



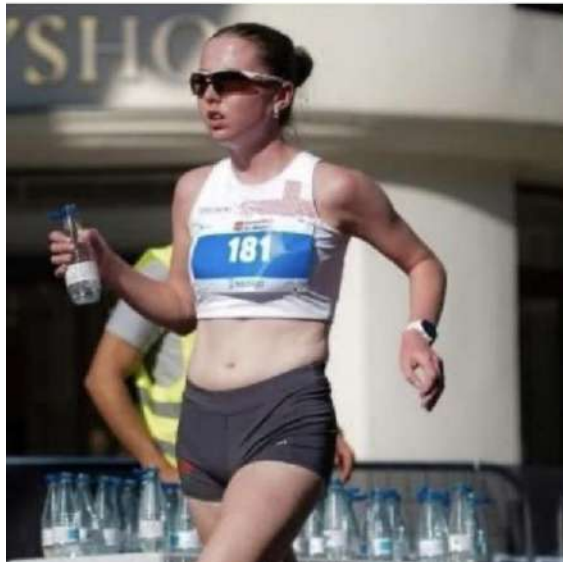
# Race Walking Record

May 2026



Honey-Mae Davies

Timothy Perry



Holly Salter

**Isle of Man Junior Race Walkers  
make their England Debuts in  
Madrid**

# THE JOHNSON BOWL

Gazette Cup

## FOUR MILE WALKING CHALLENGE

*Can you walk  
four miles  
in the hour?*

Wed 1<sup>st</sup> July  
at 7.00 pm  
Norman Park

*(Meet in Lower car park)*

**Free Entry** Enter on the day



For more information:  
Shaun Lightman:  
CTIESL657@Yahoo.com

**Under UKA rules**

- Only members of Blackheath & Bromley Harriers AC qualify to be presented with the Johnson Bowl. U15 walkers can only cover 1-3 miles. UKA rule T3 s 2 subsection 8.



## DATES FOR YOUR DIARY

### UK National/International 2026 Fixtures

Listed are the known major domestic and international events. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
18 <sup>th</sup> Jan.	England Athletics Indoor Championships	Sheffield
25 <sup>th</sup> Jan.	Guadix City Race Walking Grand Prix	Guadix (ESP)
14 – 15 Feb.	UKA Indoor Championships	Birmingham
21 – 22 Feb.	British Masters Indoor Championships	Lee Valley
7 <sup>th</sup> Mar.	45 <sup>th</sup> Dudínska 50	Dudince (SVK)
12 <sup>th</sup> Apr.	WA Race Walking Team Championships	Brasilia (BRA)
25 <sup>th</sup> Apr.	Korzeniowski Warsaw Race Walking Cup	Warsaw (POL)
7 <sup>th</sup> May	94 <sup>th</sup> Poděbrady Walking	Poděbrady (CZE)
9 – 10 May	County Championship Weekend	Various
16 <sup>th</sup> May	33 <sup>rd</sup> International Grand Prix of Racewalking	Rio Maior (POR)
31 <sup>st</sup> May	V GPI Madrid Marcha Silbo Telecom	Madrid (ESP)
21 <sup>st</sup> June	UKA Outdoor Championships	Birmingham
28 <sup>th</sup> June	S.E.A.A. Race Walk Track Championships	Chelmsford
27-28 June	Welsh Senior & U18 Championships	Cardiff
3-5 July	EA U20 and Senior Outdoor Championships	Bedford
16 – 19 July	European Athletics U18 Championships	Rieti (ITA)
25 - 26 July	EA U16 & U18 Championships	Bedford
27 Jul - 1 Aug.	XXIII Commonwealth Games	Scotland
15 <sup>th</sup> Aug	European Athletic Championships – Walks	Birmingham
11 – 13 Sept	British Masters Outdoor Championships	Derby
19 <sup>th</sup> Sept.	English Schools Race Walk Championships	Bedford
24 <sup>th</sup> Oct.	Lusatian Race Walking/WA - Silver	Zittau (GER)
13 <sup>th</sup> Dec.	Dublin GP of Race Walking/WA Bronze	Dublin (IRL)



### Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
May	Sharon Herbert	Julie Drake	Micheal George

The RWA 200 club has recently seen membership decline.

As the profit from the RWA 200 club is used to help our younger walkers get more opportunities to compete in top level competitions, We would particularly welcome membership from former International Walkers and Masters Athletes.

It is £12 per number per year, so if you wish to join, please contact Colin Vesty ([rwasecretary@yahoo.co.uk](mailto:rwasecretary@yahoo.co.uk)) for further details.



### World Athletics Championships Beijing 2027

#### Entry Standards

Men	Event	Women
9.95	100m	10.98
20.07	200m	22.45
44.45	400m	50.00
1:43.00	800m	1:57.50
3:30.00	1500m	3:58.00
12:50.00	5000m / 5km road	14:36.00
26:48.00	10,000m / 10km road	30:40.00
2:06.00	Marathon	02:23.20
8:08.00	3000m SC	9:08.50
13.18	110mH / 100mH	12.60
48.00	400m H	54.00
2.30	High Jump	1.96
5.90	Pole Vault	4.75
8.25	Long Jump	6.86
17.35	Triple Jump	14.40
21.50	Shot Put	19.30
67.20	Discus Throw	64.50
78.30	Hammer Throw	74.00
85.50	Javelin Throw	63.40
	Heptathlon	6550
8620	Decathlon	
01:23:00	Half Marathon Race Walk	01:33:10
03:01:00	Marathon Race Walk	03:28:00
Top 12 at WRE + 4 from Top Lists	4x100m	Top 12 at WRE + 4 from Top Lists
Top 12 at WRE + 4 from Top Lists	4x400m	Top 12 at WRE + 4 from Top Lists
Top 12 at WRE + 4 from Top Lists	4x100m Mixed	Top 12 at WRE + 4 from Top Lists
Top 12 at WRE + 4 from Top Lists	4x400m Mixed	Top 12 at WRE + 4 from Top Lists

Conditions for the validity of performances for qualification for selection purposes

- All performances must be achieved during competitions organised or authorised by World Athletics, its Area Associations or its National Federations and conducted in conformity with World Athletics Rules & Regulations (including Competition & Technical Rules).
- In the case of National Permit competitions, in addition to compliance with the above, all performances must be achieved in a competition for which an application has been submitted in advance to World Athletics for inclusion in the Global Calendar through the established platform. The list of such competitions will be published on the Global Calendar ([see here](#)).

World Athletics Championships Beijing 2027  
Qualification System and Entry Standards – May 2026

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# OUTDOOR CALENDAR 2026

BEDFORD INTERNATIONAL ATHLETIC STADIUM

3-5 JULY

- U20/Senior Championships
- U20/Senior Combined Events

25-26 JULY

- Age Group Championships
- Junior Para Championships

22-23 AUGUST

- Age Group Combined Events
- Senior Para Championships

ALEXANDER STADIUM, BIRMINGHAM

23 AUGUST

- Relay Championships

ENGLAND ATHLETICS

CITROËN

HEADLINE PARTNER

Enter Senior/U20 [here](#) by 14<sup>th</sup> June

Enter U18/U16 [here](#) by 28<sup>th</sup> June

# L1 RW Judges Courses

UPCOMING COURSE - UPCOMING COURSE - UPCOMING COURSE -

## LEVEL 1 RACE WALKING OFFICIAL

- ✓ Learn the rules of race walking
- ✓ Understand cautions and infringements
- ✓ Learn what makes a good Race Walking Judge

15<sup>th</sup> June & 26<sup>th</sup> JuneTo find out more, search:  
bit.ly/L1RaceWalkJudgeBook at <https://www.athleticshub.co.uk/course-list/eng?what=Level%201%20Race%20Walking%20Official>

## Coaching

### Young Athletes Coaching Day, Aldershot (Sat. 23<sup>rd</sup> May)

On Saturday 23<sup>rd</sup> May, Aldershot, Farnham & District hosted a race walking training afternoon, *reports Verity Snook*, focused on bringing together young athletes keen to try race walking in a fun and supportive environment.

The session included drills, games, skill development, and training alongside fellow athletes, creating a fantastic sense of community. In total, 18 athletes aged under 16 took part, travelling from as far as North Wales, Cambridgeshire, and Sussex, alongside four Masters athletes.



Coinciding with the hottest weekend on record, participants also had the perfect opportunity to learn an essential race-day skill — mastering the art of taking water from a cup while continuing to race walk!



The following day, Sunday 24<sup>th</sup> May, athletes returned to put their new skills and growing confidence to the test at the Ray Hall Festival of Walks

**SEAA**  
www.seaa.org.uk

**South of England  
Athletic Association**
**South of England AA Track Race Walk Champs**  
**Sunday 28<sup>th</sup> June 2026 – Chelmsford**
**Senior/U20/Masters 5000m & U18/U16/U14 3000m**

You are encouraged to support these championships which are a show piece of Southern Track & Field athletics.

The Race Walking Association ( Southern Area) committee has agreed that each participant will receive £10 to help offset the cost of entry.

Online entries only at: [Roster Athletics · SEAA - South of England U14/U16/U18 Championships + Race Walk Championships](#)

**Closing date = 23:59 on 16<sup>h</sup> June 2026**

## Overseas


**Fri. 8<sup>th</sup> May**


Cameron Corbishley finished in 44<sup>th</sup> position, having endured a stop in the penalty zone.

### Men's Half Marathon

Pos	Athlete	Nation	Perf	Notes
1	Francesco FORTUNATO	ITA	1:23:00	AR/NR
2	Caio BONFIM	BRA	1:23:40	
3	Christopher LINKE	GER	1:23:46	NR
4	Andrea COSI	ITA	1:23:59	PB
5	Eider ARÉVALO	COL	1:23:59	NR
6	Aurélien QUINON	FRA	1:24:01	NR
7	Leo KÖPP	GER	1:24:27	PB
8	Declan TINGAY	AUS	1:24:49	
9	Iván LÓPEZ	ESP	1:25:05	PB
10	Perseus KARLSTRÖM	SWE	1:25:31	
44	Cameron CORBISHLEY	GBR	1:35:34	PZ

76 started; 61 finished; 9 DNF; 6 DQ.

### Women's Half Marathon

Pos	Athlete	Nation	Perf	Notes
1	Kimberly GARCÍA LEÓN	PER	1:31:44	AR
2	Antonella PALMISANO	ITA	1:32:21	NR
3	Lucia REDONDO	ESP	1:34:22	PB
4	Lauren HARRIS	USA	1:36:04	NR
5	Ana DELAHAIE	FRA	1:36:42	PB
6	Ema KLIMENTOVÁ	CZE	1:36:59	PB
7	Kristina MOROZOVA	KAZ	1:37:20	PB
8	Clémence BERETTA	FRA	1:37:43	PZ/PB
9	Giada TRAINA	ITA	1:37:45	PB
10	Theresia Emma MOHR	AUT	1:37:51	NR

53 started; 42 finished; 8 DNF; 3 DQ.

**V Madrid Marcha, Gran Via, Madrid (ESP) (Sun. 31<sup>st</sup> May)**

Several athletes from England and Wales travelled to Madrid to compete in the Madrid Marcha, A Gold World Athletics Race Walking Tour Event, staged on Gran Via and promoted by Diego Gracia, **reports Ian Richards**. Despite the early start time the weather was very hot, with temperatures hitting 28C by 10.00. It was also a course with a significant climb on it.



Representing England in the event Cameron Corbishley and Abigail Jennings competed in the elite 10km event. Both found the hot conditions and the world class fields tough, but both managed to come through during the second half of the race to place Cameron Corbishley went through the 5km point in 21:43 and came home in 29th position in 43:27.

Abigail making her debut at this level of competition passed the halfway mark in 25:47 and battled through the tough conditions clock 52:38. She said "It is a great opportunity to race at a high profile course, with many fans spectating. The weather conditions hindered my times a bit, but regardless, it is a fantastic opportunity to put on an England vest."

In the Under 20 and Under 18 5km event, three athletes from the Isle of Man were making their England debuts. Holly Salter, Honey-Mae Davies and Tim Perry. They were advised by team manager Tom Bosworth to start conservatively but got carried along by the big field and the atmosphere.

Tim Perry made a fast start passing 2km in 9:51 but suffered from a bout of sickness at the 3km point to come home in 25:49. Holly Salter made a fast start passing the 1km point in 5:09 and was able to come home in a time of 29:06. Honey-Mae produced a strong performance and despite the conditions clocked a personal best of 29:48. Honey-Mae Davies added: "It was an exciting experience and the atmosphere was fantastic."



England team manager Tom Bosworth was full of praise for the Manx trio. 'To make your international debut in this environment, with the crowd and the conditions is a tall order. All three juniors should be pleased. I said all along that it was not about times today, but they showed that they could handle the nerves to put in strong, technically sound performances. They will have gained so much experience for the future'.

In the supporting Under 12 and Under 14 2km and Under 16 3km which was held together, three very nervous athletes toed the start line. In

the Under 12 2km Ellis Jones battled the tough conditions and finished 8th in 13:32. Harry Richards competing in the Under 14 Boys 2km and Spencer Jones in the Under 16 3km, made a steady start and worked together through the field, passing the 1km mark in 5:24. Harry pushed on in the last 400 metres of his event to take 2nd place in his race in a new personal best of 10:52 to make the podium. Spencer produced his quickest lap on the final circuit to come home in 8th place in 16:12. This was an inspiring experience for these young athletes to be competing in the same event as Olympic and World medallists.

**Men's 10km**

Pos	Athlete	Nation	Perf	Notes
1	Francesco Fortunato		ITA	39:15
2	Paul Mcgrath		ESP	39:23
3	Caio Bonfim		BRA	39:31
4	Keisuke Hara		JPN	39:32
5	Kento Yoshikawa		JPN	39:45
6	Karl Junghanns		GER	39:58
7	Massimo Stano		ITA	40:04
8	Diego García Carrera		ESP	40:11
9	Kazuki Takahashi		JPN	40:14
10	Alvaro Lopez		ESP	40:17
27	Cameron Corbishley		ENG	43:27

36 started; 32 finished; 4 DNF.

**Women's 10km**

Pos	Athlete	Nation	Perf	Notes
1	Alegna Gonzalez		MEX	44:02
2	Evelyn Inga		PER	44:15
3	Aldara Meilán		ESP	44:45
4	Pauline Stey		FRA	45:30
5	Zhuoma Baima		CHN	45:34
6	Giulia Gabrielle		ITA	45:43
7	Xizhen Yang		CHN	46:44
8	Meryem Bekmez		TUR	46:45 PZ
9	Giada Traina		ITA	46:54
10	Sofia Ramos		MEX	46:59
19	Abigail Jennings		ENG	52:38

22 started; 19 finished; 3 DNF.

**Mixed 5km**

Pos	Athlete	Nation	Perf	Notes
1	Gabriel González Pérez (U18M)		ESP	20:46
2	Daniel Jimeno (SENM)		ESP	20:52
3	Brandon Pérez Vilchis (SENM)		MEX	21:02
4	Marcos López (U18M)		ESP	21:35
5	Pablo Sanz (SENM)		ESP	21:37
6	Jorge Ruiz Gómez (U18M)		ESP	21:41
7	Pablo Zárate Briz (U20M)		ESP	21:42
8	Alberto Olivares Carlos (SENM)		MEX	22:31
9	Daniel De Lucas (SENM)		ESP	22:50
10	Paula Elvira Moreno (U18W)		ESP	23:12
20	Timothy Perry (U18M)		ENG	25:49
32	Holly Salter (U18W)		ENG	29:06
33	Honey-Mae Davies (U18W)		ENG	29:48

45 started; 42 finished; 3 DNF.

**Mixed 3km**

Pos	Athlete	Nation	Perf	Notes
1	Marcos Ruiz Pérez (U16B)		ESP	12:50
2	Gabriel Moreno Ramírez (U16B)		ESP	14:26
3	Irene Casas Lazaro (U16G)		ESP	14:29
4	Sara Fernández Moreno (U16G)		ESP	14:36
5	Oliver López Sánchez (U16B)		ESP	15:05
6	Sergio Sánchez Jimenez (U16B)		ESP	15:41
7	Javier Morán Montosa (U16B)		ESP	15:51
8	Spencer Jones (U16B)		WAL	16:12
9	Antonio Palencia (U16B)		ESP	16:16
10	Javier Rodríguez Lillo (U16B)		ESP	16:45

20 started; 20 finished.



Spencer & Ellis Jones

Mixed 2km

Pos	Athlete	Nation	Perf	Notes
1	Blanca Sainz Collado (U14G)		ESP	10:40
2	Martín García Gonzalo (U14B)		ESP	10:47
3	Lucía Sáez-Bravo Castrillo (U14G)		ESP	10:49
4	Harry Richards (U14B)		ENG	10:52
5	Unai Bravo Marquiegui (U12B)		ESP	10:58
6	Marta Nicolas Asensio (U14G)		ESP	11:31
7	Sara Hernandez Ambrosio (U14G)		ESP	11:31
8	Tiago Valcarcel Antón (U12B)		ESP	11:41
9	Diego González Holguin (U12B)		ESP	11:43
10	Álvaro Herrero Maté (U14B)		ESP	11:46
20	Ellis Jones (U14B)		WAL	13:32

24 started; 24 finished.



Harry Richards

# Masters

## EUROPEAN MASTER ATHLETICS NON STADIA – CHAMPIONSHIPS CATANIA 2026

Double gold for Susan Payne (W65) and Ian Richards (M75).

Women's 10km (Fri. 1<sup>st</sup> May)

Pos	Athlete	Nation	Perf	Notes
1	Rosetta La Delfa		ITA	51:50 W45 – 1
2	Nadiya Sukharyna		UKR	53:04 W50 – 1
3	Bianca Schenker		GER	54:21 W50 – 2
4	Lucia Battaglia		ITA	54:28 W40 – 1
5	Katalin Bodorkós-Horváth		HUN	56:28 W55 – 1
6	María Azucena Garcia		ESP	56:33 W55 – 2
7	Barbara Hollinger		AUT	57:10 W35 – 1
8	Sofia Scanziani		SUI	57:16 W50 – 3
9	Valérie Boban		FRA	57:28 W55 – 3
10	Sandra Jean		FRA	57:54 W50 – 4
23	Susan Payne		GBR	62:33 W65 – 1
24	Diane Brian		GBR	63:02 W70 – 1
28	Marie Jackson		GBR	64:29 W65 – 3

64 started & finished

Men's 10km 65+ (Fri. 1<sup>st</sup> May)

Pos	Athlete	Nation	Perf	Notes
1	Leszek Behounek		POL	54:59 M65 – 1
2	Antonio Lopetuso		ITA	56:35 M65 – 2
3	Pedro Jose Aranda Fernandez		ESP	57:04 M65 – 3
4	Edoardo Alfieri		ITA	58:36 M65 – 4
5	Angel Ruata Martín		ESP	58:57 M65 – 5
6	Patrick Bonvarlet		FRA	60:08 M65 – 6
7	Patrizio Donati		ITA	60:14 M70 – 1
8	Patrice Brochot		FRA	60:59 M70 – 2
9	Miroslav Fliegl		CZE	61:14 M70 – 3
10	Ian Richards		GBR	63:02 M75 – 1
13	Peter Boszko		GBR	64:09 M75 – 2
17	Steve Allen		GBR	65:29 M70 – 6
19	Hardeep Minhas		GBR	66:08 M65 – 10

45 started & finished

Women's 20km (Sun. 3<sup>rd</sup> May)

Pos	Athlete	Nation	Perf	Notes
1	Rosetta La Delfa		ITA	1:51:03 W45 – 1
2	Bianca Schenker		GER	1:53:38 W50 – 1
3	Lucia Battaglia		ITA	1:54:15 W40 – 1
4	Nadiya Sukharyna		UKR	1:56:34 W50 – 2
5	Gloria Guerretta		ITA	1:58:29 W45 – 2
6	Katalin Bodorkós-Horváth		HUN	1:59:40 W55 – 1
7	Valérie Boban		FRA	2:00:35 W55 – 2
8	Barbara Hollinger		AUT	2:05:07 W35 – 1
9	Paola Zuccari		ITA	2:07:02 W50 – 3
10	Laurence Sina		FRA	2:10:17 W55 – 3
15	Susan Payne		GBR	2:16:02 W65 – 1

30 started & finished

Men's 20km (Sun. 3<sup>rd</sup> May)

Pos	Athlete	Nation	Perf	Notes
1	Sebastien Bontemps		FRA	1:37:39 M35 – 1
2	Tomasz Lipiec		POL	1:42:13 M50 – 1
3	Marinos Lytras		GRE	1:44:42 M45 – 1
4	Frederic Borrelli		ITA	1:45:13 M40 – 1
5	Vincenzo Pontrandolfo		ITA	1:45:24 M45 – 2
6	Martin Gramatikov		BUL	1:46:36 M50 – 2
7	Andrea Romanelli		ITA	1:48:31 M40 – 2
8	Fabio Montanari		ITA	1:48:37 M40 – 3

9	Victor Castro Mateo		ESP	1:48:56	M45 – 3
10	Andreas Janker		GER	1:49:14	M40 – 4
42	Ian Richards [Penalty Zone]		GBR	2:13:14	M75 – 1
46	Steve Allen		GBR	2:17:22	M70 – 4
48	Peter Boszko		GBR	2:18:22	M75 – 2
51	Hardeep Minhas		GBR	2:21:19	M65 – 6

72 started, 70 finished, 2 DQ

**British Masters 10,000m & 1 Mile Championships, Horspath, Oxford (Sat. 30<sup>th</sup> May)****Mixed 1 Mile**

Pos	Athlete	AG	Club	Perf.	Rank
1	Marcin Wojtowicz	M40	Winchester & Dist.	7:40.46	1
2	Aleksandra Majewska-Ani	W35	Charnwood A.C.	8:54.67	1
3	Peter Gregoire	M50	Steyning A.C.	9:08.44	1
4	Susan Payne	W65	Aldershot F & D	9:41.67	1
	Stephen Butler	M50	Worcester A.C.	DQ TR54.7.1	
	Hardeep Minhas	M65	Leicester W.C	DQ TR54.7.1	

**Mixed 10,000m**

Pos	Athlete	AG	Club	Perf.	Rank
1	David Annetts	M60	Cambridge & Col.	59.58.84	1
2	Gracia Manzotti	W55	Tonbridge A.C.	1:00:50.46	1
3	Martin Slevin	M60	Headington R.R.	1:01:19.96	2
4	David Mitchell	M55	Southampton A.C.	1:03:03.85	1
5	Peter Gregoire	M50	Steyning A.C.	1:04:29.61	1
6	Melanie Peddle	W55	Loughton A.C.	1:05:20.59	2
7	Aleksandra Majewska-Ani	W35	Charnwood A.C.	1:08:23.28	1
8	Peter Boszko	M75	Birchfield Harriers	1:09:00.26	1
9	Steve Uttley	M65	Ilford A.C.	1:09:30.50	1
10	Susan Payne	W65	Aldershot F & D	1:09:42.80	1
11	Hardeep Minhas	M65	Leicester W.C	1:10:36.33	2
12	Trevor Dixon	M65	S.C.V.A.C.	1:11:53.92	3
13	Dawn Hayes-Sewell	W50	Stubbington Grn. RR	1:27:23.85	1
	Ian Richards	M74	Steyning A.C.	DQ TR54.7.1	

# County Championships

**Steeplechase, Walks & Endurance Festival, Bury St. Edmunds (Cambridgeshire/Essex/Hertfordshire/Middlesex/Suffolk Championships) (Sat. 2<sup>nd</sup> May)**

The third year that a combined counties championship has been provided. There were 22 entries (up from 10 in year 1) although four did not start. Notable that there were eight juniors taking part - five from Newmarket J and C & C reflecting coaching activity in the region.

**Mixed 2000m**

Pos	Athlete	AG	Club	Perf.
1	Rio MCANDREW	U14B	Newmarket Joggers	10:49.60
2	Sophie BLUNDELL	U16G	Newmarket Joggers	11:52.60
3	Lily-Ann COOPER	U16G	Newmarket Joggers	12:45.20
	Athira NAIR	U14G	Cambridge & Coleridge AC	DQ TR54.7.1

**Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Melanie PEDDLE	W55	Loughton Athletic Club	16:14.70
2	Grazia MANZOTTI	W55	Tonbridge Athletic Club	16:37.10
3	Colin HARLE	M65	Belgrave Harriers	17:54.20
4	Miraiker WALLACE	W60	Cambridge & Coleridge AC	18:36.20
5	Chik Ha KWOK	W50	Belgrave Harriers	18:54.00
6	Man Biu LAM	M65	Belgrave Harriers	19:45.60
7	Celia CORDRAN	W45	Brentwood Beagles AC	21:19.80
8	Taro TYSON	M55	Cambridge & Coleridge AC	21:20.30
	John BORGARS	M80	Herts Phoenix AC	DQ TR54.7.1

**Mixed 1000m (Development Race)**

Pos	Athlete	AG	Club	Perf.
1	Matthew TOMSETT	U14B	Ashford Athletic Club	6:11.20
2	Tayla WILLIAMS	U14G	Carmarthen Harriers	6:25.30
3	Lucia BIENZOBAS	U14G	Cambridge & Coleridge AC	6:36.40

4	Clayton DICKINSON	U12B	Unattached	7:44.70
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**Hampshire Championships, Winchester (Mon. 4<sup>th</sup> May)****Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Natasha Mitchell	SENW [1]	Southampton Athletic Club	14:50.9 [SB]
2	Abigail Jennings	SENW [G]	Aldershot Farnham & Dist.	14:51.8 [SB]
3	David Mitchell	SENM [1]	Southampton Athletic Club	16:53.4 [PB]
4	Susan Payne	SENW [2]	Aldershot Farnham & Dist.	19:14.4
5	Keith Vallis	SENM [2]	Overton Harriers & AC	20:01.2 [PB]
6	Susan Davies	SENW [3]	Aldershot Farnham & Dist.	21:51.9
7	Derek Smith	SENM [3]	Winchester & District AC	21:56.9 [PB]

**Under 14 – 1200m**

Pos	Athlete	AG	Club	Perf.
1	Spencer Gibson	U14B	Aldershot Farnham & Dist.	6:10.5 [PB]

**Kent Championships, Gillingham (Sat. 9<sup>th</sup> May)****Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Jonathan Hobbs	SENM [1]	Ashford Athletic Club	15:33.72
2	Emily Ghose	SENW [1]	Tonbridge Athletic Club	15:56.17
3	Ellin Wilson	U16G [1]	Ashford Athletic Club	16:27.95 [PB]
4	Grazia Manzotti	SENW [2]	Tonbridge Athletic Club	16:35.67
5	Amelia Emmett	U16G [2]	Bexley Athletic Club	17:27.36 [PB]
6	Millicent Steele	U16G [3]	Ashford Athletic Club	17:42.41 [PB]
7	Luke Eperon	U14B [1]	Blackheath & Bromley	18:36.32 [PB]
8	Flavia Hitchings	U16G [4]	Tonbridge Athletic Club	21:16.19 [PB]
	Matthew Ellerton	SENM	Blackheath & Bromley	DQ TR54.7.1

**Midland Counties Championships, Stourport (Sat. 9<sup>th</sup> May)****Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Carolyn Derbyshire	V35+	Nuneaton Hs/Warwickshire	17:33.22
2	Diane Brian	V35+	Worcester AC/Worcestershire	18:00.87
3	Ashley Wright	V35+	Harborough AC/Leicestershire	18:03.29
4	Robert Egan	V35+	Spa Striders/Warwickshire	18:16.80
5	Wendy Kane	V35+	Nuneaton Hs/Warwickshire	18:24.34
6	Hardeep Minhas	V35+	Leicester WC/Leicestershire	18:32.39
7	Julie Bellfield	V35+	Halesowen AC/Worcestershire	19:29.36
8	Jan McLure	V35+	Stratford-u-Avon/Warwickshire	19:56.26
9	Ema Hurbanova	U18W	Wolv. & Bilston/Staffordshire	21:01.77
10	Aimee Thursfield	U16G	Wolv. & Bilston/Staffordshire	21:06.09
11	Paul Hawkins	V35+	Stratford-u-Avon/Warwickshire	23:37.02

**Oxfordshire Championships, North Oxfordshire Academy Track (Sun. 31<sup>st</sup> May)**

First Oxfordshire County Championships since Covid.

**3000m**

Pos	Athlete	AG	Club	Perf.
1	Martin SLEVIN	M60	Headington Road Runners	17:54.60
2	Graham CHAPMAN	M70	Headington Road Runners	19:35.40
3	Vladimir KRALIK	M35	Oxford City Athletic Club	24:29.30

# 'A' Judged Races

**Leeds Beckett Open Series, Leeds Beckett Uni. (Thu. 21<sup>st</sup> May)****Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Cameron Corbishley	SENM	Medway & Maidstone	11:39.42 [SB]
2	Cumali Arslan	SENW	Unattached	11:56.41 [PB]
3	Erika Pontarollo	SENW	Hyde Park Harriers	17:18.52 [SB]

**YAG 1000m**

Pos	Athlete	AG	Club	Perf.
1	Harry Richards	U14B	Valley Striders AC	5:15.60



**Ray Hall Festival of Race Walking, Aldershot (Sun. 24<sup>th</sup> May)****Mixed 800m (Development Race)**

Pos	Athlete	AG	Club	Perf.
1	Isobel ROBINSON	U12G	Aldershot Farnham & D.	5:04.25 [PB]
2	Elvis ARMSTRONG-CANDLER	U12B	Aldershot Farnham & D.	5:05.11 [PB]
3	Marcy POWER	U12G	Fleet & Crookham AC	5:19.54 [PB]
4	Daniel TAYLOR	U12B	Havant Athletic Club	5:40.32 [PB]
5	Matthew TAYLOR	U12B	Havant Athletic Club	5:48.57 [PB]
6	Annabelle (Annie) MALE	U12G	Aldershot Farnham & D.	6:03.16 [PB]

**Mixed 2000m**

Pos	Athlete	AG	Club	Perf.
1	Spencer GIBSON	U14B	Aldershot Farnham & D.	11:01.92 [PB]
2	Ellis JONES	U14B	Wrexham A.A.C.	13:16.57 [PB]
3	Freddie MALE	U14B	Aldershot Farnham & D.	13:29.70 [PB]

**Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Spencer JONES	U16B	Wrexham A.A.C.	16:38.78 [PB]
2	Stanley TAYLOR	U16B	Lewes Athletic Club	17:17.80 [PB]
3	Thomas MUDDLE	U16B	Lewes Athletic Club	21:06.19 [PB]
4	Soam SHENOY	U16B	Aldershot Farnham & D.	23:06.45 [PB]
	Seth MUDDLE	U16B	Lewes Athletic Club	DQ TR54.7.1

**Mixed 5000m**

Pos	Athlete	AG	Club	Perf.
1	Abigail JENNINGS	SEW	Aldershot Farnham & D.	25:40.95 [SB]
2	Wai Tak CHEUNG	SENM	Stubbington Green RR	25:52.79 [PB]
3	Grazia MANZOTTI	W55	Tonbridge Athletic Club	28:30.88
4	David MITCHELL	M55	Southampton A.C.	29:42.26 [SB]
5	Peter GREGOIRE	M50	Steyning Athletic Club	30:50.34 [PB]
6	Susan DAVIES	W60	Aldershot Farnham & D.	37:17.92 [SB]
7	Graeme HEATON	M65	Heathfield Runners	37:19.81 [PB]
8	Derek SMITH	M70	Winchester & Dist. AC	39:37.65 [PB]
	Natasha MITCHELL	U23W	Southampton A.C.	DNF

**Sutcliffe Track & Field Nights, Eltham (Wed. 27<sup>th</sup> May)****Mixed 1 Mile**

Pos	Athlete	AG	Club	Perf.
1	Ethan Hunstone	U14B	Blackheath & Bromley	8:22.08 [PB]
2	Grazia Manzotti	W55	Tonbridge Athletic Club	8:22.17 [PB]
3	Emily Ghose	SEW	Tonbridge Athletic Club	8:42.28 [SB]
4	Luke Eperon	U16B	Blackheath & Bromley	9:03.01 [PB]
5	Mark Selby	M60	Surrey Walking Club	9:27.78 [PB]
6	Karen Azodoh	W55	Bexley Athletic Club	11:10.42 [PB]
7	Geraldine Legon	W65	Bexley Athletic Club	11:34.12 [PB]
8	Lesley Taylor	W70	Ashford Athletic Club	12:59.01 [PB]

## 'B' Judged Races

**Veterans AC 5 Mile Road Walk, Battersea Park (Tue. 5<sup>th</sup> May)**

The second of the regular Battersea Park races had an average field on a dull evening with little wind, perfect for racing, in a nearly empty park at the beginning, *writes David Hoben*.

The men's and overall winner was Philip Barnard, of Ilford AC. He has been a serial winner of the Suffolk's popular Moulton 5 mile event in recent times, and it appears his last time at the Veterans AC 5 mile championships was back in 2008, where he came second, followed by third placed Tom Bosworth from Tonbridge AC who was later to become a double Olympian appearing in the Rio and Tokyo Games. Peter Gregoire from Steyning AC was the runner-up in a very good time.

The first lady was fast finishing Chik Ha Kwok (Billie), and the runner-up was new VAC member Susan Payne (AFD), who has been winning medals at the recent European Masters Championships, and who also won the VAC 10,000m track walk last year.

New to the Battersea Park series was Mark Selby in a respectable time and will have ten-minute mile pace in his sights before long.

**Mixed 5 Mile**

Pos	Athlete	AG	Club	Perf.
1	Philip Barnard	M40	Ilford Athletic Club	43:11
2	Peter Gregoire	M50	Steyning Athletic Club	48:04
3	Colin Harle	M65	Belgrave Harriers	49:50
4	Man Biu Lam	M65	Belgrave Harriers	50:11
5	Chik Ha Kwok	W50	Belgrave Harriers	51:04
6	Any Millbank	M65	Herne Hill Harriers	51:48
7	Mark Sleby	M50	Surrey Walking Club	52:57
8	Susan Payne	W65	Aldershot Farnham & D.	53:13
9	Fiona Bishop	W65	Woking Athletic Club	60:10
10	David Hoben	M70	Surrey Walking Club	62:09

**3<sup>rd</sup> South Yorkshire League, Millhouses Park (Mon. 18<sup>th</sup> May.)**

All three walkers had opted to race over 3km, *reports Brian Adams*. Graham Hibberd again showed great consistency, producing a time only two seconds slower than his previous two races. He had started 1:08 behind Chris Bent who was in his first race of the season and seems to have recovered from the London Marathon. Graham comfortably caught Chris just before the start of the final 500m lap.

Tony had not recovered from running the extremely hilly Eaym Half Marathon in the Peak District the day before, he pulled back almost half of the 3 plus minutes on Chris, but only 6 seconds on Graham.

Pos	Athlete	AG	Club	Clock/Actual
1	Graham Hibberd	M75	Unattached	23:23/22:25 [3km]
2	Chris Bent	M75	Buxton A.C.	23:56/23:56 [3km]
3	Tony Bell	M60	Lancashire WC	25:37/22:19 [3km]

## Upcoming Races

**June 26**

Sat. 13 <sup>th</sup>	B	Jack Fitzgerald Memorial Walks	Crawley
Sun. 14 <sup>th</sup>	A	Eastern Masters Championships	Sandy
Thur. 18 <sup>th</sup>	B	South Yorkshire League #4	Sheffield
Sat. 20 <sup>th</sup>	A	Kent Schools Championships & Cunliffe Cup	Gillingham
Sun 21 <sup>st</sup>	A	UK Athletics Championships	Birmingham
Sat. 27 <sup>th</sup>	A	East Anglia Schools Championships + Guests	Bedford
Sat. 27 <sup>th</sup>	A	North East Schools Championships + Guests	Doncaster
Sat. 27 <sup>th</sup>	A	South West Schools Championships + Guests	Yeovil
Sun. 28 <sup>th</sup>	A	<a href="#">S.E.A.A. Track Race Walk Championships</a>	Chelmsford
Sun. 28 <sup>th</sup>	A	<a href="#">Welsh Senior &amp; U18 Championships</a>	Cardiff

**July**

Wed. 1 <sup>st</sup>	A	Johnson Bowl 4 Mile	Bromley
Sat. 4 <sup>th</sup>	A/B	<a href="#">Moulton 5/Enfield League</a>	Moulton Village
Sun. 5 <sup>th</sup>	A	<a href="#">England Athletics Senior/U20 Championships</a>	Bedford
Sun. 12 <sup>th</sup>	A	Midland Track Championships	Stratford-u-Avon
Mon. 13 <sup>th</sup>	B	South Yorkshire League #5	Sheffield
Thur. 16 <sup>th</sup>	A	<a href="#">Ashford AC Summer Open Series – 1 Mile RW</a>	Julie Rose
Thur. 16 <sup>th</sup>	A	Summer 10k + Supporting Races	Douglas, IOM
Sat. 25 <sup>th</sup>	B	Lancs. W.C. Fred Pearce Trophy Relay	Bury
Sun. 26 <sup>th</sup>	A	<a href="#">England Athletics U18/U16 Championships</a>	Bedford