



# City of Sheffield AC

Race walkers e-news No 42

June 2011

**Athlete of the Month** This is not getting any easier... although Jack won 3 races in 6 days with his best 2 times at 1km 7 Niamh did such a great PB in Ireland **the June Athlete of the Month** goes to Becz for her PB & once again getting the better of her rival Jess when it really counted... in an international.

## SYSAA Coaching Development Race & 4<sup>th</sup> South Yorkshire League

Woodbourn Rd

9 June 2011

A coaching session aimed at primary youngsters who have qualified for the finals. The standard of walking was very good.

1,000m

			Handicap allowance	Handicap result
1 Becz Chambers	City Of Sheff	5.27	.18	5.09 5 <sup>th</sup>
2 Woody Collins	Greyfriars	6.48	1.50	4.58 3 <sup>rd</sup>
3 Peter Bilson	City of Sheff	6.57	2.13	4.44 2 <sup>nd</sup>
4 Molly Handley	Barnsley CS	7.01	2.30	4.31 1 <sup>st</sup>
5 Tom Tom Haffety	Ecclesall	7.03	1.40	5.23 7 <sup>th</sup> =
6 Tamryn White	Emmaus	7.07	2.02	5.05 4 <sup>th</sup>
7 Heidi Goodhill	Ecclesall	7.09	1.51	5.18 6 <sup>th</sup>
8 John Barker	Emmaus	7.23	2.00	5.23 7 <sup>th</sup> =
9 Lauren Fletcher	Emmaus	7.59	2.00	5.59 9 <sup>th</sup>

## South Yorkshire Schools Champs

Doncaster

11 June 2011

Another display of quality race walking, with all walkers showing good technique and personal bests for William in the 600m and Becz, Michelle & Natasha in the secondary 1,000m.

Primary Development 600m

1 Reon B-Potts	Sacred Heart	3.41.4
2 William Sweeney	Birley Spa	3.42.7

Secondary 1,000m

1 Becz Chambers	Meadowhead	5.13.4	1 <sup>st</sup> JG
2 Lee Hackett	Birley	5.45.6	1 <sup>st</sup> Y7B
3 Michelle Village	Sheff High	5.47.3	2 <sup>nd</sup> JG
4 Sam Bethel	Silverdale	6.01.3	1 <sup>st</sup> JB
5 Natasha Perryer	Sheff High	6.19.0	1 <sup>st</sup> Y7G

## 5<sup>th</sup> South Yorkshire League

Millhouses Park

21 June 2011

Great to see 4 new walkers at this event, Tabby managed to raise her pace to hold Becz off by one second.

		Race time	Start time	Actual time	
1 Jack Leversidge	City of Sheff	11.00	(5.34)	5.26	1k
2 Molly Hanley	Barnsley CS	11.09	(4.18)	6.51	1k
3 Anna Garcia	Dobcroft	11.14	(4.36)	6.38	1k
4 Ella Sharkey	Greenhill	11.20	(7.12)	4.08	500m
5 Tabby Cox	Dobcroft	11.40	(4.48)	6.52	1k
6 Becky Chambers	City of Sheff	11.41	(0.00)	11.41	2k

## Sheffield Primary Schools City Finals

Woodbourn Rd

23 June 2011

Anna & Tabby who raced in the South Yorkshire League 2 days earlier made good use of that experience to take 2<sup>nd</sup> & 4<sup>th</sup> in the Y5 girls

Jack duly won the Y6 City Champs, though the opposition was closer on this occasion.

### Y5 Girls 600m

1 Amy Civil	NG	3.33
2 Anna Garcia	Dob	3.34
3 Martha S-Newall	Brad	3.36
4 Tabby Cox	Dob	3.38
5 C Leaversley	St M	3.39
6 B Cassidy	Mun	3.40
7 Tom Tom Haffety	Ecc	3.40
8 Heidi Goodhill	Ecc	3.40
9 G Murton	Int	3.41
10 R Woodley	Sac H	3.52

18 Finishers

### Y5 Boys 600m

1 A McIlvenney	Mun	3.16
2 Curtis Mathieson	B Spa	3.19
3 Max Hancock	Dobcroft	3.30
4 Woody Collins	Grey	3.33
5 R Edwards	NG	3.34
6 Reon B-Potts	Sac H	3.36
7 Marlon Walker	Totley P	3.37
8 B B-Jones	Mun	3.37
9 H Congrieve	Moss	3.38
10 A Sikora	Int	3.38

18 Finishers

### Y6 Girls 600m

1 M Waters	Dob	3.21
2 Elle Shaw	Emmaus	3.22
3 Tamryn White	Emmaus	3.37

### Y6 Boys 600m

1 Jack Leversidge	Gh	3.02
2 Hamish Mill	TAS	3.07
3 Joe Howe	Grey	3.08

4 I Green	Sh H	3.38
5 B Awdas	Int	3.39
6 Callie Dixon	Totley P	3.39
7 E Rhodes	Moss	3.40
8 E Palmer	NG	3.41
9 H Lynden	Gh	3.42
10 O Moorhead	St M	3.43
21 Finishers		

4 Ethan Boast	Mun	3.14
5 J Twigg	Bruns	3.22
6 Ben Woods	Totley P	3.28
7 J Underwood	Wood	3.30
8 J Nettleship	Int	3.31
9 D Pike	B Sp	3.32
10 T Rafferty	St W	3.32
18 Finishers		

## Ireland v England (Nihill Shield)



Phoenix Park, Dublin.

26 June 2011

An 18 strong team of young English walkers travelled to Dublin for the annual match against the best young walkers in Ireland. 3 of the English squad came from City of Sheffield AC.



National U13 Boys Champion Jack Leversidge (still Y6) was the youngest member o of the team and competed in the U12 1km where he produced a personal best equalling 5.26 to take 1<sup>st</sup> place.



Our U13 Girls national champion was also in fine form in the U14 2km clipping 13 seconds off her best ever time with 11.45, finishing fourth behind 3 Irish



girls. She was the youngest girl to be invited to race for England.

The U16 girls race saw the largest field of the day with 8 Irish girls and 6 English. Becky Chambers, ranked 6th out of the English girls was one of the youngest in the race with some girls almost 2 years older. A fast start saw her right up with the other English walkers for the first km eventually settling down to a race for 8th place with two Irish girls. A determined finish saw her ease away to secure that 8th place. With only 3 Irish girls ahead of her and finishing 5th out of the 6 English girls Becky produced her best ever 3km time by 15 sec (17.19). Becz has now had 3 trips to Ireland, she has improved on her personal best times on each occasion.

The English team returned home having retained the 'Nihill Shield' team trophy.

## Nostalgia..... June 1996

Vicky Lupton, Richard Oldale, Nina Howley & Les Morton all race at an international in Moscow.

Bob Oldale won the Star Walk, his wife Wendy won the women's race and their daughter Lianne took the U11's event.

We had 5 walkers in the women's AAA's champs, Vicky Lupton taking the title. Richard Oldale took bronze in the men's.

### Fixtures

2 July (Sat)	North of England Track Champs... Leeds
9 July (Sat)	Inter-Counties Schools Competition ... Shrewsbury.
15 July (Fri)	6 <sup>th</sup> South Yorkshire League, Millhouses 6pm

### Red = Local

*Walk with Jesus*

*Brian*