOS	- Miles	ESP	2:46:44	
8	Hanna SHEVCHUK		UKR	2:49:44	
9	Rebecca HENDERSON	레쏀	AUS	2:50:03	
10	Kimberly GARCÍA LEÓN		PER	2:50:37	
11	Nicole COLOMBI		ITA	2:51:04	
12	Hana BURZALOVÁ		SVK	2:51:15	
13	Viviane LYRA		BRA	2:51:16	
14	Olivia SANDERY	부족	AUS	2:51:43	
15	Yukiko UMENO		JPN	2:56:28	
16	Hang YIN	*3	CHN	2:56:51	
17	Eleonora Anna GIORGI		ITA	2:58:50	PZ
18	Olga FIASKA	±	GRE	2:59:59	SB
19	Allanah PITCHER	베	AUS	3:00:08	
20	Maika YAGI		JPN	3:01:27	
21	Masumi FUCHISE		JPN	3:03:29	
22	Maria MICHTA-COFFEY		USA	3:05:02	
23	Karla JARAMILLO		ECU	3:05:03	
24	PRIYANKA		IND	3:05:58	PZ
25	Agnieszka ELLWARD		POL	3:08:21	

26 Mayara Luize VICENTAINER		BRA	3:08:54	
27 Joana PONTES	(6)	POR	3:09:07	SB
28 Li MA	*3	CHN	3:09:32	
29 Ema HAČUNDOVÁ	•	SVK	3:10:21	
30 Miranda MELVILLE		USA	3:12:07	
31 Brigitte COAQUIRA ALBARRACIN		PER	3:12:22	
32 Katie BURNETT		USA	3:14:13	
33 Kader GÜVENÇ	C+	TUR	3:14:46	PB
34 Jessica GROENEWALD		RSA	3:16:03	
35 Polina REPINA		KAZ	3:20:00	
36 Elianay PEREIRA		BRA	3:20:32	
37 Sofia ALIKANIOTI	± ==	GRE	3:21:06	
38 Naomi GARCIA	>	PUR	3:21:57	

DNF: Mary Luz Andia (PER), Viktória Madarász (HUN), Antigoni Ntrismpioti (GRE), Johana Ordonez (ECU), Valeria Ortuño (MEX), Karla Ximena Serrano (MEX) & Galina Yakusheva (KAZ).

Disqualified: Olivia Lundman (CAN).

Men's 20km (47 started)

Brazilian Caio Bonfim became the first walker from his country to win a race walking world championship title Bonfim recorded 1:18:35, ahead of the Chinese Zhaozhao Wang (1:18:43) and Spaniard Paul McGrath (1:18:45), second and third respectively.

	Athlete	Nation		Perf	Notes
1	Caio BONFIM		BRA	1:18:35	
2	Zhaozhao WANG	*3	CHN	1:18:43	
3	Paul MCGRATH	- RD	ESP	1:18:45	
4	Aurélien QUINION		FRA	1:18:49	PB
5	Gabriel BORDIER		FRA	1:19:23	
6	Haifeng QIAN	*3	CHN	1:19:38	
7	Kento YOSHIKAWA		JPN	1:19:46	
8	Diego GARCÍA CARRERA	8% 2	ESP	1:20:05	
9	Satoshi MARUO		JPN	1:20:09	
10	Christopher LINKE		GER	1:20:11	
11	Leo KÖPP		GER	1:20:35	
12	Ricardo ORTIZ	3	MEX	1:20:36	
13	Perseus KARLSTRÖM	-	SWE	1:20:37	
14	Maher BEN HLIMA		POL	1:20:39	
15	Jordy Rafael JIMÉNEZ ARROBO	-8	ECU	1:20:43	
16	Francesco FORTUNATO		ITA	1:21:00	
17	Matheus CORREA		BRA	1:21:04	SB
18	Misgana WAKUMA	***	ETH	1:21:17	SB
19	David HURTADO	<u></u>	ECU	1:21:18	PZ
20	Rhydian COWLEY	##	AUS	1:21:18	
21	Álvaro LÓPEZ	100	ESP	1:21:28	
22	Dominik ČERNY	**	SVK	1:21:29	
23	Declan TINGAY	***	AUS	1:21:30	
24	Chenjie LI	*3	CHN	1:21:39	
25	Veli-Matti PARTANEN	-	FIN	1:21:41	SB
26	Mukola RUSHCHAK		UKR	1:21:57	
27	Serhii SVITLYCHNYI		UKR	1:22:24	
28	Toshikazu YAMANISHI		JPN	1:22:39	PZ
29	Mateo ROMERO		COL	1:22:44	
30	Byeongkwang CHOE	(**)	KOR	1:22:52	
31	Servin SEBASTHIYAN	®	IND	1:23:03	
32	Bence VENYERCSÁN		HUN	1:23:06	
33	Noel CHAMA		MEX	1:23:41	
34	Gianluca PICCHIOTTINO		ITA	1:23:50	
35	Mazlum DEMIR	C*	TUR	1:24:11	
36	Andrea COSI		ITA	1:24:18	PZ
37	Jerry JOKINEN		FIN	1:24:37	
38	Erick Bernabé BARRONDO	(9)	GUA	1:24:42	SB
39	Tim FRASER	#	AUS	1:24:55	
40	César HERRERA		COL	1:25:01	
41	Raivo SAULGRIEZIS		LAT	1:27:25	PZ
42	Max GONCALVES DOS SANTOS		BRA	1:27:34	
43	Wayne SNYMAN	>=	RSA	1:30:12	

Disqualified: Luis Henry Campos (PER), José Luis Doctor (MEX), Ihor Hlavan (UKR) & Hayrettin Yildiz (TUR).

Women's 20km (48 started)

Spaniard María Pérez added the 20km world title to the 35km title won at the start of the championships, clocking 1:25:54. The minor medals went to Mexican Alegna González, with a new Mexican and Area record of 1:26:06 and the Japanese Nanako Fujii, with 1:26:18 a national record. There was also a national record achieved by Kimberly Garcia Leon (PER) of 1:26:22

Pos	Athlete	Nation		Perf	Notes
1	María PÉREZ	(ATE)	ESP	1:25:54	SB
2	Alegna GONZÁLEZ		MEX	1:26:06	AR
3	Nanako FUJII		JPN	1:26:18	NR
4	Paula Milena TORRES	- 33	ECU	1:26:18	PB
5	Kimberly GARCÍA LEÓN		PER	1:26:22	NR
6	Jiayu YANG	*3	CHN	1:27:16	SB
7	Antia CHAMOSA	<u> </u>	ESP	1:27:55	PB
8	Quanming WU	*3	CHN	1:28:08	
9	Li MA	*3	CHN	1:28:52	
10	Mary Luz ANDIA		PER	1:28:52	
11	Pauline STEY		FRA	1:28:52	
12	Viviane LYRA		BRA	1:29:02	
13	Lyudmila OLYANOVSKA		UKR	1:29:16	
14	Katarzyna ZDZIEBŁO		POL	1:29:31	
15	Alexandrina MIHAI		ITA	1:29:44	
16	Antigoni NTRISMPIOTI	±	GRE	1:29:47	
17	Federica CURIAZZI		ITA	1:29:48	
18	Kumiko OKADA		JPN	1:30:12	
19	Mariia SAKHARUK		UKR	1:30:38	
20	Magaly Beatriz BONILLA	- 33	ECU	1:30:39	
21	Rebecca HENDERSON	****	AUS	1:31:05	
22	Paula JUAREZ	(ATE)	ESP	1:31:50	
23	Yasmina TOXANBAYEVA		KAZ	1:31:51	
24	Hanna SHEVCHUK		UKR	1:32:15	
25	Hana BURZALOVÁ		SVK	1:32:28	
26	Rachelle DE ORBETA		PUR	1:32:47	SB
27	Lauren HARRIS		USA	1:32:50	PB
28	Vitória OLIVEIRA	©	POR	1:33:02	
29	Clémence BERETTA		FRA	1:33:14	
30	Evelyn INGA		PER	1:33:29	
31	Alejandra ORTEGA		MEX	1:34:18	SB
32	Gabriela DE SOUSA		BRA	1:34:28	SB
33	Elizabeth MCMILLEN	₩€	AUS	1:34:58	
34	Christina PAPADOPOULOU	±	GRE	1:35:05	SB
35	Ilse GUERRERO	3	MEX	1:35:20	
36	Tiziana SPILLER		HUN	1:35:32	
37	Ayane YANAI		JPN	1:35:44	
38	Jekaterina MIROTVORTSEVA		EST	1:36:25	
39	Panagiota TSINOPOULOU	±	GRE	1:37:40	PZ/SB
40	Lucy MENDOZA MALAGON		COL	1:38:05	
41	Laura MOJICA CHALARCA		COL	1:42:08	
DNF	: Mervem Bekmez (TUR), Alexand	ra Griffin	(AUS). S	Sintavehu N	Aasire (FTH)

DNF: Meryem Bekmez (TUR), Alexandra Griffin (AUS), Sintayehu Masire (ETH), Antonella Palmisano (ITA) & Erica Sena (BRA).

Disqualified: Mirna Ortíz (GUA) & Li Peng (CHN).

Overseas

Sprint Race Walking Triathlon, Drunen (NED) (Sat. 27th Sept.)

Twelve athletes lined up in the Sprint Race Walking Triathlon, held in Drunen, Netherlands, writes Frank van Ravensberg. Although the number of participants was lower than in previous years, the results of the male and female winners were the best in the last five editions.

For the first time, the victory in the men's race was won by an English athlete, Luc Legon, who triumphed in all three distances, always by a wide margin. Legon completed the 3000m in 12:51.8s, the 1000m in 3:56.5s and the mile in 6:39.4s. The winners of the 15 previous editions

of the Sprint Triathlon came from the following countries: Slovakia, Ireland, Belgium, the Netherlands, Germany, Poland and Spain.

The mile race provided a very lively fight between Edwin van Wijngaarden, Remco de Bruin and Anne van Andel for the places behind Legon. Van Andel would finish the distance in second place (women's winner), with 7:35.4s, improving by 0.2 seconds the best race record, obtained in 2012 by the Irish Kate Veale. In the immediate places finished Van Wijngaarden (7:35.7) and De Bruin (7:36.0).

In all three distances, Van Wijngaarden was in second place and De Bruin in third. Van Andel was the women's winner, fourth overall, mainly because she did not commit herself to the 1000 meters. In the 3000m, Van Andel broke the Dutch women's W35 record, taking more than a minute off it to set it at 14:19.4s. It was Van Andel's seventh victory in the Sprint Triathlon.

Liesbet De Smet (Belgium) finished the women's competition in second place and Geraldine Legon (England) was third.



Mixe	ed 3000m				
Pos	Athlete	Nation		Perf	Notes
1	Luc Legon	+	ENG	12:51.8	
2	Edwin van Wijngaarden		NED	14:19.4	
3	Anne van Andel		NED	14:19.6	W35 NR
4	Remco de Bruin		NED	14:58.0	
5	Henk Plasman		NED	17:13.8	
6	Chris Wiltsch		GER	18:05.0	
7	Liesbet De Smet		BEL	19:47.3	
8	Marco Bernatzki		GER	20:58.8	
9	Theo Koenis		NED	21:06:6	
10	Geraldine Legon	-	ENG	23:19.9	
11	Bauke te Nijenhuis		NED	25:49.6	
	Boetje Huliselan		NED	DNS	
Mixe	ed 1000m				
Pos	Athlete	Nation		Perf	Notes
1	Luc Legon	\blacksquare	ENG	3:56.5	
2	Edwin van Wijngaarden		NED	4:35.1	
3	Remco de Bruin		NED	4:41.0	
4	Anne van Andel		NED	5:06.4	
5	Liesbet De Smet		BEL	5:21.7	
6	Henk Plasman		NED	5:22.4	
7	Chris Wiltsch		GER	5:47.3	
8	Marco Bernatzki		GER	6:28.6	
9	Theo Koenis		NED	6:45.7	

	Boetje Huliselan		NED	DNS			
Mixe	Mixed 1000m						
Pos	Athlete	Nation		Perf	Notes		
1	Luc Legon	-	ENG	3:56.5			
2	Edwin van Wijngaarden		NED	4:35.1			
3	Remco de Bruin		NED	4:41.0			
4	Anne van Andel		NED	5:06.4			
5	Liesbet De Smet		BEL	5:21.7			
6	Henk Plasman		NED	5:22.4			
7	Chris Wiltsch		GER	5:47.3			

10 Geraldine Legon

11 Bauke te Nijenhuis

ENG

7:50.9

8:38.9

8	Marco Bernatzki		GER	6:28.6
9	Theo Koenis		NED	6:45.7
10	Geraldine Legon	-	ENG	7:50.9
11	Bauke te Nijenhuis		NED	8:38.9
	Boetje Huliselan		NED	DNS

	Bocije Haliselan		ITED	D113			
Mixe	Mixed Mile						
Pos	Athlete	Nation		Perf	Notes		
1	Luc Legon	+	ENG	06:39.4			
2	Anne van Andel		NED	07:35.4			
3	Edwin van Wijngaarden		NED	07:35.7			
4	Remco de Bruin		NED	07:36.0			
5	Henk Plasman		NED	09:02.7			
6	Liesbet De Smet		BEL	09:12.2			
7	Chris Wiltsch		GER	09:25.3			
8	Marco Bernatzki		GER	10:47.0			
9	Theo Koenis		NED	10:50.1			
10	Boetje Huliselan		NED	11:15.3			
11	Geraldine Legon		ENG	12:31.1			
12	Bauke te Nijenhuis		NED	14:08.5			

National Championships

English Schools 51st Race Walking Championships, Chelmsford (Sat. 20th Sept.)

Improved numbers at the English Schools Championships this year especially in the 1500m development race and the junior categories.

Mixed U13 1500m Development Race

Pos	Athlete	AG	Club/School County	Perf.
1	Athira Nair	U13G	Cambridge & Coleridge/Cambridge	08:47.39
2	Matthew Tomsett	U13B	Ashford Athletic Club/Kent	08:48.07
3	Ethan Hunstone	U13B	Blackheath & Bromley/Surrey	08:48.74
4	Spencer Gibson	U13B	Aldershot Farnham & D./Hampshire	09:07.49
5	Timothy Johnstone	U13B	Cambridge & Coleridge/Cambridge	09:22.86
6	Owen Tate	U13B	Cambridge & Coleridge/Cambridge	09:33.82
7	Rio McAndrew	U13B	Newmarket Joggers/Cambridge	09:34.23
8	Amber Jackson	U13G	Thanet Athletic Club/Kent	10:02.90
9	Ellis Jones	U13B	Wrexham A.A.C./Wales (Guest)	10:51.27

Jun	Junior Girls 2000m						
Pos	s Athlete	AG	Club/School County	Perf.			
1	Ellin Wilson	U15G	Ashford Athletic Club/Kent	11:05.72			
2	Millicent Steele	U15G	Ashford Athletic Club/Kent	11:40.66			
3	Amelia Emmett	U15G	Bexley Athletic Club/Kent	12:01.38			
4	Sophie Blundell	U15G	Newmarket Joggers/Cambridge	12:09.32			
5	Marissa Morley	U15G	Aldershot Farnham & D./Surrey	12:37.30			
6	Aimee Thursfield	U15G	Wolv. & Bilston AC/Staffordshire	12:38.65			
7	Lily-Ann Cooper	U15G	Newmarket Joggers/Cambridge	13:44.20			

Jur	Junior Boys 2000m					
Pos Athlete		AG	Club/School County	Perf.		
1	Timothy Perry	U15B	Northern (IOM) AC/Isle of Man	09:33.03		
2	Seth Muddle	U15B	Lewes Athletic Club/Sussex	11:10.87		
3	Spencer Jones	U15B	Wrexham A.A.C./Wales (Guest)	11:17.54*		
4	Luke Eperon	U15B	Blackheath & Bromley/Kent	12:06.73		
5	Xavi Cannell	U15B	Unattached/Somerset	12:53.79*		
6	Stanley Taylor	U15B	Lewes Athletic Club/Sussex	12:57.81		
7	Thomas Muddle	U15B	Lewes Athletic Club/Sussex	14:16.92		

(* = 30 seconds added pursuant to Rule TR54.7.4)

Intermediate Girls 3000m

Po	s Athlete	AG	Club/School County	Perf.
1	Florence Watson	U17W	Blackheath & Bromley/Kent	17:37.93
2	Sophie Davidson	U17W	Warriors Pentathlon/Merseyside	17:58.38
3	Amy Surgeon	U17W	Manx Harriers/Isle of Man	18:25.87
4	Tilly Heaton	U17W	Basildon Athletic Club/Essex	19:19.93
5	Ema Hurbanova	U17W	Wolv. & Bilston AC/w. Midlands	19:49.55
	1770	10000	1000	-500



Intermediate Boys 3000m

Ро	s Athlete	AG	Club/School County	Pert.	
1	Trejan Checheku-B	U17M	Blackheath & Bromley/Kent	16:30.59	
2	Jack Wynn	U17M	Unattached/Somerset	16:53.32	
	Charlie Perry	U17M	Lewes Athletic Club/Sussex	DQ	
Senior Girls 3000m					

Dog Athleta

Pos Athlete		s Athlete	AG	G Club/School County	
	1	Cerys Bithell	U20W	Newmarket Joggers/Cambridge	17:52.84

'A' Judged Races

Surrey County Championships, Carshalton (Sun. 7th Sept.)

Mixed 3000m

Pos	Athlete	AG	Club	Perf.	Rank
1	Estle Viljoen	W55	Hercules Wimbledon	19:07.17	1
2	Marissa Morley	U15G	Aldershot Farnham & D	20:05.44	1
3	William Arbury	M60	Epsom & Ewell Hs	21:18.19	1

Isle of Man Track 10km Race Walking Championships, National Sports Centre, Douglas (Sun. 7th Sept.)



Mixed 10,000m

Leo Gleave

Po	s Athlete	AG	Club	Perf.
1	Erika Lockley	SENW	Northern (IOM) AC	56:57 [SB]
2	Rachael Greham	W40	Manx Harriers	57:32 [PB]
3	Jayne Farquhar	W55	Manx Harriers	63:15 [SB]
4	Michael George	M55	Manx Harriers	64:46 [SB]
5	Louise Hollings	W45	Manx Harriers	74:13 [SB]
6	Phill Swales	M55	Northern (IOM) AC	74:13 [SB]
Mi	xed 5000m			
Ро	s Athlete	AG	Club	Perf.
1	Timothy Perry	U15B	Northern (IOM) AC	25:36 [PB]
2	Holly Salter	U17W	Northern (IOM) AC	28:47 [PB]
3	Honey-Mae Davies	U17W	Manx Harriers	31:26 [PB]
Mi	xed 3000m			
Ро	s Athlete	AG	Club	Perf.
1	Lilee Fletcher	U15G	Manx Harriers	16:08 [PB]
2	Polly Davies	U15G	Manx Harriers	19:11 [PB]
3	Amy Surgeon	U17W	Manx Harriers	19:34
Mi	xed 2000m			
Ро	s Athlete	AG	Club	Perf.
1	Jack Davies	U13B	Manx Harriers	11:26 [PB]
Mi	xed 800m	•	_	
Ро	s Athlete	AG	Club	Perf.

Biggleswade One Mile Open 2025, Sandy (Wed. 10th Sept.)

Manx Harriers

U11B

A strong turnout from Cambridge and Newmarket Juniors in a field of 13 for the Biggleswade Open 1 Mile, *reports David Annetts*, where the young athletes were looking for extra race experience before the English Schools Championships later in September.

Leading from the start, race winner was U13 Spencer Tate Jones in a new PB 8:23.70, reward for making the long journey from Wales. Following close behind was U20 Cerys Bithell in a seasons best 8:31.80.



-		MEANING THE RES				
Mix	Mixed 1 Mile					
Pos	S Athlete	AG	Club	Perf.		
1	Spencer JONES	U13B	Wrexham A.A.C.	08:23.70 [PB]		
2	Cerys BITHELL	U20W	New Market Joggers	08:31.80 [SB]		
3	David ANNETTS	M60	Cambridge & Coleridge	08:42.90 [SB]		
4	Sophie BLUNDELL	U15G	New Market Joggers	09:21.70 [PB]		
5	Steve ALLEN	M65	Barnet & District AC	09:38.90 [SB]		
6	Miraiker WALLACE	W60	Cambridge & Coleridge	09:39.30 [PB]		
7	Athira NAIR	U13G	Cambridge & Coleridge	10:26.50 [PB]		
8	Timmy JOHNSTONE	U13B	Cambridge & Coleridge	10:33.40 [PB]		
9	Ellis JONES	U11B	Wrexham A.A.C.	10:55.80 [PB]		
10	Darren JANSSEN	M35	Biggleswade A.C.	10:58.90 [PB]		
11	Lily-Ann COOPER	U15G	Newmarket Joggers	11:05.20 [PB]		
12	Suzanne BAILEY	W60	Newmarket Joggers	11:14.40 [PB]		
13	Rio McANDREW	U13B	Newmarket Joggers	11:23.80 [PB]		

Kent County Masters, U13 and Combined Events Championships, Gillingham (Sun. 14th Sept.)

Mixed 2000m

Pos	Athlete	AG	Club	Perf.	Rank
1	Matthew Ellerton	M50	Blackheath & Bromley	12:43.12	1
2	Matthew Tomsett	U13B	Ashford Athletic Club	13:50.23	1
3	Amber Jackson	U13G	Thanet Athletic Club	13:57.06	1
4	Selina Hawker	W40	Tonbridge Athletic Club	14:08.42	1
5	Stephanie Dann	W35	Cambridge Harriers	14:45.09	1
6	Karen Azodoh	W50	Bexley Athletic Club	15:34.26	1
7	Lesley Hall	W60	Ashford Athletic Club	15:43.53	1
8	Geraldine Legon	W65	Bexley Athletic Club	15:55.86	1
	Jacqueline Hunter	W60	Medway & Maidstone	DQ	

Bosworth Miles, Leeds Beckett University (Sat. 27th Sept.)

I held my first event, *writes Tom Bosworth*, and I'd say it was a success!! The aim was to bring as many of our young race walkers together to race against each other, form friendships and enjoy the day. They also had the pleasure of watching some of the top walkers, as we had Diego Garcia Carrera (ESP), Cameron Corbishley (ENG), Caprice Jerome (MRI) and Bethan Davies (WAL) all join us to race. The gasps from young athletes and parents as they saw Diego take off opened their eyes to what is possible!

We had some running miles as well, to bring kids from local clubs in as well as a senior mile for local athletes to get involved.

U11 800m

Ро	s Athlete	AG	Club	Perf.		
1	Ellis Jones	U11B	Wrexham A.A.C.	5:05.04		
2	Tobias Hart	U11B	Run 4U & Perform RC	5:39.94		
3	Theo Van Dijk	U11B	Run 4U & Perform RC	5:40.12		
Mi	Mixed U15 Mile					
Ро	s Athlete	AG	Club	Perf.		
1	Timothy Perry	U15B	Northern (IOM) A.C.	07:22.25		
2	Spencer Jones	U13B	Wrexham A.A.C.	08:26.33		
3	Harry Richards	U13B	Valley Striders	08:57.63		
4	Luka Enaran	U15B	Blackheath & Bromley HAC	09:15.77		
4	Luke Eperon	0130	Diackfiedth & Dionney HAC	05.15.77		

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6	Cerys Fitzptarick	U15G	Carmarthen Harriers	09:19.16
7	Jack Davies	U13B	Manx Harriers	09:23.61
8	Ameka Eardley	U13G	Warriors Pentathlon & A.C.	09:25.54
9	Nia Vale	U15G	Aberdare Valley	09:28.46
10	Aimee Thursfield	U15G	Wolverhampton & Bilston	10:06.47
11	Isabelle-Grace Wilson	U15G	Warriors Pentathlon & A.C.	10:56.15
12	Gwendoline Fitzpatrick	U13G	Carmarthen Harriers	11:52.56
13	Jenson Harvey	U13B	Lancashire Walking Club	13:16.69

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Wo	Women's U17/U20/Senior Mile						
Pos	Athlete	AG	Club	Perf.			
1	Bethan Davies	SENW	Cardiff A.A.C.	07:24.64			
2	Abigail Jennings	SENW	Aldershot Farnham & Dist.	07:45.40			
3	Helen Davies	W40	Manx Harriers	08:25.54			
4	Erika Pontarollo	SENW	Hyde Park Harriers/ITA	08:38.02			
5	Sophie Davidson	U17W	Warriors Pentathlon & A.C.	08:40.69			
6	Honey-Mae Davies	U17W	Manx Harriers	08:42.29			
7	Carolyn Derbyshire	W45	Nuneaton Harriers	08:57.87			
8	Fiona Usher	W60	Lincoln & District	10:31.81			
9	Sydney Caraher	U17W	Warriors Pentathlon & A.C.	11:25.40			
10	Susanna Konowalik	W65	Unattached	12:56.75			
11	Kirston Clulow	W50	Team Caterpillar	13:23.46			



Men's U17/U20/Senior Mile

Pos	S Athlete	AG	Club	Perf.			
1	Deigo Garcia Carrera	SENM	Spain	06:00.68			
2	Cameron Corbishley	SENM	Medway & Maidstone AC	06:35.93*			
3	Erick Caprice	M40	Mauritius	06:45.11			
4	Tom Partington	SENM	Manx Harriers	07:41.57			
5	Jonathan Elleron	U20M	Blackheath & Bromley HAC	08:03.30			
6	Trejan Checheku-B	U17M	Blackheath & Bromley HAC	08:37.17			
7	Steve Partington	M60	Manx Harriers	09:38.28			
8	Nathaniel Hopkins	M35	Kirkby Milers	10:48.02			
9	Martin Murray	M55	Newquay & Par	10:53.68			
10	Anthony Bell	M60	Lancashire Walking Club	DQ			

(* = 30 seconds added pursuant to Rule TR54.7.4)



One Hour Walk Challenge & Supporting Events, Mark Cavendish Raceway, Douglas (Sun. 28th Sept.)

	Cavendish Raceway, Douglas (Sun. 28" Sept.)					
Mix	red 1 Hour					
Pos	Athlete	AG	Club	Perf.		
1	Neil Wade	M35	Manx Harriers	12,232		
2	Erika Lockley	SENW	Northern (IOM) A.C.	11,178		
3	Rachel Greham	W40	Manx Harriers	10,468		
4	Chris Addy	M35	Manx Fell Runners	10,437		
5	Marie Jackson	W60	Manx Harriers	9,558		
6	Karen Mercer	N/K	Unattached	8,780		
7	Bryoni Barron	N/K	Unattached	8,492		
8	Jim Caley	M55	Manx Fell Runners	8,443		
9	Yanisa Sananueah	W55	Manx Harriers	8,388		
10	Colin Moore	M65	Isle of Man Veterans AC	8,357		
11	Louise Hollings	W45	Manx Harriers	8,254		
=12	Sharon Counsell	W55	Isle of Man Veterans AC	7,942		
=12	Phill Swales	M60	Northern (IOM) A.C.	7,942		
14	Maura Kelly	W55	Northern (IOM) A.C.	7,696		
15	Paul Surgeon	N/K	Unattached	7,650		
16	Alex Townell	N/K	Unattached	7,351		
Mix	red Half Hour					
Pos	Athlete	AG	Club	Perf.		
1	Adam Cowin	SENM	Manx Harriers	5,848		
2	Lillee Fletcher-Merryweather	U15G	Manx Harriers	5,338		
3	Amy Surgeon	U17W	Manx Harriers	4,571		
4	Luis Richardson	N/K	Unattached	3,858		
5	Sandra Robertson	N/K	Unattached	3,419		
Mix	red Two Lap					
Pos	Athlete	AG	Club	Perf.		
1	Jay-Jay Fletcher-Merryweather	U13B	Manx Harriers	09:02		
2	Faye Robertson	U13G	Manx Harriers	12:16		
3	Grace Mercer	N/K	Unattached	14:54		
Mix	red One Lap					
Pos	Athlete	AG	Club	Perf.		
1	Charlie Fletcher-Merryweather	N/K	Manx Harriers	06:14		
2	Oswald Addy	N/K	Unattached	07:59		

Masters

British Masters T & F Championships, Derby (Sat. 13th Sept.) *Women's* 3000m

Pos	Athlete	AG	Club	Perf.	Rank
1	Melanie Peddle	W55	Loughton A.C.	16:08.76	1
2	Carolyn Derbyshire	W45	Nuneaton Harriers	16:44.20	1
3	Aleksandra Majewski-Ani	W35	Charnwood A.C.	16:49.82	1
4	Diane Brian	W70	Droitwich A.C.	18:34.22	1
5	Helen Watson	W50	Telford A.C.	19:23.99	1
6	Michelle O'Neill-Hall	W60	North East Vets	20:24.73	1

Men's 3000m						
Pos	Athlete	AG	Club	Perf.	Rank	
1	Marcin Wojtowicz	M35	Winchester & Dist.	16:09.40	1	
2	David Annetts	M60	Cambridge & Coleridge	17:10.40	1	
3	Colin Harle	M65	Belgrave Harriers	17:40.40	1	
4	Steve Allen	M65	Barnet & District	18:01.80	2	
5	Ian Richards	M75	Steyning A.C.	18:35.80	1	
6	Ian Thorn	M50	North Shields Poly	19:03.20	1	
7	Mark Culshaw	M55	Central Park Athletics	19:11.10	1	
8	Neil Jaggard	M65	Stilton Striders	20:34.70	3	

'B' Judged Races

Lambert Cup One Hour Track Race, Bury (Sat. 6th Sept.)

At a venue in a quiet suburb of Manchester where two young athletes had just broken the famous 4 minute mile the Lancashire Walking Club promoted its One Hour track race *reports Dave Evans*. Historically the one hour event was held to give walkers a chance of winning a special accreditation for walking a set distance in an hour. This was no

different, but age takes its toll and winning or placing in an event takes preference.

Tony Bell confirmed his present good form by outpacing his regular rivals with a very disciplined attack on 9k which he missed by less than 90 metres. It was satisfying to see the return of Sailash Shah to competition, looking strong, and John Crahan who gives everything from a background of athletic field events.



Mixe	Mixed 1 Hour					
Pos	Athlete	AG	Club	Perf.		
1	Tony Bell	M60	Lancashire Walking Club	8,918m		
2	Martin Payne	M60	Lancashire Walking Club	8,676m		
3	Roy Gunnett	M75	Lancashire Walking Club	8,597m		
4	Sailash Shah	M60	Lancashire Walking Club	7,881m		
5	Glyn Jones	M80	Coventry Godiva Harriers	7,754m		
6	Joe Hardy	M80	Lancashire Walking Club	7,708m		
7	Pat Evans	W70	Lancashire Walking Club	7,694m		
8	John Crahan	M75	Lancashire Walking Club	7,245m		
9	Ian Hilditch	M80	Lancashire Walking Club	6,899m		

7th South Yorkshire League, Millhouses Park (*Thur.* 11th *Sep.*) It was good to see Nathaniel's mum drawn into having a go for herself

this week, *writes Brian Adams*. She was only caught by Nathaniel in the last couple of strides, in what was a tight finish as four seconds covered the first three walkers with Meghan taking the victory to draw level with Tony in the series and just one event to go.

Pos	Athlete	AG	Club	Watch/Actual
1	Meghan Walmsley	U15G	King Edward VII School	32:35/22:44 [3km]
2	Nathaniel Salih	U13B	High Storrs School	32:37/06:17 [1km]
3	Faith Salih	W45	Unattached	32:38/04:08 [600m]
4	Chris Bent	M75	Buxton Athletic Club	32;57/23:30 [3km]
5	Tony Bell	M60	Lancashire W.C.	34:41/34:41 [5km]

PSUK/Civil Service Championships Inc. Ryan Cup Match, Evesham Velo Park (Wed. 24th Sept.)

The return for the second time to Evesham Velo Park for these championships and Ryan Cup match sadly did not result in large entries, *writes Glyn Jones*. In fact the PSUK and Civil Service were greatly down in numbers on the start line for both the 10km and 5km.

With the required number of officials the fixture went ahead on a dry and sunny day and with good tarmac surface on the cycle circuit.

Jonathan Hobbs was the clear winner overall as expected in the men's 10km followed by Steve Allen racing as a guest with Martin Slevin and Colin Harle of the PSUK battling it out for second and third places.

In the women's 5km, Aleksandra Majewska -Ani was clear winner from the start with Maureen Noel in second place and Amy Marsh in third place.

In conclusion it seems entries are continually decreasing for this fixture and sadly the curtains are almost closing in on this historic annual match and championships. Further review will be discussed over the forthcoming months whether this fixture will be held in 2026, or the

feasibility as has been suggested to be held in conjunction with a Civil Service Road Championships held in April, but nothing has been set in stone yet.

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Pos	Athlete	AG	Club	Perf.
1	Jonathan Hobbs	SENM	Ashford AC/HMRC	54:25
2	Martin Slevin	M60	Headington RR/Police/MOJ	61:38
G	Steve Allen	M65	Barnet & District AC	61:44
3	Colin Harle	M65	Belgrave Harriers/Police	62:31
4	Mark Culshaw	M55	Central Park Athletics/HASSRA	68:58
5	Jason Holt	M50	Unattached/HMRC	71:41
6	Steve Broadbent	M65	Unattached/Police	75:09
7	Jason Brewer	M55	Unattached/HMRC	77:31
8	David Watkinson	U/K	Unattached/Police	79:31
9	Martin Brasher	M70	Unattached/DEFRA	85:22
10	John Hall	M75	Belgrave Harriers/DEFRA	90:06

Women's 5km

Pos	Athlete	AG	Club	Perf.
1	Alexandra Majewska-Ani	W35	Charnwood AC/HMRC	29:51
2	Maureen Noel	W60	Belgrave Harriers/MOD	31:57
3	Amy Marsh	U/K	Unattached/DEFRA	37:05
4	Celia Cordran	W45	Brentwood Beagles/Police	37:26
5	Pamela Abbott	W60	Cambridge & Coleridge/DEFRA	38:16
6	Sue Harrison	W70	Red Rose RR/Police	41:03
7	Geraldine Legon	W65	Bexley AC/HASSRA	42:13
8	Ann Crofts	W65	Unattached/Police	46:06

8th South Yorkshire League, Millhouses Park (Thur. 25th Sep.)

Moving into the final event of the 2025 series there were three walkers who could still take the trophy and four who could be in the medals, writes Brian Adams. Six walkers have been involved in the series this year and all 6 were present here.

Helen Elleker chose to race over 4km and never quite got out of last place, five seconds away from 5th place. Tony Bell worked his way through the field to win by 5 seconds. Interestingly the first three to finish were the medallists for the series.

Tony Bell takes the South Yorkshire County AA title, with Chris Bent and Meghan Walmsley taking the other two medals.

Pos	Athlete	AG	Club	Watch/Actual
1	Tony Bell	M60	Lancashire W.C.	25:21/19:28 [3km]
2	Meghan Walmsley	U15G	King Edward VII School	25:26/21:37 [3km]
3	Chris Bent	M75	Buxton Athletic Club	26:09/23:17 [3km]
4	Nathaniel Salih	U13B	High Storrs School	26:29/09:39 [1.5km]
5	Faith Salih	W45	Unattached	26:52/07:32 [1km]
6	Helen Elleker	W65	Totley Athletic Club	26:57/26:52 [4km]

Upcoming Events

Date		Event	Venue
Oct.			
Sat. 11 th	В	Jack Fitzgerald Memorial Walks	Tilgate
Sat. 18 th	A/B	Enfield League 5k handicap + 3k & 2k	Donkey Lane
Sun. 19 th	В	Midland Winter League #1	Warwick Uni.
Sun. 26 th	Α	Manx Winter League #1	Douglas
Nov.			
Sat. 1st	В	Lancashire WC AGM Event (5km)	Simister
Sat. 8 th	A/B	Enfield Open 7 & League	Donkey Lane
Sun. 16 th	Α	Manx Winter League #2	Douglas
Sun. 23 rd	В	Midland Winter League #2	Stourport
Sat. 29 th	Α	Surrey WC Open/SRWA Championships	Tonbridge (TBC)
Dec.			
Sat. 6 th	В	Lancashire WC Dick Maxwell Memorial (10k)	Simister
Sun 7 th	Α	Manx Winter League #3	Douglas
Sun 7 th	В	Midland Winter League #3	Warwick Uni.